



BALOO'S BUGLE



Volume 17, Number 11

"Make no small plans. They have no magic to stir men's blood and probably will not themselves be realized." D. Burnham

June 2011 Cub Scout Roundtable

July 2011 Activities

COURAGE

July Ideas for Leaders, Pack & Den Meetings, & Activities

CORE VALUES

Cub Scout Roundtable Leaders' Guide

The core value highlighted this month is:

- ✓ **Courage:** Doing what is right regardless of how hard it is or what the consequences are. Cub Scouts will learn that courage means to be brave and do what is right, no matter what their friends are doing.

COMMISSIONER'S CORNER

"Courage is being scared to death, but saddling up anyway."

— John Wayne

Summertime is quickly approaching!! 90 plus degrees today in Wilmington, DE!! Are your camp preps moving along, too?? I have almost completed recruiting my staff and begun getting calls from campers' parents!!!

My Pack is planning its picnic and Raingutter Regatta!!

And Baloo is late again, sorry.

Thank you for allowing me to post an item about my Mom in the last edition. April was a really tough month around here!

What else ever you do now -

GET THEM OUTSIDE!!!

It is important for our Cubs to be outside running and playing and exploring. And, also, for you to see them enjoying Scouting -

And have a campfire for one of your summer meetings.

And a pool party

And a weekend in camp

And go fishing (We have a plethora of fishing derbies here this summer)

And get trained -

I will be at Philmont Training Center in September for Master Training Certification

And guiding a patrol at Central NJ Council's Fall Wood Badge course.

Check out this event -



Either here, picture is clickable, or under Den & Pack Events

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THOUGHTFUL ITEMS FOR SCOUTERS

Thanks to Scouter Jim from Bountiful, Utah, who prepares this section of Baloo for us each month. You can reach him at bobwhitejonz@juno.com or through the link to write

Baloo on www.ussscouts.org. CD

The Serenity Prayer

Reinhold Niebuhr

God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.

Living one day at a time;
Enjoying one moment at a time;
Accepting hardships as the pathway to peace;
Taking, as He did, this sinful world
as it is, not as I would have it;
Trusting that He will make all things right
if I surrender to His Will;
That I may be reasonably happy in this life
and supremely happy with Him
Forever in the next.

Amen.

Roundtable Prayer

Scouter Jim, Bountiful UT

Father and Founder of the Nation, we thank Thee for this great and wonderful country and those who fought and died for our Freedom. We thank Thee for giving us this great organization of the Boy Scouts of America. Give unto us the courage to go forward amid change and progress and lead young men to become the next generation of the leaders of our nation.
Amen.

Other Prayers

Sam Houston Area Council

Thanks For Our Outing

Sam Houston Area Council

We give thanks for being together out in nature. We hope our families and homes are blessed and that everyone is safe during our meeting and on the way home. **Amen.**

Outdoor Beauty

Sam Houston Area Council

Bless the beauty of the great outdoors; bless the beauty of our Cub Scouts; bless the beauty of our Scout leaders; bless the beauty of the Scouting program. **Amen.**

Courage

Scouter Jim, Bountiful UT

One man with courage makes a majority. Andrew Jackson.

The Cub Scouting Character Connection of Courage is described as:

Being brave and doing what is right regardless of our fears, the difficulties, or the consequences.

Courage is different for different people in different situations. Courage of a soldier in the heat of battle is one kind of courage. Courage of a fire firefighter going into a burning building is another. Courage of a Police Officer to protect citizens and enforce the laws of the land is altogether another kind of courage. But what kind of Courage do we see in Cub Scouting? Courage of a Cub Scout is the ability to do the right thing when they are being pressured to do the wrong thing. It is the courage to avoid things that would damage their bodies and minds and destroy their lives. But it is also the courage to get out of their comfort zone to help others when their peers might not be accepting of those persons. There are stories of Cub Scouts saving lives, but those stories of Cub Scouts befriending someone with special needs do not make the front page of the paper or the evening news. The story of Cub Scouts doing service for a neighbor who might not be able to do for themselves isn't considered newsworthy. A Cub Scout resisting peer pressure and doing the right thing is not often considered newsworthy, but we ought to announce it to our communities. These great examples of youth deserve to be recognized. If you know of Courageous Cub Scouts, share that knowledge with others and honor those young men which will inspire others to follow them.

These words are from the Sermon on the Mount:

Matthew 5:14 - 16

14 Ye are the alight of the world. A city that is set on an hill cannot be hid.

15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

16 Let your alight so shine before men, that they may see your good works, and glorify your Father which is in heaven.

A different kind of courage is the willingness to embrace change and do something new. If we do the same thing we have always done, we will always get what we have gotten. Although the results may be good, it is possible that if we do something new, the results will be great. In September 2010 the Boy Scouts of America decided to do something new with Cub Scouting. The monthly themes were replaced with a monthly value from the Cub Scouts Character Connections. Nine months in and how are we doing? Do you know it took courage to embrace this change, and all those leaders who have made that change need to be commended for that courage? The Staff of Baloo's Bugle congratulate all those leaders who embrace this change in an effort to do great things. Thank you for leading with Courage. Go on and have some fun this summer and earn the Summertime awards.

Scouting Courage

Sam Houston Area Council

During Eagle Scoutmaster Conferences, Boy Scouts are often asked to describe the point of the scout law that they feel that they have had trouble providing an example to. Many answer, "I have never shown bravery." My answer has always been that I find that hard to believe. I invariably ask them if they have ever had the courage to say no to a friend because it is wrong, for example offers to drink, smoke or do drugs. Have you ever had the courage to tell a friend that he is doing something inappropriate? Have you ever had the courage to do the right thing, even when everyone else seems to be taking the easy way out such as wear your seatbelt, or life jacket? Do you have the courage to wait for the green light to cross, even when there are no cars, and no-one will know? Have you ever had the opportunity to cheat, and chose not to? Invariably they see that courage does not necessarily mean dodging bullets, or saving someone's life.

Cub scouts have lots of opportunities to show courage, because Cub Scouts sometimes tests boys' limits. Many Cub Scouts have never swum without a lifejacket, have never stayed overnight at a campout, have never cooked their family a meal. This month's theme provides ideas to help Cub Scouts to test their courage by trying many new things.

Quotations

Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster's minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover

Sometimes the biggest act of courage is a small one.

Lauren Raffo

Courage is not the absence of fear, but rather the judgment that something else is more important than fear.

Ambrose Redmoon

Every man has his own courage, and is betrayed because he seeks in himself the courage of other persons.

Ralph Waldo Emerson

Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen. Winston Churchill

Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow.

Mary Anne Radmacher

It is curious that physical courage should be so common in the world and moral courage so rare. Mark Twain

Courage is being afraid but going on anyhow. Dan Rather

Courage is doing what you're afraid to do. There can be no courage unless you're scared. Edward Vernon Rickenbacker

Bravery is being the only one who knows you're afraid.

Franklin P. Jones

Courage can't see around corners, but goes around them anyway. Mignon McLaughlin, *The Neurotic's Notebook*, 1960

Fear and courage are brothers. Proverb

Courage is not simply one of the virtues, but the form of every virtue at the testing point. C.S. Lewis

The courage of life is often a less dramatic spectacle than the courage of a final moment; but it is no less a magnificent mixture of triumph and tragedy. [John F. Kennedy](#)

Valor is stability, not of legs and arms, but of courage and the soul. [Michel de Montaigne](#)

When we are afraid we ought not to occupy ourselves with endeavoring to prove that there is no danger, but in strengthening ourselves to go on in spite of the danger. [Mark Rutherford](#)

Courage is tiny pieces of fear all glued together. [Terri Guillemets](#)

Courage, in the final analysis, is nothing but an affirmative answer to the shocks of existence. [Kurt Goldstein](#)

To live with fear and not be afraid is the final test of maturity. [Edward Weeks](#)

There is no such thing as bravery; only degrees of fear. [John Wainwright](#)

Courage is a peculiar kind of fear. [Charles Kennedy](#)

For without belittling the courage with which men have died, we should not forget those acts of courage with which men have lived. [John F. Kennedy](#)

Courage is fear that has said its prayers. [Dorothy Bernard](#)

Courage is fear holding on a minute longer. [George Smith Patton](#)

Courage is... the knowledge of how to fear what ought to be feared and how not to fear what ought not to be feared. [David Ben-Gurion](#)

Courage is knowing what not to fear. [Plato](#)

Optimism is the foundation of courage. [Nicholas Murray Butler](#)

Courage is as often the outcome of despair as of hope; in the one case we have nothing to lose, in the other everything to gain. [Diane de Poitiers](#)

To him that waits all things reveal themselves, provided that he has the courage not to deny, in the darkness, what he has seen in the light. [Coventry Patmore](#)

Necessity does the work of courage. [Nicholas Murray Butler](#)

Courage is almost a contradiction in terms. It means a strong desire to live taking the form of readiness to die. [G.K. Chesterton](#)

Courage is the fear of being thought a coward. [Horace Smith](#)

Courage is nine-tenths context. What is courageous in one setting can be foolhardy in another and even cowardly in a third. [Joseph Epstein](#)

A hero is no braver than an ordinary man, but he is braver five minutes longer. [Ralph Waldo Emerson](#)

Courage is never to let your actions be influenced by your fears. [Arthur Koestler](#)

Courage is a kind of salvation. [Plato](#)

Valor is a gift. Those having it never know for sure if they have it till the test comes. And those having it in one test

never know for sure if they will have it when the next test comes. [Carl Sandburg](#)

Courage ought to have eyes as well as arms. [H.G. Bohn](#)

You can't test courage cautiously. [Anne Dillard](#)

The only courage that matters is the kind that gets you from one moment to the next. [Mignon McLaughlin, The Second Neurotic's Notebook, 1966](#)

A timid person is frightened before a danger, a coward during the time, and a courageous person afterward. [Jean Paul Richter](#)

Have the courage to live. Anyone can die. [Robert Cody](#)

Bravery Quotes:

Sam Houston Area Council

"Bravery is being the only one who knows you're afraid." [Franklin P. Jones](#)

"Bravery is the capacity of perform even when scared half to death" [General Omar Bradley](#)

"Electric communication will never be a substitute for the face of someone who with their soul encourages another person to be brave and true." [Charles Dickens](#)

"Bravery is believing in yourself, and that thing nobody can teach you." [El Cordobes](#)

"The opposite of bravery is not cowardice but conformity." [Dr. Robert Anthony](#)

"Physical bravery is an animal instinct; moral bravery is much higher and truer courage." [Wendell Phillips](#)

The man who knows when not to act is wise. To my mind, bravery is forethought." [Euripides quotes](#)

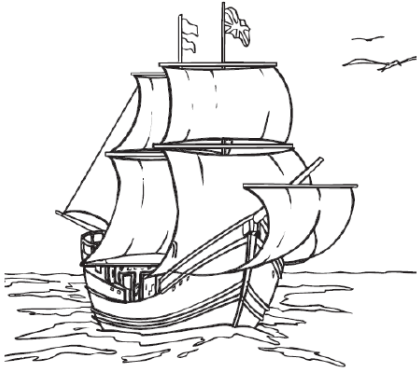
"People glorify all sorts of bravery except the bravery they might show on behalf of their nearest neighbors." [George Eliot](#)

Bravery – Telling People What is Right Like Martin Luther King, Jr.



Bravery – To Sail Beyond The Edge Of The World To Find New Things. To Do What You Know is Right, Even When Everyone Else Says You Are Wrong

Christopher Columbus



TRAINING TOPICS

BIG Projects

Bill Smith, the Roundtable Guy

Another important lesson not covered in my training, concerned craft projects. It wasn't until a chance encounter with Bud Bennett, then National Director of Cub Scouting, when I learned how projects should work. One of Bud's favorite admonitions was:

It's not what the boy does to the board that matters; it's what the board does to the boy.

Den programs are about doing things, not making things.

Boys join Cub Scouts to do things. It's the action, the adventure, the joy of doing one's best that lures them into the program. The motto is Do Your Best, not make the best or learn the most. Doing is the key idea here. Consider the following den meeting scenario:

After the opening ceremony, the den leader announces, "Boys, our mission today is to create a _____" (You fill in the appropriate magical word.) Now describe the expressions on the faces of the boys. Is it wonderment?

Anticipation? Are they jumping up and down ready to start? Or are you greeted with yawns or blank looks?

What will it do?

When a boy makes or builds something, it should do something. Boys like to make things that do something. Pinewood derby cars, boats, kites and catapults do things. They run, fly, throw things or explode. Girls, at this age, are already aware of form and beauty - boys usually don't care. Watch boys build things. They spend most of their time playing with a half finished model, visualizing what it will do. What it looks like is low priority.

What does he dream?

When a boy makes or builds something - like a model plane, a boat or a car - he often imagines it in action: flying, sailing or racing, as he works on it? It is essential that, whatever a boy

makes, he can visualize it doing something or being used somehow, somewhere.

His mind is as active as his hands.

Projects, like games, hikes, campouts and other Cub Scout activities, should excite the imagination and stimulate a boy's creative juices. What wonders are possible? What cool colors can we create? How big can we build it? What great adventures will emerge as we proceed?

What is it made of?

Wood is good. Large is better. Messy is wonderful!

Collect large cartons, scrap wood and other similar stuff. He needs to learn to manipulate material. Start thinking of the help you will need to handle all this - let parents know you will need them.

One of the best resources for a den is a **refrigerator carton**. It supplies the team with wondrous material. I asked My Wonderful Wife, Shirley what her den would have done with one.

Forts, houses, tunnels, game equipment, sets for den skits - even ships - I remember Kevin Pate of Norman Oklahoma referring to a Kenmore space ship. All these lead into other adventures and provide fun while they're being built and again when they're being used.

If your den is going to do a skit at the next pack meeting, then do it properly with big props costumes and scenery - all made by the boys. Remember the great bicycle safety tips last month that the folks from Santa Clara Council gave us? Take a look at how some [Cub Scouts had fun](#) performing a bicycle safety skit on youtube. Even though the model car was just a prop in the skit, they must have fun making it and then using it.

I have seen boys making huge masks by covering large balloons with [Papier Mâché](#). The balloons were suspended by strings from the ceiling and the floor protected by a tarp and lots of newspaper. If your den is into this kind of messy stuff (and I hope it is now and then) it may be wise to invest in some sort of protection for the boys' uniforms. Old adult shirts make great smocks for painting and other fun stuff.

I have also seen boy made body puppets that they wore in a skit. They were made from large sheets of cardboard strapped to their bodies with a bungee cord. The arms were hinged to the bodies and eye holes cut out and disguised with paint. Think of a talking tree or a marauding moose.

Big Projects

There are many advantages to large den projects such as building skit scenery or cubmobiles. The den works on it as a team, planning it, choosing materials and sharing the work. Leadership emerges often from unexpected quarters as new ideas and concepts arrive. When a group of boys collaborate on one project there is a real change in the group dynamics from when they work on individual projects. Problems become challenges to be solved by cooperation rather than obstacles that halt progress. There is less boredom, misbehavior or complaining.

What is the process?

Using tools is usually popular. Do things that are as messy as you can stand. Big painting projects, and [cooking](#) fit this category. Dainty and cute are not going to make it here.

At this age, building projects help a boy in several ways: they stimulate imagination, they develop hand-eye coordination, enhance their abilities to go from a mind's eye view to a physical creation. Use projects to build den game equipment, scenery and costumes for skits, camping gear and den snacks.

Cute is a Four-letter Word.

Cute stuff has no place in Cub Scouting.

Boys at this age have no interest in being cute or being with people who want them to be. One of our den leaders would summarily veto any program idea that evoked the word "cute." Every pack needs someone like her. *Check the link hidden in the box before this paragraph.*

Some links to project ideas:

- [The Puppeteers, Scouting Magazine.](#)
- [Papier Mâché, Wikipedia](#)
- [Carpentry and Housebuilding for Children](#)
- [Bicycle Safety, youtube](#)
- [Dangerous Book for Boys](#)

What are YOU going to do now?

*The best gift for a Cub Scout.....
.....get his parents involved!
The greatest gift you can give your child
..... good self esteem!*

✓ Be sure to visit Bill Smith's website <http://rt492.org/>

to find more ideas on everything Cub Scouting.
Reach Bill Smith at wt492@wtsmith.com.
*This item was reprinted from the
May 2006 issue of Baloo's Bugle*

DEN MEETING TOPICS

Wendy, Chief Seattle Council

MONTH CORE VALUE	MEETING #	MAY: HEALTH & FITNESS		JUNE: PERSISTENCE		JULY: COURAGE	
		TIGERS	WOLVES	BEARS	WEBELOS	ARROW OF LIGHT	PACK NIGHT THEME VALUE
		Do supplemental meetings (they have letters instead of numbers in the Resource Guide) of your choice. Remember Boys want to be outside.		Do supplemental meetings (they have letters instead of numbers in the Resource Guide) of your choice. Remember Boys want to be outside.		Do supplemental meetings (they have letters instead of numbers in the Resource Guide) of your choice. Remember Boys want to be outside.	
		Food & Physical Fitness (Health & Fitness)		Bicycles (Persistence)		Hiking (Courage)	

ROUNDTABLES

From Bob Scott at National in answer to my question on the role of Roundtables with the new delivery system - Dave, you have it right.
No changes to roundtable's role, how it's executed, etc.

Do with your Summer Roundtables like we want the Packs doing with the cubs -

Make them events and activities.

Minimize the paperwork and lectures.

Maybe do them in camp or at a park

Have a bar-be-que or a cooking contest

Note from Dave -

The CS RT Planning Guide will be out shortly. National is working hard to ensure consistency on a number of critical issues (e.g. Youth Protection) to ensure everyone receives the correct information and the reviews take time.

Also, please note that the book is called the Cub Scout Roundtable Planning **GUIDE**. It is not a mandatory, must do it this way manual. Each RT Commissioner knows what works best in his/her district. Use that to spice up your program. Do as Beverly says -

Have a gimmick and have FUN!!

PACK ADMIN HELPS –

Annual Program Planning

Circle Ten Council

Year Round Program

THE BASIS OF A SUCCESSFUL PACK

Program planning is a simple but critical part of your pack's success. Throughout the process remember your goal is to deliver a high quality program to each boy and his family. It should be fun, exciting and focused on the purposes of Cub Scouting.

Setting an annual program plan provides direction and sense of satisfaction and a feeling of accomplishment in a job well done. Planning also makes the best possible use of your valuable volunteer time.

Planning Steps:

One of the most important responsibilities of the pack committee is to keep the pack operating with a first-rate, year-round program. The quality of the program will depend largely on the pack committee giving the Cubmaster, the Cub Scout den leaders and Webelos den leaders the help they need.

Cub Scout program planning includes four steps, dependent upon one another, which usually guarantee a strong pack program. The steps are:

Annual Pack Program Planning Conference

Monthly Pack Leader's Meetings

Monthly Den Leader Meetings

Monthly meetings of each den leader with the den chief

Steps to having a great

Annual Program Planning Meeting

SET A DATE TO MEET - Set a date in August with the committee, including the Den Leaders and Webelos Leaders.

CHECK MEETING DATES - Before this time check with your chartering organization and school calendar to find available dates for pack meetings. They should be at the same time and date each month.

REVIEW LAST YEAR'S PROGRAM - Which activities worked and which did not? Decide what activities and special meetings you would like to do again. Also determine whether or not your budget was adequate for them.

REVIEW YOUR JOURNEY TO EXCELLENCE

STATUS - The JTE is a year round program of leading indicators to help you plot your course to a successful program (*I hate it when my Cub Scout writing sounds like I am at work but it is true. And it is a GREAT tool!! CD*) If you have not set up to monitor your progress on the dashboard go to the spreadsheet on National's website and you will get a great picture of your status. You fill in page 1 by answering questions and it completes your JTE form on page 2 (*Kind of like when I do my income tax on Turbo Tax CD*) Page 3 is a Unit Budget form, be sure to use that, also. The spreadsheet is at:

<http://www.scouting.org/scoutsources/Awards/JourneyToExcellence.aspx>

SET NEW MEETING DATES - Review the available pack meeting dates with the pack committee and set dates for the coming year. Write pack meeting dates in your council calendar (extra copies are available through the Service Center for your committee members and den leaders). Be careful to avoid holidays and school breaks.

SET COUNCIL AND DISTRICT DATES - Review the council and district calendar and mark dates on your program schedule for district and council activities: Webelos Woods, Pinewood Derby, training sessions, and important meetings like roundtable.

SET SPECIAL PACK DATES - Set the dates for special activities your pack will be doing during the year and put them in your program calendar. These may include:

Pack Fundraiser (Product Sale)
Blue and Gold Banquet
Pinewood Derby
Friends of Scouting
Summertime Activities
Webelos and Tiger Graduation

Since June 1, 2003, adults giving leadership to a pack campout MUST complete the Basic Adult Leader Outdoor Orientation (BALOO). Please check council calendar for upcoming BALOO training sessions. (This is not required for council-run programs)

SCHEDULE YOUR MONTHLY COMMITTEE MEETING - Select dates for and schedule monthly meetings of your committee to meet and plan out the next month's activities and meetings (i.e. in September you should be planning for October). You should have a committee meeting every month.

REVIEW THE MONTHLY CORE VALUES - Choose the Core Value emphasis for the month from the Den and Pack Meeting Program Guide or rearrange them based on your local activities or choose a theme (*OOoops, there is that word*) of your own. Write them in your annual calendar so everyone knows what the month's Core Value emphasis is for both Cubs and Webelos.

SET A BUDGET - Based on the meetings and activities you have planned for the year, number of boys who are likely to advance, and the number of youth and adult members of the pack, figure out what your approximate yearly expenses will be. You will need to plan enough fund raising activities to cover these expenses. The Budget Planning Worksheet will help you calculate and plan your annual expenses and income to create a budget.

NOTE -

There is an electronic budget planning worksheet in the Excel spreadsheet on National's website to help you do this more easily

<http://www.scouting.org/scoutsourc/Awards/JourneyToExcellence.aspx>

DISTRIBUTE THE PLAN - Cub Scouts and their families will better participate in meetings and activities if they have a copy of the calendar. Every family should receive a copy of the annual calendar so they can plan accordingly.

These are the basic steps your committee will need to follow to have a complete annual program plan and calendar. This calendar will help insure that everyone in the pack knows exactly what is happening from month to month during the year. More important, it will help you plan in advance and avoid being caught off guard by rapidly approaching deadlines.

Remember that September brings *** Join Scouting Night and the start of a full year of activities. When you go to Join Scouting Night, if you have a well thought-out plan and distribute it to your members, new and old, you will find it is easier to recruit not only boys but also adult leaders.

For more information click on

[Annual Pack Program Planning](#), for a very by thought out worksheet for the seasoned pro and newbie scout leader. Many thanks to .Jamie, Cub Scout Roundtable Commissioner, 3 Rivers District, Northern Star Council
<http://www.cubroundtable.com/assets/pdf-documents/Annual-Program-Planning.pdf>

I, also, encourage leaders to take a look at Bill Smith's Pack Admin section,
<http://rt492.org/cm/pkadmin.html>

And while you are planning your year, don't forget to be safe. Follow the Sweet 16 of Safety from the BSA!! CD

The Sweet 16 of BSA Safety

Commissioner Charlie B, Old Colony District, SNJC

These 16 safety points, which embody good judgment and common sense, are applicable to all activities:

1. Qualified Supervision.

Every BSA activity should be supervised by a conscientious adult who understands and knowingly accepts responsibility for the well being and safety of the children and youth in his or her care. The supervisor should be sufficiently trained, experienced, and skilled in the activity to be confident of his or her ability to lead and teach the necessary skills and to respond effectively in the event of an emergency. Field knowledge of all applicable BSA standards and a commitment to implement and follow BSA policy and procedures are essential parts of the supervisor's qualifications.

2. Physical Fitness.

For youth participants in any potentially strenuous activity, the supervisor should receive a complete health history from a health-care professional, parent, or guardian. Adult participants and youth involved in higher-risk activities (e.g., scuba diving) may have to undergo professional evaluation in addition to completing the health history. The supervisor should adjust all supervision, discipline, and protection to anticipate potential risks associated with individual health conditions. Neither youth nor adults should participate in activities for which they are unfit. To do so would place both the individual and others at risk.

3. Buddy System.

The long history of the "buddy system" in Scouting has shown that it is always best to have at least one other person with you and aware at all times of your circumstances and what you are doing in any outdoor or strenuous activity.

4. Safe Area or Course.

A key part of the supervisors' responsibility is to know the area or course for the activity and to determine that it is well suited and free of hazards.

5. Equipment Selection and Maintenance.

Most activity requires some specialized equipment. The equipment should be selected to suit the participants and the activity and to include appropriate safety and program features. The supervisor should also check equipment to determine whether it is in good condition for the activity and make sure it is kept properly maintained while in use.

6. Personal Safety Equipment.

The supervisor must assure that every participant has and uses the appropriate personal safety equipment. For example, activity afloat requires that each participant properly wear a personal flotation device (PFD); bikers, horseback riders, and whitewater kayakers need helmets for certain activities; skaters need protective gear; and all need to be dressed for warmth and utility as the circumstances require.

7. Safety Procedures and Policies.

For most activities, common-sense procedures and standards can greatly reduce any risk. These should be known and appreciated by all participants, and the supervisor must assure compliance.

8. Skill Level Limits.

Every activity has a minimum skill level, and the supervisor must identify and recognize this level and be sure that participants are not put at risk by attempting any activity beyond their abilities. A good example of skill levels in Scouting is the swim test, which defines conditions for safe swimming on the basis of individual ability.

9. Weather Check.

The risks of many outdoor activities vary substantially with weather conditions. Potential weather hazards and the appropriate responses should be understood and anticipated.

10. Planning.

Safe activity follows a plan that has been conscientiously developed by the experienced supervisor or other competent source. Good planning minimizes risks and also anticipates contingencies that may require an emergency response or a change of plan.

11. Communications.

The supervisor needs to be able to communicate effectively with participants as needed during the activity. Emergency communications also need to be considered in advance for any foreseeable contingencies.

12. Permits and Notices.

BSA tour permits, council office registration, government or landowner authorization, and any similar formalities are the supervisor's responsibility when such are required. Appropriate notification should be directed to parents, enforcement authorities, landowners, and others as needed, before and after the activity.

13. First-Aid Resources.

The supervisor should determine what first-aid supplies to include among the activity equipment. The level of first-aid training and skill appropriate for the activity should also be considered. An extended trek over remote terrain obviously may require more first-aid resources and capabilities than an afternoon activity in a local community. Whatever is determined to be needed should be available.

14. Applicable Laws.

BSA safety policies generally parallel or go beyond legal mandates, but the supervisor should confirm and assure compliance with all applicable regulations or statutes.

15. CPR Resource.

Any strenuous activity or remote trek could present a cardiac emergency. Aquatic programs may involve cardiopulmonary emergencies. BSA strongly recommends that a person (preferably an adult) trained in cardiopulmonary resuscitation (CPR) be part of the leadership for any BSA program. This person should be available for strenuous outdoor activity.

16. Discipline.

No supervisor is effective if he or she cannot control the activity and individual participants. Youth must respect their leaders and follow their directions.

Reference: The Sweet 16 of BSA Safety, No. 19-130

Journey to Excellence and Good Turn for America

What is happening to www.goodturnforamerica.org ?

I was asked, "Do you know what happened to "GoodturnforAmerica.org"? When I type that into my web browsers and I am redirected to:

<http://www.scouting.org/scoutsource/Awards/JourneyToExcellence.aspx>

The first paragraph states:

"Scouting's Journey to Excellence" is the BSA's new council performance recognition program designed to encourage and reward success and measure the performance of our units, districts, and councils. It is replacing the Centennial Quality Awards Program as a means of encouraging excellence in providing a quality program at all levels of the BSA.

Is this also replacing Good Turn for America, where units used to report service hours?

Answer:

Yes, they are "rolling" Good Turn for America into the Journey for Excellence program

If you scroll down on that site which is test site for Journey to Excellence you will see a place to enter service hours.

Jay wrote me and said he would have an article on posting your service hours to the JTE website for July.

Looking forward to it!! CD

In the meantime to learn more about JTE you can go to <http://www.scouting.org/scoutsource/Awards/JourneyToExcellence.aspx>

and check out the new forms and the Webinars and Power Point slide decks explaining the program, Unit Scorecards, Unit Spreadsheets for tallying your results, FAQs, Support Documents, and how to work your "Dashboard" from your MyScouting.org account!!

National is really doing its best to make sure this is a success and addressing all the needs of the various Generations in Scouting (Do not know what Generations are in Scouting?? Either take Wood Badge for the 21st Century or if you have already done so, get a copy of this new session added to the syllabus. CD

For all the **UNIT COMMISSIONERS** reading Baloo - Here is a sample letter my Unit Commissioner used to start our dialog on "*Journey to Excellence*" -

Greetings to All!

I would like to take this opportunity to say job well done for the past scholastic year with your units! As we all know, we need to increase our numbers of boys that we are reaching, and not only reach them but retain them as well.

