



# BALOO'S BUGLE

Volume 18, Number 10

“Wisdom, compassion, and **COURAGE** are the three universally recognized moral qualities of men.” Confucius

June 2012 Cub Scout Roundtable

July 2012 Core Value & Pack Meeting Ideas

## COURAGE CUBS IN SHINING ARMOR

Tiger Cub, Wolf, Bear, Webelos, & Arrow of Light Supplemental Meetings

### CORE VALUES

*Cub Scout Roundtable Leaders' Guide*

The core value highlighted this month is:

- ✓ **Courage:** Being brave and doing what is right regardless of our fears, the difficulties, or the consequences. Cub Scouts will learn that courage means making the right choice and doing what is right no matter what their friends are doing.

### COMMISSIONER'S CORNER

**There are no easy answers' but there are simple answers. We must have the courage to do what we know is morally right.**

**Ronald Reagan**



### Get your Cubs - OUTSIDE!!!

Check out the articles about the outside in Pack Admin from Kristy of Chief Seattle.



Then there is the Great American Campout - Check it out on line and in this issue. *As the date is June, I should have had that in last month's issue, sorry.* Dave

**FDR** was courageous and got others to be courageous in their positions of authority to pull us out of the Depression and lead us to victory in WWII. (*My Dad was a WWII vet and so is one gentleman who lives on my street. I am finishing this on Memorial Day, can you tell?*) He was courageous in his fight against polio, too. If you saw the movie Pearl Harbor, you saw him stand to prove his point that with courage you can do anything!

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**Man of Courage -  
 Franklin Delano Roosevelt**

**"The only thing we have to fear is fear itself."**

Who is Franklin Delano Roosevelt? FDR was the thirty-second President of the United States. He was the president during the Great Depression, which was a time period where the economy crashed. The Great Depression started with the Stock Market Crash of 1929. During the 1920s, the value of these stocks increased a lot. In 1932 and 1933, the Stock Market decreased rapidly. This decrease affected everyone in the United States. People began to feel as though they were at risk of losing all their savings and, because they were so poor, they did not buy a lot of products. Many people who deposited their money into the banks wanted to withdraw money, but these banks could not give back all of the money that was deposited. One hundred forty billion dollars that was deposited in the banks was lost and disappeared.



In 1933, Franklin Delano Roosevelt was elected into office. America had a “Bank Holiday,” which was when FDR closed the banks for three days. He created the New Deal, which was meant to help the economy to recover. The Congress made up many groups to help to relieve the economy. Some of these groups were NRA, FDIC, and AAA. This was part of the first phase of the New Deal. The second phase of the New Deal was to help the people of America get jobs. The social security system was established in 1935 for people to have economic security.

Roosevelt had to have a lot of courage to run this country during such a harsh time. He also had a lot of courage because he was suffering from poliomyelitis. In summer 1921, he was diagnosed with this disease. He started to get tired, and he couldn’t move his legs. With this disability, Roosevelt could not do things by himself. He had to have someone help him do everyday things. He swam to try to get more movement into his legs. He spent a lot of money trying to find a cure for poliomyelitis. Jonas Salk made a vaccine to stop poliomyelitis because of Roosevelt’s efforts to find a cure for it. Even with this disability, Roosevelt ran the country through the most devastating time the United States had ever faced.



**"THE NEW DEAL":**

A package of programs introduced by President Roosevelt aimed at ending the Depression by stimulating the economy and putting people back to work. The "New Deal" programs were enacted during the first 100 days of the Roosevelt Administration.

March 9:	Emergency Banking Act
March 20:	Economy Act
March 31:	<b>Civilian Conservation Corps</b> established
April 19:	End of the gold standard
May 12:	Emergency Farm Mortgage Act
May 18:	Tennessee Valley Authority established
May 27:	Truth in Securities Act
June 13:	Home Owners' Loan Act
June 16:	National Industrial Recovery Act and Farm Credit Act

"I think," his wife, Eleanor (Roosevelt), observed, "probably the thing that took most **COURAGE** in his life was his mastery and his meeting of polio. I never heard him complain." And though anyone remembering how athletic and strong he had been as a young man could not fail to realize what a terrific battle must have gone on within him, "he just accepted it as one of those things that was given you as discipline in life." After his struggle with polio, he seemed less arrogant, less smug, less superficial, more focused, more complex, more interesting. "There had been a plowing up of his nature," Frances Perkins commented. "The man emerged completely warm-hearted, with new humility of spirit and a firmer understanding of philosophical concepts." He had always taken great pleasure in people, but now they become what one historian has called "his vital links to life." Far more intensely than before, he reached out to know them, to understand them, to pick up their emotions, to put himself into their shoes. No longer belonging to his old world in the same way, he came to empathize with the poor and the underprivileged, with people to whom fate had dealt a difficult hand.

What is more, Roosevelt had a remarkable capacity to transmit his internal strength to others, to allow, as White House counsel Sam Rosenman observed, the men and women who came to Washington during the New Deal "to begin to feel it and take part in it, to rejoice in it-- and to return it tenfold by their own confidence." Frances Perkins claimed that "his capacity to inspire and encourage those around him to do tough, confused and practically impossible jobs was without dispute." Like everyone else, she said, she "came away from an interview with the president feeling better not because he had solved any problems," but because he had somehow made her feel more cheerful, more determined, stronger than she had felt when she went into the room. "I have never known a man who gave one a greater sense of security," Eleanor said. "I never heard him say there was a problem that he thought it was impossible for human beings to solve."

Following the attack on Pearl Harbor, FDR had the **COURAGE** to demand we attack the Japanese mainland. And when he was told it was not possible he stood, to show nothing was impossible. And so his courage led to the Doolittle Raid and our eventual victory in World War II.

Both my Mom and my Dad were greatly affected by FDR. My Dad and all his brothers were Civilian Conservation Corps (CCC) members and WWII veterans. My Mom's family benefitted from his restoration of the economy keeping the Pennsylvania Railroad busy and my Grandfather employed.

**"Courage is not the absence of fear, but rather the assessment that something else is more important than fear." Franklin D. Roosevelt**

## THOUGHTFUL ITEMS FOR SCOUTERS

*Thanks to Scouter Jim from Bountiful, Utah, who prepares this section of Baloo for us each month. You can reach him at [bobwhitejonz@juno.com](mailto:bobwhitejonz@juno.com). CD*

***"I have just three things to teach: simplicity, patience, compassion. These three are your greatest treasures."***

*Lao Tzu*

### Roundtable Prayer

*Scouter Jim, Bountiful UT*

O Great Father, We thank Thee for the freedoms we enjoy and those whose courage and sacrifice made it possible. Please bless those Knights of modern days who serve in uniform with courage to preserve our freedoms and those of others. Bless them and their families with thy protecting hand, and bless them with peace when the sacrifice of their family members is required. Bless us that we may have the courage to do our best and fight for the right in all we do. **Amen.**

### What Are You, A Boy Scout or Something?

*Scouter Jim, Bountiful UT*

All gave some and some gave all,  
And some stood through  
for the red, white and blue  
And some had to fall  
And if you ever think of me  
Think of all your liberties and recall  
Some Gave all.

*Billy Ray Cyrus, "Some Gave All"*

Of all of the wood badge creatures, there are, I think the Bobwhite is the best representation of the Cub Scouts. Many have seen little Quail dens being lead on adventures by Quail Den Mothers with a Quail Cubmaster chasing stragglers. Just like Cub Scouts, Quail are cute adorable little creatures.

Many of you are arguing with me in your heads, or even screaming at your computers that I am wrong, but you know I am right. Others are still thinking about the title line, wondering, what do Bob Whites have to do with that. Others know exactly what I mean, having heard that question

whenever you have done a good turn, or showed you were prepared. Boy Scouts through their over one hundred year history have demonstrated through their actions the courage to do good turns and be prepared. Whenever someone demonstrates those actions, they are automatically assumed to be part of this fabled group. Boy Scouts and Cub Scouts don't need armor to demonstrate their chivalry, their uniforms is all they need. Just a Scout in uniform stands noble and prepared.



**Elbert Lawson Day - 1943**

As a boy in the early sixties, we all knew our crossing guard Mr. Day had a metal plate in his head, but we didn't know the story behind that plate. What we didn't know as Paul Harvey used to say, was the Rest of the Story. We also didn't know the courage of this man or his wife.

In 1942, at nineteen years old, Eb Day joined the army to be trained as an Army sniper, a job he thought would keep him out of harm's way. In March 1943, leaving his pregnant wife Josephine, he began his training as an Army sniper. In September 1943 he was sent to Italy as part of the invasion of Southern Italy in Salerno. "Our purpose was to liberate the people. As snipe riflemen we were to go door-to-door and root out the Nazis. It was terrible. A lot of men were killed on both sides."

In November 1943, Day earned his first Purple Heart. "I got shot through the palm, and it cut the nerves in my hand, but they'd just patch you up and send you back into combat. After Italy his unit drove through France in 1944. While in Lyon, France, Eb and another man from his unit were captured. "We went to look for Germanys. The Nazis caught us and locked us up in a hotel. We watched the time when the guards would change and managed to slip out. I ran to the highway and flagged down a car. I told the drive I needed to get back to the front with my unit."

Back at home, Josephine received news that Eb was Missing in Action. It took several days to learn the truth about her young husband.

Continuing to fight in France, Eb was wounded again, but he was patched up and sent back into battle. In January 1945, during a fierce combat, Ed was shot in the head and left for dead.

"The shot tore away all the bone on his skull," says Josephine. "His unit thought he was dead so they left him. A few days later a ground grave detail passed and was about to take him when they discovered he was still alive."

Day was operated on behind the line then moved to another hospital. It took three tries before surgeons could remove the bullets from his head. Day was unconscious and unaware of his situation. His left side was partially paralyzed and his hearing and eyesight was affected. Josephine didn't get the news until sometime later because Day had given his parents' address for all notifications. "When I was expecting my baby his parents didn't want to upset me," explained Josephine. "They were elderly and had to drive to Salt Lake City to see me."

When she finally got word of his injury, her world was shattered. "I was devastated, crying and upset. I cried myself to sleep every night," Josephine says. "I bargained with the Lord if he would let my husband have one good eye to see the daughter he'd never seen and not be mentally incapacitated I would stay and take care of him no matter how hard it was. For more than 50 years I have done that."

During his recovery, Day had to learn to walk and talk all over again. "My first word was 'swell,'" laughs Day. "The nurse was so excited she started jumping up and down and squealing."

The doctor came in and placed five bullets in Day's hand. "I asked him what they were and he said 'I took them out of your head,'" Day says. "I threw those as far as I could. But now I could kick myself for not keeping them."

Once Day returned home, he continued to have problems and was in and out of the hospital several times. Doctors put a metal plate in his head to replace the missing bone in his skull. Day started suffering from uncontrolled seizures and paralyse on his left side.

"Sometimes he would just stare into space," says Josephine. "Then he would have a grand mal seizure. One time he had more than 100 seizures in a day, the doctors didn't think he would live. Life has been very difficult."

Eventually Day's seizures were brought under control with medication but it was a long, hard road. He was able to walk with a brace and he gradually started to get on with his life in spite of his disabilities.

However, war would take its toll on the Day family once again. It was 1968 and another war was raging -- Vietnam. Terry, the Days' 21-year-old son, came home one day and announced that he had enlisted. "He saw his dad's injuries and in his mind he thought he had to go and do what his father had done or he wouldn't be a real man," Josephine says sadly. "He came home one day and told us he'd signed up. He should have been exempt with all of his father's disabilities and as our only son."

His helicopter was shot down and all aboard the craft died Sept. 29, 1968. Again, Josephine received the unwanted telegram. "It was hard," says Josephine.

Elbert Lawson Day passed away, 13 Jun 2008, four years ago. He had served as a volunteer Reserve Police Officer for 25 years and a crossing guard for 39 years. Josephine had lovingly cared for him through 66 years of marriage.

Both Eb and his son Terry, gave much for their country. Eb Day was wounded seven times and awarded the Purple Heart five times. He returned home 100% disabled, so he spent his

life serving where he could. His wife Josephine, spent her life caring for her disabled spouse and providing for her family. Her sacrifice, was the abilities of her husband and the life of her son. Often we see the sacrifice of our soldiers and forget about the loss of the families that are supporting them at home. As Knights would serve those in need, let us remember those who have given so much that we can be free.

### Quotations

*Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster's minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover*

Courage is reckoned the greatest of all virtues; because, unless a man has that virtue, he has no security for preserving any other. [Samuel Johnson \(Thanks, Frank Lynch\)](#)

Courage is not the absence of fear, but rather the judgment that something else is more important than fear. [Ambrose Redmoon](#)

Every man has his own courage, and is betrayed because he seeks in himself the courage of other persons. [Ralph Waldo Emerson](#)

Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen. [Winston Churchill](#)

Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow. [Mary Anne Radmacher](#)

It is curious that physical courage should be so common in the world and moral courage so rare. [Mark Twain](#)

Courage is being afraid but going on anyhow. [Dan Rather](#)

Courage is doing what you're afraid to do. There can be no courage unless you're scared. [Edward Vernon Rickenbacker](#)

Bravery is being the only one who knows you're afraid. [Franklin P. Jones](#)

Sometimes the biggest act of courage is a small one. [Lauren Raffo](#)

Courage is not simply one of the virtues, but the form of every virtue at the testing point. [C.S. Lewis](#)

The courage of life is often a less dramatic spectacle than the courage of a final moment; but it is no less a magnificent mixture of triumph and tragedy. [John F. Kennedy](#)

**One man with courage makes a majority.**  
**[Andrew Jackson](#)**

A nation which has forgotten the quality of courage which in the past has been brought to public life is not as likely to insist upon or regard that quality in its chosen leaders today - and in fact we have forgotten. [John F. Kennedy](#)

The courage of life is often a less dramatic spectacle than the courage of a final moment; but it is no less a magnificent mixture of triumph and tragedy. [John F. Kennedy](#)

Courage is the most important of all the virtues, because without courage you can't practice any other virtue consistently. You can practice any virtue erratically, but nothing consistently without courage. [Maya Angelou](#)

One isn't necessarily born with courage, but one is born with potential. Without courage, we cannot practice any other virtue with consistency. We can't be kind, true, merciful, generous, or honest. [Maya Angelou](#)

My great hope is to laugh as much as I cry; to get my work done and try to love somebody and have the courage to accept the love in return. [Maya Angelou](#)

History, despite its wrenching pain, cannot be unlived, but if faced with courage, need not be lived again. [Maya Angelou](#)

How few there are who have courage enough to own their faults, or resolution enough to mend them. [Benjamin Franklin](#)

I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear. [Nelson Mandela](#)

Being deeply loved by someone gives you strength, while loving someone deeply gives you courage. [Lao Tzu](#)

Courage is grace under pressure. [Ernest Hemingway](#)

You will never do anything in this world without courage. It is the greatest quality of the mind next to honor. [Aristotle](#)

We gain strength, and courage, and confidence by each experience in which we really stop to look fear in the face... we must do that which we think we cannot. [Eleanor Roosevelt](#)

[Eleanor Roosevelt](#)

Courage is a mean with regard to fear and confidence. [Aristotle](#)

A great part of courage is the courage of having done the thing before. [Ralph Waldo Emerson](#)

Every man has his own courage, and is betrayed because he seeks in himself the courage of other persons.