How can we do this? With a better program. How can we provide a better program? With the Journey to Excellence. By now, most, if not all of you, should have heard something about the Journey to Excellence. It is not about guessing at numbers, or crunching numbers just to say 'look at us, we got a ribbon'. This is a different approach to the quality unit. This deals with the ideals of the program, the best ways to provide a quality program to the youth. We've all heard that the way to keep the kids involved is with a quality program. You can't do that by just winging it.

Each and every one of us has to be committed to this ideal in order to maintain the program that we all feel is worthwhile. Otherwise, why would we all be in the positions we are in?

This is a journey that needs monitoring, to see where you are, to see where you need work, to see how close you are to your goals of the ideal program. It can be done. We just have to have the will power and the willingness to see it through.

With things slowing down with the end of the school year, what better time to take inventory of what you have and where you are going? This will give you a head start with where to take the program during the summer then hit full force in the fall. This is something we don't want to wait until November to look at. We need to look at this now, and periodically going forward to make sure we are making strides in the right direction.

As your unit commissioner, I am asking for a meeting time and place with the Unit Leader (Cubmaster/Scoutmaster), Unit Committee Chair, and Chartered Organization Rep, preferably where we would have access to the internet so that we can work on this together. Each unit has the potential for Gold-that's not just a symbol. That's providing the best possible program out there. You can go online and actively input your

present numbers to see where you are and where you need to improve. We all need to take a new look at how we are providing the program to the youth, to improve the program, to improve the impact the program has on today's youth.

In order to do this, you will need access to your advancement, roster, training records, camping records, service projects, budget information, and yearly planning.

Old Colony district already rocks the socks off all the other districts, but I want to see all my units rock the socks off of Old Colony District!!

Please work with me on this, and let me know when and where we can meet to go over this. I am looking forward to meeting w/ each and all of you. You can contact me either by email, by home phone- AAA-EEE-####, or by cell- AAA-EEE-####. I would like to have met with all the units to provide a report on the progress to the district and council by the end of June (hopefully before everyone breaks away for vacations).

Again, I ask your cooperation in this matter and look forward to checking things out!

KS, Unit Commissioner

Old Colony District, Southern NJ Council

SPECIAL OPPORTUNITIES

Pat Hamilton, Baltimore Area Council

Our Core value for July is **Courage**. It takes courage to get up in front of a group of people and perform. By starting early in Cub Scouts, a boy can overcome the inclination to stage fright and will soon think nothing of standing up and doing skits or songs in front of his peers, family members and Scout leaders. Music is an excellent way to learn this.

Music Loop and Pin

The requirements listed below are taken from the Cub Scout Academics and Sports Program Guide (34299) 2009 Printing

Webelos Scouts that earn the Music Belt Loop while a Webelos Scout also satisfy requirement 15 for the [Showman](#) Activity Badge.

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Music Belt Loopwww.usscouts.org**Complete these three requirements:**

1. Explain why music is an important part of our culture.
2. Learn a song with at least two verses and sing the verses to your den or to an adult family member.
3. Listen to four different types of music either recorded or live.

Music Academics Pinwww.usscouts.org**Earn the Music belt loop, and complete five of the following requirements:**

1. Make a musical instrument and play it for your family, den, or pack.
2. Teach your den a song.
3. Play a song by yourself or in a group, in unison or in harmony.
4. Create an original melody and/or original words for a song.
5. Using a tape recorder, capture natural sounds of the environment or record songs you create, and use your recording as a soundtrack for a short skit or as background for a movement activity.
6. Attend a live musical performance or concert.
7. Demonstrate conducting patterns for two songs using two different meters (two-, three-, or four- beat meter) while your adult partner or den members sing or play the songs you have selected.
8. Take voice or dance lessons or lessons to learn to play an instrument.
9. Create movements to a piece of music without words to demonstrate the moods of the music: happy, sad, calm, excited, playful, and inspired.
10. Learn about a composer of some music that you enjoy. Tell your den or an adult family member what you learned about him or her.

For worksheets to help with earning these awards got to <http://usscouts.org/advance/cubscout/academics/music.asp>

With summer fast approaching, most of our Cub Scouts will be heading off to Cub Scout Day Camp or Cub Scout Resident Camp. This provides an opportunity to earn the Shooting Sports Pins and Belt Loops that cannot be earned in the home, Den or Pack setting. ***I cannot emphasize this enough! THE ONLY PLACE YOU CAN EARN THESE PINS AND BELT LOOPS IS AT COUNCIL OR DISTRICT DAY CAMPS OR RESIDENT CAMPS, DURING COUNCIL-MANAGED FAMILY CAMPING PROGRAMS, OR AT COUNCIL-SPONSORED ACTIVITIES WHERE THERE IS PROPERLY TRAINED SUPERVISION AND ALL STANDARDS FOR BSA SHOOTING SPORTS ARE IMPLEMENTED.***

Even though these awards cannot be earned at the unit level, you may want to check with the range personnel at your camp to make sure they are keeping the appropriate records so that the boys can earn these awards. The belt loops and pins for Archery and BB shooting cannot be ordered through scoutstuff.org, but must be purchased at your local council office or Scout Shop, and then only with the appropriate paperwork.

Archery Loop and Pin

Archery, like BB-gun shooting, is a camp program. Boys can earn archery recognition items only at council/district day camp, resident camp, or council-managed family camping programs

Archery programs are not allowed at den and pack activities.

However, leaders can help parents understand the importance of training and encourage attendance of boys at Cub Scout camps that offer this training.

To be a qualified and trained archery range supervisor, adults must take part in an archery supervisor training program conducted by the local council with the help of a National Camping School-certified field sports director or a National Archery Association (NAA) instructor.

The Archery belt loop and pin can only be awarded by a BSA range-trained shooting-sports director.

Earning the Archery Belt Loop while a Wolf Cub Scout also satisfies Elective 20c (toward Wolf Arrow Points).

Archery Belt Loop (For Camp Only)www.usscouts.org**Complete these three requirements:**

1. Explain the rules for safe archery that you have learned in the district/council camp or activity you are attending with your leader or adult partner.
2. Demonstrate to your leader or adult partner good archery shooting techniques, including the stance and how to knock the arrow, establish the bow, draw, aim, release, and follow-through and retrieve arrows.
3. Practice shooting at your district or council camp for the time allowed.

Archery Sports Pin (For Camp Only)www.usscouts.org**Earn the Archery belt loop, and complete five of the following requirements:**

1. Explain the parts of a bow and demonstrate how to string the bowstring in a proficient manner.
2. Demonstrate how to properly use archery equipment, including arm guards, finger tabs, and quivers and explain about proper clothing.
3. Develop proficient shooting techniques by practicing for three hours.
4. Learn the correct scoring techniques for target archery.
5. Make a poster that emphasizes the four whistle codes.
6. Draw to scale or set up an archery range.
7. Shoot 30 arrows from a distance of 30 feet at a target and score at least 50 points, or shoot 30 arrows from a distance of 90 feet and score at least 30 points.
8. Help make a type of target for the camp archery range.
9. Show how to put away and properly store archery equipment.
10. Tell five facts about an archer in history or literature.

**CS Shooting Sports Award
Archery Certificate**

Before firing the Pro Archer course, the camper is to complete the following:

1. Explain how to string your bow and explain the use of archery equipment.
2. Be able to list and discuss nine points in "Shooting Techniques."

Pro Archer Level

Shoot five groups (three arrows per group) trying to group each set within a circle the size of the nine-ring. (No specific score is required.)

Then fire for the Pro Archer score.

Level of Recognition	Number of Arrows	Distance	Score
Pro Archer	30	15 feet	30
Archer I	30	20 feet	30
Archer II	30	20 feet	50
Archer III	30	20 feet	100

In Cub Scout archery, the camp awards the certificate when the Cub Scout or Webelos Scout qualifies for the different levels of recognition. It is possible to earn four certificates if every level of marksmanship has been accomplished.

For worksheets to help with earning these awards got to <http://usscouts.org/advance/cubscout/sports/archery.asp>

BB Shooting Loop and Pin

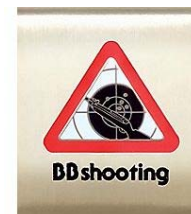
The requirements listed below are taken from the Shooting Sports for Cub Scouting, No. 13-550, 2003 Printing
BB-gun shooting, is a camp program. Boys can earn BB-gun recognition items only at council/district day camp, resident camp, or council-managed family camping programs
BB-Gun programs are not permitted at den and pack activities.
 However, leaders can help parents understand the importance of training and encourage attendance of boys at Cub Scout camps that offer this training.

Many Cub Scouts have BB guns or air rifles at home and will be exposed to some type of firearm while growing up. Parents should understand that safety is as necessary with BB guns and air rifles as it is in any other aspect of shooting. Training is essential in learning how to shoot well, and safe shooting habits developed early help provide the atmosphere for learning these skills.

Gun-shooting sports are not an approved part of the Cub Scout program, except at Cub Scout day or resident camp. At camp, boys might have an opportunity to take part in a BB-gun (rifle) safety and marksmanship program under the direction of a trained BB-gun range officer. These range officers must attend a three-hour training program conducted by a National Camping School-certified field sports director or National Rifle Association (NRA) instructor.

The BB-Gun Shooting belt loop and pin can only be awarded by a BSA range-trained shooting-sports director at a BSA approved range.

Earning the BB Shooting Belt Loop while a Wolf Cub Scout also satisfies Elective 20n (toward Wolf Arrow Points).

BB Shooting Belt Loop (For Camp Only)www.usscouts.org**Complete these three requirements:**

1. Explain the rules for Safe BB gun shooting you have learned to your leader or adult partner.
2. Demonstrate to your leader or adult partner good BB gun shooting techniques, including eye dominance, shooting shoulder, breathing, sight alignment, trigger squeeze, follow through.
3. Practice shooting at your district or your council camp in the time allowed.

BB Shooting Sports Pin (For Camp Only)www.usscouts.org**Earn the BB Gun Shooting belt loop, and complete five of the following requirements:**

1. Explain the parts of a BB gun and demonstrate how to properly load the gun.
2. Demonstrate the shooting positions.
3. Develop proficient shooting techniques by practicing for three hours.
4. Learn the correct scoring techniques for target BB gun shooting.
5. Make a poster that emphasizes the proper range commands.
6. Draw to scale or set up a BB gun shooting range.
7. Show improvement in your shooting ability with an increase in scoring points.
8. Help make a type of target for the camp BB gun shooting range.
9. Show how to put away and properly store BB gun shooting equipment after use.
10. Explain how to use the safety mechanism on a BB gun.
11. Tell five facts about the history of BB guns.

Councils may provide extra opportunities for a boy and his adult partner to continue qualifying for a pin after the council camp experience is over. However, a certified range officer must be present for shooting credits to be valid.

CS Shooting Sports Award BB Shooting Certificate

Certificates may be awarded to the Cub Scout or Webelos Scout at any time he achieves a level of marksmanship. It is possible to earn five certificates if every level of marksmanship has been accomplished.

Before completing the Pro Marksman requirements below, the following criteria must be met:

- **Instruction:** Complete a basic BB gun marksmanship safety course.
- **Shooting:** Fire five groups of shots (three shots per group) that can be covered by a quarter, and then adjust the BB gun sights so that the group is centered on a bull's eye. (No specific score is required.) Then fire the Marksmanship levels shown below.

Score Requirements for BB Gun Recognition Certificate

Marksman Level	Target	Position	Number of Bull's eyes Required	Number of Shots Required per Bull's eye	Minimum Score required per shot
Pro Marksman	TQ-40	Benchrest	5	5	8
Marksman Level	Target	Position	Number of Bull's eyes Required	Number of Shots Required per Bull's eye	Minimum Score required per Bull's Eye
Marksman I	TQ-40	Standing	10	5	20
Marksman II	TQ-40	Prone	10	5	35
Marksman III	TQ-40	Kneeling	10	5	25
Marksman IV	TQ-40	Sitting	10	5	30

For worksheets to help with earning these awards got to <http://usscouts.org/advance/cubscout/sports/BBgun.asp>

Remember! For Shooting Sports Awards:



As summer arrives and we move in to more outdoor activities (remember: three-fourths of *Scouting* is **outing**), this is a good time to focus on how we treat, and how we leave our outdoor environment, so that it may also be enjoyed by others.

Leave No Trace Awareness Award



The Leave No Trace Awareness Award is worn on the uniform shirt, centered on the right pocket as a temporary patch. Only ONE Temporary patch may be worn at a time.

Cub Scout Leave No Trace Pledge

I promise to practice the Leave No Trace frontcountry guidelines wherever I go:

1. Plan ahead.
2. Stick to trails.
3. Manage your pet.
4. Leave what you find.
5. Respect other visitors.
6. Trash your trash.

Tiger Cub Scout Requirements

1. Discuss with your leader or parent/guardian the importance of the Leave No Trace frontcountry guidelines.
2. On three separate outings, practice the frontcountry guidelines of Leave No Trace.
3. Complete the activities for Achievement 5, [Let's Go Outdoors](#).
4. Participate in a Leave No Trace-related service project.
5. Promise to practice the Leave No Trace frontcountry guidelines by signing the Cub Scout Leave No Trace Pledge.
6. Draw a poster to illustrate the Leave No Trace frontcountry guidelines and display it at a pack meeting.

Wolf Cub Scout Requirements

1. Discuss with your leader or parent/guardian the importance of the Leave No Trace frontcountry guidelines.
2. On three separate outings, practice the frontcountry guidelines of Leave No Trace.
3. Complete Achievement 7, "[Your Living World](#)."
4. Participate in a Leave No Trace - related service project.
5. Promise to practice Leave No Trace frontcountry guidelines by signing the Cub Scout Leave No Trace Pledge.
6. Draw a poster to illustrate the Leave No Trace frontcountry guidelines and display it at a pack meeting.

Bear Cub Scout Requirements

1. Discuss with your leader or parent/guardian the importance of the Leave No Trace frontcountry guidelines.
2. On three separate outings, practice the frontcountry guidelines of Leave No Trace.
3. Complete Achievement 12, "[Family Outdoor Adventures](#)."

4. Participate in a Leave No Trace - related service project.
5. Promise to practice Leave No Trace frontcountry guidelines by signing the Cub Scout Leave No Trace Pledge.
6. Draw a poster to illustrate the Leave No Trace frontcountry guidelines and display it at a pack meeting.

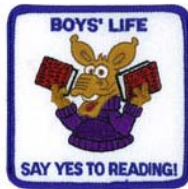
Webelos Scout Requirements

1. Discuss with your leader or parent/guardian the importance of the Leave No Trace frontcountry guidelines.
2. On three separate outings, practice the frontcountry guidelines of Leave No Trace.
3. Earn the [Outdoorsman](#) activity badge.
4. Participate in a Leave No Trace - related service project.
5. Promise to practice Leave No Trace frontcountry guidelines by signing the Cub Scout Leave No Trace Pledge.
6. Draw a poster to illustrate the Leave No Trace frontcountry guidelines and display it at a pack meeting.

Cub Scout Leader Requirements

1. Discuss with your den's Cub Scouts or your pack's leaders the importance of the Leave No Trace frontcountry guidelines.
2. On three separate outings demonstrate and practice the frontcountry guidelines of Leave No Trace.
3. Participate in presenting a den, pack, district, or council awareness session on Leave No Trace frontcountry guidelines.
4. Participate in a Leave No Trace-related service project.
5. Commit yourself to the Leave No Trace frontcountry guidelines by signing the Cub Scout Leave No Trace Pledge.
6. Assist at least three boys in earning Cub Scouting's Leave No Trace Awareness Award.

For more information, visit the Leave No Trace web site at <http://www.lnt.org>.

Boys' Life Reading Contest for 2011<http://boyslife.org/>**SAY 'YES' TO READING****Enter the 2011 Boys' Life Reading Contest**

Write a one-page report titled "The Best Book I Read This Year" and enter it in the Boys' Life 2011 "Say Yes to Reading!" contest.

The book can be fiction or nonfiction. But the report has to be in your own words — 500 words tops. Enter in one of these three age categories:

- * 8 years old and younger
- * 9 and 10 years old
- * 11 years old and older

First-place winners in each age category will receive a \$100 gift certificate good for any product in the Boy Scouts official retail catalog. Second-place winners will receive a \$75 gift certificate, and third-place winners a \$50 certificate.

Everyone who enters will get a free patch like the one on this page. (*And, yes, the patch is a temporary insignia, so it can be worn on the Boy Scout uniform shirt, on the right pocket. Proudly display it there or anywhere!*) In coming years, you'll have the opportunity to earn different patches. The contest is open to all Boys' Life readers. Be sure to include your name, address, age and grade in school on the entry.

Send your report, along with a business-size, self-addressed, stamped envelope, to:

Boys' Life Reading Contest
S306
P.O. Box 152079
Irving, TX 75015-2079

Entries must be postmarked by Dec. 31, 2011 and must include entry information and a self-addressed, stamped envelope.

For more details go to <http://boyslife.org/>

Knot of the Month

This would be a great time to recognize this year's Tiger Leaders and encourage them to stay on as Wolf Leaders next year. Why not see if they qualify for the -

Tiger Cub Den Leader Awardwww.usscouts.org**Tenure**

Complete one year as a registered Tiger Cub Den Leader. (Dates of service used to earn this award cannot be used to earn another key or award.)

Training

1. Complete "The New Tiger Cub Den Leader" Fast Start training.
2. Complete basic training for Tiger Cub Den Leaders.
3. Complete Youth Protection Training.
4. During your tenure for this award, participate in a Cub Scout leader Pow Wow or University of Scouting, or attend at least four roundtables.

Performance

Do **all** of the following:

1. Conduct a Tiger Cub roundup for your pack with at least five new Tiger Cub boy/adult teams recruited.
2. Contact the host team each month and provide support as needed for one year.
3. Coordinate Tiger Cub den participation in three Cub Scout pack activities each year.
4. Graduate a Tiger Cub den into Cub Scouting with at least 60 percent of the Tiger Cubs becoming Cub Scouts.
5. Report on the progress of Tiger Cub dens at 75 percent of pack leader meetings

For a progress record for the Tiger Cub Den Leader Award, go to <http://www.scouting.org/filestore/pdf/34169-50.pdf>.

GATHERING ACTIVITIES

"Gathering Activities" for large groups and getting groups to know each other are in this edition. Those good for dens (e.g. word searches, puzzles, mazes) are in the Den edition. Dave

Note on Word Searches, Word Games, Mazes and such – In order to make these items fit in the two column format of Baloo's Bugle they are shrunk to a width of about 3 inches. Your Cubs probably need bigger pictures. You can get these by copying and pasting the picture from the Word version or clipping the picture in the Adobe (.pdf) version and then enlarging to page width. CD

Tongue Twister Challenge

Alice, Golden Empire Council

Have a Tongue Twister Challenge in honor of "Stick Out Your Tongue Day" – it will quickly dissolve into laughter all around. (See some examples under Run-Ons).

Have boys practice tongue twisters as they arrive.

Maps of the (World, US, Your State, Your County, ..) You Choose!!

Alice, Golden Empire Council

- ★ **Display all kinds of maps and have a round robin to learn how to read them** – Boys could also demonstrate what they learned about using the compass while earning the Map & Compass Belt Loop and Pin

Word Search Outing in Scouting
Sam Houston Area Council

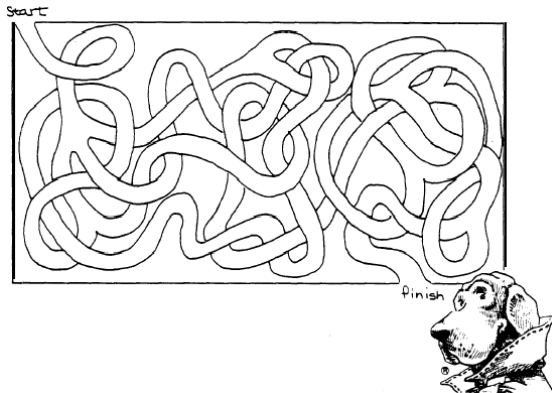


- | | | |
|----------|--------------|----------|
| Backpack | Walkingstick | Sun |
| Tents | Backpacking | Boots |
| Camping | Food | Heat |
| Hiking | Mountains | Outdoors |
| Shorts | Waterbottle | Sun(?) |

Play "Look for Courage" Bingo.
Alice, Golden Empire Council

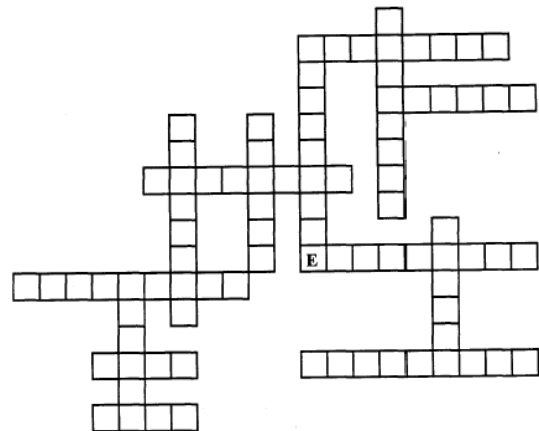
- ★ Print off bingo cards with 9 squares labeled with descriptions such as: Favorite Superhero, Sports Hero, Favorite Teacher Hero, Family Hero, Military Hero, Environmental Hero, Community Hero or Project, Hero Quality.
- ★ Have a space or line inside each square.
- ★ Give each person or family a bingo card as they come in. They must go around the room and find a different person to fill in each square.
- ★ You could share some of the entries, or give a prize to the person who has a filled-out card first.

McGruff's Maze
Pat, Baltimore Area Council



- ☺ This is a "spaghetti maze."
- ☺ Each path can go over, under, and around,
- ☺ You can only change paths at a "Y."
- ☺ Start at the top, and work your way around to the bottom, where McGruff is waiting.

Rescue Fill-In
Pat, Baltimore Area Council



- | | |
|------------------|------------------|
| 4 letters | 8 letters |
| Fire | Accident |
| Help | First Aid |
| | Operator |
| | Readyman |
| 6 letters | 9 letters |
| Oxygen | Telephone |
| Police | Ambulance |
| Rescue | Emergency |
| Splint | Paramedic |

Fire Prevention Quiz:
Pat, Baltimore Area Council

Read the questions and ask the boys to write down the letter of the correct answer, or make copies and give one to each boy. (Correct answers are underlined.)

1. What should you do to be ready if fire should strike your home?
 - (a) Keep pails of water on hand.
 - (b) Have an escape plan and rehearse it often.
 - (c) Be ready to carry out furniture.
 - (d) Have a suitcase already packed.
2. In making your escape plan, why should you know two ways out of every room?
 - (a) So I can see different parts of the house when i practice the plan.
 - (b) In case fire or smoke blocks one escape route.
 - (c) To keep people guessing.
 - (d) To make home fire drills more fun.
3. If your clothing catches on fire, what do you do?
 - (a) Run for help.
 - (b) Look for water to throw on yourself.
 - (c) Roll on the floor or ground, wrapping yourself in a coat, blanket, or rug, if possible.
 - (d) Try to blow out the fire.

4. What should you use for light in a dark closet where there is no light bulb?
 - (a) A match.
 - (b) A candle.
 - (c) A cigarette lighter.
 - (d) A flash light.
5. When you check extension cords in your home for fire hazards, what should you look for? choose two.
 - (a) Frayed or broken insulation.
 - (b) Whether the color matches the woodwork.
 - (c) Whether they run under rugs or furniture legs.
 - (d) Whether the plug is brown or white.
6. If there are small children in your home, you should be especially careful they cannot play with which of these?
 - (a) A pile of blankets.
 - (b) Matches.
 - (c) Tennis balls.
 - (d) Pots and pans.
7. Stairways in your home should be:
 - (a) A great place to play.
 - (b) A good place to keep your toys when you aren't playing with them.
 - (c) Kept clear of obstructions at all times.
 - (d) A place to pile your laundry until you can take it to your room.

The Courage of Their Convictions

Alice, Golden Empire Council

- ★ Assemble posters and information on some courageous people. Also, have available craft materials and other props.
- ★ As families arrive, have them choose someone who showed courage. Encourage them to choose someone they know but also show them the samples for ideas. (And let them know they can choose of the samples). Then challenge them to find a way to share their hero's story with everyone – it could be a poster, a display, or even a costume. Examples: Wear Mickey Mouse ears and tell about the courage of Walt Disney in building Disneyland. Or bring a map showing the journey of Lewis & Clark and some facts to share. Or download some pictures of Tom Whittaker, who climbed Mt. Everest with a prosthetic leg and share part of his story. Or choose an everyday person – maybe even a family member, and make a poster about how they have showed courage.

Water Fun And Safety Quiz

Sam Houston Area Council

Water Safety

For each statement, circle the correct answer, either DO or DON'T.

- 1) DO DON'T Show off in the water.
- 2) DO DON'T Dive into strange or shallow waters.
- 3) DO DON'T Go in swimming right after eating.
- 4) DO DON'T Have your family physician give you a physical before starting a swimming course.

Boat Safety

For the statements below, circle the correct answer(s) to fill in the blanks.

1. In a rowboat, ____ people per seat is a safe rule.
1 / 2 / 3
2. ____ should wear a life jacket in a boat 20 feet or shorter.
children / Scouts / adults
3. If your boat tips over, ____.
swim to shore / hang on to the boat
4. Always keep a lookout for ____.
other boats / swimmers / sharks

Swimming and Rescue Safety

Using words from the list below, fill in the correct letter for each description.

- | | |
|-----------------|---------------|
| A. REACH | B. SIDESTROKE |
| C. BUDDY SYSTEM | D. THROW |

1. ____ Rescue method where you extend something for the victim to grab onto.
2. ____ This stroke is done on either your left or your right side.
3. ____ This is the name for swimming with another person.
4. ____ This rescue method involves providing a floating device to the victim.

OPENING CEREMONIES

Courage Is... Opening

Alice, Golden Empire Council

Set Up - Prepare posters with each letter on them – they could be done by each boy, or printed out from online images. Depending on the age of your scouts, write the script on the back of each letter in LARGE print, or have an adult read the narration as each Cub comes out and holds up his letter. Or you might have each scout say his Letter and its meaning then have a narrator read the description.

Narrator: Our Value for this month is Courage. The boys have been learning something about what is required if you want to show courage. We'd like to share what they learned.

Cub # 1: C – is for Choice – If I am going to show courage, I have to make a choice about how I will act – I must listen to that still small voice and do what is right.

Cub # 2: O – is for Overcoming – If I am going to show courage, I must feel my fears but have faith enough to Overcome them.

Cub # 3: U – is for Understanding – If I am going to show courage, it will be because I understand the challenge I am facing, and have a healthy fear, but choose to tackle it!

Cub # 4: R – is for Respect - If I have Courage, I will show respect for myself, others and also for the challenges I face – even if I have to refuse to do something when everyone is daring me to do it.

Cub # 5: A - is for Ability – If I have courage, I will find and strengthen my abilities, and find ways to “think outside the box” when needed.

Cub # 6: **G - is for Gratitude & Giving Back** – If I have Courage, I will find ways to Give Back to others; I will be grateful for my strength and share it.

Cub # 7: **E - is for Energy** – If I have courage, I will be willing to work hard and use all the physical, mental and spiritual energy I have to accomplish a goal, even when everyone tells me it can't be done.

Narrator: I think you will agree that we've learned a lot this month about Courage. In July, we think about the Courage of those who helped create our country, and who continue to preserve our freedoms. To honor their courage, we will now present our flag.

CM *Start a flag ceremony.....*

C-O-U-R-A-G-E

*North Star District and Thunder Wolf District
Sam Houston Area Council*

Cub #1: C is for Cub Scouts of Course

Cub #2: O is for the Outdoor appreciation Scouting provides us

Cub #3: U is for the Uniqueness of the Scouting experience

Cub #4: R is for the Rewards that both the boys & the Leaders Receive from Scouting

Cub #5: A is for the Associations & friendships that Scouting builds

Cub #6: G is for the Growth of the boys characters as they progress through Scouting

Cub #7: E is for Everyone because Everyone is welcome in & can be involved in Scouting

Fun In The Sun

Utah National Parks Council

Cub #1: We can have Fun in the Sun because we are Free. Brave men fought for this freedom from sea to shining sea.

Cub #2: We can have Fun in the Sun because of OI' Glory, which flew high so that all could see.

Cub #3: We can have Fun in the Sun because our streets are secure. Of this our city police make sure.

Cub #4: We can have Fun in the Sun because our neighborhood is clean, the parks and fields and lakes and streams.

Cub #5: We can have Fun in the Sun, you and me! Grateful are we to live in a land that is free! Please join me in pledging allegiance to our flag.

My Strength

Utah National Parks Council

The Cubmaster and five Scouts are on stage just before the presentation of colors.

CM: During this month, our Cubs have been working on their muscles and physical skills.

Cub #1: My strength comes from my parents and my ancestors.

Cub #2: My strength comes from the exercises and work I do.

Cub #3: My strength comes from the foods I eat and the clean air I breathe.