[Ralph Waldo Emerson](#)

From caring comes courage. [Lao Tzu](#)

Simulated disorder postulates perfect discipline; simulated fear postulates courage; simulated weakness postulates strength. [Lao Tzu](#)

Courage is the first of human qualities because it is the quality which guarantees the others. [Aristotle](#)

You have to accept whatever comes and the only important thing is that you meet it with courage and with the best that you have to give. [Eleanor Roosevelt](#)

Any intelligent fool can make things bigger and more complex... It takes a touch of genius - and a lot of courage to move in the opposite direction. [Albert Einstein](#)

We must build dikes of courage to hold back the flood of fear. [Martin Luther King, Jr.](#)

You cannot build character and courage by taking away a man's initiative and independence. [Abraham Lincoln](#)

Who could refrain that had a heart to love and in that heart courage to make love known? [William Shakespeare](#)

Courage is resistance to fear, mastery of fear, not absence of fear. [Mark Twain](#)

Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen. [Winston Churchill](#)

Success is not final, failure is not fatal: it is the courage to continue that counts. [Winston Churchill](#)

Courage is rightly esteemed the first of human qualities... because it is the quality which guarantees all others. [Winston Churchill](#)

It is curious that physical courage should be so common in the world and moral courage so rare. [Mark Twain](#)

Faced with what is right, to leave it undone shows a lack of courage. [Confucius](#)

Wisdom, compassion, and courage are the three universally recognized moral qualities of men. [Confucius](#)

Do you really think it is weakness that yields to temptation? I tell you that there are terrible temptations which it requires strength, strength and courage to yield to. [Oscar Wilde](#)

Courage is not simply one of the virtues, but the form of every virtue at the testing point. [C. S. Lewis](#)

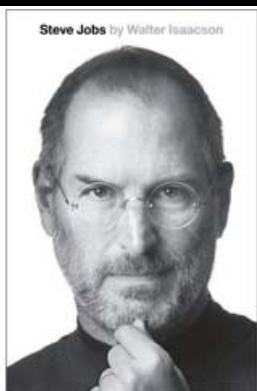
He is a man of courage who does not run away, but remains at his post and fights against the enemy. [Socrates](#)

Efforts and courage are not enough without purpose and direction. [John F. Kennedy](#)

One man with courage is a majority. [Thomas Jefferson](#)

All our dreams can come true, if we have the courage to pursue them. [Walt Disney](#)

Above all, we must realize that no arsenal, or no weapon in the arsenals of the world, is so formidable as the will and moral courage of free men and women. It is a weapon our adversaries in today's world do not have. [Ronald Reagan](#)



Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma - which is living with the results of other people's thinking. Don't let the noise of others' opinions drown out your own inner voice. **And most important, have the courage to follow your heart and intuition.**

[Steve Jobs](#)

## TRAINING TOPICS

### Electives

[Bill Smith](#), the Roundtable Guy

***Summertime is a GREAT time to work on Electives!!! CD***

I know that a lot of you like to have your Tigers, Wolves and Bears complete their respective badge requirements by the Blue and Gold celebration so I thought we should now take a good look at electives.

There is much value in these electives and I'm not sure we appreciate just how much they can contribute to reaching the purposes of the Cub Scout program. The boys' books are full of wonderful opportunities for parents and leaders to involve Cub Scouts in things that will help them grow.

Too often, I think, we tend to dismiss the electives as a trivial add-on to the advancement method. The big badge is the goal; the arrow points are inconsequential. Yet, electives supply a richer variety of opportunities than do the achievements. They give boys and parents the chance to choose and explore – to develop the interests, curiosity and talents within the growing child. We should never underestimate the values of these options.

I have had the luck and the privilege to observe and participate in the work that goes into the boys' books. I have worked on a task force to update the Wolf Handbook and another to create the first Tiger handbook. In both cases, I was awed by how much effort and concern went into the process. Questions like: What will this do to the boy? Can parents anywhere do this? How can a den leader use this? The first and last question was always: How does this fit into our *Purposes of Cub Scouting*?

One of the great joys of the electives is that the requirements are generally looser so that a boy can be rewarded for just exploring a new pathway to adventure.

As long as he does his best Akela can sign it off. Moreover, if he discovers a wonderful world that sparks a new fire within him, many electives provide chances to explore further. My Tiger Cub Handbook seems to set no limit on how often a boy may return to the same elective.

One aspect of electives sets BSA apart from any other youth program I know of. It gives parents a spectacular set of tools to use with their sons. Each elective consists of short projects designed so that a boy and his parent – or even his whole family – can work together on it. This gives families lots of short activities where a boy and his parents do things together.

These activities: preparing meals, singing songs, checking smoke detectors, building a model- automatically involve TALKING. They TALK, they listen to each other, they plan, they express their hopes, their concerns, and their jokes. They learn to respect each other's moods and styles. They create special communication channels that remain vital and valuable for all their lives.

**Nothing tells your child you care more than choosing to be with him.**

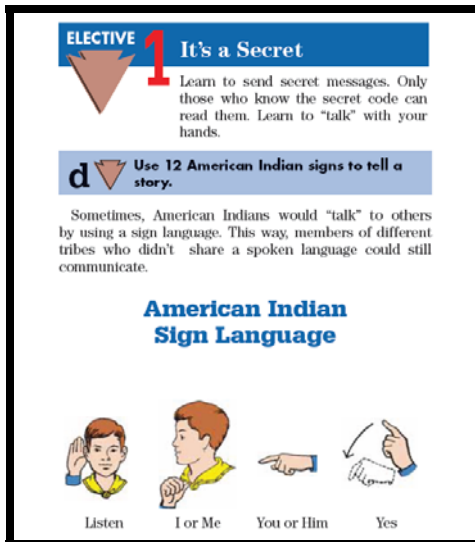
*Parent's Little Book of Wisdom.*

The time to do electives varies – some may be as short as fifteen minutes so that they can fit into anybody’s schedule. I remember a single mother telling me how she and her son did electives while waiting for the machines at the Laundromat to finish. If a parent spends as little as an hour a week doing these fun things with a Cub Scout son, they could easily earn an Arrow Point each month. Each Tiger Track Bead and Arrow Point on his shirt is a sign that says "We spent hours doing neat things together!"

When our task force worked on updating the Wolf Book, I was assigned the task to “do something about the Indian Sign Language Elective.” Space in these books is a critical issue and the sign language illustrations took up two whole pages. That was too much space for one little elective.

So I spent some time talking to a lot of people about what we could put in to replace the sign language. I was looking for more modern ideas of communication and I needed some expert advice. My list of experts included den leaders, teachers, parents, and, of course, Cub Scouts.

To my surprise there was almost unanimous opposition to removing the Indian Sign Language elective. Boys and leaders loved using the signs in ceremonies, skits and special messages. It was fun, it was special and it made the boys more aware of an important American heritage. The clincher came when a computer arts teacher reminded me of the value of learning another symbolic language to prepare children for their futures.



When I reported this back to the task force, we agreed to leave Indian Sign Language in the Wolf Book – at least until the next update. I notice that some 20 years later, Indian Sign Language is still there and now fills four pages.

In order to make electives work, we must somehow make every Cub Scout parent aware of how to use electives. Den and pack leaders should strive to show parents how to go through the books with their sons and pick out things that will work for them. It’s not going to happen unless we make the necessary effort to get the word out to every family. It can be done best at Parent Meetings, but we can also use newsletters, ceremonies, and Cubmaster’s minutes. It helps if leaders show newly recruited parents examples of how electives can be used creatively.

You could even measure how good your pack is just by counting up the number of Arrow Points and Tiger Beads you present each month. It’s one of the best indicators of quality home and den Cub Scouting activity I can imagine.

**What are YOU going to do now?**

*The best gift for a Cub Scout.....  
.....get his parents involved!  
The greatest gift you can give your child  
..... good self respect!*

- ✓ **Be sure to visit Bill Smith’s website at <http://rt492.org/>**  
To find more ideas on everything Cub Scouting.  
**Reach Bill Smith at [wt492@wtsmith.com](mailto:wt492@wtsmith.com).**

**ROUNDTABLES**  
**Pack Participation -**  
**A Key to Attendance**  
*2010-2011 CS RT Planning Guide*



Roundtables should be presented as learning experiences. Leaders watch demonstrations, then practice what they just learned. Since people learn best by active involvement rather than by observation, Cub Scouting leaders attending a roundtable should have as much opportunity as possible to participate. Participation can be as informal as playing a game or making a craft. Or, a segment of the program can be assigned to individuals or a pack in advance so they have time to prepare. This makes roundtables more satisfying experiences and convinces Cub Scout leaders that these are *their* roundtables. Pride in doing a task well can help Cub Scouters develop their leadership skills.

**Pack Assignments**

Set up a schedule that allows packs or individuals to volunteer in advance to be responsible for presenting a song, skit, game, or ceremony at upcoming monthly roundtable meetings. Your staff may wish to provide the specific activity for them to use, such as those suggested in this *Roundtable Planning Guide*, or you may allow presenters to be creative with their own ideas. Designate a roundtable staff member to preview all original presentations for suitability, making sure they meet the purposes of Cub Scouting, the Core Values, and the aims of the Boy Scouts of America. Have a staff member check on the pack leaders’ progress in preparing their presentation, and also send them a reminder about their roundtable assignment. Ask this staff member to be prepared as a backup should the person or pack fail to deliver on their assignment. Do not leave an embarrassing gap in the evening’s program. Encourage packs that present preapproved, original material to make the information available to all roundtable participants as a handout. This will enable all leaders attending to readily use these ideas in their own den or pack meetings.

**Show and Tell**

Roundtables are most successful when Cub Scout leaders have the opportunity to share information and ideas with other leaders. Ask pack leaders to bring examples of their den yells and songs, newsletters, den doodles, den flags, and pack meeting props and

ceremonies. A special area may be set up to display these items during the preopening.

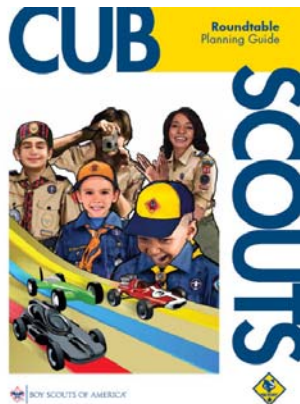
**Participation Awards**

Pack participation is an important part of building roundtable attendance and motivating Cub Scout leaders. A system that has worked well in many districts is to award "points" to those packs that prepare and present a portion of the roundtable program. When a certain number of points is earned, the pack gets an award. Packs volunteer for specific assignments for next month's roundtable. Competition for assignments is usually keen because packs are eager to work toward an award.

**Promotion gets them there the first time.  
Good program gets them to return.**



**CS Roundtable Planning Guide**



I have been told by the Team Lead - Volunteer Training that the 2012-2013 issue of the Cub Scout Roundtable Planning Guide is in final editorial and will be out shortly. I am looking forward to this year's issue to see how the Supplemental Themes are addressed.

Thanks to the volunteers that served on this year's Task force assembling the CS RT Planning Guide!!

**Cubcast**

**Note - National had not yet updated CUBCAST from Perseverance to Courage at the time of Baloo's publication but maybe by the time you see this, it will be COURAGE!!**

Cubcast is an audio podcast featuring how-to and information topics for Cub Scouting leaders and parents. There is an RSS icon on the page where you can subscribe to ensure you do not miss an episode/edition. Old Cubcast broadcasts are archived and may be downloaded from the site. If reading on-line, click the picture to go to Cubcast –

It is not necessary to own an iPod in order to view or listen to a podcast; the name is merely a holdover from the device on which they were introduced.

Likewise it is not required that you have iTunes on your computer to listen to podcasts. Other applications can manage your podcast subscriptions.

The current podcast can be found [here](#) – or use link below

[http://www.scouting.org/scoutcast.aspx#cubcast~201205\\_1](http://www.scouting.org/scoutcast.aspx#cubcast~201205_1)



Amy from Connecticut, this month's guest on Cubcast, says any Cub who is living up to the Cub Scout Motto, "Do Your Best," is surely PERSEVERING!!

And the hosts started with a great joke –

**What is the difference between Tried and Triumphed?"  
A little "Umph" (Oomph)**

**Both are great ways to explain Perseverance. Click on Cubcast and enjoy!!!**

**Please let me know about Pow Wow's  
and Pow Wow Books!!  
I cannot do this job without your help!!!**



## Update Supplemental Pack Meeting Plans

*Commissioner Dave (with help from Kim)*

National Council is continuing to add theme based pack meeting plans to the Core Value pack meeting plans on their web site. Soon there will be three supplemental Pack Meeting plans for each month. All the Pack Meeting plans will be posted on National's site at: <http://www.scouting.org/scoutsource/CubScouts/Leaders/DenLeaderResources/DenandPackMeetingResourceGuide/PackMeetingPlans.aspx>

Kim, the chair of the task force creating the plans and a friend of mine from two Philmont Training Center courses, said to me **"I do want to stress that the focus is still the Core Value and the theme is just there as an enhancement."** The theme pack meeting plans are specifically crafted to bring out the important points of the Core Value in a fun way. Eventually, there will be 36 alternate pack meetings posted, three for each Core Value, and with the existing Core Value based meeting you will have four total pack meetings for each Core Value from which to choose, thus providing variety so Cubs will not have to see the same thing every year. **Also, it is planned that Roundtables will continue to provide new ideas for Pack Meetings each year that are based on the Core Values.**

*The years are a guess at how National will use the Supplemental Themes in the next several CS RT Planning Guides. But any theme is available to use any year.*

The following themes have been posted on [National's Site](#) ([Click here](#) or see link above for complete list):

Click on the theme name to go to the Pack Meeting Agenda

- October [Jungle of Fun](#)
- November [50 Great States](#)
- December [Holiday Lights](#)
- January [Abracadabra](#)
- February [Turn Back the Clock](#)
- March [Planting Seeds of Kindness](#)
- April [Cub Scouts Give Thanks](#)
- May [Cub Cafe](#)

**NOTE -**

*No new ones have been posted since last month's issue of Baloo*

Month	Core Value	Supplemental Pack Meeting Themes to Enhance the Meaning of the Core Value		
		Set A	Set B	Set C
		2011 - 2012	2012 - 2013	2013 - 2014
September	Cooperation	Hometown Heroes	Amazing Games	
October	Responsibility	Jungle of Fun	Down on the Farm	
November	Citizenship	50 Great States	Your Vote Counts	
December	Respect	Holiday Lights	Passport to Other Lands	
January	Positive Attitude	Abracadabra	Lights, Camera, Action	
February	Resourcefulness	Turn Back the Clock	Invention Convention	
March	Compassion	Planting Seeds of Kindness	Pet Pals	
April	Faith	Cub Scouts Give Thanks	My Family Tree	
May	Health & Fitness	Cub Cafe	Destination Parks	
June	Perseverance	Head West Young Man	Over the Horizon	
July	Courage	Cubs in Shining Armor	The New Frontier	
August	Honesty	Kids Against Crime	Heroes of History	

*And don't forget to use YOUR IMAGINATION, too!!!*

This month:



Patches shown are available at [www.scoutstuff.org](http://www.scoutstuff.org)

- ★ July's Core Value, **Courage**, will use "Cub's in Shining Armor."
- Month's that have themes that might help you with **Courage** and "Cub's in Shining Armor" are:

Month	Year	Theme
<b>Cubs in Shining Armor</b>		
November	1946	When Knighthood was in Flower
March	1955	Knights of Yore
January	1962	Knights of Yore
March	1966	Knights of the Round Table
January	1970	Knights of Yore
March	1973	Knights Of the Tournament
November	1979	Knights of Yore
January	1986	Knights of the Roundtable
January	1989	Knights in Armor
January	1992	Knights of the Roundtable
November	1995	Knights of the Roundtable
November	2006	Cubs in Shining Armor

Next Month:



Patches shown are available at [www.scoutstuff.org](http://www.scoutstuff.org)

- ★ August's Core Value, **Honesty**, will use "Kids Against Crime."
- Month's that have themes that might help you with **Honesty** and "Kids Against Crime" are:

Month	Year	Theme
<b>Honesty &amp; Kids Against Crime</b>		
January	1943	Do Your Bit
December	1958	The Golden Rule
August	1968	Mystery Month
September	1998	Be a Detective
November	2001	Hometown Heroes
November	2002	Kids Against Crime
January	2004	Home Alone
November	2009	Scout Salute
<b>Summertime Stuff</b>		
August	1977	Water Fun
July	1984	Fun in the Sun
August	1984	Campfire Yarns
August	1989	Outdoor Festival
July	1992	Fun in the Sun
August	1993	Campfire Yarns
August	1994	Water Fun
July	1995	Water Carnival
July	1996	Water Fun
August	2001	Summer Songfest
July	2004	Fin Fun
August	2005	Campfire Tales and Traditions
July	2008	H2 OHhhhhh!
August	2010	Waves of Fun

## DEN MEETING TOPICS

When a Den Meeting occurs depends on when you start your year and how often you meet. A Den that starts in August will be doing meetings 1 & 2 then, and 3& 4 in September. A den that meets three times a month will do 1, 2, and 3 in September. *The pace is up to you!!*

MONTH/ CORE VALUE	JUNE: PERSEVERANCE		JULY: COURAGE		AUGUST - HONESTY	
	LETTERED MEETING OF YOUR CHOICE	LETTERED MEETING OF YOUR CHOICE	LETTERED MEETING OF YOUR CHOICE	LETTERED MEETING OF YOUR CHOICE	LETTERED MEETING OF YOUR CHOICE	LETTERED MEETING OF YOUR CHOICE
ALTERNATE PACK MTG THEME	HEAD WEST, YOUNG MAN		CUBS IN SHINING ARMOR		KIDS AGAINST CRIME	
MEETING #						
<u>TIGERS</u>	Do supplemental meetings (they have letters instead of numbers in the Resource Guide) of your choice.		Do supplemental meetings (they have letters instead of numbers in the Resource Guide) of your choice.		Do supplemental meetings (they have letters instead of numbers in the Resource Guide) of your choice.	
<u>WOLVES</u>	Remember Boys want to be outside.		Remember Boys want to be outside.		Remember Boys want to be outside.	
<u>BEARS</u>						
<u>WEBELOS</u>						
<u>ARROW OF LIGHT</u>						
PACK ACTIVITY	Hiking, Safe Swim Defense, Leader Transition, Cooking, Outdoor PM's, Boy Needs		Summer Camp, Local Council Activities, Service/Conservation Projects, Recognition, Ceremonies		Safety (Cars & other Transportation), Youth Leaders (Denners & Den Chiefs), Family Events (Games & Picnics), Summer Camp	

## PACK ADMIN HELPS –

### Why Take Boys Outside

*Kristy Wheeler. Chief Seattle Council*

“Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts.”