Cub #4: My strength comes from going to church and believing in the Lord.

(This line may be changed to match the beliefs of your Unit)

Cub #5: We need strength to keep our bodies healthy, but real strength is knowing when and how to use strength wisely in all that we do, especially in helping our own families.

CM: As we begin our meeting, let us all stand tall and proud knowing that we are doing our best as the color guard advances.

Safe Swim Opening

Sam Houston Area Council

Arrangement: Make card for each letter. Write the line for each boy on the back. The boys can carry water activity toys such as inner tubes, balls or snorkeling equipment.

Cub #1: S is for Scouts, we have fun

Cub #2: A is for Activities, out in the sun

Cub #3: F is for Friends, your buddies in the pool.

Cub #4: E is for Excitement, but keep your cool.

Cub #5: S is for Safety, that must come first.

Cub #6: W is for Weather, not only for the thirst.

Cub #7: I is for Instructions we follow with care.

Cub #8: M is for Merriment we all love to share.

All Putting them together and we have SAFE SWIM. Let's be safe and we will all win.

Hold Steadfast

Alice, Golden Empire Council

Preparation: Cubs stand in square formation around the American flag which is posted in the center of room.

Boys, did you ever think what makes up our country's flag? Yes, there are stripes, a patch of blue, and some five pointed stars, but they are just pieces of cloth.

However, when the thirteen stripes of alternating red and white representing the thirteen original colonies, are put together and the field of blue is in place with the stars, securely held together by millions of stitches, then we no longer have a piece of cloth and patches, but the flag of the United States of America--the emblem of our country.

You know, I like to think that all those stitches represent "We the people..." that each and every one of us is represented in the flag by a stitch holding steadfast together as long as we are strong, and do our best to be good American citizens.

All of you have seen what happens when stitches fail to hold. The flag would fall apart or ravel. That is exactly what can happen to our country if we, the citizens, do not hold steadfast to do our best. Our freedom or rights as citizens can be lost. Today and every day, let's show by our actions that we are worthy to be citizens of this great land America.

AUDIENCE PARTICIPATIONS & STORIES

Chris Meets Miss Liberty

Utah National Parks Council

Divide audience into four groups. Assign each group a word and an action to do when that word is read. Practice as you assign parts.

There are 4 each of America(n) and France (French) and 12 each of Chris and Statue so maybe use two groups – Statue and Chris?? CD

AMERICA, AMERICAN - Salute and sing
"My Country 'Tis of Thee"

FRANCE, FRENCH - Wave and say "Bonjour!"

STATUE - Raise hand as if holding a torch and declare proudly "Liberty!"

CHRIS - Point to yourself and say "That's me!"

CHRIS stepped off the ferry. He looked up. There it was - the **STATUE** of Liberty.

"Wow," **CHRIS** exclaimed. "I have waited so long to come here. You are beautiful, Miss **STATUE** of Liberty."

"Thank you," said a cheery voice. "Who's that?" asked

CHRIS. "Why, it's me." **CHRIS** looked around. "Up here," the voice whispered. He looked up. The **STATUE** winked.

"Wait a minute! You're a **STATUE**! You can't talk." **CHRIS** exclaimed. "Every once in a while, I like to talk. Even with all the people who come to visit me, I still get lonely," sighed the

STATUE. "Miss **STATUE** of Liberty, may I ask you some questions?" asked **CHRIS**. "Call me Libby. Sure, ask away."

"Libby, where did you come from? How did you get here?"

Why . . ." "Slow down," the **STATUE** laughed. "One

question at a time." "Years ago, the people of **FRANCE** wanted to show they were friends with the **AMERICAN** people. So a **STATUE** was built. Mr. Bartholdi, a **FRENCH** sculptor, created me. The **FRENCH** people gave centimes and francs, like your dollars and cents, to pay for the **STATUE**. That's how I came to be.

In May 1884, I was packed in 214 crates and sent over the ocean on a ship named the SS Iser. That's how I got here."

"But I had to stay in those crates for a while, once I got to **AMERICA**. Here was an island to live on, but no place to stand, without getting my feet all muddy." "So what happened next?" asked **CHRIS**. The **STATUE** of Liberty smiled. "Mr.

Pulitzer, a newspaper editor, asked for donations in his newspapers. This time, the people of **AMERICA** sent dimes, nickels and pennies until there was enough to build this lovely pedestal. "The workers got busy, took me out of those crates and carefully riveted me together. The last rivet was driven on October 28, 1886. You could say that was the birthday of the **STATUE** of Liberty. I've stood here ever since, shining my lamp for all to see." **CHRIS** was amazed. "What else . . ."

"**CHRIS**. . . **CHRIS**. . . !!!!" "What is it Libby?" "Libby? I'm not Libby, I'm your mom." **CHRIS** opened his eyes. He was in his room, and his mom was standing by his bed. "Mom,

Mom! The **STATUE** of Liberty talked to me! Her name is Libby and she's from **FRANCE** and . . ." "Come on, **CHRIS**. Better get going or you'll miss the trip to the **STATUE** of Liberty! You are such a dreamer. Libby, indeed."

The Happy Hikers

Utah National Parks Council

This is a do as I do story. Audience will act out the actions as the narrator tells the story.

We're going on a hike. Just do what I do and listen carefully. (Begin walking in place) Here we go on a hike through the woods and over the mountains. Come along with me. (smile, wave and hike in place)

We're coming to a steep hill. (bend over as if climbing) Now we're on top. What a lovely view! (shade eyes and look around) Now, we'll have to go down. (move hand like going down a roller coaster and say "swoosh") Boy, we're out of breath. (breathe heavily) Now, we're passing through a meadow. (hike in place)

What's that I see? (stop, look to one side) It's a rabbit! And a meadowlark. (look up) And a bumble bee! (run swiftly in place, waving arms as if fighting off a bee) We're happy hikers. (hike in place) We're happy because of the beautiful mountains we see, (shade eyes and smile) and because of all that clean fresh air we are breathing, (breathe heavily) and especially because we got away from the buzzing bee. (smile, turn head to look behind you and wave "bye" to bee)

Now we're getting tired. (slow pace, walk droopily) There's what we need! (point) A cool refreshing drink from the river. (pick up pace, kneel down and scoop water to mouth) Ahhh, how refreshing. Let's be on our way. (hike in place) Now let's try to jump over the river without getting our feet wet. (take big step, get feet wet, shake them off) Oh, well, don't feel too bad about not making it. That was a wide river. At least we have cool toes. (shake feet again)

We'd better stop for lunch. (stop, reach in pocket, bring out sandwich, start eating, take handkerchief from pocket, wipe mouth, replace handkerchief, resume hiking in place)

Mmmmm, that feels better. Look, there's a lovely lake. (point) Let's swim across. (swim strokes) That was great! (resume hiking in place) Look at that crooked trail ahead. (point) It's nothing but twists and turns. (continue hiking -- twisting and turning)

I'm glad that's over. I was getting dizzy. (stagger) Looks like we have come to the end of the trail. (stop) What do we do now? Are you tired? (shake head YES!) So am I. (sit down, wipe brow.)

It's All In Your Mind*Utah National Parks Council*

Divide audience into four groups. Assign each group a word and an action to do when that word is read. Practice as you assign parts.

JUMPING JACK: Stand up and jump once, say "Boing" and sit back down.

RUNNING RALPH: Stand up, run in place, "Zip!" Sit back down.

COMPUTER CHARLIE: Stand up, swing arms back and forth (like the robot from "Lost in Space") and say, "It Computes, It Computes." Sit back down.

This is the story about a boy named **JUMPING JACK**, and another boy named **RUNNING RALPH**, and still another boy named **COMPUTER CHARLIE**. These three boys were close friends and they went everywhere together. **JUMPING JACK** got his name because everywhere he went he was always jumping over things for no apparent reason except that he liked to jump. You could see all three boys walking around town with **JUMPING JACK** jumping over benches, curbs, bushes, fences and almost anything that wasn't too high.

As you may have guessed, **RUNNING RALPH** got his name because he was always running. Maybe his legs were shorter than his two friends and he had to run to always keep up, or maybe he just liked to run.

COMPUTER CHARLIE got his name because he was a very intelligent boy who excelled at mental skills. Everyone always teased **COMPUTER CHARLIE** because **COMPUTER CHARLIE** wasn't very good at sports or as strong as **JUMPING JACK** and **RUNNING RALPH**. But this never seemed to bother the three friends because they stuck together no matter what.

One day, **JUMPING JACK**, **COMPUTER CHARLIE**, and **RUNNING RALPH** were on their way to the store when they saw a local bank being robbed. The robber was making his getaway. **JUMPING JACK** jumped over the bushes and a fence to get to a neighbor's house to call the police. **RUNNING RALPH** was right behind him. But **COMPUTER CHARLIE** just stood there, watching the whole thing.

Thanks to **JUMPING JACK'S** jumping and **RUNNING RALPH'S** running, the police arrived at the scene in no time at all. They started to ask questions, but **JUMPING JACK** and **RUNNING RALPH** didn't know what to say because they had been too busy running and jumping to see what had really happened. But **COMPUTER CHARLIE** began telling the police everything they needed to know. He knew the model and color of the getaway car, the license plate number, the direction the robber went, and a description of his clothes and size. His mental skills were a great help to the police.

After reading about the theft in the newspaper, all of the children were so proud of **COMPUTER CHARLIE**. They never teased him again about his mental skills. They came to realize that **COMPUTER CHARLIE** was just as important as **JUMPING JACK** and **RUNNING RALPH**. Together, by pooling their talents, they were able to accomplish many great things.

A Bad Hike*Pat, Baltimore Area Council*

Divide audience into five groups. Assign each group a word and an action to do when that word is read.

Practice as you assign parts.

First Aid: Oooh, Blood!

Water Glug, glug, drip

Food Yuk!! Yuk!!

Cub Scout Do Your Best!

Mountain Because it's there!

Once there was a CUB SCOUT who decided he knew everything there was about hiking. He knew FIRST AID, how to find FOOD, and how to know if WATER was good, so the CUB SCOUT took off for the MOUNTAIN. He packed his FIRST AID kit, knowing he would find his own FOOD and WATER on the MOUNTAIN side.

The sun soon became hot on the MOUNTAIN and the CUB SCOUT became thirsty so he searched for WATER. As the CUB SCOUT searched the MOUNTAIN side he found a spring of cool clear WATER and took a long drink which made the CUB SCOUT decide he was hungry, too. Where could the CUB SCOUT find some FOOD? The CUB SCOUT searched the MOUNTAIN side and found a couple of berries that didn't taste so good, but FOOD was FOOD. The CUB SCOUT got another drink of WATER to take away the taste of the FOOD, but that drink of WATER didn't taste good either.

By now the CUB SCOUT decided he would go down the MOUNTAIN and back home for some good FOOD. In the CUB SCOUT's haste, he tripped over a log and fell into the WATER of a nearby stream. The CUB SCOUT sadly watched his FIRST AID kit washed by the WATER down the MOUNTAIN side. As the CUB SCOUT stood up to shake off the WATER and the MOUNTAIN dirt, he realized he had cut his knee. Oh, for the FIRST AID kit but the WATER had sent it way down the MOUNTAIN. What was it the CUB SCOUT learned in his FIRST AID class? Oh my goodness, the CUB SCOUT couldn't remember! Maybe he didn't know all about hiking after all, and remembered he shouldn't be hiking the MOUNTAIN alone with no survival supplies.

After the CUB SCOUT arrived home, ate some good FOOD, drank some good WATER, and had mother's FIRST AID, the CUB SCOUT resolved to review his survival skills.

LEADER RECOGNITION & INSTALLATION

For EGGspecially Good Leaders

Cascade Pacific Council

- ☺ Have a goody bag filled with Chocolate Eggs and Jelly Beans (Cadbury Cream Eggs - Yummy!!) or some rubber eggs form a magic kit or juggling set or some hard boiled eggs
- ☺ Present the bags to your EGGtra special Leaders after reading this poem.

EGG-specially Good Leaders

Sometimes being a leader
isn't all it's cracked up to be...
We may end up feeling a little scrambled;
We may end up feeling completely fried;
But if you take a look,
You'll see something sweet inside
Remember that you are egg-straordinary,
Egg-stra special and egg-citing, too
Your pack is very thankful
That we have a leader like you!!!

ADVANCEMENT CEREMONIES

Decide to Show Courage Advancement

Alice, Golden Empire Council

Use the examples below either for giving out regular rank advancement, and/or for giving out other awards that have been earned. If you have checked with Den Leaders and/or parents in advance, you can give examples of how a particular scout or den has worked on "Doing the Right Thing" during the month.

Narrator or CM: As the scouts explored Courage this month, we all learned that a person with courage makes decisions – and their choice is based on what is the RIGHT THING TO DO. Let's see how it works:

Our brand new Scouts showed their courage as they accepted the challenge to learn the Cub Scout Promise, Law of the Pack, and Cub Scout Motto. Also, the handshake, sign, salute and what WEBELOS means

Call up new Bobcats and parents and have the Bobcat present the parent pin and the parent present the award to their son.

Lead Cheer

Everyone has that "little voice" inside their head – your conscience can help you make the right choice. Even our newest scouts use that "little voice" to help them do what's right.

Call up Tiger Cubs and parents and have the Tiger present the parent pin and the parent present the award to their son.

Lead Cheer

There's another question every scout can ask to help them decide what's the RIGHT THING TO DO: Could it hurt me or someone else – if I do this, will I be following the Golden

Rule? Our Wolf Scouts have also learned another quick test: "How would I feel if someone did this to me?"

Call up Wolf Scouts and parents and have the Wolf present the parent pin and the parent present the award to their son.

Lead Cheer

Bear Scouts are learning to look back to help make good decisions. A Good Scout might ask himself "Have I ever been told that it's wrong?" before making a decision to do something.

Call up Bear Scouts and parents and have the Bear present the parent pin and the parent present the award to their son.

Lead Cheer

Webelos Scouts are moving out into the world as they grow older, and facing more difficult decisions about what is right. Sometimes, it can be hard to decide what to do, and to have the Courage to do it. But a Webelos Scout can ask himself "Is it fair? Deep down, how do I really feel about it?"

Call up Webelos Scouts and parents and have the Webelos scout present the parent pin and the parent present the award to their son.

Lead Cheer

Scouts who are ready to become Boy Scouts and follow the Scout Law can ask themselves another question: "How will I feel about myself later if I do this?" or "What would adults I respect say about it?" Arrow of Light Scouts have learned the Scout Law and can look ahead to being good examples to younger scouts by making good decisions. And an Arrow of Light Scout also has the courage to talk over a problem with someone he trusts and respects – and to take the time to make the Right decision. Tonight, we will honor our Arrow of Light Scout(s) with a special ceremony.

Move into the Arrow of Light Ceremony

Trailblazers

Sam Houston Area Council

CUBMASTER: Today, we have had fun practicing the trailblazing skills of Native Americans and frontiersmen like Daniel Boone and Davy Crockett. But you Cub Scouts are on another trail. We call it the Cub Scout trail. It leads from Tiger Cubs all the way to the Arrow of Light, the highest honor a Cub Scout can earn before he joins a Boy Scout troop. Some of you have awards to help them take another step on the Cub Scout trail this month.

Now I would like those boys to come forward with their parents and receive your awards. (Call forward advancing boys by name and their parents, who present the badges.)
Lead cheer for each rank.

Immediate Recognition Den Ceremony*Utah National Parks Council*

Here is one the Den Leader can use when her Cubs earn their first Immediate Recognition beads.

As a Cub Scout completes achievements for Wolf and/or Bear, the den leader should make sure that a simple recognition Ceremonies is held in the den meeting. Use the Cub Scout Immediate Recognition Kit which contains enough materials for a den of Cub Scouts for two years. This is a motivational device used to encourage each boy to complete the rank for his age. Use a brief ceremony related to the monthly theme, or the one below:



Personnel: Den Leader (DL), Den Chief (DC) (May use Assistant Den Leader if there is no Den Chief)

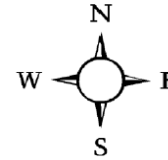
- DL:** We would like to tell you the story behind these wonderful beads. The custom of awarding beads started in the ancient tribes of the Webelos. They were given to braves who did their best to help the tribe and others.
- DC:** Many moons ago, when the animal world was ruled by wolves and bears, the braves of the Webelos tribe feared these strong beasts.
- DL:** But some braves (names of boys being recognized) still untried, decided that the best way to live without fear was to learn to understand the creatures of the forest.
- DC:** So they went, disguised as animals, to live with the wolves and bears. The animals accepted them and all their brothers and called them 'cubs' just as if the braves were their own. This was according to the Law of the Pack.
- DL:** For their bravery and friendliness to the beasts, they were given a thong with colored beads on it. It signified that he knew the ways of the tribe and did his best at everything without worrying if someone else did better. This is the Law which the tribe borrowed from the animals and had the 'cubs' learn. (Ask den to form a living circle and repeat Law of the Pack.)
- DC:** For doing your best in completing three achievements toward your (Wolf/Bear) badge, I award you (names) this thong and this bead. May you always obey the Law of the Pack.

North Star Advancement Ceremony*Utah National Parks Council***Equipment:**

Poster of or Pinhole planetarium punched for the Big Dipper and North Star,
Flashlight.

Set Up:

The lights are dimmed.
Posters are hung or Cubmaster or an assistant beams the flashlight through the pinhole planetarium at the ceiling or a wall, showing the stars.



CUBMASTER: For thousands of years, men have known that the North Star is fixed. Shepherds knew it before the time of Christ. This knowledge gave Seamen the courage to use the North Star and other heavenly bodies to guide their ships to port ever since they first dared leave the sight of land. Even today, the stars are important in navigation for ships, jet planes and spaceships.

Cub Scouts don't need the stars to find their way. But even so, you have courage to learn and go forward using your own guiding stars to help you through life. There is your church, for instance. Your school is another example. So is Cub Scouting. In Cub Scouting, our navigational aids, the Promise and the Law of the Pack, are just like the stars by which the seaman steers his ship.

Tonight we honor these courageous Cub Scouts who are navigating straight and true on the Cub Scout trail. With their parents' help, they have advanced and have shown that they live by the Promise and the Law. (Give badges to the parents for presentation to their sons.) Lead Cheer for each group.

SONGS**Courage***Alice, Golden Empire Council*

(Tune: Supercalifragilisticexpialidocious)

Standing up for what is right is sometimes hard to do
But if you just take courage you will be a stronger You
And even if you're feeling scared,
Let conscience be your guide –
Remember all that you've been taught,
And do what's right with pride!
Oh... Courage is Contagious
If you stand up for the Right
Courage is Contagious
Even in the darkest Night
Courage is Contagious
So just take that little step
And what you do will guarantee
A future that is Bright!

Tongue Twister Song*Alice, Golden Empire Council*

(Tune: The Battle Hymn of the Republic)

A Boy Scout favorite in honor of "Stick Out Your Tongue Day" on July 19th.

One flea fly flew up the flue,
 the other flea fly flew down
 One flea fly flew up the flue,
 the other flea fly flew down
 One flea fly flew up the flue,
 the other flea fly flew down
 Oh glory, glory how peculiar.

Chorus

Glory, glory how peculiar
 Glory, glory how peculiar
 Glory, glory how peculiar
 While one flea fly flew up the flue,
 the other flea fly flew down.

One sly snake slid up the slide,
 the other sly snake slid down
 One sly snake slid up the slide,
 the other sly snake slid down
 One sly snake slid up the slide,
 the other sly snake slid down
 Oh glory, glory how peculiar.

Chorus

Glory, glory how peculiar (3X)
 One sly snake slid up the slide,
 the other sly snake slid down

One big bug bled black blood,
 the other big bug bled blue
 One big bug bled black blood,
 the other big bug bled blue
 One big bug bled black blood,
 the other big bug bled blue
 Oh glory, glory how peculiar.

Chorus

Glory, glory how peculiar (3X)
 One big bug bled black blood,
 the other big bug bled blue

One red rooster ran up the road,
 the other red rooster ran down.
 One red rooster ran up the road,
 the other red rooster ran down.
 One red rooster ran up the road,
 the other red rooster ran down.
 Oh glory, glory how peculiar.

Chorus

Glory, glory how peculiar (3X)
 One red rooster ran up the road,
 the other red rooster ran down.

One pink porpoise popped up the pole,
 the other pink porpoise popped down.
 One pink porpoise popped up the pole,
 the other pink porpoise popped down.
 One pink porpoise popped up the pole,

the other pink porpoise popped down.
 Oh glory, glory how peculiar.

Chorus

Glory, glory how peculiar (3X)
 One pink porpoise popped up the pole,
 the other pink porpoise popped down.

When one trim train trundled up the track,
 the other trim train trundled down
 When one trim train trundled up the track,
 the other trim train trundled down
 When one trim train trundled up the track,
 the other trim train trundled down
 Oh glory, glory how peculiar.

Chorus

Glory, glory how peculiar (3X)
 When one trim train trundled up the track,
 the other trim train trundled down

Cub Scout Courage

Tune Bill Grogan's Goat

*North Star District and Thunder Wolf District
Sam Houston Area Council*Tiger Elective 6, Wolf Elective 16f,
Webelos Showman, music

This is a repeat after me song. The leader says a line then all repeat it. After four lines, sing the whole verse together.

Cub scouts have courage (audience repeat)
 They follow rules (audience repeat)
 Like wear your lifejacket (audience repeat)
 When boating, not in pools. (audience repeat)

Leader and audience repeat the whole verse

Cub scouts have courage
 It is evident to me
 When they say no to smoking
 Gossip and to TV

Leader and audience repeat the whole verse

Cub scouts show courage
 When they run and play
 Rather than sit and video
 Game all day.

Leader and audience repeat the whole verse

Cub scouts know bravery
 When they help a bud
 Say no to something
 They know is crud

Leader and audience repeat the whole verse

To be brave and have courage
 Does not require a death defining act
 It requires Cub scouts to live
 With morals and tact.

Leader and audience repeat the whole verse

American National Anthem*Sam Houston Area Council*

Wolf Elective #11B

Oh, say can you see by the dawn's early light
 What so proudly we hailed at the twilight's last gleaming?
 Whose broad stripes and bright stars thru the perilous fight,
 O'er the ramparts we watched were so gallantly streaming?
 And the rocket's red glare, the bombs bursting in air,
 Gave proof through the night that our flag was still there.
 Oh, say does that star-spangled banner yet wave
 O'er the land of the free and the home of the brave?

If I Only Had The Nerve

Tune: "If I Only Had A Brain")

*North Star District and Thunder Wolf District
 Sam Houston Area Council*Tiger Elective 6, Wolf Elective 16f,
 Webelos Showman, music**Leader:**

Yeh, I truly get discouraged,
 I was born lacking courage
 Without the vim and verve.

But I could go join Scouting,
 become brave without doubting
 If I only had the nerve.

I'm afraid I've just been stricken,
 with just being a chicken,
 A fate I don't deserve.

Scouts:

So don't throw in the towel,
 you could be like Baden-Powell
 If you only had the nerve.

Leader:

Yeh, I think I'll become a Scout,
 so I'll never have to pout
 I think I'll do it now.

I'd do a good turn daily,
 I'd certainly not be frailey
 And then I'd get to serve.

Then I could show the world,
 how I don't become unfurled
 Because now I have the nerve.

Scouts:

So don't throw in the towel,
 you could be like Baden-Powell
 If you only had the nerve.

America*Sam Houston Area Council*

Wolf Elective #11A

My country, 'tis of Thee,
 Sweet Land of Liberty
 Of thee I sing;
 Land where my fathers died,
 Land of the pilgrims' pride,
 From every mountain side
 Let Freedom ring.

Our fathers' God to Thee,
 Author of Liberty,
 To thee we sing,
 Long may our land be bright
 With Freedom's holy light,
 Protect us by thy might
 Great God, our King.

Found a Geode*A Song for your Webelos Geologists**Baltimore Area Council*

Tune: Clementine

Found a geode, found a geode
 Found a geode last night.
 Last night I found a geode.
 Found a geode last night.

Here is a suggested series of verses to follow that one -

- ✓ It was hollow, It was hollow
 It was hollow last night
 Last night it was hollow
 It was hollow last night
- ✓ Broke it anyway (etc)
- ✓ Full of crystals (etc)
- ✓ Called a geologist (etc)
- ✓ He examined it (etc)
- ✓ Sold the geode (etc)
- ✓ Went exploring (etc)
- ✓ Started digging (etc)
- ✓ Found a geode (etc)
- ✓ and (etc., etc.)

Courage Cadence*Sam Houston Area Council*

- ✓ The Cubmaster or song leader sings a verse of the cadence and the Pack or Den repeats it. Have the boys march in place to help with rhythm.
- ✓ I don't know, but I've been told:
 Cub Scouts' hearts are made of gold.
 Oh, Cubmaster, help me see
 Courage that's inside of me.
- ✓ Calling Cub Scouts here tonight:
 Courage helps us do what's right.
 Cub Scouts just be brave, be true,
 You'll find courage inside of you.

Bravery Checklist Cheer

This is a different kind of cheer. The leader says the checklist, and the Cub Scouts say Check.

Leader	Cub Scouts
Understanding	Check
Friendship	Check
God's Lessons	Check
Know What Is Right	Check
Willingness To Do The Right Thing	Check
Have A Safe Plan	Check

All Together

All systems Go, We have Bravery,
Prepare to Launch Cub Scouts into the world.

Pat, Baltimore Area Council

Fire Bucket Brigade Cheer: Pretend to pass buckets of water, throw water on fire going "swwoooosshh."

Fire Engine Cheer: Divide into four groups.

1. Bell "ding, ding, ding."
2. Horn "honk, honk, honk."
3. Siren "rrr, rrr, rrr."
4. Clanger "clang, clang, clang."

Point to each group to do their sound.

After a few rounds of this,

Raise your arms and have everyone yell at once.

Firefighter Cheer: "Water! Water! Water!"

Siren Applause: Say ErrrrRRRRRRRRrrrrrrr

Cowardly or Courageous Lion

Alice, Golden Empire Council

- ☺ Divide into two groups;
 - Group one says "I'm scared! and quakes and trembles.
 - Group two says "I have a medal!" and proudly points to his chest.
- ☺ Leader randomly points to one group and then another for several times.
- ☺ At the end, the leader asks: What's the Difference? And all answer "Courage!"

RUN-ONS

Pat, Baltimore Area Council

Cub #1 I sure had a high fever last night.

Cub #2 How high?

Cub #1 Two bales.

Cub #2 Two bales? That's no way to take a temperature.

Cub #1 Of course it is. I have hay fever!

Cub #1: Did you hear about the kid that always wore two different colors of socks?

Cub #2: Yeah, his mother told him to never touch matches!

**Tongue Twisters for
Stick Out Your Tongue Day**

Alice, Golden Empire Council

- ★ Peter Piper picked a peck of pickled peppers.
Did Peter Piper pick a peck of pickled peppers?
If Peter Piper Picked a peck of pickled peppers,
Where's the peck of pickled peppers Peter Piper picked?
- ★ She sells seashells by the seashore.
The shells she sells are surely seashells.
So if she sells shells on the seashore,
I'm sure she sells seashore shells.
- ★ Which wristwatches are Swiss wristwatches?
- ★ How much wood would a woodchuck chuck
If a woodchuck could chuck wood?
He would chuck, he would, as much as he could,
And chuck as much as a woodchuck would
If a woodchuck could chuck wood.
- ★ When I was in Arkansas
I saw a saw that could out saw any saw
I ever saw
So if you are in Arkansas and
see a saw that can out saw the saw I saw
I would like to see your saw saw.
- ★ A skunk sat on a stump and thunk the stump stunk, but the
stump thunk the skunk stunk.
- ★ Does this shop stock short socks with spots?
- ★ A big black bug bit a big black bear.
- ★ A cup of proper coffee in a copper coffee pot.
- ★ Some say sweet scented shaving soap soothes sore skin.
- ★ Many an anemone sees an enemy anemone.
- ★ Imagine an imaginary menagerie manager
imagining managing an imaginary menagerie.

JOKES & RIDDLES

For the Good of the City –
a courageous answer

Alice, Golden Empire Council

An old man was sitting in the front row at a town meeting,
heckling the mayor as he delivered a long speech.

Finally the mayor could stand it no longer, so he pointed to the
heckler and said, "Will that gentleman please stand up and tell
the audience what he has ever done for the good of the city."

"Well Mr. Mayor," the man said in a firm voice. "I voted
against you in the last election."

Some Hero Riddles:*Alice, Golden Empire Council*

- Q: What is light as a feather, but even the strongest hero can't hold it more than a few seconds?
 A: His breath!
- Q: What do you get if you cross an elephant with a Boy Scout?
 A: An elephant that helps old ladies cross the street.
- Q: What is a policeman's favorite snack?
 A: Copcakes (cupcakes).
- Q: What kind of food do brave soldiers eat?
 A: Hero sandwiches.

More Hero Riddles:*Alice, Golden Empire Council***Who's the Hero?**

- Q: A hero says, "Brothers and sisters, have I none, but that man's father is my father's son." Who is he pointing at?
 A: His own son – father's son has to be himself, since he has no bothers, and since this is the father of the person he is pointing at, he is pointing at his son!