*Rachel Carson*

### Why take scouts outside? What are the benefits?

1. **Health:**

*“Nature heals us”*

- a. We all need at least 30 minutes a day of activity to stay healthy.
- b. Kids with more exposure to nature have decreased behavioral and conduct disorders. Additionally, kids with behavioral and conduct disorders show a decrease in their symptoms when exposed to nature. Evidenced by the Outward Bound Adventure Camps.
- c. Vitamin D is necessary for many bodily functions
- d. What about parental fears of traffic, crime, Lyme disease, west Nile virus, etc? It may be necessary to take parents along when we go outdoors. That’s what first aid kits are for.
- e. Camp is a respite. It is the 4<sup>th</sup> most popular sport in the united states.

2. **Happiness:**

*“Humans have an innate affinity for the natural world”*

- a. Being in nature reduces stress levels, decreases anxiety, and decreases depression.
- b. Kids learn confidence as they try out new things. Self esteem comes not from receiving praise, but from facing and conquering new challenges. When we first started letterboxing 3 years ago, my son stayed by my side and was fearful about where the trails might lead. Now he runs ahead and climbs trees and fights dragons along the trail.
- c. Being outdoors allows movement at a natural pace rather than a scheduled pace. You can’t just turn on the microwave and cook dinner. Kids learn to play on their own terms. They learn what to do in new settings.
- d. A study in Finland showed that kids with access to nature had twice as many friends as those without access to green areas.
- e. Kids in nature show more care toward plants, animals and the environment
- f. Studies show that in parks with play structures, kids establish their hierarchy based on physical competence. In open spaces kids use fantasy play. Their social standing is based on language, creativity and inventiveness.

**3. Mind:**

*Someone once told me that when she learns the name of a new plant, she feels like she is meeting someone for the first time. Giving a name to a thing is a way of knowing it.*

- a. Teach kids about what is in nature, to identify trees, rocks, plants, animals, bugs, fungus, and slugs increases their knowledge base. Then teach them what they can do with those things.
- b. Kids with direct access to nature do better in school.
- c. Kids with ADD have a decrease in symptoms when allowed to spend time in nature.
- d. Nature's patterns help kids to organize their thoughts. They learn to categorize things. What they learn outdoors, they take to school with them.
- e. Being in nature is a multi-sensory experience. There is an increase in stimulation of all the senses.
- f. When allowed to play in nature, one of the first things kids do is find a shelter. That may be in the roots of a tree, or making a fort out of branches.

**At Kids Discover Nature Learn****10 Reasons Why Kids Should Play Outside**

<http://www.kidsdiscovernature.com/2009/08/10-reasons-why-kids-should-play-outside.html>

*This is just the list.*

*On the website there is more detail about each item. Please visit the website for more complete information*

1. K-12 students participating in environmental education programs at school do better on standardized tests in math, reading, writing and social studies.
2. Children and adults find it easier to concentrate and pay attention after spending time in nature.
3. Nature provides a rich source of hands-on, multi-sensory stimulation, which is critical for brain development in early childhood.
4. Children's play is more creative and egalitarian in natural areas than in more structured or paved areas.
5. Living in "high nature conditions" buffers children against the effects of stressful life events.
6. Views of nature reduce stress levels and speed recovery from illness, injury or stressful experiences.
7. The ultimate raw material for much of human intellect, emotion, personality, industry, and spirit is rooted in a healthy, accessible, and abundant natural environment.
8. Access to nature nurtures self discipline.
9. Nearby Nature Boosts Children's Cognitive functioning.
10. Children diagnosed with attention-deficit/hyperactivity disorder (ADHD) or attention-deficit disorder (ADD) showed reduce symptoms after playing in natural areas

Also at **Kids Discover Nature:**

- [30-Day Outdoor Challenge](#)
- [8-Step Plan to Disconnect Your Kids from the Telly and On to Nature](#)
- [All about inchworms](#)

- [Birthday party idea](#)
- [Hiking With Kids: What to Pack](#)
- [Invite Wildlife to Your Yard - Wildflowers](#)
- [Kids benefit from nature](#)
- [Safe drinking bottle for outdoor adventures](#)
- [Three Things to Think About when Going Camping with Your Kids](#)
- [The Perfect Summer Vacation: Family Fun and Nature at Smuggler's Notch Resort](#)

**Additional References for Outdoor Adventures****Kids Discover Nature:**

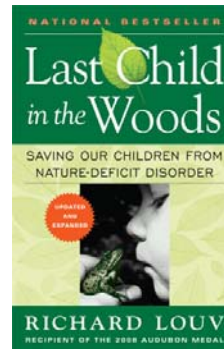
<http://www.kidsdiscovernature.com/>

**The Children's Nature Institute**

<http://www.childrensnatureinstitute.org/aboutus/>

**Children & Nature Network**

<http://www.childrenandnature.org/>

**"Last Child in the Woods," Richard Louv**

In this influential work about the staggering divide between children and the outdoors, child advocacy expert Richard Louv directly links the lack of nature in the lives of today's wired generation—he calls it nature-deficit—to some of the most disturbing childhood trends, such as the rises in obesity, attention disorders, and depression.

*Last Child in the Woods* is the first book to bring together a new and growing body of research indicating that direct exposure to nature is essential for healthy childhood development and for the physical and emotional health of children and adults. More than just raising an alarm, Louv offers practical solutions and simple ways to heal the broken bond—and many are right in our own backyard.

**"Sharing Nature with Children," Joseph Cornell**

"Sharing Nature with Children is not just a book but a powerful approach to nature education. The first edition of this book sparked a worldwide revolution in nature education and became a classic. The author, Joseph Cornell, is one of the most highly regarded nature educators in the world today."

**National Association for Interpretation**

Newly revised and expanded for its 20th anniversary, it now has 50 fascinating games for children of all ages. Almost a half a million copies sold and printed in over fifteen foreign languages.



**The Value of Scout Summer Camp**

**Picture this:**

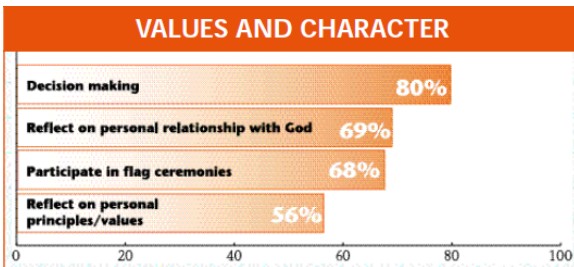
- Boys splashing into a cold swimming pool on a hot day
- An archery bow stretched tight by a small hand and aimed at a colorful bull’s-eye
- Hikers on a brush-laden trail stopping to admire a spider forming its web in a tree
- Teams of two paddling wildly in a six-boat canoe race on a shimmering lake

These are the images of Boy Scouts at summer camp. Hidden within the camp adventure lie the true benefits of a boy’s week at camp.

Harris Interactive of New York designed a study on the impact of summer camp in the lives of Boy Scouts, Scout leaders, and parents of Scouts. The researchers concluded that within the typical six days of Boy Scout summer camp, boys are in an environment that comprehensively provides them with critical elements of healthy youth development .

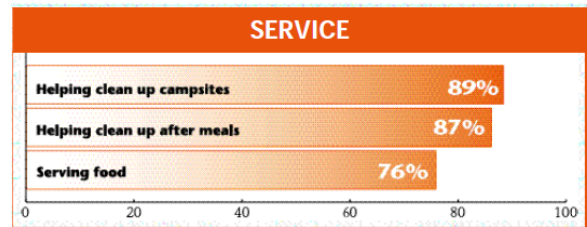
Camps are removed from the hustle and bustle world of mass information, media, and technology. This type of “protected environment” provides a significant opportunity for growth among young men. Time seems to take on a different meaning when the day is not filled with television, radio, video games, and visits to malls. This is the starting place for change.

At camp, boys have time to consider and reflect on their place in life. **Strong personal values and character** are shaped as young boys are encouraged to take a part in decisions that impact others, contemplate their relationship with God, reflect on personal values, and participate in patriotic activities regarding American citizenship.



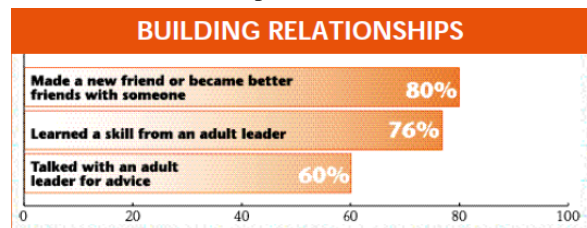
Since its beginning in 1910, the Boy Scouts of America has believed in personal growth through service.

At camp, boys gain a **positive sense of self-worth and usefulness** through serving others. Majorities of boys serve their peers at camp through helping clean up campsites, helping clean up after meals, and serving food.



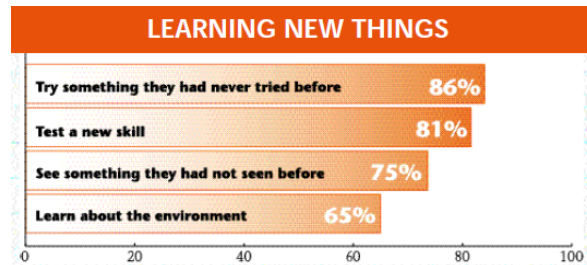
A majority of boys at camp receive praise from others. Compliments are received from adult leaders (76 percent) and peers (72 percent) . Another key finding is that 78 percent of boys indicate that they “accomplished something worthwhile” during camp.

Scout camp is a place where **caring and nurturing relationships** are developed and deepened. According to the study, most Scouts made a new friend or became better friends with someone while at camp. In this environment,



friendships don’t stop at the peer level. Adult leaders develop respect and trust among Scouts as they mentor skills and share knowledge. Also, many boys mention that they talk with an adult leader for advice during camp.

Young boys seldom consider “school learning” to be exciting. **Learning** at Scout camp is a different story! Summer camp is an outdoor classroom in which boys test themselves. They test their skills, as well as their courage to try new things.



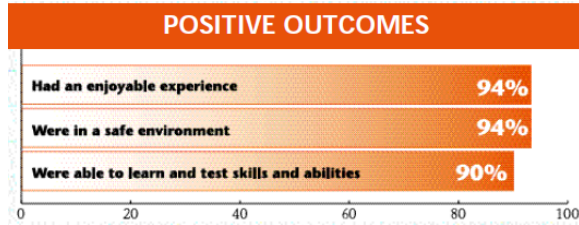
Learning alone is not enough to engage young boys. It has to be challenging and fun. Majorities of boys say they feel challenged (69 percent) and test their mental/thinking abilities (71 percent) while at camp.

Scouts are **productive and creative** at camp. Young boys are motivated by the concept of mastery. It is the basis for what has driven the extreme popularity of video games .When coupled with learning useful life skills, this need results in truly productive outcomes. Almost all Scouts “ work with others on a badge or task” (88 percent) or “complete a merit badge” (83 percent) at camp.

Camps are structured to encourage boys to spend time working and playing **socially** in ways that may seldom happen outside of camp. Majorities of Scouts collaborate with other youth on accomplishments (73 percent), participate in group decision making and activities (64 percent), and help resolve interpersonal conflicts (53 percent).

Parents see the difference Scout camp makes. A clear majority (81 percent) of parents of Scouts who attend camp say the camp experience resulted in a positive change in their sons. They agree their sons have fun, are new skills.

safe, and learn and test



Moreover, a clear majority of parents (84 percent) say their son learned personal responsibility while at camp.

For these reasons, almost all parents (96 percent) would recommend camp to others .

Make sure your Scout does not miss the opportunities of Scout summer camp. Contact your local council office to get dates and registration information for your area. The “hidden value” of Scout camp will benefit your son for a lifetime!

*From BSA publication 02-448-3*

## CUBMASTER'S CORNER

*Pamela, North Florida Council*



### Courage, Knights, Or Both?

Well you have three choices. Concentrate on courage, knights, or mix them together. Of course knights usually drum up images of courage but if you want to go a different route you could invite a guest speaker to talk for about 10 – 15 min about the things they do that represent courage. Who? Police, firemen, military personnel, Rescue, Coast Guard to name a few. Have them come tell and show some of the things they use to do their jobs. Things Scouts can see and touch are always a good thing. You might even be able to get them to show their fire trucks or squad cars. Contact the public relations office at the different departments associated with who you would like present. Of course the earlier you plan the easier it is for them to accommodate your Pack dates and time. Make sure you follow up 2 weeks ahead, a week ahead, and the day before to remind them of your Pack meeting. But ... if they do. Do you have a backup plan? Let your leaders know ahead of time what you want so they can plan their den presentations at the pack meetings. Do not “surprise” your leaders with last minute theme changes. Scouts want to be part

of the program so make sure the leaders know months ahead of time so they can practice and get in on the fun.

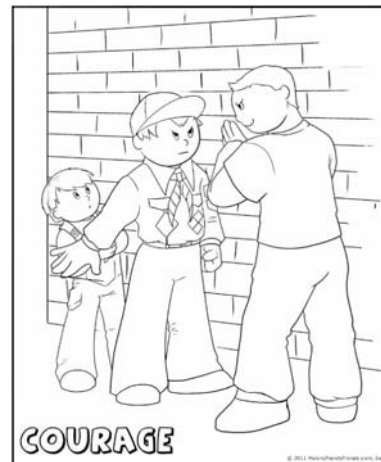
Now for Knights the stories of King Arthur and his Knights of the Roundtable and of other lone knights who roamed Europe during the Middle Ages always capture a boy’s imagination. For this theme, your Cub Scouts can have a lot of fun playing knights and learning about the Age of Chivalry. Highlights of the month will be a pack meeting tournament patterned on the medieval tournaments at which knights matched their fighting skills. Dens could spend the month preparing costumes, equipment, and shields for the tournament. They’ll also practice some of the tournament contests and perhaps prepare a skit or song for the pack meeting. Appointing the following committees helps with the meeting:

**Decorations Committee.** Decorate the meeting place in colorful medieval style. For ideas, review books about knights and King Arthur’s court. Make crepe paper streamers; cut pennants from construction paper. Suggest that each den make a large banner with a coat of arms.

**Program Committee.** Plan the tournament events and secure referees and judges as needed.

**Ceremonies Committee.** Emphasize the pomp and pageantry of kingly courts in the Middle Ages by planning more elaborate ceremonies than usual. The Cubmaster may dress as King Arthur or a feudal lord.

### Free Coloring pages for Core Themes:



I am brave and do what is right regardless of my fears, the difficulties, or the consequences.

This web site has coloring pages like this one for COURAGE for all 12 Cub Scout Core Values:

[http://www.makingfriends.com/color/cub\\_scout\\_coloring\\_pages.htm](http://www.makingfriends.com/color/cub_scout_coloring_pages.htm) Be sure to check it out!!

## Knights Pack Meeting Ideas

### Gathering Activity: Make a Shield

**Materials:** Large sheets of paper, markers, background information from library books, stencil patterns of lions, bears, eagles, etc.

Encourage all pack members to prepare a shield with designs and color them in. Once the shields have been colored, tape onto the walls for display.

### Icebreaker: Shield Review

The Cubmaster can review the shields that participants have created and make positive comments about the representations.

### Prayer: Code of Honor

Let us keep from our land and from our daily lives those things that are not in keeping with our Code of Honor. **Amen.**

### Opening for Tiger Cubs: The Code of the Tiger

*Use this as an opening or closing and have the Tiger Cubs line up and each say one line.*

**Tiger #1:** A knight searches for wrongs to right.

**Tiger #2:** A knight discovers many new lands.

**Tiger #3:** A knight shares what he has with those in need.

**Tiger #4:** We Tiger Cubs are like knights.

**Tiger #5:** We search, discover, and share.

### Knights Opening Ceremony

**Cubmaster or Scout:** Like knights of old, our den knights pledge their allegiance to our flag. Its colors stand for principles we treasure and defend: red for bravery, white for purity, and blue for loyalty. Knights, please join in the Pledge of Allegiance to our flag.

### Castle Neckerchief Slide

**Materials:** Empty film canisters, scissors, white paint (or fabric paint) Cut edges along the top of the film canister as shown to look like the top of a castle. Slice into the bottom of the canister as shown (this is where the neckerchief slides through). Paint on lines to resemble bricks or window openings in your castle tower.

### Coat of Arms

**Materials:** Pillowcases, paint, cardboard

Knights wore bold colors on their tunics and shields so that everyone knew who they were. Only seven colors were used: gold, silver, red, blue, green, black, and purple.

Using these colors, boys can decorate their "Knight's tunic" with a symbol meaningful to each. The tunic can be a pillowcase in which they cut holes for the head and arms. Put cardboard between layers of tunic while painting to keep colors from bleeding through. Another choice is to cut out symbols and glue on to the tunics.

### Knights' Helmet

Using a 3-gallon round ice cream carton or similar-sized square cardboard carton, cut out an opening for the face. Paint the helmet silver.

From cardboard, cut out a triangular face guard to fit the helmet and make slits in the face guard.

Using paper fasteners, attach to the front of the helmet.

Glue a feather plume on top of the helmet.

### Gathering Games: Castle Bowling

**Materials:** Six half-gallon milk cartons, scissors, construction paper, glue, markers, small lightweight ball

#### Directions:

Using scissors, remove the pointed top of the milk cartons; cut the top in several places to resemble castle turrets.

Cover with construction paper and draw windows.

Set the castles up like bowling pins.

Boys take turns bowling with the small ball.

### Cubmaster's Minute: Knights' Code

Whatever you are, be noble.

Whatever you do, do well.

Whatever you speak, speak like a knight.

Spread happiness wherever you dwell.

### Applauses

**Knight Applause.** Kneel and place your right hand on your left shoulder, then on your right shoulder, while saying, "I dub thee Sir Knight."

**Roundtable Applause.** Move your hands in a big circle while clapping.

**A traditional cheer** at Renaissance Fairs is saying "Hazzah!" This can be initiated by either ringing once the "palace bell" (a small hand bell) or the raising of the arm.

### Knight-like Service

#### Good Turn for America

Knights lived by a code of bravery, courtesy, kindness to others, and doing good deeds. Boys can experience these virtues by helping to collect canned foods to be donated to a local food bank. Or find a local shelter where boys can help serve meals.

Cub Scouts will see how important warm friendly meals can be—and how not everyone can take them for granted.

### Closing Ceremony:

#### Knights of Old

**Personnel:** Den of Cub Scouts in costume

**Narrator:** Knights of old stood straight and tall as they pledged themselves to defend all things that were good and to strive to always do right.

*(Boys turn and form a Living Circle.)*

Cub Scouts today stand straight and tall as they pledge themselves to do good, taking the Cub Scout Promise as their code while they do what they should.

*(Boys repeat the Cub Scout Promise.)*

Let each of us now tonight silently pledge again to live up to a good knight's code of friendly service to others.

### The Knight's Code of Honor

Be always ready with your armor on,  
except when you are taking your rest at night.

Defend the poor  
and help those who cannot defend themselves.

Do nothing to hurt or offend anyone or anything.

Be prepared to fight in the defense of your country.

At whatever you are working,  
try to win honor and a name for honesty.

Never break your promise.

Maintain the honor of your country with your life.

Die honestly rather than live shamefully.

Chivalry requireth that youth should be trained to perform the  
most laborious and humble offices with cheerfulness  
and grace.

And do good unto others.

### Uniform Inspections

Schedule a uniform inspection for the pack at least once a year. ***As Cubmaster, you set the scene by always appearing in uniform*** (unless in an appropriate costume.) Boys will follow that lead.

To make the best use of the uniform inspection opportunity, pay attention to the following:

- \* Encourage the boys' parents (*Few boys of Cub age can sew. In Boy Scouts you should encourage the boys to learn to sew.*) to sew their patches on soon after they have received awards.
- \* Prepare the den leaders in advance for when the inspection will happen so they may be sure to properly wear their uniforms and alert their Cub Scout den.
- \* Point out that inspection sheets may be found in the *Cub Scout Leader Book*, each *Cub Handbook (except Tigers)*, and on-line at <http://www.scouting.org/scoutsource/CubScouts/Leaders/Forms.aspx> and many other places (e.g. most local council websites).
- \* Have fun with the inspection and use every opportunity to give boys positive feedback on their accomplishments as shown on their uniforms.

## SPECIAL OPPORTUNITIES

*Pat Hamilton, Baltimore Area Council*

This month's Core Value is **Courage** and it took me a while to think of any of the Academic Belt Loops and Pins that I could equate with courage. As I went down the list, this image came to mind:



Benjamin Franklin was using the storm to study electricity, but it took courage to use lightning in this manner, so I decided to focus on the **Weather** Belt Loop and Academic Pin. It probably goes without saying, but ***Don't Try Benjamin Franklin's Experiment at Home!***

### Weather Belt Loop and Pin

The requirements listed below are taken from the Cub Scout Academics and Sports Program Guide (34299) 2009 Printing. Webelos Scouts that earn the Weather Belt Loop while a Webelos Scout also satisfy requirement 13 for the Scientist Activity Badge.

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

### Weather Belt Loop



### Complete these three requirements:

1. Make a poster that shows and explains the water cycle.
2. Set up a simple weather station to record rainfall, temperature, air pressure, or evaporation for one week.
3. Watch the weather forecast on a local television station. Discuss with an adult family member what you heard and saw. Follow up by discussing the accuracy of the forecast.



**Weather Academics Pin**

**Earn the Weather belt loop, and complete five of the following requirements:**

1. Explain to your den or an adult family member the meaning of these terms: *weather*, *humidity*, *precipitation*, *temperature*, and *wind*.
2. Explain how clouds are made. Describe the different kinds of clouds - *stratus*, *cumulus*, *cumulonimbus*, and *cirrus* - and what kind of weather can be associated with these cloud types.
3. Describe the climate in your state. Compare its climate with that in another state.
4. Describe a potentially dangerous weather condition in your community. Discuss safety precautions and procedures for dealing with this condition.
5. Define what is meant by *acid rain*. Explain the *greenhouse effect*.
6. With your parent's or adult partner's permission, talk to a meteorologist about his or her position. Learn about careers in meteorology. Share what you learned with your den or an adult family member.
7. Make a weather map of your state or country, using several weather symbols.
8. Explain the differences between tornadoes and hurricanes.
9. Make a simple weather vane. Make a list of other weather instruments and describe what they do.
10. Explain how weather can affect agriculture and the growing of food.
11. Make a report to your den or family on a book about weather.
12. Explain how rainbows are formed and then draw and color a rainbow.

For worksheets to help with earning these awards go to <http://www.ussscouts.org/advance/cubscout/academics/weather.asp>

I decided on **Flag Football** for the Sports Belt Loop and Pin because – even though there is no tackling – there is courage needed to stand up on the line and block someone who may be bigger than you.

**Flag Football Belt Loop and Pin**

The requirements listed below are taken from the Cub Scout Academics and Sports Program Guide (34299) 2009 Printing. This sport was added in 2002. Webelos Scouts that earn the Flag Football Belt Loop while a Webelos Scout also satisfy part of requirement 4 for the Sportsman Activity Badge.

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

**Flag Football Belt Loop**

**Complete these three requirements:**

1. Explain or discuss the simple rules of flag football with your den.
2. Practice running, passing, and catching skills for at least 30 minutes.
3. Play a game of flag football.

**Flag Football Sports Pin**

**Earn the Flag Football belt loop, and complete five of the following requirements:**

1. Layout and properly mark a flag football field at a park or playground.
2. Explain the difference between defense and offense in a flag football game.
3. Describe five different positions a player may play in flag football. Name the position that you prefer to play.
4. During three half-hour sessions, practice the skills of passing, hand-offs, rushing, and running.
5. Participate in a flag-football clinic.
6. Consider all the people who make it possible to play a game of flag football. List parents, coaches, team members, scorekeepers, referees, groundskeepers, etc.
7. Play in five flag football games without incurring a penalty.
8. Explain and demonstrate at least six football officiating signals.
9. Attend a high school, college, or community league football game.
10. Read a book about a football player and tell your den or family about the player's training and work ethics.
11. Talk with a referee or official of a high school, college, or community football league and learn about the job he or she does at a football game.

For worksheets to help with earning these awards go to <http://www.ussscouts.org/advance/cubscout/sports/flag-football.asp>

## Emergency Preparedness Award



The Emergency Preparedness Award is part of a new BSA program of emphasis for Cub Scouts, Boy Scouts, Venturers, and Leaders, in cooperation with the Federal Department of Homeland Security. Details of the program are on-line, on the official BSA web site at

<http://www.scouting.org/scoutsource/Media/Publications/EmergencyPreparedness.aspx>.

Separate age appropriate requirements have been developed for Tiger Cubs, Wolf Cub Scouts, Bear Cub Scouts, Webelos Scouts, Boy Scouts and Varsity Scouts, Venturers and Sea Scouts, Unit Volunteer Scouters, and District/Council Volunteer Scouters.

**All emergency activities carried out by Scouting units must be appropriate for the ages and abilities of the young people involved. Units should participate only under the supervision of their own leaders, and plans for unit help must be coordinated with community agencies responsible for disaster preparedness.**

### Tiger Cub Requirements

1. Complete Tiger Cub Achievement 3—Keeping Myself Healthy and Safe. This achievement covers a family fire plan and drill and what to do if separated from the family.
2. Complete Tiger Cub Elective 27—Emergency! This elective helps a Tiger Cub be ready for emergencies and dangerous situations and has him discuss a family emergency plan with his family.
3. With your parent or guardian's help, complete one of these three activities.
  - Take the American Red Cross First Aid for Children Today (FACT) course.
  - Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home.
  - Show and tell your family household what you have learned about preparing for emergencies.

### Wolf Cub Scout Requirements

1. Complete Wolf Cub Scout Achievement 9\*—Be Safe at Home and on the Street. This is a check of your home to keep it safe.
2. Complete Wolf Cub Scout Elective 16\*—Family Alert. This elective is about designing a plan for your home and family in case an emergency takes place.
3. With your parent or guardian's help, complete one of the following activities that you have not already completed for this award as a Tiger Cub:
  - Take American Red Cross Basic Aid Training (BAT) to learn emergency skills and care for choking, wounds, nose bleeds, falls, and animal bites. This

course includes responses for fire safety, poisoning, water accidents, substance abuse, and more.

- Make a presentation to your family on what you have learned about preparing for emergencies.
- Join a Safe Kids program such as McGruff Child Identification program. Put on a training program for your family or den on stranger awareness, Internet safety, or safety at home.

\* Achievement and elective numbers could change; the achievement or elective title determines what the requirement is.

### Bear Cub Scout Requirements

1. Complete Bear Cub Scout Achievement 11\*—Be Ready. The focus of this achievement is the best way to handle emergencies.
2. Make a small display or give a presentation for your family or den on what you have learned about preparing for emergencies.
3. With your parent or guardian's help, complete one of the following activities that you have not already completed for this award as a Tiger Cub or Wolf Cub Scout:
  - Take American Red Cross Basic Aid Training (BAT) to learn emergency skills and care for choking, wounds, nose bleeds, falls, and animal bites. This course includes responses for fire safety, poisoning, water accidents, substance abuse, and more..
  - Put together a family emergency kit for use in the home.
  - Organize a safe kids program such as McGruff Child Identification program. Put on a training program for your family or den on stranger awareness, Internet safety, or safety at home.

\* Achievement and elective numbers could change; the achievement or elective title determines what the requirement is.

### Webelos Scout Requirements

1. Earn the Readyman activity badge from the community badge group.
2. Build a family emergency kit, with an adult family member participating in the project.
3. With your parent or guardian's help, complete one of the following that you have not already completed for this award as a Tiger Cub or Wolf or Bear Cub Scout:
  - Take a first aid course conducted by your local American Red Cross chapter.
  - Give a presentation to your den on preparing for emergencies.
  - Organize a training program for your Webelos den on stranger awareness, Internet safety, or safety at home.

**Unit Volunteer Scouter Requirements**

This award is available to all registered Scouters who serve a unit, including all leaders and committee members.

Do any three of the following:

- \* Develop an emergency preparedness program plan and kit for your home and be sure all family members know the plan.
- \* Participate actively in preparing an emergency plan of action for your Scouting unit meeting place. (This includes all locations where you might have a meeting.)
- \* Put together a unit emergency kit to be kept at your unit meeting location. (This includes all locations where you might have a meeting.)
- \* Take a basic first aid/CPR course, or participate as an active volunteer in a community agency responsible for disaster preparedness.

**Council/District Volunteer Scouter Requirements**

Do any three of the following:

- \* Develop an emergency preparedness program plan and kit for your home and be sure all family members know the plan.
- \* Take a basic first aid/CPR course.
- \* Participate as an active volunteer in a community agency responsible for emergency disaster preparedness.
- \* Participate actively in developing an emergency preparedness program for a council or district activity. Example: a camporee, Scouting show, fun day, etc.

When a member has fulfilled the requirements appropriate to his age/program segment, a completed application is submitted to the council. Upon approval, an Emergency Preparedness pin is awarded. The pin may be worn on civilian clothing or on the uniform, centered on the left pocket flap. The award may be earned more than once; for instance, as a young person advances through the ranks and is capable of more complex preparedness activities, but only one pin may be worn. You can download the application at <http://www.scouting.org/filestore/pubs/pdf/19-602.pdf>

**Boys' Life Reading Contest for 2012**

<http://boyslife.org/>



**SAY 'YES' TO READING**

*Enter the 2012 Boys' Life Reading Contest*

Write a one-page report titled "The Best Book I Read This Year" and enter it in the *Boys' Life* 2012 "Say Yes to Reading!" contest.

The book can be fiction or nonfiction. But the report has to be in your own words — 500 words tops. Enter in one of these three age categories:

- \* 8 years old and younger
- \* 9 and 10 years old
- \* 11 years old and older

First-place winners in each age category will receive a \$100 gift certificate good for any product in the Boy Scouts official retail catalog. Second-place winners will receive a \$75 gift certificate, and third-place winners a \$50 certificate.