Running from Heroes

- Q: A man left home running. He ran a ways and then turned left, ran the same distance and turned left again, ran the same distance and turned left again. When he got home there were two masked men. Who were they?
 A: The catcher and umpire in a baseball game

Calling a Superhero

- Q: Imagine you are in a sinking rowboat surrounded by sharks. Which superhero would you need to survive?
 A: You don't need a superhero at all – Just stop imagining!

Real Riddle about a Real Hero:

- Q: Why is George Washington's official birthday celebration held on February 22 when he was actually born on February 11?
 A: We lost eleven days when we switched from the Julian to the Gregorian calendar during his lifetime. So Washington celebrated his birthday eleven days later to make it a year after his last birthday.

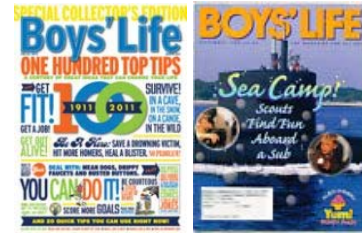
SKITS**Skit Challenge***Alice, Golden Empire Council*

Challenge the boys to learn about a Courageous person and do a quick skit about them.

Here are some ideas:

- ♫ The Cowardly Lion from Over the Rainbow
- ♫ Rosa Parks
- ♫ Martin Luther King
- ♫ Any of the Founding Fathers
- ♫ George Washington
- ♫ A local military hero
- ♫ Lewis & Clark
- ♫ Tom Whittaker
- ♫ A favorite Sports Hero (one with good character)
- ♫ A Favorite Family History Hero

Here is a hint -

Look in BOYS' LIFE!!!**The Cowardly Lion**

*North Star District and Thunder Wolf District
 Sam Houston Area Council*

- Scene:** A group of Scouts are walking along & out jumps a lion.
- Lion:** ROAR!
(Scouts look a little scared & lion pointing to the smallest one says:)
- Lion:** ROAR! ROAR! I think I'll have you for dinner.
- Cub #1:** LEAVE HIM ALONE!
- Lion:** (now acting scared himself) You don't need to make that kind of fuss over it.
- Cub #2:** Why not you were going to eat our friend.
- Lion:** Because you scared me.
- Cub #3:** Well that's what you were trying to do to us.
- Lion:** I know, but now look at me, I'm so scared I'm about to faint.
- Cub #4:** I've never seen such a cowardly lion before.
- Lion:** That's me! I'm really more of a big chicken than a Lion. In fact I think I'm even starting to grow feathers (pulls a feather out of his pocket).
- Cub #5:** You know, maybe you should think about joining Cubs.
- Lion:** Why is that?
- Cub #1:** Because when you're a Cub you learn about 12 different character traits & one of them is about being brave.
- Lion:** Really, you mean I can learn about courage if I join the Cubs.
- Cub #2:** And a lot of other things too!
- Lion:** Do you think they'll let me join?
- Cub #3:** Anyone can join Cubs.
- Lion:** Do you think I will become brave like you guys?
- Cub #4:** I don't see why not, and besides we were a little scared too, but we had to stick up for our friend.
- Lion:** Isn't that what Courage is all about, standing up for what you know is right, even if others tease, scare or threaten you.
- Cub #5:** I think you've learned something already.
- Cub #1:** So no more jumping out & scaring people, agreed?
- Lion:** Agreed! From now on I'll be known as a good Cub instead of the cowardly lion.

Real American Heroes

*North Star District and Thunder Wolf District
Sam Houston Area Council*

Scene: A group of Cubs sitting around reading comic books

- Cub #1: I think Superman is the bravest super hero of them all. He has to deal with Lex Luther.
Cub #2: No way. I think it's Spiderman. After all, he has the Green Goblin to contend with.
Cub #3: You're both wrong. It's Batman with the way he takes on both the Joker & the Riddler.
Cub #4: And Batman doesn't have any super powers, he's just smart.
Cub #5: And because he doesn't have any super powers he must be very brave & courageous also.
Cub #6: This is silly guys. We're arguing over which comic book hero is the bravest.
Cub #1: He's right. History is filled with real life heroes all of whom are braver than anyone in a comic book.
Cub #2: You mean like our founding fathers George Washington, Thomas Jefferson & Benjamin Franklin.
Cub #3: How about Charles Lindbergh being the 1st to fly across the Atlantic Ocean all by himself. Or for that matter the Wright brothers or Amelia Earhart.
Cub #4: And Neil Armstrong being the first man to walk on the moon.
Cub #5: My dad remembers that happening & he also remembers Martin Luther King Jr. standing up for civil rights.
Cub #6: All of those are truly brave & courageous people, but I know of others who are just as brave & none of them are famous.
Cub #1: What do you mean?
Cub #2: He means like policemen, right?
Cub #3: I never thought about them, & they put their lives on the line for us every day.
Cub #4: How about firemen. They'll rush into a burning building to save someone's life.
Cub #5: And don't forget about all of the soldiers who have died over the years protecting our country. They were also brave.
Cub #6: I think we need to put the comic books away & go to the library & learn more about real life heroes.
Cub #1: Good idea!

(Scouts all put their comic books in a pile & leave)

When I Grow Up

Utah National Parks Council

Props: A large box the Cubs can step into and out of, decorate front with knobs and dials.
Props for each occupation (e.g. paper chef's hat for chef)

Note – Occupations (except Cubmaster) may be changed. Maybe let boys choose what they want to be.

Cast: Eight Cub Scouts.

Cub 1: Ladies and gentlemen, this is the fantastic, terrific, magic, future machine. It takes a lot of courage to

enter this machine because by entering you will know your future career. Pretty scary, Huh?

Cub 2: Let me try it first.

Cub 1: OK, enter the chamber. (Turns dials on the front.) Come out and reveal your future. (Repeat this with each Cub.)

Cub 2: Wow, I'm going to be a truck driver. 10-4 Good Buddy.

Cub 3: (Enters then exits.) Hey, I'm going to be a Chef, dinner anyone?

Cub 4: (Enters then exits.) I'm going to be a doctor, want a shot?

Cub 5: (Enters then exits.) A lawyer, I'm going to be a lawyer. I think I'll run for District Attorney.

Cub 6: (Enters then exits.) Yea, yea, yea! I'm going to be a rock star, where's my guitar?

Cub 7: (Enters then exits.) An astronaut, look at Mars!

Cub 8: I'm not so sure about this, but here it goes.

Cub 1: This way. (Turns dials.)

Cub 8: (Enters then screams.) No! No!

Cub 1: What's the matter? What will you be?

Cub 8: No, I'll be a (pause for silence) Cubmaster! (Runs off the stage screaming.)

Fire Safety Skit

Pat, Baltimore Area Council

This skit needs at least five boys.

Mr. James and Narrator wear suits or shirt and ties.

Hose Man carries a garden hose,

Ladder Man carries a chair,

Chief wears a fireman's hat and raincoat.

Other props are a candle and matches, and an offstage siren. (One of the boys can make the siren noise, as boys seem to do this so well.)

Narrator: Now, this evening, folks, we have Mr. James to talk to us on fire safety. Let's welcome Mr. James. (Narrator begins applause, audience follows.)

Mr. James: Hello, ladies and gentlemen. This evening I would like to discuss the hazards of an unwatched open flame. I shall light this candle now as the first part of my demonstration.

Mr. James lights candle. Just as he is about to open his mouth to begin his talk a siren goes off.

Hose man: (enters shouting) Fire! Fire! Fire!

Ladder man enters and sets up chair next to Mr. James.

Others may also enter, adding to the excitement, all shouting Chief! Chief! Chief! Fire! Fire! Fire!

Chief enters and climbs chair, he ceremoniously blows out the candle.

All firemen run off stage

Narrator: That concludes our fire safety demonstration. Thank you, Mr. James. (Shakes Mr. James' hand.) I'm sure we'll all remember that an unwatched open flame can cause a lot of trouble!

Narrator exits, Mr. James picks up candle and exits singing "Happy Birthday".

CPR

Pat, Baltimore Area Council

Personnel: 4 Cub Scouts

Equipment: None

Cub Scout 1 falls down while walking across stage. He pretends to have an emergency requiring CPR.

Cubs 2 and 3 arrive and do protocols and start performing CPR, one pretending to give mouth to mouth and one pretending to compress the chest.

Cub Scout 4 acts as time keeper, telling Cubs 2 and 3 when to compress and when to breathe. After a few seconds, he says "Let's switch!"

Cub 2 lays down.

Cubs 3 and 4 give CPR

Cub 1 becomes the time keeper.

Fire Brigade

Pat, Baltimore Area Council

- ★ A brigade of Cub Scouts dressed as fire fighters come running out on stage as if responding to a three-alarm fire.
- ★ On stage is a ladder and taped to the sides are flames and billowing puffs of smoke cut from poster board or card board.
- ★ On the reverse side of each flame and cloud of smoke is text describing a particular household fire hazard and means for preventing it.
- ★ One by one, the Cub Scouts mount the ladder, remove a card, climb back down and read the text to the audience.

GAMES

The Science of Courage

Alice, Golden Empire Council

This favorite of Science teachers can also be used to demonstrate graphically how having courage can help you rise above the rest – when you make the right decision, and stand up to peer pressure, you stand out!

Materials:

Wide-mouthed glass or jar, uncooked rice, egg

Directions:

- Place the egg in the middle of the glass completely covered by rice.
- Explain that the egg represents someone who hangs with the crowd and doesn't make waves.
- The crowd (the other people in your group, or peers) is represented by the rice.
- Now tell the story and do the actions. To make it more effective, give examples and "ham" it up a little.

There's a whole group of people – like the people you know and like, maybe. They all like to do things together – sometimes they even try to dress the same! They're used to being like everyone else.

One day, someone new came into the group. He didn't dress quite the same way, and even had a funny accent. The group started making fun of him, and everyone joined in teasing the new guy.

But the egg didn't like it – he wanted to get along with everyone, and he knew that it wasn't right to make fun of

someone. So he asked his friends to tell them to stop making fun.

(Tap on the top of the rim of the glass).

Even though it was hard, and his friends even made fun of him, he kept saying they should all get along and be friends.

(Tap on the rim some more)

Soon, the egg's friends decided they wouldn't let him join in their games since he wouldn't help them make fun of the new guy. They even started telling lies about the egg and the new guy. But the egg knew he should remember the Golden Rule – he kept encouraging his friends to be kind.

Each time the egg refused to go along with his friends and stands up for what's right

(Tap again).

(Continue tapping until the egg has completely risen above the rice)

Now you can see what the egg learned -

A courageous person will rise to the top and stand out from the rest!

Courage isGame

Alice, Golden Empire Council

The object of the game is to recognize actions that show courage. Explain to the boys that you are going to give them a chance to identify ways to show Courage – and if they do it right, there will be a secret message about Courage.

Directions:

Set up the game on a blackboard or even on the floor, with at least 12 spaces – but you could have even more. You could even use hula hoops to identify the spaces if you do the game on the floor.

1	2	3	4
5	6	7	8
9	10	11	12

For each space, have a piece of colored paper or a card with a number on one side and either a blank or the letters C, O, O, L on the reverse. The number should matches a scenario on a list you can read as each boy has his turn.

Read the scenario – ask the boy whether it demonstrates Courage or Not – if he gives the right answer, he gets to turn the card to reveal either a letter or a blank.

If you want to do this as a team game, divide the boys into two teams, each with their own "chart" – and the team that uncovers the secret word first will be the winner.

Here are some scenarios – but you can make up lots of other ones! After you read the story, the boy must decide if it's an example of courage or not.

1. A guy from the other team challenges you to a fight – you decide to meet him after the game to prove you're not a chicken.
2. A boy on your team is cussing and swearing – you ask him to stop.
3. The rest of the den is making fun of the new boy because his shirt is old and torn. You ignore your friends and tell him you're glad to meet him – and offer to help him learn the Bobcat requirements.
4. Everyone is swinging out on a rope over the river, even though the sign says "Dangerous – do not enter the water here." You decide not to jump, even though someone will call you a coward or say you're a chicken.
5. You're nervous about heights, but you decide not to say anything and follow your leader and the boys in your den as they climb over a large boulder on the trail on a den hike.
6. You promised to trade jobs with your brother – but you forgot to empty the trash, and let him take the blame when your dad got mad at him.
7. You're supposed to be doing something every day for a month for a scouting award – you forgot one day, but you just mark it off anyway, and get the award.
8. Your mom promised to take you for a pizza if you finished your homework. But you aren't quite done, so you tell her the truth.
9. One of the boys at school is teasing you about wearing a scout shirt – you decide to just walk away without getting in to a fight.
10. You aren't good at catching the baseball – but instead of saying "It's a dumb game" you ask your older brother to practice with you so you can get better.
11. Your den leader arranges for the den to visit some older people – it makes you uncomfortable, so you don't go to the meeting.
12. You're really good at figuring out puzzles – so as soon as you're done, you could grab a treat, but since one of the younger kids is having a lot of trouble, you help him first.

Ratsy Tail

Sam Houston Area Council

Tiger Elective 35, Wolf Elective 9f,
Bear 15b, Webelos Outdoorsman

Materials:

- ♣ Enough 3' long ropes for each boy in the den (shorter for younger boys),
- ♣ 100' of rope.

Instructions:

- ✓ Use the 100' long rope to make a circular boundary. As the number of boys gets smaller, make the circle smaller.
- ✓ Each boy is to tuck a 3' rope into the back of his trousers, so that it touches the ground just enough for others to be able to step on it.
- ✓ Rules are that the boys cannot step outside of the rope, their hands and arms cannot touch their own rope tail, and they can only touch other people's tails with their feet.

- ✓ Once their tail comes off, they are out.
- ✓ Simply stepping on a tail only makes it come off if the boy with the tail moves. Watch how the boys figure out how best to keep their tails, while removing others.
- ✓ Leaders must be watchful to make sure that the boys are being safe.
- ✓ For added fun, I think I would try this under a sprinkler on a hot, sunny day!!

Kim's Game Underwater

Sam Houston Area Council

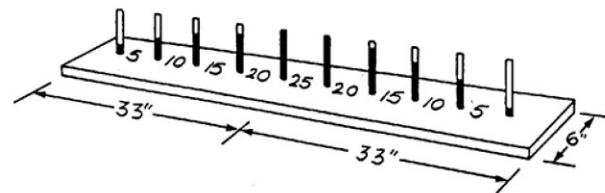
Tiger Elective 35, Wolf Elective 9f, Bear 15b,
Bear Elective #19, Webelos Aquanaut

- ✓ In five feet deep water, make a small pile of five to ten familiar objects that do not float (spools, coins, metal nuts and washers, bolts, soda can full of water, etc.).
- ✓ Players swim out, surface dive to inspect the articles, and return.
- ✓ They then tell the leaders all the articles they remember seeing.
- ✓ The game ends with the swimmers retrieving all the objects.

Lifeline Throwing Test

Sam Houston Area Council

Tiger Elective 35, Wolf Elective 9f,
Bear 15b, Webelos Aquanaut



- Make a target, as shown, and let the boys practice heaving a rope to a person in the water.
- Use a 25- to 30-foot rope and have the boys stand about 20 feet from the target. Weight the throwing end of the rope with a beanbag.
- The score for each heave is indicated by the numbers between the dowels. Dowels are 6" tall, placed 6" apart and painted as shown.

Yukon Wild River Rescue

Sam Houston Area Council

- ✓ Caught in a melting ice thaw while Ice Fishing in the spring, a Scout slips through the water (a circular area marked off).
- ✓ Using a long rope, the boys have a limited amount of time to tie a Bowline knot and successfully throw it out to the 'victim'.
- ✓ Crossing the 'ice' (the circular area) results in disqualification and 2 Scouts that need to be pulled out.

Towel Rescue*Sam Houston Area Council*

Tiger Elective 35, Wolf Elective 9f, Bear 15b,
Bear Elective #19, Webelos Aquanaut

- ✓ Play this game in chest-deep water.
- ✓ Divide the group into two teams.
- ✓ Put one member of each team some distance from his teammates and give him a towel.
- ✓ On signal, he walks or swims to his team, tosses the end of the towel to a teammate, and tows him back to the position from where he started.
- ✓ The "rescued" boy then becomes rescuer and repeats the actions, "saving" another team member.
- ✓ Continue until the whole team has saved and been saved.

Ball Between Knees Race*Sam Houston Area Council*

Tiger Elective 35, Webelos Aquanaut

- This game is played in any swimming area in which you can define a start and finish line. This game can be played as a race between swimmers or as a relay race between teams.
- You will need one floating ball for each team. It may be of any size that can be held between a boy's knees.
- The object of the game is to swim to the finish line with the ball held between the knees.
- If a swimmer loses the ball, he must chase it and bring it back to the point where it was lost and continue the race.
- If you are playing relays, each swimmer after crossing the finish line must toss the ball to the next swimmer so that the race can continue.

Aqua Hoops*Sam Houston Area Council*

Tiger Elective 35, Wolf Elective 9f,
Bear 15b, Elective #19, Webelos Aquanaut

- ✓ Place a hula hoop on the water in the center of the pool. Let the boys throw balls into the hoop while in the pool themselves. The hoop can be held in place by anchoring with filled milk jugs.
- ✓ Anchor hula hoops vertically underwater at different depths. Use a gravel and water filled milk jug as an anchor. Boys must swim underwater through hoop obstacle course. Leave enough room between hoops for "coming up for air."
- ✓ A hula hoop towing contest is worth a few smiles. Two boys tow a leader from one end of the pool to another, or one boy tows another.

- ✓ **Paddle Wheel Contest**

- ✓ *Sam Houston Area Council*

- ✓ Tiger Elective 35, Wolf Elective 9f,
Bear Elective #19, Webelos Outdoorsman

- ✓ **Needed:** Foam kick board for every two boys playing game.
- ✓ This is a game played in waist-deep water and the boys don't have to be strong swimmers to compete. You will need a foam kick board. Each pair of boys grasp either

end of the same board. On signal, both boys start kicking, trying to force his opponent backwards.

Everyday Heroes of Courage Relay Race*Sam Houston Area Council*

Tiger Elective 35 if played outdoors

Supplies:

Simple costumes that consist of three or four items; you can make different costumes or make multiple sets of the same costume for this game.

Additional supplies may include:

Masking or Painters Tape;
Cardboard Boxes

Examples:**Fireman**

Plastic Fireman's Helmet
Raincoat
Badge/Shield (Cardboard And Tinfoil)

Police officer

Blue Shirt (Adult Button-Down)
Badge/Shield
Walkie Talkie (Could Be Made From A Small Box)

Soldier

Tan, Green Or Camouflage Patterned Shirt (Adult Button-Down)
Small Backpack
Tan, Green Or Camouflage Patterned Cap

Game rules:

- ✓ Divide Cub Scouts into equal relay teams.
- ✓ Define a starting line on one side of the room and a waypoint on the opposite end (like crossing another line or touching a wall).
- ✓ Evenly distribute a set of costume items between the starting line and the waypoint for each relay team.
- ✓ When the race begins, the first member of each team runs to the first item and puts it on correctly.
- ✓ Once successful, he will continue down the line until he is wearing all pieces of the costume.
- ✓ When the Cub Scout reaches the waypoint, he turns around and returns each part of the costume to its original location while making his way back to tag the next boy on his relay team.
- ✓ Be sure to clearly identify where pieces of the costume should be returned during this leg of the race. This could be accomplished by marking a spot on the floor with masking/painters tape or a cardboard box.
- ✓ The winning team will be determined when the last member of the team has successfully completed both legs of the race and crosses the starting line first.

Penny Hunt*Sam Houston Area Council*

Tiger Elective 35, Wolf Elective 9f,
Bear Elective #19, Webelos Outdoorsman

Needed: At least five pennies for each Scout

- ✓ Scatter the pennies in shallow water and have the Scouts line up on the edge of the pool.
- ✓ On signal, boys jump into the water and pick up one penny at a time.
- ✓ Each player or den has some home base where he can put the retrieved pennies.
- ✓ Each brings the pennies to his home base and then returns to find another one.
- ✓ The winner is the one with the most pennies.

Fireman Save My Child*Pat, Baltimore Area Council*

Divide Den into two teams. One member of each team (the child) sits on an old throw rug or heavy cloth., about 2 foot x 3 foot, about 15 feet from his team. Each of the other players has a four foot length of rope. On signal, the boys tie their ropes together with square knots to form a rescue rope. When ropes are tied, a player throws the rescue rope to the child and the team pulls him to safety. The Den that ties all knots correctly and first pulls its child to safety, is the winner.

Dial 911*Pat, Baltimore Area Council*

Pieces of paper are handed out to the captain of each team. Each paper contains emergency situations, i.e. house on fire, car wreck, cat up a tree. Each captain puts back the paper then goes back to his team and whispers what was written on the paper. Each team member must receive the message to the end. The last person raises his hand then when all the teams are done let each team's final member repeat the message and compare it to the original. Parents can judge to see which team came the closest.

Rescue Relay*Pat, Baltimore Area Council*

The teams are in relay formation behind the starting line; one player of each team is standing in the goal line and facing his team. On the signal, this player runs to the first player in his team, grasps his hand, and runs with his back to the goal line. He remains there while the player whom he brought to the goal line goes back to the team and gets the next player. Thus each player is taken to the goal line and returns to get the next player until all have been "rescued" and are in file formation back of the goal line. The team that finishes first wins the relay.

Variation: Have players work in pairs, returning to get a team member and employ various firemen carries to return him to the goal line.

Roll in a Blanket*Pat, Baltimore Area Council*

Play this safety game in Den meeting, or as a Pack relay. Stand in a big circle with one person in the middle. Have him point at random to anyone in the circle and say, "Your clothes are on fire!" The person named must fold his arms across his chest, drop to the floor, and roll over slowly. For realism, play the game using a blanket to roll in. Have each Cub Scout take a turn.

Home Fire Hazards Hunt*Pat, Baltimore Area Council*

Prepare for this game by creating some fire hazards around your Den meeting place. You might include: matches left carelessly within reach of children, oily rags filed in a corner of the garage, an outside door blocked by a chair, grease spilled near a stove burner, screen fallen away from a fireplace, electric cord on the floor where people walk.

Give the boys 10 minutes to make an inspection and find as many hazards as they can. Urge the boys to inspect their own homes and work with their parents to correct any hazards.

Spot the Errors.*Pat, Baltimore Area Council*

Material Needed: pencil & paper (for each Cub Scout)

The Cub Scout Leader tells a story purposely making mistakes. The subjects could be: Health Rules; Highway Safety; Fire Safety, First Aid, etc. When the story is finished, the Cub Scouts go to their corners and list the errors. The Cub Scout who notices the most errors is the winner.

CLOSING CEREMONIES

Courage Is ...*Alice, Golden Empire Council*

Set Up: You can divide this up anyway that works with your group – if the boys are younger, they could just say the first part of the phrase. Or have one boy say the first part, then another boy give the example. (And if your boys have a personal example, that would be BEST of ALL!)

Narrator: So here's what we've learned about Courage this month

Cub #1: Courage starts Small -

Cub #2: Like when you head home early to finish your homework, even when your friend has a great new game!

Narrator: That takes Courage.

Cub #3: Courage doesn't need cheering –

Cub #4: When you pick up trash on the way home from school, or choose a chubby kid for your team

Narrator: When you do things because they're right, without letting anyone know – that's Courage!

Cub #5: Courage may be hidden

Cub #6: Like when you have to talk yourself into climbing up a rock even though you are afraid of heights

Narrator: That's real Courage!

Cub #7: Courage has Vision – when you can see how great something could be

Cub #8: When you read about some kids that don't have school supplies, and you talk your friends into gathering what they can.

Narrator: That's Courage – even when it doesn't seem like you can solve the problem, but your tackle it anyway! So let's each decide, right now, to have courage and do what's right!

The Outdoor Closing

Sam Houston Area Council

Cub #1: Let's remember the food we've shared, The games we've played, the songs we've sung, Let's remember all of these things.

Cub #2: Let's remember the skits we've played, The hikes we've hiked, the problems we've shared, Let's remember all of these things.

Cub #3: Let's remember the games we've played, The friends we've made, the fires we've burned, Let's remember these things.

Cub #4: Yes, let's remember all of these things, I now declare this council fire closed, It's memories stored forever in our hearts and minds.

Small Seeds

Utah National Parks Council



CM: Thomas Jefferson gave the following observations as to what would aid us in a practical and productive life.

Cub #1: Never put off till to-morrow what you can do today.

Cub #2: Never trouble another for what you can do yourself.

Cub #3: Never spend your money before you have it.

Cub #4: Never buy what you do not want because it is cheap.

Cub #5: Pride costs us more than hunger, thirst and cold.

Cub #6: We never repent of having eaten too little.

Cub #7: Nothing is troublesome that we do willingly.

Cub #8: How much pain has cost us the evils which have never happened.

Cub #9: Take things always by their smooth handle.

Cub #10: When angry, count to ten before you speak; if very angry, to a hundred.

CM: Small seeds, like these small observations, grow into great trees. Think of how great we would be if

we would incorporate just a few of these seed principles into our lives. I challenge you to pick one, plant it, then see what grows.

The Flag Speaks

Utah National Parks Council

Arrangements: The flag stands alone. Lights are dimmed with a spotlight on the flag. Speakers are offstage.

Cub # 1: I am your flag. I have special meaning to the Boy Scouts of America. The Scout Promise emphasizes duty to God and country and I am your country.

Cub # 2: I am a symbol of America wrought by the courage of our citizens. I suppose you might say I am America. I am great cornfields in the Midwest, throbbing industries in the great cities, orchards and vineyards in the great valleys of the west. I am mountains, rivers and lakes.

Cub # 3: I am the citadel of democracy and the vanguard of freedom in the world. American courage is keeping me strong while democracy and freedom are being threatened.

Cub # 4: I am the opportunity for any boy to become most anything if he has the courage and skill to scale the heights. I am most things to everyone, and everything to most people. As a matter of fact, I guess that's what I am most people... free people... YOU!

Cub # 5: Let us call up our courage and rededicate ourselves to our duty to keep American people and our country great and free. Please rise and join in singing (patriotic song of choice).

Do More

Utah National Parks Council

CM: We have dreamed of and spoken of the future tonight. We always think of the wonders of technology and all the changes that will take place. But, in the future, one thing will remain the same - the human spirit.

Tonight, as we leave, let us pledge to be the best we can as we listen to these thoughtful words.

Cub # 1: Do more than belong... Participate.

Cub # 2: Do more than care... Help.

Cub # 3: Do more than believe... Practice.

Cub # 4: Do more than be fair... Be kind.

Cub # 5: Do more than forgive... Forget.

Cub # 6: Do more than dream... Work.

Cub # 7: Do more than teach... Inspire.

Cub # 8: Do more than live... Grow.

Cub # 9: Do more than be friendly... Be a friend.

Cub # 10: Do more than give... Serve.

CM: Here's to a wonderful future. Good night Cub Scouts.

Trails*Utah National Parks Council*

CM: Our pioneer forefathers found and followed many trails. The Native Americans explored the country first. European settlers followed, and so did those from the Orient and Africa. With each new person came new experiences and new challenges.

Cub # 1: Our trail is the Cub Scout trail.

Cub # 2: Our experience is the fun and adventure of Cub Scouting.

Cub # 3: Our challenge is to be good Scouts, friends and neighbors.

Cub # 4: Our future is to explore the world around us, moving up the trail from Cub Scout to Webelos Scout and then to Boy Scouts!

Cub # 5: May we always remember the experiences of those who came before us as we move up our trail.

CM: Good night.

Medicine Man Closing*Sam Houston Area Council*

- Medicine man (Cubmaster) raises his coup stick to the north and asks for the blessing of the north wind upon the pack, the east, the south and the west in turn.
- He then holds it high above his head and asks the Great Spirit to watch over the boys in the pack and guide them upon the straight trail to the Arrow of Light.

Battery Check*Pat, Baltimore Area Council*

Personnel: 6 Cub Scouts

Equipment: Smoke Detector and new Batteries

Cub # 1: Brings out the smoke detector and places on a table

Cub # 2: Checks for a sound, pushing button - nothing happens.

Cub # 3: Comes out and takes out the old batteries.

Cub # 4: Brings out the new batteries and put them in.

Cub # 5: Checks for a sound, pushing button - the smoke detector works.

Cub # 6: "A message to our parents. Please remember to check the batteries in our home smoke detectors tonight. Goodnight."

Smokey Closing*Pat, Baltimore Area Council*

Each boy should hold up cards to spell "SMOKEY":

Cub # 1: Smokey the Bear has a message to tell.

Cub # 2: Make it a point to hear him well.

Cub # 3: Only you can prevent forest fires
Smokey does say.

Cub # 4: Keep yourself safe in being careful that way.

Cub # 5: Extinguish your fires. Make sure they are dead out.

Cub # 6: Yes, we can stop fires before they start.
if everybody does his part.