Everyone who enters will get a free patch like the one on this page. (*And, yes, the patch is a temporary insignia, so it can be worn on the Boy Scout uniform shirt, on the right pocket. Proudly display it there or anywhere!*) In coming years, you'll have the opportunity to earn different patches.

The contest is open to all Boys' Life readers. Be sure to include your name, address, age and grade in school on the entry.

**Send your report, along with a business-size, self-addressed, stamped envelope, to:**

Boys' Life Reading Contest  
S306  
P.O. Box 152079  
Irving, TX 75015-2079

Entries must be postmarked by Dec. 31, 2012 and must include entry information and a self-addressed, stamped envelope.

For more details go to <http://boyslife.org/>

### Knot of the Month Cub Scouter Award



This award is for all of those "behind-the-scenes" people. The Pack Committee members and the Committee Chairman. Earning an award might encourage these adults to get a uniform to put it on!

*Note: The old Cub Scouter Award knot is shown on the left. This may be worn if you have already earned the award, or purchased as long as your local Scout Shop has them in stock. The Scouter's Training Award on the right, worn with a small Cub Scout device, is the knot now used for the Cub Scouter Award. – Pat*

**Tenure:**

Complete 2 years as a registered adult leader in Cub Scouting in a pack. (Dates of service used to earn this award cannot be used to earn another key or award.)

**Training:**

1. Complete Fast Start training, if available for your position.
2. Complete basic training for any Cub Scouting position.
3. Complete Youth Protection Training.
4. During each year of tenure for this award, participate in a Cub Scout leader pow wow or University of Scouting, or attend at least four roundtables.

**Performance**

Do **five** of the following:

1. Assist in planning a pack program that results in advancement in rank by a minimum of 50 percent of pack members each year.
2. Serve as an adult leader related to a pack that earns the National Quality Unit Award.
3. Serve as leader of a blue and gold banquet, pinewood derby, space derby, raingutter regatta, field day, picnic, or other Cub Scout activity.
4. Give leadership to a promotional effort that results in at least 60 percent of pack members subscribing to *Boys' Life* magazine.
5. Develop or update a Tiger Cub or Cub Scout den activity book listing places to go, things to do, costs, distances, etc., locally for the five Tiger Cub areas or at least 12 Cub Scout themes.
6. Give leadership to planning and conducting a pack service project.
7. Organize participation of a pack in the Cub Scout Academics and Sports program.
8. Help with two annual unit Friends of Scouting campaigns.
9. Serve as a leader for members of your pack attending a Cub Scout day camp or resident camp.
10. Serve one year as a pack trainer during which 75 percent of registered pack and den leaders complete basic training for their positions.

**GATHERING ACTIVITIES**

*Note on Word Searches, Word Games, Mazes and such – In order to make these items fit in the two column format of Baloo's Bugle they are shrunk to a width of about 3 inches. Your Cubs probably need bigger pictures. You can get these by copying and pasting the picture from the Word version or clipping the picture in the Adobe (.pdf) version and then enlarging to page width. CD*

**Courage Ideas**

*Alice, Golden Empire Council*

**Have a Tongue Twister Challenge**

Have a Tongue Twister Challenge in honor of Stick Out Your Tongue Day – it will quickly dissolve into laughter all around. (See some examples under Run-Ons)

**Play "Look for Courage" Bingo**

Print off bingo cards with 9 squares labeled with descriptions such as: Favorite Superhero, Sports Hero, Favorite Teacher Hero, Family Hero, Military Hero, Environmental Hero, Community Hero or Project, Favorite Knight of the Roundtable. Have a space or line inside each square. Give each person or family a bingo card as they come in. They must go around the room and find a different person to fill in each square. You could share some of the entries, or give a prize to the person who has a filled-out card first.

**The Courage of Their Convictions**

Let each boy, den or family choose someone who showed courage – then find a way to share their story with everyone –

it could be a poster, a display, or even a costume. Examples: Wear Mickey Mouse ears and tell about the courage of Walt Disney in building Disneyland. Or bring a map showing the journey of Lewis & Clark and some facts to share. Or download some pictures of Tom Whittaker, who climbed Mt. Everest with a prosthetic leg and share part of his story. Or choose an everyday person – maybe even a family member, and make a poster about how they have showed courage.

**Display all kinds of maps and have a round robin to learn how to read them –**

Boys could also demonstrate what they learned about using the compass while earning the Map & Compass Belt Loop and Pin

**Set up the Hug A Tree and Survive Relay –**

Directions are shown under GAMES. *Note: Whistles are available on lanyards at some Party Supply stores or online – you could present each child with a whistle!*

**Treasure Hunt**

**Materials:** Pencils or pens, sheets of paper with the letters "no trace" written vertically along the left side, and lines to the right. Draw several lines per letter.

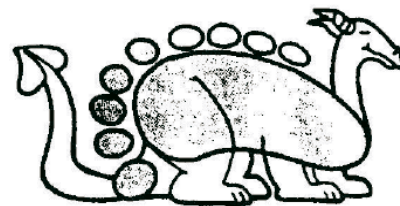
As people arrive, hand out a copy of the game sheet and a pencil. Cub Scouts and family members go around the room looking for items that begin with the letter on the left. They can use any item in the room, including what they wear or have with them. Encourage them to be creative. During the meeting, ask the group for sample answers of what was found for each letter. Follow with a cheer.

**Knight Ideas****Stand Up & Find the Dragon**

*Alice, Golden Empire Council*

*From the Program Helps for November 2006:*

**Have each boy create his own dragon** by standing up, tracing around his foot and then adding other details to create a Medieval dragon:



**Have materials available for each family to make a family shield or banner** – Be sure to provide information about heraldry to help with ideas about color and images to represent the family traits and activities. *See Pack & Den Meeting Ideas*

**Your Pack Meeting could become a Tournament, even more fun if you do it outdoors** - pool noodles can be swords, and the whole family can dress the part. Sisters can wear a Medieval cone-shaped hat with a veil and sparkles. Check out the Book on Castles for some great costume and game ideas. More possibilities in Baloo and the How to Book.

During the month, have the boys in each den work to become pages, squires and knights - complete both scout achievements and electives and value-related activities to advance from page to squire to "knighthood" being conferred at the pack meeting. *For some ideas, look under Value Related (July is a Month for Courage) and also under Advancement Ideas.*

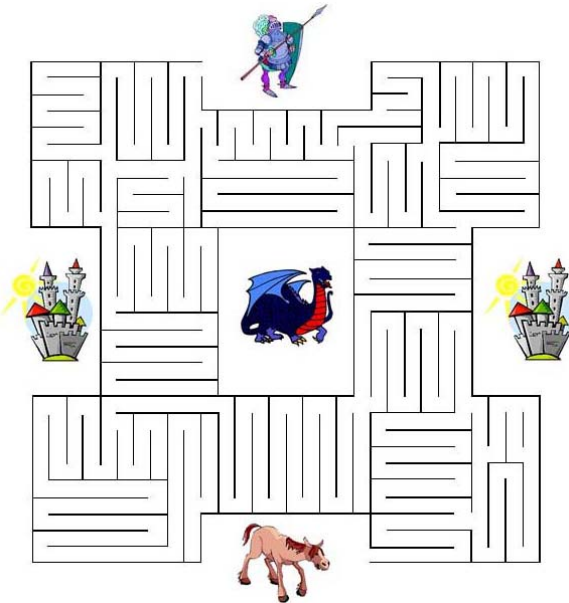
*At age 7, the son of a nobleman or knight would be sent to serve as a page, learning horsemanship, archery and swordsmanship and performing various duties around the castle.*

*At about age 10, the boy would become a squire, serving a knight and training for strength, fitness and skill with weapons. Squires also worked together in teams to become skilled horsemen. Other duties of a squire were to care for his knight's horse, clean the stables, and polish and maintain his weapons.*

*Before becoming a knight, a squire had to know the codes of chivalry and be familiar with all the tales of famous knights.*

**HELP THE KNIGHT FIND HIS STEED:**

*Sam Houston Area Council  
(You will need to enlarge this CD)*



**FIND THE KING'S TREASURE**

*Grand Canyon Council*

Hide gold covered chocolate coins. Explain to the guests that The Royal Treasure has been scattered throughout the land. They must retrieve the coins and place them back into the treasure chest, which is an aluminum foil covered shoe box. After the coins are collected they can be divided up evenly.

**Knight of the Roundtable Word List**

*Heart of America Council*

Give the boys a timed amount of time to write as many words as he can using only the letters in "Knights of the Roundtable".

*Please let me know about Pow Wow's  
and Pow Wow Books!!  
I cannot do this job without your help!!!*

**OPENING CEREMONIES**

**Courage Is... Opening**

*Alice, Golden Empire Council*

**Set Up** - Prepare posters with each letter on them – they could be done by each boy, or printed out from online images. Depending on the age of your scouts, write the script on the back of each letter in LARGE print, or have an adult read the narration as each Cub comes out and holds up his letter. Or you might have each scout say his Letter and its meaning then have a narrator read the description.

**Narrator:** Our Value for this month is Courage. The boys have been learning something about what is required if you want to show courage. We'd like to share what they learned.

**Cub # 1: C – is for Choice** – If I am going to show courage, I have to make a choice about how I will act – I must listen to that still small voice and do what is right.

**Cub # 2: O – is for Overcoming** – If I am going to show courage, I must feel my fears but have faith enough to Overcome them.

**Cub # 3: U – is for Understanding** – If I am going to show courage, it will be because I understand the challenge I am facing, and have a healthy fear, but choose to tackle it!

**Cub # 4: R – is for Respect** - If I have Courage, I will show respect for myself , others and also for the challenges I face – even if I have to refuse to do something when everyone is daring me to do it.

**Cub # 5: A - is for Ability** – If I have courage, I will find and strengthen my abilities, and find ways to “think outside the box” when needed.

**Cub # 6: G - is for Gratitude & Giving Back** – If I have Courage, I will find ways to Give Back to others; I will be grateful for my strength and share it.

**Cub # 7: E - is for Energy** – If I have courage, I will be willing to work hard and use all the physical, mental and spiritual energy I have to accomplish a goal, even when everyone tells me it can't be done.

**Narrator:** I think you will agree that we've learned a lot this month about Courage. In July, we think about the Courage of those who helped create our country, and who continue to preserve our freedoms. To honor their courage, we will now present our flag.

**CM** *Start a flag ceremony.....*

**Courage Is "A #1"***2010-2011 CS RT Planning Guide*

**Materials:** Four large cutouts of the letter "A" and one cutout of the number "1."

**Personnel:** Den Chief (DC) or adult leader as Narrator and four Cub Scouts

**DC:** The Core Value for this month is courage. These Cubs from our \_\_\_\_ Den would like to tell you what they have learned.

**Cub # 1:** (holding letter A): Courage is always telling the truth.

**Cub # 2:** (holding letter A): Courage is admitting to mistakes.

**Cub # 3:** (holding letter A): Courage is apologizing for mistakes and wrong doings.

**Cub # 4:** (holding letter A): Courage is accepting the consequences of your actions.

**Cub # 5:** (holding number 1): Courage is that one Cub Scout, standing up for his beliefs, resisting peer pressure, and telling the truth.

**DC:** Please rise and join us in the Pledge of Allegiance.

**C-O-U-R-A-G-E***North Star District and Thunder Wolf District  
Sam Houston Area Council*

**Cub #1:** C is for Cub Scouts of Course

**Cub #2:** O is for the Outdoor appreciation Scouting provides us

**Cub #3:** U is for the Uniqueness of the Scouting experience

**Cub #4:** R is for the Rewards that both the boys & the Leaders Receive from Scouting

**Cub #5:** A is for the Associations & friendships that Scouting builds

**Cub #6:** G is for the Growth of the boys characters as they progress through Scouting

**Cub #7:** E is for Everyone because Everyone is welcome in & can be involved in Scouting

**The Knight's Code***Heart of America Council***Set Up –**

After blast of trumpet, a single file row of Knights marches in with flag

Flag is posted and boys lead Pack in the Pledge of Allegiance.

Trumpet blasts a gain, boys in ceremony form a half circle (or other shape) in front of room, facing the audience.

Then they recite **The Knight's Code**. Each Cub has a card with his part on back in LARGE print and an appropriate picture on the front.

**Cub #1:** Be always ready with your armor on, except when you are taking your rest at night.

**Cub #2:** Defend the poor and help them that cannot defend themselves.

**Cub #3:** Do nothing to hurt or offend anyone else.

**Cub #4:** Be prepared to fight in the defense of your country.

**Cub #5:** At whatever you are working, try to win honor and a name for honesty.

**Cub #6:** Never break your promise.

**Cub #7:** Chivalry requireth that youth should be trained to perform the most laborious and humble offices with cheerfulness and grace, and do good unto others.

*Boys march off together.*

**Knights of The Roundtable***Heart of America Council*

**Set Up –** Cubmaster dressed to resemble King Arthur, 7 Cub Scouts, Cub-a-labra with seven candles and cards with parts written on table with Cub-a-labra

**Cubmaster** Welcome, Knights of the Roundtable. Just as the Knights of old had their code of conduct, so the young Knights of Cub Scouting have their code, the Cub Scout Promise. A Cub Scout promises to do his best.

**Cub #1:** (lights candle) To do his duty to God and his country

**Cub #2:** (lights candle) To help other people

**Cub #3:** (lights candle) To obey the Law of the Pack

**Cubmaster:** The young Knights also abide by the Law of the Pack.

**Cub #4:** (lights candle) The Scout follows Akela.

**Cub #5:** (lights candle) The Cub Scout helps the pack go.

**Cub #6:** (lights candle) The pack helps the Cub Scout grow.

**Cub #7:** (lights candle) The Cub Scout gives good will.

**Cubmaster:** You may now join the other Knights and let the evening begin.

**Our Best***Heart of America Council*

**Personnel – Den Chief and** Cubmaster, Four or more Cubs in full or partial costume and two Cubs in uniform

**Den Chief:** To promote our theme, Cubs in Shining Armor, we have some special guests who have come all the way from King Arthur's court to be with us this evening. (Four or more Cubs in full or partial costume.)

**DC:** Sir Shawn.

**Sir Shawn:** I'm the best dragon-slayer in the land.

**DC:** Sir Paul.

**Sir Paul:** I'm the best Jousting in the country.

**DC:** Sir Michael.

**Sir Michael:** I'm the best rescuer of damsels-in-distress.

**DC:** Sir Phillip.

**Sir Phillip:** I'm the best crusader in all of the kingdom.

*Pause for a few seconds as Den Chief looks at two remaining boys in Cub Scout uniforms*

**DC:** And what do you do best?

**Two Cubs (in Unison):** We DO OUR BEST at everything!

**Shields of Courage Opening or Advancement***Alice, Golden Empire Council*

Before the Pack Meeting, each boy can create his own shield, based on his chosen color, shape, motto, and symbols.

Encourage the boys to explore the different facets of courage, and include some symbol or color on their shield.

**Narrator:** This month, the boys in our Pack/Den have been learning about courage – and about Knights and their shields. Each knight created his own shield or used a traditional family one. Shields were used to cover the entire left side of their body and curved in toward the body. And although courage was a requirement of each knight and his squire, every one of them also valued being prepared and being protected as much as possible. Although the shield was heavy and sometimes awkward, training and lots of practice made it valuable protection for a knight who knew how to use it.

The boys of our Pack/Den have also been training to gain and perfect skills in scouting – and learning how to be prepared. We want to share these unique shields with you – each boy has designed and made his own.

*Boys hold up their shield as the narrator explains the symbols and meaning of each one, or why the boy chose a certain color, shape or symbol.*

*(If you are using this for Advancement, call up each boy and his parents to share his shield before receiving his advancements; then dub each of them a knight in a traditional sword on shoulder ceremony)*

**Narrator:** As you can see, our scouts are very creative – and they understand how important a symbol can be. In Cub Scouting, we have learned that the Flag is also an important symbol of Loyalty, Justice and Courage.

And like all Knights of Yore, we ask you to pledge fidelity to that flag....