Indian Prayer Closing I*Sam Houston Area Council*

For that solemn moment toward the end of den or pack meeting, try this Cub Scout Indian Prayer.

Morning Star wake to us, filled with joy,
To new day of growing to man from boy.

Sun, with your power, give us light
That we can tell wrong and do what's right.

South Wind, we ask, in your gentle way,
Blow us the willingness to obey.

North Wind, we ask, live up to thy name.
Send us the strength to always be game.

East Wind, we ask, with your breath so snappy,
Fill us with knowledge of how to be happy.

West Wind, we ask, blow all that is fair
To us, that we may always be square.

Moon, that fills the night with red light,
Guard us well while we sleep in the night.

Akela, please guide us in every way;
We'll follow your trail in work or play.

Indian Prayer Closing II*Sam Houston Area Council*

Props: Indian Chief costume worn by the Cubmaster.

This is best recited with arms raised towards the sky.

Oh, Great Spirit, whose voice I hear in the winds and whose breath gives life to all the world. Hear me. I come before you, one of your many children. I am weak and small. I need your strength and wisdom. Let me walk in beauty and make my eyes ever behold the orange and red of the sunrise; My ears be sharp so I may hear you voice.

Make me wise, so I may learn the things you have taught my people, the lessons you have hidden under every rock and leaf. I seek strength, not to be superior to my brothers, but to be able to fight my greatest enemy - myself. Make me ever ready to come to you with clean hands and straight eyes, that I may always walk in your light.

CUBMASTER'S MINUTE**The Courage to be Kind***Alice, Golden Empire Council*

It can take real courage to be kind. For example, scouts and their parents or leaders can visit an elderly neighbor and play a board game, look at photos and ask about their family memories, or share some cookies. But the most important thing to share with someone who is lonely is your time and attention. Have the courage to stand up and do the right thing, even if you're not sure it will work. That's what courage is - doing the right thing when you really don't want to. And you might even discover that your visit is Fun!

Stand Up and Be Courageous*Alice, Golden Empire Council*

Use the demonstration of The Science of Courage under GAMES as you talk about how having courage and standing up to do the right thing in spite of peer pressure will help each boy to Rise to the Top.

Freedom*Utah National Parks Council*

We shouldn't take freedom for granted. Our right of free speech, to worship as we choose, and to enjoy the freedoms we have as Americans. There was a time in our history when men could only hope for these freedoms. And now they have become reality. Our freedom is a result of courage and sacrifice of thousands of our forefathers. Let us remember what it cost these men to provide our freedoms today and help keep our land free for those citizens of tomorrow.

Don't Give Up*Utah National Parks Council*

To be good at anything, you have to have courage to believe that you can do it, and then practice it until you can. There's no easy way to become an expert. You just have to keep at it, over and over. There will be times you'll think that you just can't make it. But be courageous. Don't give up a task because it seems hard. There are few things worth doing that are easy to do at first.

The Fear of Advancing*North Star District and Thunder Wolf District
Sam Houston Area Council*

As the boys progress through Cub Scouts, some of them may become apprehensive as they are about to advance to the next rank as to if they will be able to do everything that will be required of them if they continue to advance. This is especially true of the Webelos as they near the decision of whether to join Boy Scouts or not. To paraphrase President Franklin Delano Roosevelt from his first inaugural address "The only thing they have to fear is, fear itself." So should you know any boys who are nervous about advancing, give them some gentle encouragement, & remind them of those fateful words of our 32nd President, & maybe once they have advanced or gone on to join Boy Scouts they will see that there really wasn't anything to be fearful of after all.

Our Earliest Settlers*Sam Houston Area Council*

Traditionally, many native peoples were farmers. An important crop was maize, or corn. They needed rain to grow their maize. In Scouting, our most important crop is the boys. Parents and leaders guide them with all their skill and knowledge. Just like the maize, the boys need 'rain' to grow into healthy young adults. The rain in Scouting is love, understanding, patience, and a good program. Let us use all our skills to bring rain to our boys this month."

A Hiking Prayer*Sam Houston Area Council*

Master of the Universe Grant me the ability to be alone; May it be my custom to go outdoors each day Among the trees and grass, among all living things. And there may I be alone, and enter into prayer, To talk with the One to whom I belong. May I express there everything in my heart, And may all of the foliage of the field, All grasses trees and plants, May they all awake at my coming, To send the powers of their life into the words of my prayer So that my prayer and speech are made whole through the life and the spirit of all growing things, Which are made as one by their Transcendent Source.

--Rabbi Nachman of Bratslav (1772-1811)

A Native American Prayer*Sam Houston Area Council*

Let me walk in beauty and make my eyes ever
behold the red and purple sunset.
Make my hands respect the things you have
and my ears sharp to hear your voice.
Make me wise, so that I may understand
the things you have taught my people.
Let me learn the lessons
you have hidden in every leaf and rock.

CORE VALUE RELATED STUFF**Connecting Courage
with Outdoor Activities***Wendy, Chief Seattle Council
(Adapted from B.A.L.O.O. Appendix E)*

- ★ **Hikes** – Meet the challenges of the trail. Plan ahead for situations that will challenge the boys' courage, including "Hug a Tree if lost."
- ★ **Nature Activities** - Study a certain species and how it reacts to danger, paying attention to how adults are courageous when guarding their young.
- ★ **Service Projects** – Arrange for a safe visit to a food kitchen or homeless shelter and talk about how it takes courage to ask for help from others and courage to help those who are different from us.
- ★ **Games & Sports** – Play a game in which a boy has to ask for help from someone else. For some people admitting they need help is courageous.
- ★ **Ceremonies** – Award "The Lion's Heart" to a boy who shows real courage in any appropriate situation. Place flags at a cemetery on Memorial Day (or Flag Day or Fourth of July, or ...)
- ★ **Campfires** – Give each boy a speaking part in the campfire, even if some of them fear speaking in public. Give plenty of praise for their efforts. Do a skit about a hero.
- ★ **Den Trips** - Visit a Dentist's office. Many people are afraid of dentists. Visit a firefighter or an EMT.
- ★ **Pack Overnighter** – Plan a Pack Family Camping trip to an approved site where the pack has never been before. Plan some different activities - games or sports the boys have not played. Plan a dinner of some food like the pioneers may have eaten but we do not usually eat today.

July – A Month for Courage

Alice, Golden Empire Council

July 1st – Build a Scarecrow Day –

This may just the right time to build a scarecrow to protect your family garden. But also think about his buddy, the “Cowardly Lion”, who lacked Courage, or thought he did. Check out the movie and have a fun evening watching it. Be sure and notice the song he sang when he met Dorothy:

“It’s sad believe me, missy,
When you’re born to be a sissy
Without the vim and verve....”

Some people will tell you it takes courage to be a sissy – to say no to a risky dare or let others call you “chicken” because you won’t do something wrong. Sometimes courage is backing down and refusing to go along with the crowd. Talk about it with your den or family.

July 4th – Independence Day –

As you celebrate this holiday with picnics, parades and fireworks, remember the real reason behind the day – Learn something about the Founding Fathers and their courage. In the den, you could focus on a different Founding Father each week, or ask each boy or family to choose one to learn about. Look for examples of their courage. Go to:

http://en.wikipedia.org/wiki/Founding_Fathers_of_the_United_States

July 11th – Cheer up the Lonely Day -

Frances Pesek from Detroit, Michigan started this as a way to spend his birthday bringing happiness to elderly or lonely people. For a Cub Scout, it can take courage to visit people you don’t know, especially if they are in a rest home or might even look a little scary. This would be a great day to take some pictures and ice cream or simple treat to share with them. But the real gift is the time you spend – what a lonely person really needs is a visit from someone!

July 13th – Go West Day

Two famous explorers showed great Courage in traveling across America all the way to the Pacific Coast at a time when very little was known of the region. You can find examples of great leadership if you learn about Lewis and Clark and their famous journey – you might also work on the Map and Compass Belt Loop in their honor!



Lewis and Clark's Outbound Route Shown in Red, Inbound in Blue.

In 1803, the size of the United States was doubled when President Thomas Jefferson negotiated the Louisiana Purchase. A few weeks later, he asked Congress for \$2500 to send “intelligent officers with ten or twelve men to explore... to the Western ocean.” They were called the Corp of Discovery, and Captain Meriwether Lewis was chosen to lead the expedition. He in turn chose William Clark as his partner – and he showed his leadership skills when he always referred to Lewis as Captain and treated him as an equal, even though his commission had not been granted.

The expedition was to explore the plants, animals, geography and Indian populations of the entire area, along with making accurate maps. Jefferson hoped that they might discover a water route to completely cross the continent. The courage and leadership of the Corp of Discovery resulted in the loss of only one man, Sergeant Charles Floyd, who died of acute appendicitis.

They had to deal with hostile Indians, difficult water crossings and rapids, and extreme weather. They also met friendly tribes, and in the winter of 1804, they were joined by a French Canadian trapper and his Shoshone/Hidatsa wife, Sacagawea and her young baby.

The Corp of Discovery brought back many examples of plants and animals, including a live prairie dog, and made a major contribution to mapping the North American continent and learning about the western regions – because of their work, the great western areas were much more accessible to the American people.

Check out the National Geographic web site for actual journal entries, a timeline of the expedition, photos and online games. A great way to study Courage! Go to:

www.nationalgeographic.com/lewisandclark/

July 17th – Disneyland opens in 1955

You might be surprised at how much courage it took for Walt Disney to imagine and then make his dream real! Check out these quotes to get an idea of the challenges he faced:



"When you're curious, you find lots of interesting things to do. And one thing it takes to accomplish something is courage."

"Somehow I can't believe there are any heights that can't be scaled by a man who knows the secret of making dreams come true. This special secret, it seems to me, can be summarized in four C's. They are Curiosity, Confidence, Courage, and Constancy and the greatest of these is Confidence. When you believe a thing, believe it all the way, implicitly and unquestionably."

"I have been up against tough competition all my life. I wouldn't know how to get along without it."

"It's no secret that we were sticking just about every nickel we had on the chance that people would really be interested in something totally new and unique in the field of entertainment."

"We did it (Disneyland), in the knowledge that most of the people I talked to thought it would be a financial disaster - closed and forgotten within the first year."

"I first saw the site for Disneyland back in 1953. In those days it was all flat land - no rivers, no mountains, no castles or rocket ships - just orange groves, and a few acres of walnut trees."

And by the way, next time you get to Disneyland, notice how many characters, real and imagined, show courage in what they believe in and how they act!

July 19th – Stick Your Tongue Out Day

Courage sometimes requires you to take a new look at things – so check out the Fun Facts About the Tongue – and challenge yourself by trying the Tongue Twisters under Run-Ons!

June 24th – Amelia Earhart Day –

Amelia Earhart is recognized as a courageous person around the world – she disappeared on her last great adventure, trying to fly solo around the world – Check out the Fun Facts About Amelia Earhart!

July 25th – Threading the Needle Day –

So be courageous and try something new – learn to thread a needle and try sewing on a button or patching a hole!

Courageous Tom Whittaker

Alice, Golden Empire Council

On May 27, 1998, Tom Whittaker made history as the leader of his own expedition to climb Mount Everest, the tallest mountain on earth.

He lost his right leg below the knee in an auto accident in 1979. Tom climbs using a prosthetic leg. After battling a viral infection even before beginning, then a problem with a bone spur that had grown on his leg stump, a two week storm that kept everyone off the summit, and finally having to go all the way to base camp because of a respiratory infection, he made the almost unbelievable climb all the way from base camp to

the top in the final hours of their expedition permit to be on the mountain.

He has received lots of awards, including the MBE from Queen Elizabeth, for service to people with disabilities. One way serves is as the Executive Director of the Call to Duty Foundation, which helps service men and women returning from Iraq and Afghanistan back into regular lives.

He also came up with an interactive curriculum for 5th through 12th graders to help kids learn about diversity, and had a web site for them to follow during the Everest expedition.

One thing he showed the students was the effect of garbage and trash that has been left on Everest by expeditions. His group retrieved more than 1000 pounds of garbage from the high camps and recycled it properly. They also retrieved 89 oxygen cylinders that were shipped back to the United States and sold to cover the cost of his environmental initiative.

A prime time CBS documentary film, "A Footprint on Everest" about the climb won the 1998 Teddy award for best adventure documentary.

Fun Facts about Amelia Earhart

Alice, Golden Empire Council

- Amelia's nickname was "Meelie" because her younger sister Muriel couldn't pronounce Amelia.
- She helped buy a date farm for her former mechanic who had contracted Tuberculosis, so he could benefit from the warm Arizona climate.
- She was the first female, and one of only a few females to ever receive the Air Force Distinguished Flying Cross.
- The U. S. Post Office issued an 8 cent commemorative airmail stamp in her honor on July 24, 2963.
- She sold her first plane and bought a 1922 Kissel Goldbug automobile, which she called "Yellow Peril."
- She was the first woman to cross the Atlantic as a passenger on an airplane.
- She and her sister weren't much for dolls – but they have two jointed wooden animals they took everywhere. Donk the donkey was Amelia's, and Ellie the elephant was Muriel's.
- The two sisters, with the help of their uncle, once made a roller coaster in their backyard, after a vacation trip to the St. Louis World's Fair.
- Her childhood pet was a large black dog named James Ferocious, because of the way he acted around strangers.
- Amelia and Muriel also had two imaginary playmates, Laura and Ringa.
- Amelia also invented a tribe of small black creatures (all imaginary) that she called Dee-Jays. She often blamed them when she had done something wrong, like talking out of turn, eating the last piece of candy, or losing something
- Amelia and Muriel also had some imaginary horses – Amelia's was a beautiful Arab palomino named Saladin. Muriel's was a horse named Beezle.

Fun Facts About the Tongue

Alice, Golden Empire Council

- The tongue is made up of many groups of muscles that run in all different directions.
- The front part of the tongue is very flexible and works with the teeth to create different sounds and words.
- The tongue also pushes your food to the teeth so it can be ground up and swallowed.
- You need the back of your tongue to make some sounds: "k" and "g" – Want some proof – say the letters slowly and you can feel your tongue move against the top of your mouth.
- If you didn't have that little membrane under your tongue, you would swallow your tongue!
- Take another look at your tongue to see how rough and bumpy the top side is – that's where your taste buds are!
- You have about 10,000 taste buds when you are born, but as you get older about half of them die.
- Your taste buds send messages to your brain to protect you from eating or drinking something dangerous or spoiled.
- If you suck on an ice cube, you won't be able to taste your next bite.
- Without saliva, your tongue wouldn't work – it needs moisture to taste something.
- Your tongue even helps keep you from getting sick, by filtering out harmful germs.
- Your tongue never sleeps – it's always working!
- You should brush your tongue, along with your teeth, to keep it working well!

Now exercise that tongue with some of the Tongue Twisters under Applauses and Songs!

DEN & PACK ACTIVITIES



Great American Camp Out June 25th.

Check it out on -

National Wildlife Federation website:

http://online.nwf.org/site/PageNavigator/gabc_2010_home

On Facebook:

<http://www.facebook.com/backyardcampout>

They are, also, on Twitter (but I am not):

www.twitter.com

On REI, one of the major sponsors:

<http://www.rei.com/family-adventure>

KOA is also a major sponsor:

<http://koakompass.com/2011/05/the-great-american-backyard-campout-giveaway/>

There are many giveaways and sponsored camping events for families to enjoy



Courageous Activities for Packs & Dens*Alice, Golden Empire Council*

Keep an eye out for little acts of courage – give boys a little party favor “medal” for sharing examples of courage.

Ask boys and parents to help collect stories of courage – Print them out so everyone can have stories to share in their families or dens.

*Tiger Ach. #2, Elect. #1, #8; Wolf Elect #21b;
Bear Ach. #17d; Webelos Citizen #11*

Brainstorm with your den about what a courage is – does a person have to be a hero to show courage? Encourage boys to think about real people, not just super heroes. Have the boys make special thank you cards for the people they choose as courageous.

Play one of the Courage Games in this Baloo – and discuss the outcome!

Suggest that families talk about examples of courage in their family history – share stories about how ancestors were everyday heroes.

Learn or review the steps for Hug A Tree and Survive – then you can be prepared to act with courage if you ever do become lost.

*Tiger Ach. #3Fb; Wolf Elect. #23c;
Bear Ach. #12b; Webelos Outdoorsman #9*

Choose some everyday heroes that the boys know – such as teachers, police or fire department members, the cubmaster – invite them to come to the pack meeting and give each of them a simple award – perhaps a certificate or even a picture the boys have made to present to them.

Choose a service project to honor military people who have shown courage – one idea is Operation Military Kids, which provides hero packs to children who are sacrificing time with their deployed parents; another is Call to Action, directed by Tom Whittaker.

In honor of Lewis & Clark, earn the Map & Compass Belt Loop – Learn more about the expedition of the Corp of Discovery.

Do a Recycling Project in honor of Tom Whittaker, who brought down 1,000 pounds of trash from Mt. Everest. Learn more about his courage under Theme Related.

*Tiger Elect. #47; Wolf Ach. #7c, d;
Bear Ach. #6a; Webelos Outdoorsman #6*

Explore different kinds of people who display courage – include Strategic Air Command, DART, Civil Air Patrol, CERT (Community Emergency Response Team), National Guard, Firemen and Policemen, Regular Military, Teachers, Doctors.

Have each scout or family make a list of some examples of courage – make a list of categories and have each person or team fill in a real name that fits the category. Some ideas are: volunteer firefighters, musicians or artists, parents that volunteer at school, people that bake for a benefit sale, people that help the elderly, people that plan celebrations that everyone can enjoy, first responders, people who teach Sunday School, Scout leaders, kids who help younger kids learn something new (like Venturing Scouts or the Den Chief),

people who help their neighbors, people who coach sports for kids.

Visit a museum and look for examples of Courage – people who have done something heroic or started a service project, saved a building from demolition, worked with youth in the community, overcome challenges

Visit with older people, especially family members, and learn about them, their work, their service, how they spent their time – identify ways that they showed courage, overcame challenges, helped others get educated, or made a difference in their communities

Tiger Elective #10

Work on the scouting requirements that prepare scouts to be a hero –first aid training, plumbing, fix it, carpentry skills – boys or families can be a “hero” by helping an elderly neighbor or relative who can’t afford regular maintenance – and in the future, as men with these skills, today’s scouts will be a hero to their own families.

Obtain or print out a map of the local community – (Thomas Bros. maps also show schools, fire stations, community centers) –talk about the places where help is available and where courage is needed.

Invite a CERT (Community Emergency Response Team) member to come and share information with your den or pack families.

Check out the book The Children’s Book of Heroes by William Bennett and read a story about courage -- you might even use a story as the plot of a skit for the pack meeting!

Recycle Challenge*Alice, Golden Empire Council*

Challenge every scout and scout family to recycle more all month. Do it in honor of Tom Whittaker, the first man to climb Everest on a prosthetic leg - then donate proceeds to Call to Duty Foundation– their mission is to “heal the wounds of combat veterans one hero at a time.” Read more about Whittaker and his recycling efforts on Mt. Everest under Theme Related.

At the end of the month have families bring in pictures of the piles of stuff they recycled.

Medal Neckerchief Slide

*North Star District and Thunder Wolf District
Sam Houston Area Council*

Tiger Elective 18, Wolf Elective 8e,
Bear Elective 8a, Webelos Artist, Craftsman

Materials:

Half inch PVC pipe (1/4 inch section)
Craft foam (black)
Small black button
Needle
Black thread
Large Shiny Gold Stars (preferably ¾ inch in size)
Blue ribbon
Red ribbon

Instructions:

1. Cut the craft foam in a 1-inch by 2-inch oval
2. Stick the gold star on the upper part of the craft foam oval
3. Cut one 5-6 inch length of both the red and blue ribbon
4. Sew the black button to the middle of the red and blue ribbon and in the center of the gold star (through the craft foam)
5. Direct the red and blue ribbon downward towards the end of the craft foam that does not have the star while doing this.
6. Knot the thread on the back side of the craft foam.
7. Glue the PVC pipe to the back of the craft foam.

Life Preserver Neckerchief Slide*Sam Houston Area Council*

Tiger Elective 18, Wolf Elective 8e,
Bear Elective 8a, Webelos Artist, Craftsman

Materials needed:

1 Ring of Foam Core (2" across, ¼" thick, 1" hole)
Glue
6" White String
3/8" Wide Red Tape
White Paint
3" Pipe Cleaner for slide

Instructions:

1. Paint the ring and allow to dry.
2. Wrap string around the outer edge of the ring and
3. Secure with red tape in 4 locations that form a cross.
4. Bend the pipe cleaner and poke into the back of the ring to form the slide back.
5. Secure the pipe cleaner ends with glue.

Sand Casting Neckerchief Slide*Sam Houston Area Council*

Tiger Elective 18, Wolf Elective 8e,
Bear Elective 8a, Webelos Artist, Craftsman

Materials:

Small boxes
Sand
Plaster
Curtain ring, PVC or plastic washers

Instructions:

1. Put the sand in the box and dampen it.
2. Decide on the design you want, keeping in mind that it should be fairly small.
3. Press it into the sand.
4. Add shells, stones or other "beach" materials for added interest.
5. Make certain that the object is exposed so that the plaster will cling to it.
6. Mix the plaster and fill the hole.
7. Insert the ring partially in the plaster.
8. Allow the plaster to set for 15 - 20 minutes.
9. Then, lift your sand casting and gently brush away the excess from the face of the casting.

Make an Earthquake*Sam Houston Area Council*

Put mud into a disposable cake pan. Let it dry.

Now flex the pan at opposite sides.

The cracked, shifted, jagged and broken pieces are an example of plate tectonics or the premise behind the formation of the continents.

Demonstrate the strength of an earthquake,

Fold a full sheet of newspaper seven or eight times.

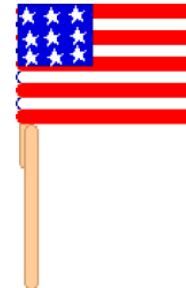
(Just for fun, Google "maximum times you can fold a sheet of paper," and check out the answers. CD)

Now try to tear the newspaper apart. It doesn't take much effort to tear one sheet (or one layer of earth), but it takes a tremendous force to tear several layers. An earthquake could easily tear the folded paper

Craft Stick Flag Craft*Sam Houston Area Council*

This is a simple-to-make US flag made from craft sticks.

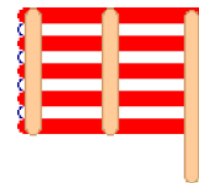
Since this tiny flag does not have the correct number of stars and stripes, explain to the children that the real US flag has 13 red and white stripes (that represent the original 13 colonies) and 50 stars (that represent the 50 US states).

**Supplies needed:**

13 craft sticks
Red and white acrylic paint
Brushes
Blue construction paper
Glue
Either white paper or a white gel pen

Instructions

1. Paint 5 craft sticks red and 4 craft sticks white.
2. Let them dry
3. Glue them together in an alternating pattern by gluing them to one craft stick (on the right side) and two broken craft sticks (in the middle and on the left side).|



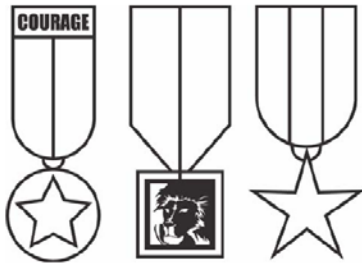
4. Cut a small square of blue construction paper.
5. Either draw a lot of white stars on the blue paper using a white gel pen, or cut and glue tiny white stars onto the blue paper.
6. When the glue has set, turn the flag over.

7. Glue on the square blue construction paper and glue another craft stick to the long craft stick on the back.
8. Let the glue set.
9. You now have a little US flag to celebrate July Fourth, Veterans Day, Memorial Day, Presidents Day, or any other day.

Medals of Courage
Sam Houston Area Council
 Tiger Elective 2

Supplies:

crayons or markers;
 paper;
 child-safe scissors



Instructions:

- ♣ Print out copies of the medals to color and cut out.
- ♣ Alternatively, have the boys design their own medal of courage.
- ♣ Once complete, have the boys gather in a large circle and present their medal to the boy on their left.
- ♣ When they present the medal to their fellow Cub Scout, have them state what act (or acts) of courage performed by the boy receiving the medal that they have observed.

Buddy Board

Sam Houston Area Council
 Tiger Elective 18, Wolf Elective 8e,
 Bear Elective 8a, Webelos Artist, Craftsman

You will need:

- ✓ One 3/4" pine board, press-board or plywood. Size about 40" x 16".
- ✓ Buddy tags, about 2" diameter.
- ✓ 24 L-hook screws 1/2" long. Big enough for holes drilled in circle centers.
- ✓ Sweat wrist bands. Colors: red, blue and green.

RED	BLUE	GREEN
NON-SWIMMER	BEGINNER	SWIMMER
IN ○	IN ○	IN ○
IN ○	IN ○	IN ○
(Use this area for more hooks) (CIRCLES)		
OUT ⊙	OUT ⊙	OUT ⊙
OUT ⊙	OUT ⊙	OUT ⊙
(Use this area for more hooks) (WRIST SWEAT BANDS)		

Instructions:

- ✓ Have enough buddy tags and sweat wrist bands for the boys in your den.
- ✓ All the circles will be in the "IN" position until the boys enter the water.
- ✓ When the boys enter the water, they will take the buddy tag hung in their skill level and place it in the "OUT"

- position below, and put on the sweat wrist band of their skill level color that is hanging on the "OUT" hook..
- ✓ Have the boys keep the bands on until they are ready to leave the swimming area, dress and leave. Sweat bands are for the supervisors to identify the level of the boys easily

Coffee Can First Aid Kit

Pat, Baltimore Area Council

A very simple first aid kit can be made for the home or car by using a one-pound coffee can and adding the materials mentioned below. By sealing the lid tightly with tape the contents of the kit will last indefinitely.

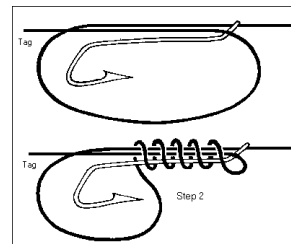
- | | |
|-----------------------|-----------------------|
| Safety pins | Scissors |
| 1" Adhesive compress | Tweezers |
| Sterile gauze pads | 3" Roller bandage |
| Adhesive tape | 2" Triangular bandage |
| 2 Triangular bandages | |

Survival Kit in a Can

Pat, Baltimore Area Council

Materials Needed:

1. One foot of heavy cotton string, dipped in melted paraffin and then wrapped in waxed paper. Cut off 1½" piece, fray end, light with match and use to start a fire. Burns longer and hotter than match alone.
2. Salt, wrapped in foil packet. Improves the flavor of anything caught and cooked for food.
3. Two snelled fish hooks. May be used with leader to catch fish for food. See picture



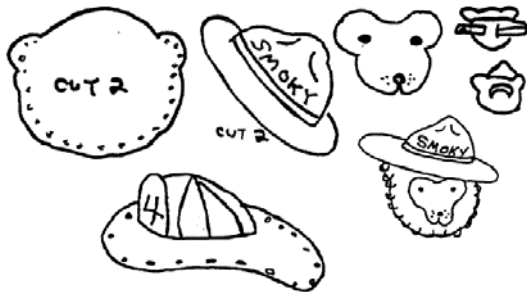
4. Four feet of black plastic electrician's tape. Used originally to seal and waterproof can May also be used to fasten splints on broken limb, repair tom clothing, etc.
5. Steel wool, 00 or finer. Makes excellent tinder, even after being wet. Water can be shaken out and it will start from small spark. Burns very hot but very quickly, so should be used with other tinder (such as pine needles, twigs etc.) wrapped inside to start fire.
6. Picture hanging wire. Makes excellent snare wire; may also be used to help erect a shelter.
7. Water purification tablets. Use if there is any doubt about purity of water.
8. Metal container, with minor glued to lid. Mirror may be used to signal searching aircraft. Container used to melt snow for water; also may be used to mix up small quantities of soup.
9. Small tube of antibiotic ointment. Use on small cuts and bums to avoid infection

10. Wooden matches dipped in paraffin to make them waterproof.
11. Safety pins. Use to fasten together torn clothing or replace lost buttons.
12. Packet of condensed soup mix. May be mixed, small amount at a time, with water in can.
13. Vitamin pills (one per day). To help maintain health on inadequate diet.
14. Small whistle. Use to signal. Three blasts are a recognized distress signal.
15. Adhesive bandages. Use on small cuts, abrasions, burns.
16. 20 lb. test leader. Use with hooks for fishing; use with needle to sew clothing, use for snares; use to lash shelter together.
17. Razor blade (single edge). Use to make fuzz stick to start fire; use to clean and skin small creatures caught for food; use to cut up belt or other material to make thongs, ties.
18. Needle with large eye. Use with leader for sewing; use to remove slivers.
19. A sealable plastic bag to protect things from moisture.
20. A round microfilm canister or other such container to hold survival kit.

Another Smoky Neckerchief Slide

Pat, Baltimore Area Council

- ✓ This slide can be made from leather, upholstery vinyl or leatherette and some plastic lacing. Contact cement works best in gluing leather and vinyl pieces together.
- ✓ Using the pattern pieces, cut two heads. Punch holes around bottom of each head. On back piece cut two slits for slide ring. Insert a length of leather through the two slits, leaving the ends loose out the back. Lace the two head pieces together
- ✓ Cut the Face part out of a lighter leather. Draw on the face. Glue face to head.
- ✓ Cut two hat pieces and draw markings on the front one. Glue both pieces to front and back of head, lining up hat edges.
- ✓ Close ends of leather strip that will be used as ring to hold neckerchief. Ends can be stapled or glued. Attaching a snap to the ends will allow the slide to be placed around the neckerchief securely without having to make the loop so big as to let it slide up and down the neckerchief.



Fireman's Hat Slide

Pat, Baltimore Area Council

This is made the same way as the Smoky slide except that it is just one pattern piece. Cut two hat pieces and punch holes along hat brim. Make two slits in back piece and insert leather strip. Lace front and back together. Close ends of leather loop with glue, staples or snaps. Draw hat markings on front.

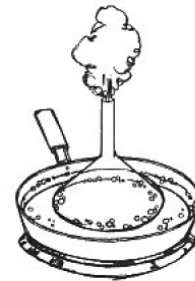
Make a Geyser

Sam Houston Area Council

Geysers are cracks in the earth's crust where water and steam spray up out of the earth and into the air. Probably the most famous of all geysers is Old Faithful in Yellowstone National Park. You can apply the same principle to demonstrate how geysers work.

Materials:

Baking dish or pan,
water,
metal funnel,
nail.



Instructions:

1. Fill the baking dish or pan nearly full of water.
2. Place a metal funnel, wide end down, in the pan.
3. Put a nail under the edge of the funnel so that one side is lifted.
4. Under adult supervision, boil the water. Bubbles of steam will collect in the funnel.
5. As the bubbles rise, they force water up and out of the neck because the steam pressure is higher than atmospheric pressure.

A geyser eruption from deep within the earth works on this same principle. Underneath the earth's crust is magma, or hot molten rock. The magma heats up underground water, building up steam and pressure. When the pressure gets too high, the water and steam are forced out a hole in the earth's crust, creating a watery eruption.

Safety Note: the water will be very hot (possibly higher than boiling point). Keep Cub Scouts well away from the demonstration while heating the water. Wear leather gloves, and leather coat, and safety goggles to turn off the stove.

Father's Day Ideas**Hot/Cold Sock:***Wendy, Chief Seattle Council*

- ✓ Fill a cotton tube sock with rice and sew shut. (Or use fusible webbing.)
- ✓ To use, microwave in 30 second increments until warm enough.
- ✓ Place hot sock on sore muscles.
- ✓ For a cold pack, leave the sock in the freezer until needed.
- ✓ Place cold sock on sprains & bruises.

Pencil Holder:*Wendy, Chief Seattle Council*

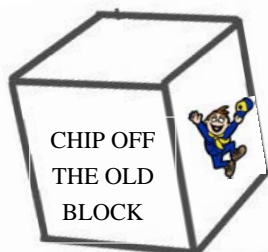
- ✓ Cut 2"x 2" (dimension lumber, not actual size) into 5" long (real measurement) strips.
- ✓ Drill 4-6 holes for pens and pencil.
- ✓ Decorate using paint or permanent markers.

Book End:*Wendy, Chief Seattle Council*

- ✓ Cut 1" by 6" (dimension lumber, not actual size) board into 4" long and 6" long (actual measurement) pieces to make L-shaped book ends.
- ✓ Nail together with 6" piece for vertical and 4" piece for horizontal.
- ✓ Glue felt to bottom of book end (4" piece).
- ✓ Decoupage pictures to bookends, or paint.

Picture Holder:*Wendy, Chief Seattle Council*

Cut 2"x 2" into cubes. Using pliers, coil one end a 9" length of bell wire into a flat spiral. (Spiral is essentially a big round, square, or diamond shaped paper clip.) Hammer nail into cube and remove to create hole. Dip straight end of wire into tacky glue, and push into hole in cube. Paint or decorate cube as desired. Place picture in spiral.

Chip Off the old Block*Baloo,**My Brother Made this in Cub Scouts with Mrs Zaremba*

- ★ Take a 4" by 4" (dimension lumber, not real size) and cut to cubes
- ★ Have Scouts sand the block and stain it with an adult's help.
- ★ Have Scouts bring a picture to Den Meeting or take a digital and print it (We sometimes used Polaroids in olden times)
- ★ Choose one side to be the bottom (for reference only)
- ★ Paste picture on the top of the block.
- ★ Using a wood burner or other marking device write "Chip Off The Old Block" on a vertical side.

This idiom means a child whose appearance or character closely resembles that of a parent—making this craft idea perfect for Father's Day.

- ★ If you want, add other words or pictures on other sides.
- ★ Place the Scout's name and the date on the bottom for a lasting memory.
- ★ For fun, you can add this note:

This wooden block is for you Dad,
It's sanded with all the strength I had,
Something made from me to you,
To say Happy Father's Day! I love you!

Father's Day Card*(Bear Ach. #18f; Ach. #24d, partial):**Wendy, Chief Seattle Council*

<http://jas.familyfun.go.com/arts-and-crafts?page=CraftDisplay&craftid=11199>

Home Depot Projects*Wendy, Chief Seattle Council*

http://www.homedepot.com/webapp/wcs/stores/servlet/ContentView?pn=Kids_Workshops&langId=1&storeId=10051&catalogId=10053&cm_mmc=THD_market ing- -Clinics site- -Digitas- -KidsClinics

More Father's Day Ideas:

<http://www.makingfriends.com/dad.htm>

4th of July Activities**Salad Spinner Fireworks art***Wendy, Chief Seattle Council*

- ♣ Cut circles from black construction paper that are the correct size to fit in a salad spinner.
- ♣ Line the salad spinner basket with a plastic grocery bag to keep the salad spinner clean.
- ♣ Put the black circles into the lined basket.
- ♣ Dribble paint on the circle.
- ♣ Put the top on the salad spinner, and give it a whirl!
- ♣ The streaks of color on the black circles look like fireworks exploding.

Melted Crayon Star:*Wendy, Chief Seattle Council*

- ♣ Trace star pattern onto wax paper.
- ♣ Lay the wax paper on a paper sack.
- ♣ Using a vegetable peeler, scrape crayon shaving onto wax paper, inside the traced star.
- ♣ Add embroidery thread and glitter, if desired.
- ♣ Lay a second piece of wax paper on top of the wax paper with the star.
- ♣ Lay a clean piece of paper over the wax paper.
- ♣ Press the star with an iron set to medium.
- ♣ After the crayon has cooled, cut out the star.

More 4th of July Ideas*Wendy, Chief Seattle Council*

Easy and fun 4th of July crafts for kids. Check out our tasty [4th of July recipe ideas](#) and cute [4th of July printable ideas](#), too at

<http://familyfun.go.com/4th-of-july/4th-of-july-crafts/5/>

21 Great 4th of July Decorations & Games

<http://familyfun.go.com/4th-of-july/4th-of-july-crafts/4th-of-july-decorations-games-pg-906069/>

Patriotic Crafts

For Memorial Day, Flag Day, Veterans Day, Independence Day, or any day is a great day to be patriotic.

<http://www.makingfriends.com/Patriotic.htm>

DEN MEETINGS*Wendy, Chief Seattle Council*

Now is a great time to get the boys outside while the weather is good, so this month we're focusing on outdoor, and activities that require some courage.

According to a recent survey, the thing Americans fear most is public speaking. Cubs will develop courage as they overcome their fear of speaking in front of an audience at the closing campfire at camp or during supplemental den meetings.

Dealing with emergencies also requires courage, so there are ideas for that den meeting, too.



During the summer our den works on the outdoor activity award: <http://usscouts.org/advance/cubscout/Outdoor-Activity.asp> So we spend a lot of time outdoors. All the boys meet together to keep our numbers up. We do the following outdoor activities for the outdoor activity award:

- #1: Go hiking (also passes off Bear Ach. E9e, E25a,b)
- #2: Pack picnic (also passes off a summer time pack award activity)
- #3 Buddy system (passes off Wolf E23b,c,d)
- #4 Pack camp out (passes off Wolf E23a; Bear E25d; Webelos Outdoorsman #1, #3, #7, #8, #11)
- #5: Collect litter (also passes off Tiger E33; Wolf Ach. #7d; Bear Ach. #6g, E14c)
- #9: Swimming (passes off Tiger E40; Wolf Ach. #1h; Bear E19; Webelos Aquanaut)
- #10: Campfire program (Tiger E6; Wolf E2, E11c, E23g; Bear E25c; Webelos Outdoorsman #2)
- #13: Go geocaching or letterboxing at a local park. (A great way to explore the park!!)
 - ♣ Letterboxing links:
 - <http://www.letterboxing.org/index.php>,
 - <http://www.atlasquest.com/>
 - ♣ Geocaching: <http://www.geocaching.com/>
 - ♣ Mini Book for letterboxing: http://www.shininghours.com/creating/one_sheet_8_pages!.htm
 - ♣ Styrofoam Stamps for letterboxing:
 - Using a ball point pen, draw a picture on the flat side of a Styrofoam tray, pressing to create an indented picture. Sand the top of a milk bottle cap. Cut around the picture, and tacky glue it to the cap to create a stamp. The Styrofoam scratches easily, so take care to protect the stamps.

One Note on Cub Scout Outdoor Award -

The first requirement is listed at the top without a number and is often missed. It states:

Attend Cub Scout day camp or Cub Scout/ Webelos Scout resident camp.

Therefore, for a CS to earn this award, he must attend a summer camp program not just a Pack Family Camping Trip.

**TIGER**

Supplemental Den Meetings and other ideas that go with:

Courage Core Value:

- A: Collections
- E: Public Service Announcement (E20)
- H: Seed & Song (E6, E30)

Courage Related Tiger Electives

- E6 Teach a song
- E21 Puppets
- E27 Emergency!

Tiger Summer Activities

- E22 Picnic
- E29 Sun Safety
- E35 Outdoor Game
- E37 Biking
- E40 Swimming
- E42 Zoo

See also last month's issue for more outdoor ideas

Public Service Announcement Ideas (E20):

Encourage the boys to show, rather than just tell, why boys should join Cub Scouts. Challenge the boys to figure out how to make their announcement more interesting and fun through the use of funny dialog, props, costumes, or special effects.

You Tube has examples of Tiger PSA announcements:

<http://www.youtube.com/watch?v=xz5jBo-HLIY>

Pea "Seed" Cup Cakes:

Cook chocolate cup cakes. When cool, use the handle of a mixing spoon to press a trench into the tops of the cup cakes. Frost with chocolate frosting. Put 3 green M&Ms in the trench to be green pea seeds. Decorate with Pea Patch signs. To make the sign, write the words "Pea Patch" on a small sign. Glue the sign to a toothpick, and stick it into the cup cake.

Songs (E6): <http://usscouts.org/songs.asp>

The songs below have a lot of repetition, making them easy for Tigers to learn and teach.

Alice the Camel

Alice the camel has three Humps
 Alice the Camel has three humps
 Alice the Camel has three humps
 So go Alice, Go
 Boom, Boom, Boom

Alice the camel has two humps
 Alice the camel has two humps
 Alice the camel has two humps
 So go Alice, Go
 Boom, Boom, Boom

Alice the camel has one hump
 Alice the camel has one hump
 Alice the camel has one hump
 So go Alice, Go
 Boom, Boom, Boom

Alice the camel has no humps
 Alice the camel has no humps
 Alice the camel has no humps
 'Cause Alice is a horse!

Actions:

Everyone must get in as close to a circle as possible and put their arms over the shoulders of the people next to them. Then during the saying of each number of humps everyone bends at the knees.

During the lines Boom, Boom, Boom then everyone bangs hips against each other. Nothing dangerous of course.

Boom Chicka Boom

Lyrics: (repeat each line after song leader)

I said a Boom Chicka Boom
 I said a Boom Chicka Boom
 I said a Boom Chicka Rocka Chicka Rocka Chicka Boom
 Uh huh
 Oh yeah
 One more time _____ style.

Other styles -

- Baby style
- Grandpa style - with lips wrapped over teeth
- Frankenstein style
- Opera Singer
- Underwater - wiggle finger over lips
- Slow-mo style (slow)
- Fast Forward style

Robert Baden Powell

(Tune: Father Abraham)

Robert Baden-Powell had many scouts.
 Many Scouts had Robert Baden-Powell.
 I am one of them, and so are you.
 Let me tell you what to do...
 Right arm. (do Cub Scout salute)
 Robert Baden-Powell had many scouts.
 Many Scouts had Robert Baden-Powell.
 I am one of them, and so are you.
 Let me tell you what to do...
 Right arm, Left arm. (add hand shake)

Repeat verses above, adding in turn:

Right arm:	Do Cub salute
Left arm:	Add left arm hand shake motion.
Right foot:	Add right foot stepping up and down.
Left foot:	Add left foot stepping up and down.
Chin up:	Add head nodding up and down.
Turn around:	Add turning in place.
Sit down:	Sit down!

Words above are accompanied by actions adding new motions as soon as sung until you are performing all motions.

Baby Shark Song

The fun of this song is in the actions. As the shark gets bigger, so does its mouth you make with your hands and arms.

Lyrics:

(shark mouth with hands connected at wrist)
 Baby shark, Doh-doh, doh, doh
 Baby shark, Doh-doh, doh, doh
 Baby shark, Doh-doh, doh, doh
 Baby shark.

(shark mouth with forearms connected at elbows)
 Momma shark, Doh-doh, doh, doh
 Momma shark, Doh-doh, doh, doh

Momma shark, Doh-doh, doh, doh
Momma shark.

(shark mouth with full arms)
Daddy shark, Doh-doh, doh, doh
Daddy shark, Doh-doh, doh, doh
Daddy shark, Doh-doh, doh, doh
Daddy shark.

(same as Daddy,
but with fists instead of fingers to look like no teeth)
Grandpa shark, Doh-doh, doh, doh
Grandpa shark, Doh-doh, doh, doh
Grandpa shark, Doh-doh, doh, doh
Grandpa shark.

(swimming crawl motion with arms)
Swimmer dude, Doh-doh, doh, doh
Swimmer dude, Doh-doh, doh, doh
Swimmer dude, Doh-doh, doh, doh
Swimmer dude.

(hand on top of head like shark fin.
Other hand rubbing stomach with hungry look on face.)
Hungry shark, Doh-doh, doh, doh
Hungry shark, Doh-doh, doh, doh
Hungry shark, Doh-doh, doh, doh
Hungry shark.

(back crawl swimming motion with arms)
Swam away, Doh-doh, doh, doh
Swam away, Doh-doh, doh, doh
Swam away, Doh-doh, doh, doh
Swam away.

(same back crawl, with very frantic actions)
Swam too slow, Doh-doh, doh, doh
Swam too slow, Doh-doh, doh, doh
Swam too slow, Doh-doh, doh, doh
Swam too slow.

(hop on one leg to beat)
Lost a leg, Doh-doh, doh, doh
Lost a leg, Doh-doh, doh, doh
Lost a leg, Doh-doh, doh, doh
Lost a leg.

(hand on head like shark fin. Other hand rubs stomach
with a very satisfied look on face.)
Happy shark, Doh-doh, doh, doh
Happy shark, Doh-doh, doh, doh
Happy shark, Doh-doh, doh, doh
Happy shark.

(push cell phone numbers to beat)
9-1-1, Doh-doh, doh, doh
9-1-1, Doh-doh, doh, doh
9-1-1, Doh-doh, doh, doh
9-1-1.

(make any dying actions you want. finger across neck,
grabbing heart, fainting away,...)
It's too late, Doh-doh, doh, doh
It's too late, Doh-doh, doh, doh
It's too late, Doh-doh, doh, doh
It's too late.

(point to your bottom)
That's the end, Doh-doh, doh, doh
That's the end, Doh-doh, doh, doh
That's the end, Doh-doh, doh, doh
That's the end.



WOLF

Supplemental Den Meetings and other ideas that go with:

Courage Core Value:

E: Skits (E2, E12d)
M: Family Alert (E16)
O: Say it Right (E22)

Wolf Summer Activities

E18 Outdoor Adventure
E19 Fishing

See also last month's issue for more outdoor ideas

Skits (E2)

How-To Book, section 5, pp. 27-36.

Online skit resources:

www.ultimatecampresource.com,
www.macscouter.com
www.boyscouttrail.com
www.scoutorama.com

Be careful -

Not all skits found online comply with
BSA Grey Area standards and Core Values.

http://www.inquiry.net/outdoor/campfire/grey_areas.htm

**See page 420 of the Den and Pack Meeting
Resource Guide for a brief listing of the Cub
Scout "Positive Values" guidelines.**

Previous Themes with good skit ideas -

"In the Spotlight," May 2010 Theme:

<http://usscouts.org/bbugle/bb1004.pdf>

Skits: p. 19-21.

Games: p. 8-10; 36-8.

Snacks: p. 39-40.

"Lights, Camera, Action," May 2003

<http://usscouts.org/usscouts/bbugle/bb0304.pdf>

Games: p. 3; 12.

Snacks: p. 9.

Basketball: The Movie

This skit is a simple one that uses easy costumes.

Characters:

Director, Camera Operator, Basketball Team,

A narrator could easily be added.

The director calls for action. The basketball players pretend to be playing a basketball game. The camera operator pretends to film the game.

The director stops the action, telling the players "Cut! Too fast! Slow down!" The players go very slowly.

"Cut!" yells the director. "Too slow – speed up the game!" The players go super fast.

"No, no. Just go normal speed. But be sad now – you're behind." The players cry and sob while playing.

"Cut! Now you're happy and excited – you're ahead!" The players cheer and high-5 each other.

"Great!" says the director. "That's a wrap!" Then he turns to the camera operator. "Let's get the film back to the studio."

"Film?" asks the camera operator. "The camera is empty. I thought this was just a rehearsal!" The director and basketball players chase the camera operator off the stage.

What's 2+2?

Characters:

Captain, three or four Pirates.

Pirates wear head scarves.

Setting:

On the Bridge (Or Deck of a Ship)

Captain: First Mate! What's 2+2?

1st Mate: Duh! One, Sir!

Captain: Good! Bosun! What's 2+2?

Bosun: Uhh ... let's see ... (Counts on fingers) Uhh ... Five, Sir!

Captain: No problem! Gunner! What's 2+2?

Gunner: Sheesh, Captain! Why give me all the hard ones?

Captain: Great! Cook! What's 2+2?

Cook: Let's see. Two apples and two potatoes makes ... (Thinks) Two apples and two potatoes, Sir!

Captain: Pleased to hear it! You! Floor Scrubber! What's 2+2?

Scrubber: Four, Sir!

Captain: Walk the Plank!

(Scrubber walks imaginary plank, and falls into sea)

Servant: Beggin' the Captain's pardon, Sir! I think everyone else got it wrong, but the floor scrubber got it right. Why did you make him walk the plank?

Captain: He's too smart! He might go after my job some day!

Stories (E22c)

http://americanfolklore.net/folklore/2010/10/the_fisherman_and_the_bear.html

Folklore Animal stories are good to use with paper bag masks (E2e). For story ideas, see the story links.

Emergency Preparedness Games & Activities (E16)

First Aid Games for Kids

When medical attention is necessary, children may panic if they don't know how to apply some basic first aid or if they don't understand what is being done to assist. Children have the capacity to learn first aid skills through games. The objective of these first aid games (keeping an individual healthy and safe) is serious, but the games present first aid in a way that is easier for children to remember and enjoy.

Learn more go to -

http://www.ehow.com/list_6098682_first-aid-games-kids.html



Kids can use their toys to learn first aid skills.

Red Light Green Light

Red Light Green Light is a traditional children's game in which children take steps forward when a leader calls out that the light is green and stay still when the leader calls out red light. Meaghan Lister created a first aid version of this game. Instead of simply calling out "red light" or "green light," the leader asks questions about first aid, such as whether you should pop a blister. If the answer to the question is "yes," then the children have a "green light" and take three steps forward. If the answer is "no," then the children stay put. This game allows whoever is overseeing the game to assess very quickly based on the children's movements what first aid topics may need to be addressed further with the children. from: http://www.ehow.com/list_6098682_first-aid-games-kids.html

Kim's First Aid Kit Game

Put first aid kit items on tray. Let the boys look at the items on the tray for a minute. Cover the tray with a towel. Boys must name as many items as they can remember.

Alternatively, let the boys look at the items on the tray for a minute. Choose one boy to turn around. Remove an item from the tray. The boy turns around, and must name the missing item.

Emergency Preparedness Board Game:

<http://www.fema.gov/kids/games/board/>

More games:

http://dragon.sleepdeprived.ca/games/first_aid/first_aid.htm

Emergency Preparedness Activities (from

<http://www.welltrainedmind.com/forums/showthread.php?t=255067>) :

1. Make a list of about 30 items and have boys choose the top ten to pack in an emergency.
2. Pack a plastic tote w/ about 30 items and have boys choose the top 10 to fit in a backpack.
3. Practice an emergency evacuation drill.
4. Role play what to do in emergency situations
5. Get some high calorie emergency bars and let the kids taste them.

BSA Emergency Preparedness Award;

<http://usscouts.org/advance/EmergPrep.ap>

FEMA freebies:

<http://www.fema.gov/kids/pubs.htm>

Be sure to check out (and order) the disaster preparedness activity book for kids here.

More EP activities and information for kids:

<http://www.fema.gov/kids/>

MORE WOLF IDEAS**Roxanne, Heart of America Council**

- ✓ Ach. #6b "Books, Books, Books" Choose a book on a subject (courage) you like and read it. With an adult, discuss what you read and what you think about it.
- ✓ Ach. #8c "Machine Power" Show how to use a pulley.
- ✓ Elect#13d "Birds" Point out 10 different kinds of birds (5 may be from pictures).

COURAGE

Courage is having the strength and faith to carry on a project or to face your fears no matter how tough or scared you are.

Lead a discussion on Courage and have the boys answer these questions (or similar):

- ★ What does courage have to do with responsibility?
- ★ What people in history or today's world do you know or can find that showed or shows courage? (space program, military, etc.)
- ★ How as a Cub Scout do you or can you show courage?
- ★ How can using a pulley show courage?
- ★ What birds show courage?
- ★ What constellation(s) shows courage? Orion, Leo, who or what?

Courage Word Search

```

B X N H E K U E S D G H B J K
H O R G U T S C P V A G J R D
Y T L E J O M N I Z M R Q E E
R L S D G T J A R P E K I N L
X E J F Y N G R I E O Z O N F
K R W G R R A U T F W B C U G
H E R O I S M D Z J K J B F Q
C K L Q P S Z N E C T R V W M
L A K N U P S E A C A M E W B
V F Q H L K H B Z V A P V L D
Q E N U I J K Z E S U F R P C
G Q W F S F P Y X O Y Y E U L
X K Q P R V P C E H L E N G N
R A N S P C W D B P C M A B X
X T K U T W C Q L C Q J K Y F

```

Find these synonyms for COURAGE in the wordsearch:

BACKBONE	GUTS	BOLD
HEROISM	BRAVE	NERVE
DARING	POWER	ENDURANCE
SPIRIT	FACE DANGER	SPUNK
GAME		VALOR

Astronomy Meeting Ideas

A. Do "Astronomy" belt loop

1. **Set up and demonstrate how to focus telescope or binoculars.**

Invite an astronomy group in your local area to come out and talk with the boys about astronomy. They have telescopes and binoculars that the boys can use to look at the various stars, constellations, and galaxies. Inform them of the requirements needed for the belt loop or give them a copy of the requirements

2. Draw a diagram of the solar system with surrounding objects. **May use help from a book or chart or have a handout of solar system and have boys label items.**
3. Explain terms used with astronomy. Planet, star, solar system, galaxy, Milky Way, black hole, red giant, white dwarf, comet, meteor, moon, asteroid, and universe. **Use a handout with these words on it.**

B. How to Book (2002) Pp. 4-25 to 4-27

C. Create a mobile of the solar system.

D. D. Play a solar system game where one boy stands in the middle representing the sun, the boys then figure out what the next planet might be closest to the sun, and so on until all planets are around the sun. Can have the boys wear or hold a planet sign to show who they are. You can also add the moons that go to the planets.

Astronomy websites to visit:

<http://spaceplace.nasa.gov/cub-scouts/en/>

<http://www.kidsastronomy.com/fun/index.htm>

<http://www.frontiernet.net/~kidpower/astronomy.html>

<http://www.astronomy.com/en/News-Observing/Astronomy%20Kids/2008/03/The%20ABCs%20of%20observing.aspx>

<http://www.spacecamp.com/camp/sc>

<http://www.usscouts.org/advance/cubscout/a-sindex.asp>

<http://www.usscouts.org/advance/cubscout/academics/astronomy.asp>

<http://www.cosmo.org/>



Skits, pages 5-27 to 5-36



BEAR

Supplemental Den Meetings and other ideas that go with:**Courage Core Value:**

- L. Swimming – E19
- M. Boats – E5
- N. American Indian Life – E24
- Q. Family Outdoor Adventure

See also last month's issue for more outdoor ideas

Bear Ideas by Felicia

Felicia, French Creek Council

We all use Courage when we try new things. Summer is a wonderful time to learn to swim, try boating, learn about a courageous culture, take a hike, go camping or learn a new song to lead around a campfire.

**Bear Den Plan L
Swimming Elective 19**



E. 19 d. The **Swimming Buddy System** can be found on page 256 of the Bear Handbook. The following is from the **Cub Scout Academics & Sports Workbook**: Pair every youth with another, in the same ability group. Buddies check

in and out of the swimming area together. Emphasize that each buddy lifeguards his buddy. Check everyone in the water about every 10 minutes, or as needed to keep the buddies together. The adult in charge signals for a buddy check with a single blast of a whistle or ring of a bell, and call "Buddies!" The adult counts slowly to 10 while buddies join and raise hands and remain still and silent. Guards check all areas, count the pairs, and compare the total with the number known to be in the water. Signal 2 blasts or bells to resume swimming. Signal three blasts or bells for checkout.

Rules for Safe Swimming

- Be physically fit.
- Have a qualified adult present whenever you swim.
- Swim in areas that have already been checked for safe swimming.
- If you can't swim, don't go in water that is more than 3½ feet deep. Go in deep water only if you are a good swimmer.
- Swim with a buddy.
- Obey the rules of the swimming area.

Excerpt from the Cub Scout Academics & Sports Program Guide. A more detailed version of the Rules for Safe Swimming can be found on p. 256 of the bear handbook.

There is a **Cub Scout Academics and Sports Workbook** for belt loops & pins. The link to the swimming section can be accessed at any of the following sites:

<http://usscouts.org/advance/cubscout/sports/worksheets/Swimming.pdf>

http://meritbadge.org/wiki/images/d/d6/Cub_Scout_Swimming.pdf

http://www.boyscouttrail.com/external_frame.asp?goto=http://usscouts.org/advance/cubscout/sports/worksheets/Swimming.pdf

**Swimming Belt Loop requirement 1****Safe Swim Defense**

- Qualified Supervision. A responsible adult (at least 21 years of age) must supervise.
- Physical Fitness. Require evidence of fitness for swimming activity, using a health history.
- Safe Area. Before swimming in unknown waters, check the swimming area for varying depth, currents, holes, rocks, or other dangerous conditions.
- Lifeguard on Duty. Swim where lifeguards are on duty.
- Lookout. Station an adult on shore where he or she can see and hear everything in all areas.
- Ability Groups. Divide into groups into non-swimmers, beginners, and swimmers. Mark off areas in the swimming area for the different swimming ability groups.
- Buddy System. Pair each boy with another boy in

his ability group. They must stay together the entire time they are swimming.

- **Discipline.** Insist upon strict but fair discipline.

For a more complete description of Safe Swim Defense, see the Cub Scout Leader Book, No. 33221, or Safe Swim Defense Pamphlet, No. 34370.

Adults - you can become qualified in Safe Swim Defense on-line. Just go to your www.myscouting.org account and click on the link to take the course.

Swimming Pin requirement 7

Water Rescue Methods

Cub Scouts only do the first 2 water rescue methods, but they need to be aware of all 4:

1. **REACH** with whatever is available or at hand.
2. **THROW** a line, a buoy, or a floating object to provide support.
3. **ROW** in a watercraft to the victim. A rowing rescue requires a minimum of 1 person to retrieve the victim & 1 person to handle the boat. Any person in the boat must wear a PFD (personal floatation device).
4. **GO** with support. Those who "go" to the victim & make a swimming rescue must be trained in swimming and lifesaving. In the rare instance when a swimming rescue is tried, the rescuer takes with him something that can be used for floatation or extended to the victim to avoid direct contact.

No Cub Scout should ever put himself in danger or at risk. If reaching & throwing don't work, Get help!