*Move into flag ceremony*

**AUDIENCE PARTICIPATION****The Fair Maiden's Plight***Heart of America Council*

Divide the audience into 4 groups and have them make the appropriate responses to the following words:

**KNIGHTS** – “Clankety-clank!”  
**MAIDEN** – “Help, help!”  
**MEAN KING** – “G-r-r-r-r!”  
**DRAGON** – “Roar-r-r-r-r!”

Back in the day of bold **KNIGHTS** and fair **MAIDENS**, there lived a **MEAN KING** with his daughter who was indeed the most beautiful **MAIDEN** in all the land. All those who passed by their castle would see this fair **MAIDEN** sitting by the hour in the window longing to be set free.

It was told about the land that this fair **MAIDEN** had a curse put upon her by the wicked witch that if a **DRAGON** which lived in the woods close by were to look upon her, she would suddenly become the most ugly **MAIDEN** that lived so that was why the **MEAN KING** kept her locked within the castle.

Of course, after hearing this all, the brave **KNIGHTS** for miles around came to that part of the land hoping to kill the

terrible **DRAGON**, and thus save the fair **MAIDEN** from a terrible fate.

Night and day the brave young **KNIGHTS** searched for that terrible **DRAGON**. Each hoping to be the one to save the fair **MAIDEN** and take away from the castle of the **MEAN KING**.

However, one day there came a gallant **KNIGHT** who was much wiser than all the rest. He decided that since the **DRAGON** was nowhere to be found that maybe there was another reason why the **MAIDEN** didn't come out.

So he rode his horse as swiftly as he could and charged at full speed right through the door of the castle sending debris and rubble flying in all directions.

It seems the **MAIDEN** couldn't find the door because the castle was such a mess and that's why she hadn't come out.

The brave young **KNIGHT** bounded up the stairs and carried his fair **MAIDEN** down and put her on his horse and rode away from the castle of the **MEAN KING** and left the other **KNIGHTS** in the land still searching for the terrible **DRAGON** while he saved the damsel in distress.... right out of her terrible mess!

**LEADER RECOGNITION****BEST PARENT MEDAL***Grand Canyon Council*

Give this special award to a helpful parent.

**Materials**

Frozen juice can lid;  
 Colored paper;  
 Crepe streamer;  
 Markers;  
 Small star stickers (optional);  
 Scissors; Glue; Magnet strip

**Directions:**

- Trace the can lid on a colored sheet of paper. Cut out the circle.
- Using a round container or cup slightly smaller than the lid, trace and cut a circle.
- Write your message on the smaller circle—like “HERO,” “BEST MOM,” “BEST DAD,” “BEST PARENT SCOUTER” etc.
- Glue the smaller circle in the middle of the larger circle. Let dry.
- Cut crepe streamer about three times longer than the circumference of the lid.
- Fold crepe paper lengthwise, leaving about 1/4” on one side. (Don't worry if it's not too straight)
- Glue the folded side of the crepe paper on the juice lid, tucking paper so it fits in the circle. The edge of crepe paper should be sticking out from the lid.
- Glue circles on the lid and part of the crepe paper.
- You may want to decorate the circles with star stickers.
- Cut “ribbons” out of colored paper and glue on the back of the lid so the ribbon hangs down nicely.
- Attach magnet strip on the back.

**Two Different Types of Homes**  
*Heart of America Council*

**Material:** Appreciation certificate for each den leader and Webelos den leader

**Cubmaster:** There is something that parents sometimes overlook when they consider the possibility of serving as den and pack leaders. There are two very different types of homes. In one type, everything will always be just so. The furniture is not likely to be marred; there will be little shouting or noise except from the boy who lives in that house; and even his shouting will be subdued and experimental. His mother will seldom be troubled by the shouts of other boys, because it is not likely that they will come here. And unless something unusual happens, that is the type of home it will always be. As the children who live in it become young men and women, the rug will never be rolled up for social occasions. They will take their noise and laughter where it is better understood and more welcomed.

But there is another type of home. This type attracts the friends of the children who live in it. They would rather bring their friends there than join them elsewhere. It is a home where children are welcome, where they learn to take care of the furniture rather than preserve it through lack of use. It's a home, which later will attract young adults.

It's true – the first type of home will be peaceful, because it will be empty. Too empty, too peaceful, too quiet.

But there are more wonderful things to be sought after in life than peace and quiet. And besides, a noisy busy home does not mean that all personal comforts and pleasures must be sacrificed. Lasting satisfaction comes from the knowledge that, as each day goes by, children's future memories of their home will be happy ones.

Most Den Leaders want the second type of home and they have started to build now, because in a year or two it will be too late. That's why Cub Scouting is not all giving on their part. They'll receive a finer home life and stronger family because of it.

(Call forward all Den Leaders) these people are making one of the finest possible contributions to our community by serving as Den Leaders. They not only deal with boys, but with parents too. They are strengthening the life of our community by enriching the families who live in it. They are teaching boys to respect their homes and their parents, and they are helping parents understand their boys better by doing things with them. Few community services are more important than this.

Please accept these certificates as a small token of the pack's gratitude for your help in Cub Scouting, and the thanks of all the boys you are helping by your service. Thank you.

**Leader Appreciation Ceremony**

**Materials:** 4 candles

Scouting is made up of many things, people, and ideas. Tonight we are going to take a few minutes to reflect on some of the more pertinent aspects of scouting.

Fist – Scouting is a program. As depicted by our first candle it is a program dedicated to the development of character, citizenship, and the mental and physical fitness of our youth.

Second – Scouting is for the youth of our community. Young men, who expect to learn, gain recognition by advancement, but most of all they expect to have fun with others of their own age.

Third – Scouting is the parents of our Scouts. For without parents taking an interest in the activities of their sons, taking to meetings, and fulfilling their part of the Scouting program, we could not have Scouts.

But, as you see, this leaves one lone candle. This candle represents the Leaders of Scouting. As I call your name would you please come forward?

Leaders, I light this candle for you, for you have been faithful leaders to us and we want you to know that your work, dedication, and tireless effort have been gratefully appreciated. For without your leadership as well as the leadership of all Cub Scout leaders. The first three candles – program – youth – and parents would be meaningless.

Thank you!

Maybe you want to present the following -

**Backbone Award:**

A dried turkey bone spray painted and glued to plaque or hung on ribbon for "You are the Backbone of Pack #".

*Here are two more potential recognitions for parents. Be sincere in your appreciation and they will volunteer again!*

**HERO'S MEDAL**  
*Grand Canyon Council*



**Materials**

- Stiff paper (cardboard, tag board);
- Wide ribbon (3-4" long);
- Large safety pin.

**Directions:**

1. Fold a piece of notepaper and cut out a star shape.  
*For instructions on how to make a perfect five-pointed star, go to the Betsy Ross website - <http://www.ushistory.org/betsy/flagstar.html>.  
The trick is in using 8 1/2" x 10" paper*
2. Trace the star on cardboard and cut it out.
3. Decorate the star with markers and stickers. Include the word "HERO."
4. Fold the ribbon in half and glue the ends to the back of the star.
5. Slip a large safety pin through the fold in the ribbon.



## ADVANCEMENT CEREMONIES

### Decide to Show Courage Advancement

*Alice, Golden Empire Council*

Use the examples below either for giving out regular rank advancement, and/or for giving out other awards that have been earned. If you have checked with Den Leaders and/or parents in advance, you can give examples of how a particular scout or den has worked on "Doing the Right Thing" during the month.

**Narrator or CM:** As the scouts explored Courage this month, we all learned that a person with courage makes decisions – and their choice is based on what is the RIGHT THING TO DO. Let's see how it works:

Our brand new Scouts showed their courage as they accepted the challenge to learn the Cub Scout Promise, Law of the Pack, and Cub Scout Motto. Also, the handshake, sign, salute and what WEBELOS means

*Call up new Bobcats and parents and have the Bobcat present the parent pin and the parent present the award to their son.*

#### **Lead Cheer**

Everyone has that "little voice" inside their head – your conscience can help you make the right choice. Even our newest scouts use that "little voice" to help them do what's right.

*Call up Tiger Cubs and parents and have the Tiger present the parent pin and the parent present the award to their son.*

#### **Lead Cheer**

There's another question every scout can ask to help them decide what's the RIGHT THING TO DO: Could it hurt me or someone else – if I do this, will I be following the Golden Rule? Our Wolf Scouts have also learned another quick test: "How would I feel if someone did this to me?"

*Call up Wolf Scouts and parents and have the Wolf present the parent pin and the parent present the award to their son.*

#### **Lead Cheer**

Bear Scouts are learning to look back to help make good decisions. A Good Scout might ask himself "Have I ever been told that it's wrong?" before making a decision to do something.

*Call up Bear Scouts and parents and have the Bear present the parent pin and the parent present the award to their son.*

#### **Lead Cheer**

Webelos Scouts are moving out into the world as they grow older, and facing more difficult decisions about what is right. Sometimes, it can be hard to decide what to do, and to have the Courage to do it. But a Webelos Scout can ask himself "Is it fair? Deep down, how do I really feel about it?"

*Call up Webelos Scouts and parents and have the Webelos scout present the parent pin and the parent present the award to their son.*

#### **Lead Cheer**

Scouts who are ready to become Boy Scouts and follow the Scout Law can ask themselves another question: "How will I feel about myself later if I do this?" or "What would adults I

respect say about it?" Arrow of Light Scouts have learned the Scout Law and can look ahead to being good examples to younger scouts by making good decisions. And an Arrow of Light Scout also has the courage to talk over a problem with someone he trusts and respects – and to take the time to make the Right decision. Tonight, we will honor our Arrow of Light Scout(s) with a special ceremony.

*Move into the Arrow of Light Ceremony*

### **Knights Rank**

*Heart of America Council*

#### **Equipment:**

- ✓ Awards pinned to paper gloves made of silver paper or foil like a Knight's gauntlet(glove),
- ✓ Cardboard Crown and sword for "King" (Cubmaster)

*Cubmaster says all words*

I call forth the following Knights(read names of boys receiving awards) and their faithful squires, their parents.(Parents and Cubs come forward)

Squires, as faithful companions to your Knight, you have given him guidance and assistance along his journey.

Therefore I present to you the gauntlet for which your Knight has bravely worked. *Read names and awards so all may hear as you present them to the parents*

Knights, after your squire has pinned on your award, kneel before me that I may acknowledge you for your courage in meeting the challenge of completing your next rank.

(Each Knight kneels on one knee. Cubmaster touches him on right shoulder, left shoulder, and head with sword)

I knight you Sir Tiger Cub, Wolf, Bobcat, Bear, or Webelos (name).

### **Knighthood Knights**

*Heart of America Council*

Ladies and Gentleman, you are about to see a Parade of Knights like you have never seen before. The knights that I speak of are from royalty in the Boy Scouts of America.

(BOBCAT) For our first group of Knights, I would like(names) to don their armor and parade around the room one time and come forward for their ceremony to Knighthood. Will the parents of these new Knights please come forward and help present the awards.(Present awards.)

(TIGER CUBS) The second group of Knights I would like to introduce are(names). Please don your armor and parade about the room one time and come up here for the ceremony of Knighthood bringing your adult partners with you. (Present awards.)

(WOLVES) For our next group of knights, I would like(names) to parade around the room and come then come forward for their ceremony. Will the parents of these Knights please come forward and help me with their Knighthood.(Present awards.)

(BEARS) To prepare for Knighthood, each stage of the royal roundtable consists of achievements and electives that are slightly harder to accomplish than the previous. Now I would like to Knight (names) for their endeavors. Please parade around the room and return to the front for your Knighthood.

Will the parents of these Knights please come forward and help me.(Present awards.)

(WEBELOS) There are no Knights more important than another, since it has taken different levels to reach their Knighthood goals. But, some have been around longer than others and have come to the time when they have reached their last stage as a Knight. I would like these Knights(names) and will the parents please come forward to assist me with these honors.(Present awards.)

I wish to thank everyone who has been Knighted this evening and their parents for helping them

achieve this rank. Will all the Knights please come forward for their final appearance?(After the boys come forward, have them parade around the room in single file one more time.)

### **KNIGHTS AND HEROES ADVANCEMENT**

*Grand Canyon Council*

**Props:** Make award cards cut out of card stock or poster board in the shape of trophies or medals (see craft section) for each boy. Write each boy's name on an award and attach his awards.

During the ceremony, talk about how the boys have helped other people during the month. How their helpfulness has touched the lives of many people and to those people they are Knights in shining armor. Knights are people who did good deeds to show their honor. Not all knights became famous people, but were heroes to those around them. The same can be true today, you boys can be just like the knights of old and can be heroes. In fact, most heroes are people we know and love, people who influence our lives every day in every way. As each boy advances along the Trail to the Arrow, he performs acts of service and kindness.

As each boy and his parents come forward, present his award with heartfelt thanks for his heroic deeds that have touched so many people.

### **Leave No Trace Awareness Award**

*2010-2011 CS RT Planning Guide*

**Materials:** Poster-size drawing of Cub Scouting's Leave No Trace Awareness logo, posters created by the dens to illustrate the Leave No Trace guidelines. (Cub Scouting's Leave No Trace Awareness logo is available for download from these web sites

<http://www.usscouts.org/advance/cubscout/leavenotrace.asp> and

<http://www.scouting.org/scoutsource/CubScouts/resources/LeavenoTrace.aspx>,

**CUBMASTER:** Leave No Trace is a plan that helps us protect our environment for future generations. This month, our Cub Scouts have learned the Leave No Trace frontcountry guidelines and have earned Cub Scouting's Leave No Trace Awareness Award. Requirements for this award include earning one specific achievement or activity badge, and participating in a Leave No Trace related service project.

Will all of the boys who have earned the Leave No Trace Awareness Award please come forward with their parents?

*(Den leaders present badges to the parents, who present them to the boys.)*

We will complete this ceremony by asking each boy to repeat the Cub Scout Leave No Trace Pledge. Please give the Cub Scout sign and repeat after me:

I promise to practice the Leave No Trace frontcountry guidelines wherever I go. I will:

- Plan ahead,
- Stick to trails,
- Manage my pet,
- Leave what I find,
- Respect other visitors, and
- Trash my trash.

Congratulations! Let us honor these Cub Scouts with a round of applause!

### **Hiking Recognition Ceremony**

*2010-2011 CS RT Planning Guide*

**Preparation:** On a poster board or a large sheet of butcher paper, draw a Cub Scout trail. Mark the trail with a sign for Bobcats, then move down the trail with a sign for Tiger Cubs, then further on for Wolf, Bear, and Webelos Scouts. Add animal tracks for Bobcats, Tiger Cubs, and Wolf and Bear Cub Scouts as you wind down the trail. Webelos tracks can be large W's. Decorate your trail with sketches of trees, bushes, and rocks. Add photos of boys from this month's den outdoor activities, if desired. Attach awards to cutouts of footprints and place the cutouts at the appropriate places on the trail.

(Cub Scout logos are available for download from <http://clipart.usscouts.org/library> and <http://www.glscouting.org/ClipArt/index.html>)

**CUBMASTER:** Tonight we are here to honor those Cub Scouts who worked hard and earned awards.

**Bobcat-**These boys have started off on the right foot down the Cub Scout trail. (Call boys and parents forward and present awards.)

(Call the rest of the award recipients and their parents by rank or den. For each group, use one of the statements below or create similar comments.)

- You put your best foot forward to earn your
- You walked an extra mile to do a super job in earning your
- You've made great strides in Cub Scouting. Congratulations on earning your \_\_\_\_\_
- You've made great impressions by working hard to earn

**Immediate Recognition Den Ceremony***Utah National Parks Council*

*Here is one the Den Leader can use when her Cubs earn their first Immediate Recognition beads.*

As a Cub Scout completes achievements for Wolf and/or Bear, the den leader should make sure that a simple recognition Ceremonies is held in the den meeting. Use the Cub Scout Immediate Recognition Kit which contains enough materials for a den of Cub Scouts for two years. This is a motivational device used to encourage each boy to complete the rank for his age. Use a brief ceremony related to the monthly theme, or the one below:



**Personnel:** Den Leader (DL), Den Chief (DC) (May use Assistant Den Leader if there is no Den Chief)

- DL:** We would like to tell you the story behind these wonderful beads. The custom of awarding beads started in the ancient tribes of the Webelos. They were given to braves who did their best to help the tribe and others.
- DC:** Many moons ago, when the animal world was ruled by wolves and bears, the braves of the Webelos tribe feared these strong beasts.
- DL:** But some braves (names of boys being recognized) still untried, decided that the best way to live without fear was to learn to understand the creatures of the forest.
- DC:** So they went, disguised as animals, to live with the wolves and bears. The animals accepted them and all their brothers and called them 'cubs' just as if the braves were their own. This was according to the Law of the Pack.
- DL:** For their bravery and friendliness to the beasts, they were given a thong with colored beads on it. It signified that he knew the ways of the tribe and did his best at everything without worrying if someone else did better. This is the Law which the tribe borrowed from the animals and had the 'cubs' learn. (Ask den to form a living circle and repeat Law of the Pack.)
- DC:** For doing your best in completing three achievements toward your (Wolf/Bear) badge, I award you (names) this thong and this bead. May you always obey the Law of the Pack.

**SONGS****Courage Songs****Courage***Alice, Golden Empire Council*

(Tune: Supercalifragilisticexpialidouscous)

Standing up for what is right is sometimes hard to do  
But if you just take courage you will be a stronger You  
And even if you're feeling scared,  
Let conscience be your guide –  
Remember all that you've been taught,  
And do what's right with pride!

Oh... Courage is Contagious  
If you stand up for the Right  
Courage is Contagious  
Even in the darkest Night  
Courage is Contagious  
So just take that little step  
And what you do will guarantee  
A future that is Bright!

**Cub Scout Courage**

Tune Bill Grogan's Goat

*North Star District and Thunder Wolf District  
Sam Houston Area Council*

Tiger Elective 6, Wolf Elective 16f,  
Webelos Showman, music

This is a repeat after me song. The leader says a line then all repeat it. After four lines, sing the whole verse together.

Cub scouts have courage (audience repeat)  
They follow rules (audience repeat)  
Like wear your lifejacket (audience repeat)  
When boating, not in pools. (audience repeat)

*Leader and audience repeat the whole verse*

Cub scouts have courage  
It is evident to me  
When they say no to smoking  
Gossip and to TV

*Leader and audience repeat the whole verse*

Cub scouts show courage  
When they run and play  
Rather than sit and video  
Game all day.

*Leader and audience repeat the whole verse*

Cub scouts know bravery  
When they help a bud  
Say no to something  
They know is crud

*Leader and audience repeat the whole verse*

To be brave and have courage  
Does not require a death defining act  
It requires Cub scouts to live  
With morals and tact.

*Leader and audience repeat the whole verse*

**Knight Songs****Grand Old Duke of York**  
*Grand Canyon Council*

*A great action song and very theme appropriate. One of two songs I have heard called "The Cub Scout National Anthem." The other is "Tarzan," (I love bananas, coconuts and grapes). Be sure to have people stand up on up and sit or squat down on down. CD*

Oh, the Grand Old Duke of York (hold shield high)  
He had ten thousand men (flash fingers in 'tens')  
He marched them up the hill (march to full height)  
and then he marched them down again (march down again)  
And when they're up, they're up (stand up)  
And when they're down, they're down (squat down)  
But when they're only halfway up (raise up halfway)  
They're neither up nor down (raise up and down quickly)

**Variations –**

- Have people go up on the word down and down on the word up
- Sing three times, getting faster each time

**We Are Knights**

*Heart of America Council*  
(Tune: Three Blind Mice)

We are Knights!  
We are Knights!  
We wear our swords!  
We wear our swords!  
We fight and joust and go off to war!  
We save fair damsels and slay dragons galore!  
We're loyal to King Arthur and Camelot's soil,  
Oh, we are Knights!

**The Knight's Oath**

*Heart of America Council*  
(Tune: The Farmer in the Dell)

A dragon slayer am I,  
I cannot tell a lie.  
For truth and honor and loyalty,  
Are always on my side.

A cause is all I need,  
I'm ready to do a good deed,  
To rescue and save in King Arthur's name,  
For God and country!

**In Days of Old**

*Heart of America Council*  
(Tune: Auld Lang Syne)

In Camelot long, long ago,  
When Arthur was the king,  
The Knights of legend  
Held the realm  
With the code of chivalry.  
Each maiden then was safe there  
From the fire-eating dragon,  
And all the knights  
Spent their days  
Around the Roundtable.

**PUFF THE MAGIC DRAGON**

*Grand Canyon Council*

Puff, the magic dragon lived by the sea  
And frolicked in the autumn mist in a land called Honah-Lee  
Little Jackie Paper, he loved that rascal Puff  
And he brought him strings and sealing wax and other fancy stuff

**Chorus:**

Oh Puff, the magic dragon lived by the sea  
And frolicked in the autumn mist in a land called Honah-Lee  
Puff, the magic dragon lived by the sea  
And frolicked in the autumn mist in a land called Honah-Lee  
Together they would travel on a boat with billowed sail  
And Jackie kept a lookout perched on Puff's gigantic tail  
Noble kings and princes would bow when e'er they came  
Pirate ships would lower their flags when Puff called out his name

**Chorus**

A dragon lives forever but not so little girls and little boys  
Painted wings and giants' rings make way for other toys  
One grey night it happened, Jackie Paper came no more  
And Puff that mighty dragon, he ceased his fearless roar

**Chorus**

His head was bent in sorrow, green scales fell like rain  
Puff no longer went to play along the cherry lane  
Without his life-long friend Puff could not be brave  
So Puff that mighty dragon sadly slipped into his cave

**Chorus**

Oh, Puff the magic dragon LIVES by the sea (present tense!)  
And frolics in the autumn mist in a land called Honah-Lee  
Oh, Puff the magic dragon LIVES by the sea  
And frolics in the autumn mist in a land called Honah-Lee

**Come A-Jousting**

*Heart of America Council*  
(Tune: Are You Sleeping)

Come a-jousting, come a-jousting,  
Cub Scouts all, Cub Scouts all,  
Out into the Courtyard.  
Out in to the Courtyard.  
Hear the call, hear the call!  
We're coming, we are coming,  
Knights of Yore, Knights of Yore,  
Out into the battleground, out in to the battleground,  
Men of war, Men of War!

**Come to the Castle**

*Heart of America Council*  
(Tune: Down by the Station)

Come to the castle early in the morning.  
See the lords and ladies all in a row.  
See the prince and princess leaving in the carriage,  
People throw confetti as they go.  
Come to the castle early in the evening,  
See the King and Queen sitting on their thrones.  
See the Knights in armor coming from a battle.  
See the captured dragons rattling their bones.

**Knights in Armor**

*Heart of America Council*  
(Tune: Clementine)

We are Knights in shining armor  
With horses that are fast indeed  
Ready to ride the countryside  
On our mighty, fiery steed.

**Chorus:**

We are the Knights, we are Knights.  
Always read to defend our fight,  
Prepared to always defend our country,  
And for that cause we will fight.

In the tournament we perform,  
In many feats of strength and skill,  
Doing our best to pass each test,  
So fiery dragons we can kill.

**Chorus**

We strive to honor in what we do.  
And fair maidens we do save,  
For a Knight should always fight,  
To help other be brave.

**Chorus****Sir Galahad**

*Heart of America Council*  
(Tune: My Bonnie)

Sir Galahad, he was a strong knight,  
As pure as the snow, that was he,  
He rode upon a white charger,  
With dimples and smiles on her knees.

**Chorus:**

Bring back, bring back, oh...  
Bring back my charger to me, to me.  
Bring back, bring back, oh...  
Bring back my charger to me, to me!

He rode it each Monday thru Friday,  
On weekends he allowed to rest,  
Each Sunday he traveled to Camelot,  
Upon a gray mule he named "Pet".

**Chorus**

Sunday morning he rode from his castle.  
Upon his favorite mule,  
He discovered upon arriving,  
His blisters never would cool!

**Chorus****Knights are We**

*Sam Houston Area Council*  
(Tune: Row, Row, Row Your Boat)

Knights, knights, knights are we. Strong and brave and true.  
We're always there, we always care, Akela gold and blue.

Knights, knights, knights are we. We stand up to the test.  
We always try, we never lie, We always do our best.

Knights, knights, knights are we. Scout leaders make us able.  
Scouting's good, grows brotherhood, gathered 'round the table.

**Oh, Sir Win-Fred**

*Heart of America Council*  
(Tune: Clementine)

Oh, Sir Winfred, Oh Sir Winfred,  
There are dragons by the score.  
Mount your charger,  
There's none larger,  
Rid this kingdom of these boors.

Chase them hither,  
Run them thither,  
Till their scales fall off in droves  
Run the heat off,  
Run the beasts off,  
Be our hero ever more.

**Dragon's Fire**

*Sam Houston Area Council*  
(Tune Great Chicago Fire)

*(sing three times, in rounds by the dens)*

One fearsome dragon had a cold up in his head,  
That fire-breathing scorcher, woke up in his bed  
And when he huffed up and sneezed, he lit a farmer's shed.  
There'll be a hot time in the olde towne for knights.  
WATER! WATER! WATER!

**Fun Songs****Tongue Twister Song**

*Alice, Golden Empire Council*  
(Tune: The Battle Hymn of the Republic)

*A Boy Scout favorite in honor of "Stick Out Your Tongue Day" on July 19<sup>th</sup>.*

One flea fly flew up the flue,  
the other flea fly flew down  
One flea fly flew up the flue,  
the other flea fly flew down  
One flea fly flew up the flue,  
the other flea fly flew down  
Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar  
Glory, glory how peculiar  
Glory, glory how peculiar  
While one flea fly flew up the flue,  
the other flea fly flew down.

One sly snake slid up the slide,  
the other sly snake slid down  
One sly snake slid up the slide,  
the other sly snake slid down  
One sly snake slid up the slide,  
the other sly snake slid down  
Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar (3X)  
One sly snake slid up the slide,  
the other sly snake slid down

One big bug bled black blood,  
the other big bug bled blue  
One big bug bled black blood,  
the other big bug bled blue  
One big bug bled black blood,  
the other big bug bled blue  
Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar (3X)  
One big bug bled black blood,  
the other big bug bled blue

One red rooster ran up the road,  
the other red rooster ran down.  
One red rooster ran up the road,  
the other red rooster ran down.  
One red rooster ran up the road,  
the other red rooster ran down.  
Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar (3X)  
One red rooster ran up the road,  
the other red rooster ran down.

One pink porpoise popped up the pole,  
the other pink porpoise popped down.  
One pink porpoise popped up the pole,  
the other pink porpoise popped down.  
One pink porpoise popped up the pole,  
the other pink porpoise popped down.  
Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar (3X)  
One pink porpoise popped up the pole,  
the other pink porpoise popped down.

When one trim train trundled up the track,  
the other trim train trundled down  
When one trim train trundled up the track,  
the other trim train trundled down  
When one trim train trundled up the track,  
the other trim train trundled down  
Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar (3X)  
When one trim train trundled up the track,  
the other trim train trundled down

## STUNTS AND APPLAUSES

### APPLAUSES & CHEERS

*Alice, Golden Empire Council*

#### Sword Applause

Pretend to draw your sword from its scabbard and swing it in front of you and yell: "Swish, swish, swoosh!"

#### Bow and Arrow Applause

Make a motion as if drawing arrow from quiver or back, put it in bow, pull string and say "Zing". Put your hand over your eyes and pretend to look after the arrow. **Yell**, "Bull's Eye!"

### Cowardly or Courageous Lion

Divide into two groups;

- ☺ Group 1 says "I'm scared! and quakes and trembles.
- ☺ Group 2 says "I have a medal!"  
and proudly all the members point to their chests.

Leader randomly points to one group and then another for several times.

At the end, the leader asks:  
What's the Difference?

And then both groups answer "**Courage!**"

### Lion Cheer

Lions have been a symbol for courage and bravery for cultures around the world so we're going to perform the Lion's Cheer

- ✓ Place your hands behind your head and spread your fingers to represent the mane of a male lion.
- ✓ Give a hearty ROAR!

*2010-2011 CS RT Planning Guide*

- ✓ **Leave No Trace**

Clean it up, pick it up, and leave no trace  
Clean it up, pick it up, and leave no trace!  
Yea, Cub Scouts !

- ✓ **Lion Applause**

"A R-O-A-R-R-R-I-N-G success!"

### RUN-ONS

*Alice, Golden Empire Council*

**Jester:** Why was the period between the tenth and fifteenth centuries A.D. called the Dark Ages?

**Voice:** Why?

**Jester:** It was Knight time.

**Jester:** Why do dragons sleep in the daytime?

**Voice:** I don't know, why?

**Jester:** So they can hunt knights.

### Tongue Twisters for

#### Stick Out Your Tongue Day

*Alice, Golden Empire Council*

Peter Piper picked a peck of pickled peppers.  
Did Peter Piper pick a peck of pickled peppers?  
If Peter Piper Picked a peck of pickled peppers,  
Where's the peck of pickled peppers Peter Piper picked?

She sells seashells by the seashore.  
The shells she sells are surely seashells.  
So if she sells shells on the seashore,  
I'm sure she sells seashore shells.

Which wristwatches are Swiss wristwatches?

How much wood would a woodchuck chuck  
If a woodchuck could chuck wood?  
He would chuck, he would, as much as he could,  
And chuck as much as a woodchuck would  
If a woodchuck could chuck wood.

A skunk sat on a stump and thunk the stump stunk, but the stump thunk the skunk stunk.

Does this shop stock short socks with spots?

A big black bug bit a big black bear.

A cup of proper coffee in a copper coffee pot.

Some say sweet scented shaving soap soothes sore skin.

Many an anemone sees an enemy anemone.

Imagine an imaginary menagerie manager  
imagining managing an imaginary menagerie.

### JOKES & RIDDLES

*Alice, Golden Empire Council*

#### Some Hero Riddles:

- Q: What is light as a feather, but even the strongest hero can't hold it more than a few seconds?  
A: His breath!
- Q: What do you get if you cross an elephant with a Boy Scout?  
A: An elephant that helps old ladies cross the street.
- Q: What kind of food do brave soldiers eat?  
A: Hero sandwiches.

#### Who's the Hero?

- Q: A hero says, "Brothers and sisters, have I none, but that man's father is my father's son." Who is he pointing at?  
A: His own son – father's son has to be himself, since he has no bothers, and since this is the father of the person he is pointing at, he is pointing at his son!

#### Running from Heroes

- Q: A man left home running. He ran a ways and then turned left, ran the same distance and turned left again, ran the same distance and turned left again. When he got home there were two masked men. Who were they?  
A: The catcher and umpire in a baseball game

#### Calling a Superhero

- Q: Imagine you are in a sinking rowboat surrounded by sharks. Which superhero would you need to survive?  
A: You don't need a superhero at all – Just stop imagining!

## SKITS

### Skit Challenge

*Alice, Golden Empire Council*

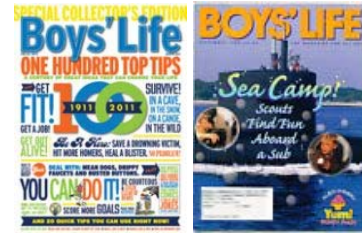
Challenge the boys to learn about a Courageous person and do a quick skit about them.