Excerpt from the Cub Scout Academics & Sports Program Guide

Swimming Pin requirement 7

Water Games

Marco Polo is like blind man's bluff. It can be played with any number of people in the water. Marco is "it." Marco closes his eyes, counts to 10 and calls, "Marco." All of the other players must answer, "polo." Players are allowed to move. Marco can call out, "Marco" whenever he wishes, to try to locate the others. When Marco tags a player, that player becomes the new Marco.

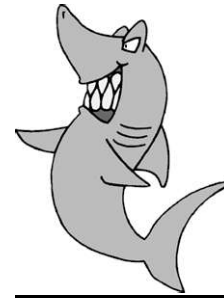
Water polo is played in a pool. It is similar to soccer. Players use one arm to throw the ball through their opponent's goal. Only goalies may touch the ball with both hands. All others use only 1 hand when touching the ball. Only the goalies may touch the bottom of the pool, the others tread water. Each team has only 7 players in the water at a time; usually there are 13 total (6 wait to replace others, *so they don't get tired*). Players are rotated in or out after a goal, between quarters, or if a referee ejects a player.

Play begins with both teams lined up at opposite ends of the pool. The ball is dropped in the middle of the pool by the referee. The teams try to get the ball for first possession.

Players move the ball by passing it through the air or across the water's surface to a teammate, **or** by carrying the ball while swimming or dribbling (the ball floats on the water's surface pushed by the waves made by the swimmer)

Goals count as one point. There is a time limit for taking a shot. Each team has 35 seconds to shoot the ball at the goal. If no shot is taken, a free throw is awarded to the opposing team.

The Game is played in 4 quarters (5 to 7 minutes each). There is a 2-minute break between quarters. Each team has two 1-minute time outs.



Mr. Sharkey is played in the pool. One person (Mr. Sharkey) stands at the end of the pool while the rest at the other end. They yell, "What time is it Mr. Sharkey?" and Mr. Sharkey says, "it's 4 o'clock." Then they take 4 swim strokes toward him. They ask Mr. Sharkey again and they swim closer until Mr. Sharkey surprises them by saying, "It's lunch time!" Then they must swim back to the other side of the pool before Mr. Sharkey can tag them. Anyone tagged is the new Mr. Sharkey.

More water games can be found at:

http://www.ehow.com/how_2324761_play-fun-water-games.html

<http://fun.familyeducation.com/games/outdoor-games/45761.html>

<http://www.funandgames.org/games/GameSwim.htm>

Reach, Throw, Row, Go (with support)

Sam Houston Area Council

This is a method for remembering the preferred order of assisting a person in a water rescue situation.

Reach

Your arm, pole, boar hook, oar, belt, wet clothing, towel, oar or paddle, tree branch, water ski, fishing pole, car radio or C.B. antenna

Throw

A life ring, a life jacket, an empty cooler, or anything else that floats beach ball, insulated jug, plank, foam cooler, rope, life jacket, water ski, plastic pop or milk bottle, buoyant cushion

Row

Use a boat – try to get the rear to toward the victim.

Go (with support)

Into the water and swim to assist. Always take a float, or have a rescue line from shore. The most dramatic and least preferred method since it can easily lead to two drownings)

<i>Recent US Olympic Swimming Medalists (Women)</i>	<i>Recent US Olympic Swimming Medalists (Men)</i>
Allison Schmitt	Gary Hall, Jr.
Caroline Burckle	Jason Lezak
Christine Marshall	Michael Phelps
Kim Vandenberg	Peter Vanderkaay
Amanda Beard	Larsen Jensen
Jenny Thompson	Klete Keller
Haley Cope	Aaron Peirsol
Tara Kirk	Matt Grevers
Rachel Komisarz	Aaron Peirsol
Amanda Weir	Ryan Lochte
Amy Van Dyken	Ian Crocker
Christine Magnuson	Erik Vendt
Kara Lynn Joyce	Garrett Weber-Gale
Lacey Nymeyer	Cullen Jones
Emily Silver	Nathan Adrian
Julia Smit	Benjamin Wildman-
Dara Torres	Tobriner
Margaret Hoelzer	Matt Grevers
Megan Jendrick	Neil Walker
Elaine Breeden	Gabe Woodward
Diana Munz	Nate Dusing
Jill Sterkel	Ricky Berens
Kaitlin Sandeno	David Walters
Katie Hoff	Dan Ketchum
Margaret Hoelzer	Scott Goldblatt
Natalie Coughlin	Brendan Hansen
Rebecca Soni	Lenny Krayzelburg
	Neil Walker
	Matt Grevers
	Mark Gangloff

**Some Drowning Facts
According to the Kansas Farm Bureau
Sam Houston Area Council**

- “Most drowning victims could be saved by a nonswimmer with no formal training.”
- Over 70% of the victims couldn’t swim.
- Over 60% of the victims never intended to get into the water.
- Over 50% of the victims were by themselves.
- Over 50% of the victims were within 20 feet of safety.

**Lesson Plan M
Boats, Elective 5**



Safety Afloat was developed to promote boating & safety, setting standards for safe activity on water. There are 9 points.

- #1: Qualified Supervision.** 1 adult supervisor is required for every 5 participants. At least 1 supervisor must be 21 yrs or over. Supervisors must be: experienced and qualified in the particular watercraft skills and equipment involved in the activity; complete BSA Safety Afloat, Safe Swim Defense, and rescue training for the watercraft to be used in the activity. At least 1 supervisor must be trained in CPR and 1 trained as a BSA Lifeguard.
- #2: Physical Fitness.** Everyone must give a complete health history from a physician, parent, or legal guardian. All supervision, discipline, and protection must anticipate any risks associated with individual health conditions. When there are significant health conditions, a medical evaluation by a physician is required.
- #3: Swimming Ability.** A "non-swimmer" may ride as a passenger in a watercraft with an adult swimmer, trained as a lifeguard by a recognized agency. Otherwise, the person must be a swimmer to participate in an activity afloat. *Swimmers must pass this annual test: Jump feet first into water over your head. Swim 75 yards using the following strokes: sidestroke, breaststroke, trudgen, or crawl. Swim 25 yards using an easy backstroke. 100 yards must be swum continuously & include 1 sharp turn. After the swim, rest by floating.*
- #4: Personal Floatation Equipment.** Properly fitted U.S. Coast Guard-approved personal flotation devices (PFDs, preferably Type II or III) must be worn by everyone engaged in activity on open water.

- #5: Buddy System.** Every craft should have a "buddy boat" on the water and every boy a buddy.
- #6: Skill Proficiency.** All participants must be trained & experienced in watercraft handling skills, safety, & emergency procedures. ... (b) Powerboat operators must be able to meet requirements for the Motor boating merit badge or equivalent. (c) ..., either a minimum of 3 hrs training & supervised practice or meeting requirements for "basic handling tests" is required for all float trips or open-water excursions using un-powered craft. (d) Motorized personal watercraft, such as the Jet Ski, are not authorized for use in Scouting aquatics.



For Cub Scouts: Canoeing, kayaking, rowing, and rafting are to be limited to council/district events on flat water ponds or controlled lake areas free of powerboats and sailboats. Prior to this they are to be instructed in basic handling skills & safety practices.

#7: Planning.

Float Plan — Obtain current maps & info on the waterway to be traveled. Know exactly where the unit will "put in" & "pull out" & what course will be followed. Estimate travel time generously. Review the plan with others who have traveled the course recently.

Local Rules — Determine which state and local regulations are applicable, & follow them. Get written permission to use or cross private property.

Notification — File the float plan with parents or participants & a member of the unit committee. File the float plan with the local council office when traveling on running water. Check in with all those who should be notified when returning.

Weather — Check the forecast just before setting out, keep alert of the weather. Bring all craft ashore if rough weather threatens.

Contingencies — Planning must identify possible emergencies & events that could force a change of plans. Appropriate alternative plans must be developed for each.

For Cub Scouts: Canoeing, kayaking, rowing, and rafting are to be limited to council/district events on flat water ponds or controlled lake areas free of powerboats and sailboats. Prior to this they are to be instructed in basic handling skills & safety practices.



- #8: Equipment.** All equipment must be suited to the craft, water conditions, & the individual; must be in good repair; & must satisfy all state & federal requirements. Spare equipment or repair materials must be carried. Appropriate rescue equipment must be available for immediate use.
- #9: Discipline.** All participants should know, understand, & respect the rules & procedures for safe activity afloat. The rules should be learned prior to the outing, & reviewed at the water's edge (just before the activity begins). When Scouts know & understand the reasons for the rules, they will observe them. When fairly & impartially applied, rules do not interfere with the fun. Rules for safety, plus common sense & good judgment, keep the fun from being interrupted by tragedy.

For a more detailed version of the Guidelines for Safety Afloat see

<http://www.scouting.org/scoutsource/HealthandSafety/Aquatics/safety-afloat.aspx>

Adults - you can become qualified in Safety Afloat online. Just go to your www.myscouting.org account and click on the link to take the course.

**Lesson Plan N
Elective 24**



American Indian Games:

Fire Keeper: A player is blindfolded and sits cross-legged with sticks separately laid out in front of him. One at a time, the other players try to sneak up and remove the sticks. The goal is stealth. Players may not run up to the fire keeper to steal the sticks. The fire keeper cannot remove his blindfold during the game. He rests his hands on his lap, and only moves to try to tag a fire thief.

Comanche Animal Ball: A game similar to basketball. Legend says the game originated when the animals challenged the birds to play ball. You have 2 teams and each player picks an animal he would like to be. When a player has the ball, he acts like the animal; while trying to make a basket. A rabbit would try to hop the ball to the hoop - a horse would gallop - etc... Before the game starts the teams agree on a set amount of goals to win.

Alaskan Indian DROP THE BOMB: The player lies on the floor, face down, with arms straight out in a "T" position. There are 3 spotters: 1 holds the ankles, while the other 3 hold each wrist. The player stiffens all of his body, and the 3 others lift his body approximately 1 foot above the ground. They walk at the speed directed by an official. When the player's body or arms sag, the participant "drops the bomb." The object is to go the furthest.

Read more:

<http://www.inquiry.net/outdoor/native/games/index.htm>;

[Comanche Indian Children's Games | eHow.com](http://www.ehow.com/list_5840062_comanche-indian-children_s-games.html#ixzz1N1e1KfMN)

http://www.ehow.com/list_5840062_comanche-indian-children_s-games.html#ixzz1N1e1KfMN;

<http://fairbanks-alaska.com/eskimo-indian-games.htm>;

Indian Games for Kids | eHow.com

http://www.ehow.com/way_5510568_indian-games-kids.html#ixzz1N1BoJmcc



Lesson Plan Q

Family Outdoor Adventure – Achievement 12 –.

With the good weather visit a National & State Parks in your area. *Here is the National Parks Web site*

<http://www.nps.gov/index.htm>

It's a good time to learn a new campfire song and teach it to your den. Below is a fun campfire song. To hear & learn more check out these links. *Even with songs you know are for kids: always preview the song before you let the kids watch (some people have less than family friendly versions).*

www.youtube.com/user/greenghoulie#g/search

www.youtube.com/user/hcycamp#p/u

www.youtube.com/user/ultimatecampresource#p/u

Crazy Moose Song

(audience repeats after leader)

There was a crazy moose

(there was a crazy moose)

Who liked to drink a lot of juice

(who liked to drink a lot of juice)

There was a crazy moose

(there was a crazy moose)

Who liked to drink a lot of juice

(who liked to drink a lot of juice)

Chorus

Singing way-oh, way oh

(singing way-oh, way-oh)

Way-up, way-up, way-up way-up

(way-up, way-up, way-up, way-up)

Way oh, way oh

(way oh, way oh)

Way-up, way-up, way-up, way-up

(way-up, way-up, way-up way-up)

The moose's name was Fred

He liked to drink his juice in bed

The moose's name was Fred

He liked to drink his juice in

Chorus

He drank his juice with care,

But he spilled some in his hair.

He drank his juice with care,

But he spilled some in his hair.

Chorus

Now he's a sticky moose.

A moose covered in juice.

Now he's a sticky moose.

A moose covered in juice.

Chorus

All his hair went stiff.

So he combed it in a quiff.

All his hair went stiff.

So he combed it in a quiff.

Chorus

His friends began to laugh.

So he had to take a bath.

His friends began to laugh.

So he had to take a bath.

Chorus

As the water went down,

Fred the moose began to drown.

As the water went down,

Fred the moose began to drown.

Chorus

Now let's all count to five.

Fred the moose is back alive

Now let's all count to five.

Fred the moose is back alive

Chorus

Here is a great rendition of Fred the Moose -

<http://www.youtube.com/watch?v=dPcNGHhRCB0>

Here are some other scouts singing the crazy moose song:

www.youtube.com/watch?v=IGe305tHu08

www.youtube.com/watch?v=oeZS1BmwLHk

WEBELOS



ARROW OF LIGHT



Your Webelos Arrow of Light Group should have graduated to Boy Scouts. If not, make sure they are working to do that this month.

WEBELOS DENS



*Joe Trovato,
WEBELOS RT Break Out Coordinator
Westchester-Putnam Council*

*Have a question or comment for Joe??
Write him at
webelos_willie@yahoo.com*

There is an underscore between Webelos and Willie



Core Value for July Courage



Courage: Doing what is right regardless of how hard it is or what the consequences are.

Do just once what others say you can't do, and you will never pay attention to their limitations again."

James R. Cook (1728-1778)

Cook was a British navigator, explorer, and cartographer. He became famous for his voyages in the Pacific Ocean, the discovery of Hawaii, and his accurate mapping of the ocean, as well as for his application of scientific methods to exploration.

The core value of *Courage* is often misunderstood to encompass the opposite of fear. To overcome the fear of doing an activity certainly takes courage; however, courage is much more than that. It may take courage not to do something – standing up to peer pressure certainly is one example that applies to your Webelos scouts. For some, peer pressure can be overwhelming. Including activities in your den meetings such as role play may help the scouts understand that real courage is not only the ability to overcome fear or danger, but also to do what is right in the face of injustice.

New Webelos will be anxious to learn new skills. Some may feel overwhelmed by them. Help them understand that it takes courage to keep at something, though they might not readily get it, and to work at a skill until it is mastered. With July at hand and outdoors the place to be, consider challenging them to learn appropriate camping techniques. Perhaps visit a Boy Scout summer camp in your area to get the scouts ready for Boy Scout camping after they bridge next year.

Courage Outdoor Activities



Take a Hike: Meet the challenges of the trail. Plan ahead for situations that will challenge the boy's courage, including hug a tree if "lost."

Nature: Study a certain species and how it reacts to danger, paying attention to how adults are courageous when guarding their young.

Campfire: Give each boy a speaking part in the campfire, even if some fear speaking in public; give plenty of praise for their efforts. Do a skit about a hero. Have a story-sharing hour around the campfire where adults share their experiences of being afraid or uncertain, and how they handled it.

Book Corner



From the *Cub Scout Leader Book* (page 4-4):

Some Practical Applications for Courage:

- ♫ Tell the truth despite the consequences.
- ♫ Admit mistakes when you make them.
- ♫ Apologize for mistakes and wrongdoing.
- ♫ Accept the consequences of your actions.
- ♫ Stand up for people who are less fortunate than you.
- ♫ Stand up for the beliefs of your faith or religion.
- ♫ Resist peer pressure to do the wrong thing.
- ♫ Stand up for your beliefs about what is right and wrong.

Academic and Sports Program



Keep the Academic and Sports Program as part of your den meeting planning and demonstrating that it takes courage to learn something new. Working on outdoor belt loops and pins certainly lend themselves to a July day or evening. On the Academics side, pick one or more of Astronomy, Geology, Map & Compass, Weather or Wildlife Conservation. Sports provide a multitude of outdoor options, but why not focus on those that may translate to Boy Scout merit badges, such as Hiking and Swimming.

Information on the requirements for the various sports belt loops and pins can be found online at

http://www.scoutstuff.org/BSASupply/images/pdfs/34299_07_CS_SA_Guide.pdf and

<http://www.scouting.org/scoutsources/CubScouts/Cub%20Scouts/UniformsAndAwards/sanda.aspx>

More Information For New Webelos Leaders



Last month I advised that on June 1, Bear scouts become Webelos Scouts, and you, dear leader, are now a Webelos Scout leader! We listed 12 points that the BSA suggest that you follow to prepare for the awesome duty of helping your Webelos Scouts get the Arrow of Light and bridge to Boy Scouts. Just what are your responsibilities?

Well, the responsibilities of the Webelos den leader may be summarized as follows:

- ✓ *Work directly with other den and pack leaders to ensure that the den is an active and successful part of the pack.*
- ✓ *Plan, prepare for, and conduct den meetings with the assistant and den chief.*
- ✓ *Attend pack leaders' meetings.*
- ✓ *Lead the den at the pack meetings and activities.*

Like more specifics? The Cub Scout Leader Book (page 23-12) says that the Webelos den leader's responsibilities are to:

- ✓ Give leadership to planning and carrying out a year-round program of activities for the Webelos den to achieve the purposes of Cub Scouting.
- ✓ Complete Webelos den leader Fast Start Training, position specific Basic Leader Training, and Outdoor Leader Skills for Webelos Leaders. Attend monthly roundtables.
- ✓ Lead the den in its participation at the monthly pack meetings.
- ✓ Help establish a close working relationship with the assistant Webelos den leader and Webelos den chief, functioning with them as a den leadership team.
- ✓ Work in harmony with other den and pack leaders.
- ✓ Help the Cubmaster and pack committee recruit new Webelos Scouts.
- ✓ Help train the Webelos den chief and guide him in working with Webelos Scouts. Attend Den Chief Training with him. See that he receives recognition for his efforts at den and pack meetings.
- ✓ Attend the monthly den chief planning meeting for den leaders, assistant den leaders, and den chiefs.
- ✓ With the assistant Webelos den leader, meet with the Webelos den chief, and let him help plan Webelos den

meetings and activities. Give him meaningful assignments.

- ✓ Provide worthwhile tasks for the Webelos denner so that he can assume some responsibility and gain satisfaction from his efforts.
- ✓ Use Boys' Life and Scouting magazines and the Webelos Leader Guide as resources for program ideas and information.
- ✓ Instill Scouting's spirit and moral values through personal example, ceremonies, and meaningful activities such as service projects.
- ✓ Promote the religious emblems program.
- ✓ Collect den dues and turn them in to the pack treasurer at the pack leaders' meeting. Keep accurate records of den dues and attendance.
- ✓ Encourage Webelos Scouts to advance. Maintain high advancement standards. Keep accurate advancement records and see that the boys are promptly recognized for their achievements.
- ✓ With the help of the Cubmaster, pack committee, and unit commissioner, determine one or more neighborhood Boy Scout troops into which Webelos Scouts may be graduated, and establish a good working relationship with those troops. Try to graduate every Webelos Scout into a troop.
- ✓ Work with the Scoutmaster and assistant Scoutmaster to plan and conduct meaningful joint activities.
- ✓ Work with the Cubmaster to see that impressive graduation ceremonies are conducted in the pack. Invite the Scoutmaster and troop leaders to take part.
- ✓ Ask qualified people, including adult family members, to serve as activity badge counselors.
- ✓ Encourage parents or guardians of Webelos Scouts to help plan and carry out overnight campouts and other outdoor activities. Work with the troop assistant Scoutmaster or Scoutmaster to arrange for the loan of troop equipment for joint Webelos den-troop activities.
- ✓ Help the den and the pack earn the National Summertime Pack Award.
- ✓ Have a plan to ensure that a leader is available for all Webelos den meetings and activities. Call on the assistant Webelos den leader to fill in, as needed.
- ✓ Participate in the annual pack program planning conference and the monthly pack leaders' meetings.
- ✓ Keep the Cubmaster and pack committee informed on the status and needs of the Webelos den.
- ✓ Support the policies of the BSA.

Looks like an awful lot and there may be parts that you know very little about. That's where preparation comes in. Check out last month's *Baloo's Bugle* for the 12 preparation points, read through the *Webelos Leader Guide* and the *Cub Scout Leader Book* for help, and these pages for discussion on many of the responsibilities. Two of them follow.

What's a Den Chief?



If you haven't had the pleasure and good fortune to have a den chief to work with your Wolf or Bear den, having one to help you with your Webelos definitely puts you and your Webelos scouts on the path to success.

A den chief is an older, experienced Boy Scout who has taken den chief training and who is selected by the Troop's Senior Patrol Leader at the request of the Cubmaster.

Approved by the Cubmaster and the pack Committee, the Webelos den chief can help the Webelos den leader with presenting the program. Also, he can be a bridge to the Boy Scout Troop, which will be helpful when Webelos move to second year in 5th grade.

The den chief's responsibilities are to

- Know the purposes of Cub Scouting.
- Help Cub Scouts achieve the purposes of Cub Scouting.
- Serve as the activities assistant at den meetings.
- Set a good example through attitude and uniforming.
- Be a friend to the boys in the den.
- Help lead weekly den meetings.
- Help the den in its part of the monthly pack meeting.
- Know the importance of the monthly theme and pack meeting plans.
- Meet regularly with the den leader to review den and pack meeting plans. Meet as needed with adult members of the den, pack, and troop.
- Receive training from the den leader (and Cubmaster or assistant Cubmaster) and attend Den Chief Training.
- Encourage Cub Scouts to become Webelos Scouts when they are eligible.
- Help the denner and assistant denner to be leaders.

The Webelos Scout Denner

<http://meritbadge.org/wiki/index.php/Denner>

Cub Scout Leader Book (page 20-7)



The **Denner** and **Assistant Denner** are the most important youth leadership positions in Webelos Scouts. A denner is a Webelos Scout who is elected to be the temporary youth leader of his den, usually one or two months.

The den leader and den chief determine his responsibilities. Duties might include helping to set up the den meeting place and cleanup; helping with games, ceremonies, tricks, and puzzles; leading a song; or acting as den cheerleader.

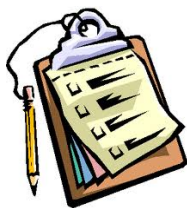
The Webelos denner should be given meaningful responsibilities and recognition to help him learn how to be a leader, so all boys will look forward to their turn as denner. (The short term of office is to give all boys the opportunity to serve.) The denner wears a shoulder cord on the left shoulder.

The **Assistant Denner** is a den member elected by the den for a term of office that coincides with the denner's term. He helps the denner and usually becomes denner for the next term.

The Denner position provides many important benefits to the boy and to the den:

- Each boy serves as Denner as a part of various rank requirements.
- Denners learn about leadership and responsibility first-hand.
- The Denner program helps give every boy a fair chance to lead.
- Each family shares equally in helping the den leader.
- The Denner position is preparing boys to be Patrol Leaders in Boy Scouts.
- Scouts and parents who are allowed to help are more like to stay in Scouts.
- Denners are recognized by being allowed to wear the Denners gold cords

Meeting Planner



The scheduled monthly meeting plans for **First Year Webelos** ended with meeting 18. Your NEW first year Webelos (Bears this past year) should begin working towards their **Webelos Badge**, and rising second-year Webelos may begin completing requirements for earning the **Arrow of Light Award**.

In addition they should be attending Webelos resident camp or Cub Scout day camp to learn about and enjoy the outdoors, and to get ready for Boy Scout camp the summer after they bridge over. In fact, with summer here, you should ensure that your meetings help your den earn the **National Den Award**.

National Den Award



To earn the National Den Award, a Cub Scout den must:

- A. Have at least 50 percent of the den's Tiger Cubs, Cub Scouts, or Webelos Scouts attend two den meetings and one pack meeting or activity each month of the year.
- B. Complete six of the following during the year:
 1. Use the denner system within the den.
 2. In a Tiger Cub den, use shared leadership and rotate the boy/adult host team.
 3. Have 50 percent of the den go on three field trips per year. A field trip may be used in place of a den meeting.
 4. As a den, attend a Cub Scout day camp, Cub Scout or Webelos Scout resident camp, or a council family camping event with at least 50 percent of the den membership.
 5. Conduct three den projects or activities leading to a Character Connections discussion.
 6. As a den, participate in at least one of the Cub Scout Sports programs.
 7. As a den, participate in at least one of the Cub Scout Academics programs.
 8. Have 50 percent of the den participate in a den conservation/resource project.
 9. Have 50 percent of the den participate in at least one den service project.

Once the requirements are completed as stated, the signed National Den Award application is sent to the local council service center where the ribbon can be obtained. You can obtain the application from your local council or on line at <http://www.scouting.org/scoutsources/CubScouts/Leaders/Awards/UnitAwards.aspx> or <http://www.scouting.org/scoutsources/CubScouts/Cub%20Scouts/UniformsAndAwards/DenPack.aspx> or <http://cubmaster.org/Activities/Cub.Scout.Camping/cub%20scout%20national%20den%20award.pdf>

Flag Ceremony for July



With Independence Day on July 4th, there are many references that may be used in a relevant flag ceremony. One significant symbol of our independence is the Liberty Bell. The following ceremony for July, highlights the Liberty Bell and used information found at <http://www.ushistory.org/libertybell/index.html>.

Follow your standard Color Guard process (for Den or Pack meeting. After the Cub Scout promise (or Boy Scout Law, and Oath, if this is a Webelos Den meeting) and before posting the U.S. Flag and reciting the Pledge of Allegiance, you should have three or four Webelos Scouts come up and read portions of the following tribute to the Liberty Bell:

- Cub # 1:** After the Civil War, Americans sought a symbol of unity. The flag became one such symbol, and the Liberty Bell another.
- Cub # 2:** To help heal the wounds of the war, the Liberty Bell would travel across the country. Starting in the 1880s, the Bell traveled to cities throughout the land "proclaiming liberty" and inspiring the cause of freedom.
- Cub # 3:** Tradition tells us it was rung for the First Continental Congress in 1774, the Battle of Lexington and Concord in 1775 and on July 8, 1776, when it summoned the citizenry for the reading of the Declaration of Independence produced by the Second Continental Congress.
- Cub # 4:** To this day, oppressed groups come to Philadelphia to stand at the Liberty Bell, proclaiming their call for liberty and justice. Please join me in reciting the Pledge of Allegiance.

Den Meeting Helpers Webelos



The new program has first year Webelos working on **Traveler** and the **Geography Belt Loop** during meeting number four. I think that the summer is a great time to complete many of the Traveler requirements during family vacations. Send a note home to parents focusing in on the requirements that may be able to be accomplished during the summer. Add some handouts/helpers that may assist parents in getting the requirements done, as well as documenting the accomplishments for you to later sign off on the scouts' handbooks.

Traveler



The following may be worked on with a parent during the summer to complete requirements or as additional activities:

- 3. With the help of your parent, guardian, teacher, or librarian, use a map site on the Internet to plan a trip from your home to a nearby place of interest. Download and/or print the directions and street map showing how to go from your home to the place you chose.*
 - One good resource for this is <http://maps.google.com/> Where driving directions can be entered and a map along with directions of that trip printed.
- 4. With your parent or guardian, take a trip to a place that interests you. Go by car, bus, boat, train, or plane.*
- 6. Decide on four nearby trips you would like to take with your parents or guardian. Draw the route of each trip on a highway map. Using the map, act as navigator on one of these trips. It should start at your home, be at least 25 miles long, and have six or more turns.*

Check out some local areas of interests and provide a list to the scout. These may include parks, museums and historical locations. Websites for your town and neighboring towns usually provide some information on attractions both for Requirements 4 and 6.

8. Check the first-aid kit in the family car to see if it contains what is needed. Explain what you found.

You provide this information to the scouts to use with their parents. The scout can make a First Aid kit for use in the family car. Be sure to tell them to include medicines that someone in the family may need. Additional items that could be put in the kit are listed below:

- Soap
- Box of adhesive dressings (assorted sizes and shapes and waterproof)
- Adhesive tape
- Sterile gauze pads (small and large)
- Small scissors, tweezers, and a packet of needles
- Safety pins (large and small)
- Chapstick
- Triangular bandages
- Ice packs and Heat packs
- Petroleum jelly
- Rubber gloves
- First aid manual

Tell the scout to discuss with his parents what trip safety is and make up a safety checklist. This should be done before going on a trip.

Geography Belt Loop & Pin

www.usscouts.org



Webelos Scouts that earn the Geography Belt Loop while a Webelos Scout also satisfy requirement 12 for the Traveler Activity Badge.

Webelos Activity Badge Workbooks for these and other Academic and Sports Belt Loops and Pins may be found at:

<http://usscouts.org/advance/cubscout/webbadges.asp>

-or-

http://meritbadge.org/wiki/index.php?title=Webelos_Activity_Badge_Worksheets

Belt Loop

Complete these three requirements:

1. Draw a map of your neighborhood. Show natural and manmade features. Include a key or legend of map symbols.
2. Learn about the physical geography of your community. Identify the major landforms within 100 miles. Discuss with an adult what you learned.
3. Use a world globe or map to locate the continents, the oceans, the equator, and the northern and southern hemispheres. Learn how longitude and latitude lines are used to locate a site.

Pin

Earn the Geography belt loop, and complete five of the following requirements:

1. Make a 3-D model of an imaginary place. Include five different landforms, such as mountains, valleys, lakes, rivers, plateaus, and plains.
2. List 10 cities around the world. Calculate the time it is in each city when it is noon in your town.
3. Find the company's location on the wrapper or label of 10 products used in your home, such as food, clothing, toys, and appliances. Use a world map or atlas to find each location.
4. On a map, trace the routes of some famous explorers. Show the map to your den or family.
5. On a United States or world map, mark where your family members and ancestors were born.
6. Keep a map record of the travels of your favorite professional sports team for one month.
7. Choose one:
 - a. Read a book in which geography plays an important part;
 - b. On a web site with satellite views of earth, identify at least five locations, including your home address or a nearby building. Be sure you have your parent's or adult partner's permission first.
8. Take part in a geography bee or fair in your pack, school, or community.
9. Choose a country and make a travel poster for it.
10. Play a geography-based board game or computer game. Tell an adult some facts you learned about a place that was part of the game.
11. Draw or make a map of your state. Include rivers, mountain ranges, state parks, and cities. Include a key or legend of map symbols.



Arrow of Light



In addition to working on **Family Member** over the summer and getting a head start on **Aquonaut** (see last month's Baloo's Bugle for some meeting ideas), you should focus on those Arrow of Light requirements that should be repeated at every meeting. Paramount is that your Webelos know the Scout Law and Oath as well as the other requirements for becoming a Boy Scout. Specifically:

- ✓ Repeat from memory and explain in your own words the Scout Oath or Promise and the 12 points of the Scout Law. Tell how you have practiced them in your everyday life.
- ✓ Give and explain the Scout motto, slogan, sign, salute, and handshake.
- ✓ Understand the significance of the First Class Scout badge.
- ✓ Describe its parts and tell what each stands for.
- ✓ Tell how a Boy Scout uniform is different from a Webelos Scout uniform.
- ✓ Tie the joining knot (square knot).

Here are some of the requirements that may be helpful. I'll have information on some others next month.

The Meaning of the Scout Oath



ON MY HONOR, I WILL DO MY BEST

When you say "On my honor," that's like saying "I promise." It also means you are the kind of person who always tries to do what is right and you can be trusted to keep this promise. No one can take your honor from you, but you can throw it away by breaking your promise and doing what you know is wrong.

Notice that the Scout Oath has three basic parts. Let's look at what they mean.

Part #1 -

TO DO MY DUTY TO GOD AND MY COUNTRY AND TO OBEY THE SCOUT LAW

This is your Duty to God and Your Country

Your family and religious leaders teach you to know and serve God. By following these teachings, you do your duty to God.

Men and women of the past worked to make America great, and many gave their lives for their country. By being a good family member and a good citizen, by working for your country's good and obeying its laws, you do your duty to your country.

Obeing the Scout Law means living by its 12 points.

Part #2 -

TO HELP OTHER PEOPLE AT ALL TIMES

This is your Duty to Others

Many people need help. A cheery smile and a helping hand make life easier for others. By doing a Good Turn daily and helping when you're needed, you prove yourself a Scout and do your part to make this a better world.

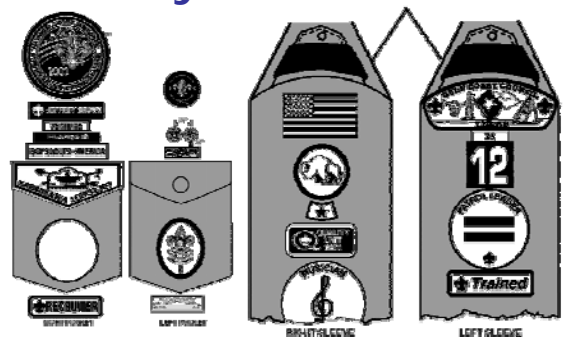
Part #3 -

TO KEEP MYSELF PHYSICALLY STRONG, MENTALLY AWAKE, AND MORALLY STRAIGHT

This is your Duty to YOURSELF

Keeping yourself physically strong means taking good care of your body. Eat the right foods and build your strength. *Staying mentally awake* means learn all you can, be curious, and ask questions. *Being morally straight* means to live your life with honesty, to be clean in your speech and actions, and to be a person of strong character.

The Boy Scout Uniform



The basic Boy Scout uniform has tan shirt and khaki pants.

The shirt may have either short or long sleeves. For summer wear you may wear uniform shorts.

Your hat will be chosen by the troop. It may be a baseball-style cap or a broad-brim campaign hat.

Every troop has its own neckerchief. Yours will be the one chosen by your new troop.

Some of the insignia on your Boy Scout shirt are like those on your Webelos uniform. But on your right sleeve, you will wear your patrol emblem. On your left shirt pocket, you will wear the highest Boy Scout rank you have earned (not all ranks, as in Cub Scouts).

Your Arrow of Light Award goes at the bottom of this pocket. You will wear green epaulets.

The Scout Badge



When we speak of the Scout badge, we mean the badge of the First Class Boy Scout. It is shown here.

- The three-point design of the top half of the badge is like the north point of the old sailor's compass.
- The main part of the badge shows that a Scout is able to point the right way in life as truly as the compass points it in the field.
- The three points, like the three fingers in the Scout sign, stand for the three parts of the Scout Oath to which a boy pledges himself as a Boy Scout.
- The stars symbolize the ideals of truth and knowledge of the Scouting movement. They guide you by night and suggest a Scout's outdoor life.
- The eagle with the shield is the national emblem of the United States of America. It stands for freedom and readiness to defend that freedom.
- The scroll with the Scout motto is turned up at the ends to suggest the corners of a Scout's mouth raised in a smile as he does his duty.
- The knot attached to the bottom of the scroll is to remind you that, as a Boy Scout, you promise to do a Good Turn for someone every day.

Square Knot



http://meritbadge.org/wiki/index.php/Square_knot

***"Right over left, left over right,
makes a knot tidy, and tight."***

The **square knot** is also known as the joining knot because it can join two ropes together and because it is the first knot Scouts learn when they join the BSA. It has many uses—from securing bundles, packages, and the sails of ships to tying the ends of bandages.

To tie a square knot, hold one rope end in each hand. Pass the right end over and under the rope in your left hand and pull it snug. Next, pass the rope now in your left hand over and under the one now in your right, and pull it snug.

There are a number of websites that have animations of the square knot. For example:

<http://www.animatedknots.com/reef/index.php>

ADDITIONAL ADVANCEMENT IDEAS

Alice, Golden Empire Council

*Someone wrote and asked me why Alice and I have this section with all the advancement in the new Resource Book. These are additional ideas. Maybe your Cubs did some advancement in camp and you got to skip a section. Maybe your den is above average and streaking through the program. Maybe you want some ideas to tie into the Core Value of the month. Maybe your presenter or field trip for that week fell through and you need a Plan B. Here are ideas you can use!!
CD and Alice*

The suggested Achievement, Elective and Activity Pin requirements listed here not only fulfill advancements, but reflect the Core Value for July – Courage. BSA has a number of **Lifesaving and Meritorious Awards**, which recognize conduct exhibiting courage and daring, skill and self-sacrifice. Moral courage is also required in earning **Religious Awards** – especially when dealing with peer pressure to “follow the crowd.” Also, learning or reviewing the steps for **Hug A Tree and Survive** can help a scout act with courage if they ever do become lost. Courage is sometimes needed when learning any new skill, especially if demonstrating or performing in front of other people.

Tiger Achievements

Ach. 2G – Visit a Police or Fire Station. Ask someone there how he or she helps people. Ask them what they think about courage and if they have any stories of courage to share.

Ach. #3F – a – With your family, plan and practice a fire drill in your home – it will make it easier to have courage if you ever need to actually have a fire.

Ach. #3F – b – With your adult partner, plan what to do if you become lost or separated from your family in a strange place – learn how to do the steps of Hug A Tree and Survive so you will have the courage to do the right thing if you ever do become lost.

Tiger Electives

Elect. #1 - Think of a time when your family celebrated something, and tell the den about it and how it made you feel. See if your family has a story of courage that might be celebrated during a family birthday or patriotic celebration.

Elect. #8 - Invite a religious leader from your place of worship to your home or to your den meeting – ask them to share a story of religious or moral courage.

Elect. #9 – Help a new boy or girl get to know other people – it can take courage to greet someone new and introduce them to others, especially if your friends might want to ignore them.

Elect. #10 – Along with your adult partner, help an elderly or shut-in person with a chore. Even if you are a little afraid of them, or have heard scary stories about them, have the courage to give service.

Elect. #12 - Make at least two cards or decorations and take them to a hospital or long-term care facility. Be friendly and kind, even if you are uncomfortable or not used to being in that kind of place.

Elect. #18 - Learn how to sew on a button - it can take courage to learn a skill that your friends may think only girls do.

Elect. #27 - Talk to your adult partner about what to do if these things happened and how you can show courage:

- ✓ The adult who is caring for you becomes ill.
- ✓ You are alone with someone who makes you feel uncomfortable.

Elect. #40 - Together with an adult partner, go swimming or take part in an activity on water. Sometimes it takes courage to go swimming or be in or on the water - or to learn to swim if the water scares you.

Elect. #47 - Learn about what you can recycle in your community, especially things that need to be recycled in special ways. Learn about the courage of Tom Whittaker and how he recycled trash he found on Mt. Everest.

Elect. #49 - Visit a government office such as the mayor's office, the state capitol building, or a courthouse - and have the courage to ask some questions so you can learn more.

Wolf Achievements

Ach. #1c, d, e or h - Do a front roll, a back roll and a falling forward roll; using a basic swim stroke, swim 25 feet. It can be scary to do something physical when you are afraid of falling or getting hurt - or when it looks like a long way to swim - so remember that Cub Scouts can have courage to try new things.

Ach. #4b, #4c - Tell what to do if someone comes to the door and wants to come in; Tell what to do if someone calls on the phone. Remember it takes courage to remember the best thing to do in some situations.

Ach. #12a -12k - Do the requirements for the Courage Character Connection. Then do at least the four required activities as you decide how you would make the right choices when faced with difficult situations.

Wolf Electives

Elect. #2a, d - Help to put on a play or skit using costumes; Be the announcer for a skit. If you are shy, or not used to performing in front of people, it can take courage to do it.

Elect. #7a - Learn to walk on a pair of stilts - it might take courage if they seem too high!

Elect. #16a, b - Talk with your family about what you will do in an emergency; In case of a bad storm or flood, know where you can get safe food and water in your home. Tell how to purify water and show one way; Know where and how to shut off water, electricity, gas or oil. Talk about why you might have to show courage in a real emergency, and practice so you will remember what to do.

Elect. #21b - Explain what a computer program does and use a program to write a report about someone who showed courage.

Elect. #22c - Tell a short story to an adult, your leader or your den. Sometimes it takes courage to do this, but the more you

do it, the easier it will be for you to talk in front of other people.

Elect. #23b, c - Explain the basics of how to take care of yourself in the outdoors; Tell what to do if you get lost. (Learn about how to "Hug a Tree and Survive" - if you know what to do, it is easier to have the courage to do the right thing, especially if you are lost.

Bear Achievements

Ach. #1, 2 - Whether practicing your faith or working on the Religious Award, it can take real courage to do the right thing, especially if other people make fun of you - but have courage to do your best and make good choices.

Ach. #6a - In honor of Tom Whittaker and his courage on Mt. Everest, and his hauling over 1,000 pounds of trash down the mountain, save 5 pounds of glass or aluminum or 1 month of daily newspapers. Turn them in at a recycling center and donate the proceeds, or use your community recycling service.

Ach. #6c - Call city or county officials or your trash hauling company and find out what happens to your trash after it is hauled away. It can take courage to make this kind of call - but make a list of questions before you start so you don't get confused.

Ach. #11g - Complete the Character Connection for Courage by doing all three steps. All of the requirements for Ach. 11-Be Ready are also activities that would require courage to complete.

Ach. #12b - The suggestions for what to do if lost or how to prepare also would require courage to fulfill - and fit with the Hug A Tree and Survive program.

Ach. #14b - Learning to ride a bike can require courage if a boy hasn't learned previously.

Ach. #17a - With an adult in your family, choose a TV show and watch it together. Look for a documentary about someone who has shown courage, such as a local or national hero. Talk about how they showed courage.

Ach. #17d - Use a computer to get information about a person who has shown courage, such as Lewis & Clark - Write, spell check, proofread and print out a report on what you learned.

Ach. #22b - If you don't feel comfortable doing knots, it can take courage to learn to tie a square knot, bowline, sheet bend, two half hitches and slip knot - tell how each is used.

Ach. #24a, c - It can take some courage to help a new boy through the Bobcat trail or to plan and conduct a den activity with the approval of your den leader.

Ach. #24e - It definitely takes courage to make a choice on how to do something when not everybody likes your choice - go over the hard choices and decide what you would do.

Bear Electives

Elect. #6b – For someone who has a fear of flying, or who hasn't ever flown, it can take courage to ride in a commercial airplane.

Elect. #8c – If you are a little shy, it can take courage to play in a den band using homemade or regular instruments, and to play at a pack meeting.

Elect. #13 – It can take courage to show magic tricks, especially to put on a magic show for someone with your den. Lots of practice will make you feel more sure of yourself – and check out the ideas for what to say in last month's Baloo. Then you'll be prepared in case a trick doesn't work perfectly.

Elect. #19 – Any of the requirements for Swimming can require courage, especially if you are unsure of yourself in the water. Remember never to swim alone, and get some lessons to help you feel more comfortable in the water.

Elect. #21a – It can take courage to take part in a council or pack-sponsored money earning sales program. Learn all you can about the product and practice how to make a sale with a parent.

Elect. #25b – Learn all about the Buddy system and why it's important to follow it. Tell what to do if lost – knowing what to do, and how to follow Hug A Tree and Survive, will help you to have courage if you ever do get lost.

Webelos Activity Pins

Aquanaut – It can take courage to do any of the requirements, especially if you are not comfortable in the water. It can also take courage to do Requirement #7 – even if you know how to swim, passing the BSA "Swimmer" test can be hard to do and may require courage, especially if others are watching. Practice the skills with a parent or leader, or take swim lessons to improve your skills.

Citizen #11 – Write a short story about a former US President or other great American. Include examples of his or her morale or physical courage. Give a report on this to your Webelos den.

Communicator #2 – It can take courage to prepare and give a three minute talk to your den.

Fitness #8 – Read the booklet Take a Stand Against Drugs! Discuss it with an adult and show that you understand the material. If you find yourself in a situation where drugs are involved, it will take courage to stand up and do the right thing.

Outdoorsman #3, #9 – With your parent or guardian, take part in a Webelos den overnighter; or discuss with your den leader the things you need to take on a hike before doing a 3 mile hike. Learn or review the steps of Hug A Tree and Survive so you will be able to show courage if you ever do become lost.

Readyman #1 – Complete the requirements for the Courage Character Connection. Do the Know, Commit and Practice steps so you will be prepared to act with courage in an emergency. Also, any of the requirements of Readyman may require courage to use in an emergency.

MORE GAMES AND ACTIVITIES

Wendy, Chief Seattle Council



- ✓ Bicycle Games, pages 3-11 to 3-13
- ✓ Bicycle Safety Day, page 6-11 to 6-12

Want to check something in the "How-To Book," and your copy is not available?? Want to copy something quick to use at a meeting?? You can find the "How-To Book" at this address on **National's Web Site** -
http://www.scouting.org/filestore/hispanic/english/33832_WEB.pdf

CUB GRUB

Cub Grub Cookbook

This is a really great cookbook for Cubs -

[http://balboaoaks.bsa-](http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf)

[la.org/download/blog/Cub%20Grub%20Cookbook.pdf](http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf) -

You can save a copy on your PC by selecting

File, Save As... in your web browser's menu bar.

Lewis & Clark Treats

Alice, Golden Empire Council

Want to experience some of the food that Lewis & Clark, John Muir and other courageous explorers have eaten? Prepare or purchase jerky, dried fruit, hardtack or make trail mix. Enjoy your treat on a den or pack hike. If you want to do as John Muir did, take white bread and squish it into little balls – Muir often lived on dried bread, tea and fruits and nuts that he gathered on the trail.

Pretzel Sparklers for July 4th

Alice, Golden Empire Council

Give children long pretzel sticks. Have them dip the top part of the stick into melted white chocolate. Then, let them add red and blue sprinkles or other miniature candies on top of the melted chocolate.

Fruit Sparklers for July 4th

Alice, Golden Empire Council

Alternate blueberries, strawberries, bananas, cherries, and large marshmallows to make a red, white, and blue pattern onto wooden skewers. Note: When finished skewering fruit, break off sharp tips to prevent injury.

Red, White & Blue for Courage

Alice, Golden Empire Council



Let each boy make an individual "Salute" snack to enjoy (this is an easier variation of the Program Helps idea). You will need: Graham Crackers, White icing, Blue sprinkles, Red rope licorice, White chocolate chips.

Each boy gets a graham cracker and craft stick or small knife to spread white icing on the cracker.

Have each boy mark off the square for the blue using the edge of a craft stick or knife. Now he can carefully drop blue sprinkles on the square.

Cut red licorice into thin strips and short pieces, and let each boy add the "stripes" to his flag.

If you have them, white chocolate chips can be used to make some stars.

While the boys enjoy eating their treat, remind them of the symbolism of the flag: 50 stars = 50 states; white = purity; blue = justice and fairness; and red = courage. Remind them that these are some of the same qualities that help make a hero.

A larger version, I'm sure you've seen before, uses a sheet cake, rows of banana slices and strawberries, and blueberries. Just be sure to dip the banana in citric acid or pineapple juice so it doesn't turn brown!

Red, White, & Blue drinks:

Wendy, Chief Seattle Council



With a steady hand and some colorful drinks, you can create a tasty, multilayered concoction. The secret is in selecting liquids with varying amounts of sugar, since those that contain more (such as soda) are denser than those with less (such as diet drinks). And that makes it possible to actually stack one on top of another (for a little while, anyway -- then they'll start to blend). Here's how to serve up a thirst quencher with two, three, or even more layers. Our recipe is for a red, white, and blue version for your Fourth of July celebrations. See how your favorite beverages literally stack up!

Check it out at -

<http://familyfun.go.com/4th-of-july/4th-of-july-recipes/4th-of-july-cold-drinks/patriotic-drink-686812/>

Transformer Fruit Snacks

Alice, Golden Empire Council

Easiest of all – just pass out Transformer fruit snacks - **but be sure you have talked about what is required to "transform" yourself into a hero –someone who shows courage and stands up for the right!**

FAMILY COOKING EVENT

Sam Houston Area Council

Tiger Elective 24,25, Wolf Achievement 8e,
Bear 9g, Webelos Outdoorsman

Baloo's Bugle, Volume 12, Number 12, Aug. 2006

Cub Scouts will plan, prepare, and cook an outdoor meal for their families for this den meeting.

Foil Dinner Meals

Sam Houston Area Council

Always protect your hands when cooking foil packets—they're hot! And when opening the packets, beware of escaping steam, which can burn you.

Foil dinners are meals that cook inside the pouch of a piece of heavy-duty aluminum foil. Place your food on aluminum foil, seal it by folding the top and sides, and place the foil onto hot coals. Here are two simple ideas:

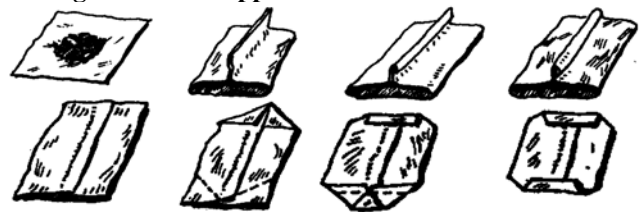
Traditional Hamburger Foil Dinner

Place quantities of hamburger meat, sliced onion, potato, carrot, and other vegetables on a piece of foil. Season as desired with salt, pepper, and other spices. Seal the foil and place on coals for approximately 15 minutes on each side.

Tuna Noodle Foil Dinner

Place quantities of precooked pasta, grated cheese, and drained tuna in the middle of the foil. Seal it and place on coals for approximately 10 minutes to warm the ingredients.

Folding the Foil Wrapper



Tin Can Cooking

Sam Houston Area Council

Wolf 5e, 8e, elective 8e, Bear 9g,
Webelos Outdoorsman, Craftsman

Materials To make a stove and buddy burner:

Stove:

One No. 10 (one gallon) can,
Tin snips,
Kitchen can opener,
Punch-type can opener,
Pair of gardening gloves

Buddy Burner:

One tuna or cat food can,
Rolled corrugated cardboard,
Scissors to cut the cardboard,
Paraffin wax

Damper:

Aluminum foil or tuna-can lid,
Spring clothespin

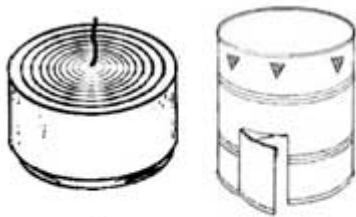
Instructions:**To make the burner,**

- ☺ Cut the corrugated cardboard across the corrugation (so its holes show) into strips the same width as the height of the tuna can.
- ☺ Roll the cardboard to fit inside the can and place it there,
- ☺ Pour melted wax over the cardboard. Very carefully heat the wax in a double boiler.

Caution:

NEVER heat wax directly over flames. If the wax does burst into flames, smother it with a lid or similar covering. DO NOT use water to extinguish the flames.

The cardboard in the buddy burner serves as a wick. When it is lit the wax burns like a candle, providing heat for the stove. It will help when lighting the burner to hold the can on its side so the flames can spread across the surface of the cardboard more easily.



'Buddy Burners'-wax filled cardboard in a can

For the stove,

- ☺ First put on the gloves and then cut out one end of the No. 10 can with a kitchen can opener.
- ☺ With a pair of tin snips cut a door about three inches high and four inches wide on the side of the can at the open end.
- ☺ Leave the top or one side of the door attached and carefully bend the door open toward the closed end.
- ☺ Use caution because the edges are razor sharp. At the top of the stove (the closed end) punch two to three smoke holes into the side opposite the cut-out door. This will allow the smoke to escape out the back of the stove.

Make a damper out of foil or the lid of a tuna can.

- ☺ The damper is the key to tin can cooking because it gives you the ability to control the level of heat. The easiest way to make a damper is with the lid of the tuna can that was used for the buddy burner.
- ☺ Clip a spring clothespin to it for holding and protecting your fingers from both heat and cuts.

- ☺ Position the damper over the burner can, sliding it forward or backward, to expose more or less flame. By controlling the fire this way you can have low, medium, or high heat.
- ☺ Your stove is now complete and you're ready to cook.

No-Bake American Flag Cake

Sam Houston Area Council

This easy no-bake flag dessert will be a hit at any celebration. Who wouldn't want fresh fruit over pound cake with Cool Whip Whipped Topping? You won't be able to wait to dig into the tasty layers.

Difficulty: Moderately Easy

Things You'll Need

- 2 pints of fresh strawberries
- 1 ~ 12 ounce pound cake, cut into 16 slices
- 1 1/3 cups of blueberries
- 1 tub (12 oz) Cool Whip Topping, thawed

Instructions

1. Slice 1 cup of fresh strawberries and set aside for later use.
2. Cut remaining fresh strawberries in half and set aside for later use.
3. Line the bottom of a 12X8-inch glass baking dish with 8 slices of pound cake.
4. Top cake layers with 1 cup of fresh strawberry slices, 1 cup of blueberries and 1/2 of the Cool Whip Whipped Topping.
5. Place remaining pound cake slices over the Cool Whip whipped topping.
6. Spread remaining Cool Whip whipped topping over the pound cake.
7. Arrange fresh strawberry halves and remaining 1/3 cup of blueberries over the Cool Whip whipped topping to create a flag design. (Use strawberries to mark the stripes and the blueberries in a square to represent the stars).
8. Refrigerate until ready to serve. Serve with or without ice-cream.

WEB SITES And Other Resources

Books

- ★ Den & Pack Meeting Resource Guide;
- ★ Cub Scout How To Book;
- ★ Boys' Tiger, Wolf, Bear, Webelos Hand books;
- ★ Cub Scout Leader Book;
- ★ Cub Scout Ceremonies Book;
- ★ Family Fun Magazine.

Websites

50 Ways to get Kids Hooked on the Outdoors:

http://www.tpwmagazine.com/archive/2008/mar/ed_1/

From Steve Leth, Training Chair,

White Horse District, Southern NJ Council

- ☺ www.Scouting.org - The BSA's main website. (By the way - BSA.ORG is actually the Business Software Alliance, a trade group that campaigns against computer software piracy.)
- ☺ www.ScoutStuff.org - The BSA National Supply Division
- ☺ www.snjscouting.org - Southern New Jersey Council
- ☺ www.USScouts.org - An independent treasure trove of Scouting information, including *Baloo's Bugle*.
- ☺ <http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf> - Source for the *Cub Grub Cookbook*. You can save a copy on your PC by selecting **File, Save As...** in your web browser's menu bar.

Journey to Excellence:

<http://www.scouting.org/scoutsource/Awards/JourneyToExcellence.aspx>

Pack Policies:

Sam Houston Area Council

Pack's should have a policy that talks about membership, participation in activities, meeting dates, registration, discipline, advancement, books, uniform standards, position responsibility, succession plans, and safety.

Some examples which were not vetted by any agency or group can be found at the following web sites:

<http://www.cubpack61nj.org/pdf/packpolicy.pdf>

<http://home.comcast.net/~pack-894/links.html>

http://www2.dcn.org/orgs/troop466/sfiles/Troop_466_Policy_Manual.pdf

<http://www.troop44glocester.org/images/Troop%2044%20Policies.pdf>

http://www.scouts597.org/docs/Troop597_Policy_Manual_0908.doc

http://scoutmaster.typepad.com/my_weblog/2006/10/troop_policies.html

Den & Pack Meeting Help:

Baloo's Bugle: <http://usscouts.org/bbugle.asp>

Links to theme related publications:

<http://www.scoutingthenet.com/Training/Roundtable/Handouts/11/>

Free Wood Project Workshops:

http://www.homedepot.com/webapp/wcs/stores/servlet/ContentView?pn=Kids_Workshops&langId=-1&storeId=10051&catalogId=10053&cm_mmc=THD_market ing- -Clinics_site- -Digitas- -KidsClinics

<http://www.lowesbuildandgrow.com/Home.aspx>

American Folklore Stories (Bear Ach. #4):

<http://www.americanfolklore.net/ss.html>

Science Articles (Wolf Ach. #7e):

<http://kids.nationalgeographic.com/kids/>

Cub Masters: <http://www.cubmaster.org/>

Ceremonies: <http://usscouts.org/usscouts/ceremony.asp>

Crafts, Games, & Activities:

<http://familyfun.go.com/>

<http://www.dltk-kids.com/scouts/index.htm>

Crafts: www.makingfriends.com

Sports & Games:

<http://www.scoutingweb.com/scoutingweb/program/Games.htm>

POW WOW'S EXTRAVAGANZAS

Let me know as soon as your date is set. I will post whatever I receive! CD

Baltimore Area Council



Be A Super Hero

November 5, 2011

School to be announced, MD

Call Baltimore Area Council, 443-573-2500, visit the website, <http://www.baltimorebsa.org/>, or E-mail Joe Greenbeck, joefg@comcast.net for more information

ONE LAST THING

Captain Ed W. Freeman
United States Army

Capt. Freeman passed away 2008. He was a veteran of WWII, Korean and Vietnam Wars. I snooped Captain Ed Freeman-it brought up his citation which follows. Check it out. D. Cannell

Captain Ed W. Freeman, United States Army, of Boise, Idaho, who distinguished himself by numerous acts of conspicuous gallantry and extraordinary intrepidity on 14 November 1965 while serving with Company A, 229th Assault Helicopter Battalion, 1st Cavalry Division (Airmobile).

As a flight leader and second in command of a 16-helicopter lift unit, he supported a heavily engaged American infantry battalion at Landing Zone X-Ray in the Ia Drang Valley, Republic of Vietnam. The unit was almost out of ammunition after taking some of the heaviest casualties of the war, fighting off a relentless attack from a highly motivated, heavily armed enemy force. When the infantry commander closed the helicopter landing zone because of intense direct enemy fire, Captain Freeman risked his life by flying his unarmed helicopter through a gauntlet of enemy fire time after time, delivering critically needed ammunition, water, and medical supplies to the besieged battalion.

His flights, by providing the engaged units with supplies of ammunition critical to their survival, directly affected the battle's outcome. Without them the units would almost surely have gone down, with much greater loss of life.

After medical evacuation helicopters refused to fly into the area because of intense enemy fire, Captain Freeman flew 14 separate rescue missions, providing lifesaving evacuation of an estimated 30 seriously wounded soldiers-some of whom would not have survived had he not acted.

All flights were made into a small emergency landing zone within 100 to 200 meters of the defensive perimeter, where heavily committed units were perilously holding off the attacking elements.

Captain Freeman's selfless acts of great valor and extraordinary perseverance were far above and beyond the call of duty or mission and set a superb example of leadership and courage for all of his peers. Captain Freeman's extraordinary heroism and devotion to duty are in keeping with the highest traditions of military service and reflect great credit upon himself, his unit, and the United States Army.



Next Month's Core Value -
HONESTY