Here are some ideas:

- ♫ The Cowardly Lion from Over the Rainbow
- ♫ Rosa Parks
- ♫ Martin Luther King
- ♫ Any of the Founding Fathers
- ♫ George Washington
- ♫ A local military hero
- ♫ Lewis & Clark
- ♫ Tom Whittaker
- ♫ A favorite Sports Hero (one with good character)
- ♫ A Favorite Family History Hero

Here is a hint -

### Look in BOYS' LIFE!!!



### The Cowardly Lion

*North Star District and Thunder Wolf District  
Sam Houston Area Council*

- Scene:** A group of Scouts are walking along & out jumps a lion.
- Lion:** ROAR!  
*(Scouts look a little scared & lion pointing to the smallest one says:)*
- Lion:** ROAR! ROAR! I think I'll have you for dinner.
- Cub #1:** LEAVE HIM ALONE!
- Lion:** (now acting scared himself) You don't need to make that kind of fuss over it.
- Cub #2:** Why not you were going to eat our friend.
- Lion:** Because you scared me.
- Cub #3:** Well that's what you were trying to do to us.
- Lion:** I know, but now look at me, I'm so scared I'm about to faint.
- Cub #4:** I've never seen such a cowardly lion before.
- Lion:** That's me! I'm really more of a big chicken than a Lion. In fact I think I'm even starting to grow feathers (pulls a feather out of his pocket).
- Cub #5:** You know, maybe you should think about joining Cubs.
- Lion:** Why is that?
- Cub #1:** Because when you're a Cub you learn about 12 different character traits & one of them is about being brave.
- Lion:** Really, you mean I can learn about courage if I join the Cubs.
- Cub #2:** And a lot of other things too!
- Lion:** Do you think they'll let me join?
- Cub #3:** Anyone can join Cubs.
- Lion:** Do you think I will become brave like you guys?
- Cub #4:** I don't see why not, and besides we were a little scared too, but we had to stick up for our friend.
- Lion:** Isn't that what Courage is all about, standing up for what you know is right, even if others tease, scare or threaten you.
- Cub #5:** I think you've learned something already.
- Cub #1:** So no more jumping out & scaring people, agreed?
- Lion:** Agreed! From now on I'll be known as a good Cub instead of the cowardly lion.

**Real American Heroes**

*North Star District and Thunder Wolf District  
Sam Houston Area Council*

**Scene:** A group of Cubs sitting around reading comic books

- Cub #1: I think Superman is the bravest super hero of them all. He has to deal with Lex Luther.
- Cub #2: No way. I think it's Spiderman. After all, he has the Green Goblin to contend with.
- Cub #3: You're both wrong. It's Batman with the way he takes on both the Joker & the Riddler.
- Cub #4: And Batman doesn't have any super powers, he's just smart.
- Cub #5: And because he doesn't have any super powers he must be very brave & courageous also.
- Cub #6: This is silly guys. We're arguing over which comic book hero is the bravest.
- Cub #1: He's right. History is filled with real life heroes all of whom are braver than anyone in a comic book.
- Cub #2: You mean like our founding fathers George Washington, Thomas Jefferson & Benjamin Franklin.
- Cub #3: How about Charles Lindbergh being the 1st to fly across the Atlantic Ocean all by himself. Or for that matter the Wright brothers or Amelia Earhart.
- Cub #4: And Neil Armstrong being the first man to walk on the moon.
- Cub #5: My dad remembers that happening & he also remembers Martin Luther King Jr. standing up for civil rights.
- Cub #6: All of those are truly brave & courageous people, but I know of others who are just as brave & none of them are famous.
- Cub #1: What do you mean?
- Cub #2: He means like policemen, right?
- Cub #3: I never thought about them, & they put their lives on the line for us every day.
- Cub #4: How about firemen. They'll rush into a burning building to save someone's life.
- Cub #5: And don't forget about all of the soldiers who have died over the years protecting our country. They were also brave.
- Cub #6: I think we need to put the comic books away & go to the library & learn more about real life heroes.
- Cub #1: Good idea!

*(Scouts all put their comic books in a pile & leave)*

**Knights of the Roundtable**

*Heart of America Council*

**Characters:**

King Arthur (in King's costume or Knight costume with crown),

2 Cub Scouts (in uniform),

Knights of the Roundtable (to enter by ascending heights, dressed in knight costumes.) They are to do the action assigned their knight when introduced.

**Setting:**

Small roundtable

Places on side of stage opposite entrance for Knights to stand behind.

Table should be small enough not to block view.

Knights stand back from it rather than close so costumes are shown off and they are not crowded.

King Arthur and Cub Scouts are on stage.

**King Arthur:** Welcome, Cub Scouts. We're happy to have you visit our castle. I'd like you to meet some of the Knights of my Roundtable.

*(Knights enter one by one as introduced or enter and say their own names.)*

*They then stand in order in a semi-circle around the Roundtable.)*

**#1 Knight:** I am Sir Growlahad. (Knight looks mean and growls)

**#2 Knight:** I am Sir Dancealot. (Taps across the stage.)

**#3 Knight:** I am Sir Bones. (Yawns.)

**#4 Knight:** I am Sir Bouncealong. (Walks with a bouncy step.)

**#5 Knight:** I am Sir Spinaround. (Turns once or twice as crosses stage.)

**Cub # 1:** Thank you Sir Arthur.

**Cub # 2:** It was a pleasure to meet the Knights.

*(Sir Arthur goes to circle end.)*

**Cub # 1:** You can sure tell that fall is coming.

**Cub # 2:** How's that?

**Cub # 1:** The Knights are getting longer.

*Note: Be sure Scouts enter from smallest to tallest in height. If there is little difference, the first boys may want to stoop a little or first boy enter on knees. Make up your own names if needed like Sir Singalong or Sir Sneezit. The boys will have fun making up their own names with an action or motion.*

**The Medicrin**

*Baltimore Area Council*

**Cast:** Narrator, Hero, Medicrin, Loon, and Assorted Villagers

*The narrator reads the story slowly and dramatically.*

*The characters should act out the parts, no props are needed.*

*The humor in the punch line comes in the end.*

There once was a medieval village named Trinsic. This village was being terrorized by a vile monster, the Medicrin. Each night, the Medicrin would stalk down from the hills, and devour one of the villagers.

The terrified villagers called a meeting, and decided to pool their money together to hire the great hero Erik.

Erik came and listened to the complaints of the villagers. He consulted his Great Hero's book of Vile Monsters, and learned that Medicrins love to eat Loons.

So Erik hunted high and low to find a loon. He found one, captured it, tied it up, and brought it back to the village. He then had the villagers dig a deep pit.

That night, the Medicrin came...

It smelled the loon...



But it also smelled DANGER, and it ran off, devouring one of the villagers on the way out.

After calming the villagers, the next day, Erik again consulted his Great Hero's Book of Vile Monsters, and learned that Medicrins also love sugar.

So Erik gathered up all the sugar in the village, and threw it into the pit. The loon, not having eaten in days, devoured all of the sugar in a single gulp. Erik was struck with panic, and ran to and fro trying to figure out what to do next, but night had fallen, and the Medicrin would be there soon, so Erik crossed his fingers, and hoped for the best.

That night, the Medicrin came...

It smelled the loon...

It smelled danger...

But it also smelled sugar, and the Medicrin dove into the pit, and devoured the loon.

The villagers swarmed over the Medicrin, and slew it.

The moral of the story:

**A loon full of sugar helps the Medicrin go down.**

#### **Drag-on Around**

*Grand Canyon Council*

*Heart of America Council*

**Characters** - Dragon (with head boy and as many body pieces as you need for the correct number of boys in the den, finishing with a tail piece), Knight Sir Cub Scout

**Scenery** - cardboard bushes, house fronts

**Props** - sword, flames, feather, marshmallow, red sock

**Setting** -:

Dragon comes on stage.

Head boy sticks red-socked hand out mouth occasionally as if fire is shooting out.

Dragon sneezes.

Head boy tapes paper flames to backdrop scenery as if it is being set on fire.

All boys making up dragon sneeze together.

**Dragon:** Oh, woe is me. (Sniffle) Everybody hates me. Nobody likes me. (Sneeze) I'm so miserable. I just keep sneezing and I can't help it. (Sneeze) I just can't figure out what is wrong with me.

**Sir C.S.:** (enters, pulls out sword and waves it at dragon) All right, dragon, if you have any last words, say them now. You have caused enough havoc.

**Dragon:** (sounding miserable) Oh, who are you? (Sneeze) Why are you bothering me? Can't you see I have enough problems? I can't eat. (Sneeze) I can't sleep. I'm so tired.

**Sir C.S.:** I am Knight Sir Cub Scout and I have been sent from the Roundtable to take care of you. You have ruined the countryside. You're not the only one who can't eat or sleep. Neither can anyone else, with you setting everything on fire.

**Dragon:** Well, take care of me, then. Find out what's the matter with me. I really mean no harm. I just keep

sneezing and when I sneeze, I breathe fire. I don't intend to do it.

**Sir C.S.:** I meant, I'm supposed to kill you. But I suppose it would not hurt if I could take care of your problem some other way. Let's see now. (He looks over the dragon) Why, here's the problem.

*(He pulls a feather out of the dragon's mouth)*

Now, take a deep breath. (Dragon breathes deeply) How do you feel now?

**Dragon:** Oh, Sir Cub Scout, I feel so much better. I promise to be good. Perhaps you could find a job for me. I would like to help people.

**Sir C.S.:** I do have an idea. (He puts the marshmallow on his sword, and holds it out as if to cook it over the dragon's flame.)

**Or –**

**Sir Cub:** I have an idea.

*(Pulls out a hotdog and puts it on a stick and holds it in from of the dragon)*

Now blow on this, you can be the king's personal cook. His favorite food is charcoal broiled hotdogs.

#### **The Dragon and The Maiden**

*Heart of America Council*

**Props:** Cardboard swords, a dragon costume.

**Scene:** The dragon is on the side of the stage with the maiden and the knights are on the other side.

**Maiden:** The knights will be coming soon to say you and rescue me.

**Dragon:** I'll never let them have you. You belong to me.

**Knight 1:** I'm the strongest knight. I will slay the dragon and win the maiden's hand.

*(He goes to and battles the dragon, but the dragon wins and the knight gives up and goes off stage.)*

**Knight 2:** I'm the bravest knight in the land. I'll rescue the maiden. (repeat Knight 1's actions.)

**Knight 3:** I'm the one to conquer the dragon and save the maiden. (Repeat Knight 1's actions.)

*Have each boy in the den fight the dragon and lose.)*

**Dragon:** I'm the victor! My dear!

**Maiden:** Good, I've always loved you!

*(The maiden kisses the dragon and the dragon changes into a shining knight –*

*dragon takes off his costume and walks off stage with the maiden.)*

**SIR LANCELOT'S MISSION***Grand Canyon Council**Here is the outline of this skit with a pun for a punch line.**Your den will have to develop the actions CD*

King Arthur sends Sir Lancelot out on an important mission to deliver a message to the king of Spain. It is a long distance, and Lancelot looks in the Kingdom for a good horse to take him there. His own horse is sick, and all he can find is an old mare, but, since he has to leave quickly, he takes the mare.

About 3 days out of the Kingdom, Lancelot realizes his mistake. The horse gets tired and appears to be going lame. He finally makes it to a small village and gets to the Inn. He goes up to the Innkeeper and explains his problem. That is, he needs a good horse so that he can fulfill his mission to deliver the message for the king.

The Innkeeper replies that this is only a small village, and most of the horses around are not up to the task. He is welcome to look around, however, and if he can find anything, he is certainly welcome to it.

Lancelot looks around the village, and true as the Innkeeper has said, no good horse is to be found. As Lancelot is about to give up, he comes across a stable boy carting some feed. He asks the stable boy if there is any beast of burden in the village that he can use to fulfill his mission. The stable boy thinks for a minute, and starts to reply no, but then says, go see if Old Mange in the barn can help you.

Lancelot goes over to the barn expecting to find a horse. What he finds is a very large dog: almost as large as a pony. The dog is a mess, however. It is mangy, parts of its fur are falling off, and it is full of fleas. Lancelot is desperate at this point, and he looks it over carefully. It does; however, appear to be strong enough to take him to Spain (which is only 3 days away at this point).

Lancelot goes back to the Innkeeper, and acknowledges that he cannot find a horse in the village that he can use. He says, however that this dog, Old Mange, might be able to take him most (if not all) of the way to his destination.

The Innkeeper hears this, stiffens up, and says, "Sir. I wouldn't send a Knight out on a dog like that."

**Listen At the Wall***Heart of America Council*

This is a stunt in which one person goes along a wall just listening, listening.

Others come along and see him.

"What are you hearing?" they say.

"Listen!" he says, dramatically.

So they do. But they don't hear anything.

Several times somebody tells him "I don't hear anything."

"Listen!" he says each time more dramatically.

So they listen some more.

"I don't hear anything," someone says in a disgusted voice.

"You know," says the one that started, with a far-away look in his eyes "it's been that way all day!"

**GAMES****Courage Games****The Science of Courage***Alice, Golden Empire Council*

This favorite of Science teachers can also be used to demonstrate graphically how having courage can help you rise above the rest – when you make the right decision, and stand up to peer pressure, you stand out!

**Materials:**

Wide-mouthed glass or jar, uncooked rice, egg

**Directions:**

- Place the egg in the middle of the glass completely covered by rice.
- Explain that the egg represents someone who hangs with the crowd and doesn't make waves.
- The crowd (the other people in your group, or peers) is represented by the rice.
- Now tell the story and do the actions. To make it more effective, give examples and "ham" it up a little.

There's a whole group of people – like the people you know and like, maybe. They all like to do things together – sometimes they even try to dress the same! They're used to being like everyone else.

One day, someone new came into the group. He didn't dress quite the same way, and even had a funny accent. The group started making fun of him, and everyone joined in teasing the new guy.

But the egg didn't like it – he wanted to get along with everyone, and he knew that it wasn't right to make fun of someone. So he asked his friends to tell them to stop making fun.

*(Tap on the top of the rim of the glass).*

Even though it was hard, and his friends even made fun of him, he kept saying they should all get along and be friends.

*(Tap on the rim some more)*

Soon, the egg's friends decided they wouldn't let him join in their games since he wouldn't help them make fun of the new guy. They even started telling lies about the egg and the new guy. But the egg knew he should remember the Golden Rule – he kept encouraging his friends to be kind.

Each time the egg refused to go along with his friends and stands up for what's right

*(Tap again).*

*(Continue tapping until the egg has completely risen above the rice)*

Now you can see what the egg learned -

**A courageous person will rise to the top and stand out from the rest!**

**Courage is ....Game***Alice, Golden Empire Council*

The object of the game is to recognize actions that show courage. Explain to the boys that you are going to give them a chance to identify ways to show Courage – and if they do it right, there will be a secret message about Courage.

**Directions:**

Set up the game on a blackboard or even on the floor, with at least 12 spaces – but you could have even more. You could even use hula hoops to identify the spaces if you do the game on the floor.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>

For each space, have a piece of colored paper or a card with a number on one side and either a blank or the letters C, O, O, L on the reverse. The number should match a scenario on a list you can read as each boy has his turn.

Read the scenario – ask the boy whether it demonstrates Courage or Not – if he gives the right answer, he gets to turn the card to reveal either a letter or a blank.

If you want to do this as a team game, divide the boys into two teams, each with their own “chart” – and the team that uncovers the secret word first will be the winner.

Here are some scenarios – but you can make up lots of other ones! After you read the story, the boy must decide if it's an example of courage or not.

1. A guy from the other team challenges you to a fight – you decide to meet him after the game to prove you're not a chicken.
2. A boy on your team is cussing and swearing – you ask him to stop.
3. The rest of the den is making fun of the new boy because his shirt is old and torn. You ignore your friends and tell him you're glad to meet him – and offer to help him learn the Bobcat requirements.
4. Everyone is swinging out on a rope over the river, even though the sign says “Dangerous – do not enter the water here.” You decide not to jump, even though someone will call you a coward or say you're a chicken.
5. You're nervous about heights, but you decide not to say anything and follow your leader and the boys in your den as they climb over a large boulder on the trail on a den hike.
6. You promised to trade jobs with your brother – but you forgot to empty the trash, and let him take the blame when your dad got mad at him.
7. You're supposed to be doing something every day for a month for a scouting award – you forgot one day, but you just mark it off anyway, and get the award.
8. Your mom promised to take you for a pizza if you finished your homework. But you aren't quite done, so you tell her the truth.
9. One of the boys at school is teasing you about wearing a scout shirt – you decide to just walk away without getting in to a fight.

10. You aren't good at catching the baseball – but instead of saying “It's a dumb game” you ask your older brother to practice with you so you can get better.
11. Your den leader arranges for the den to visit some older people – it makes you uncomfortable, so you don't go to the meeting.
12. You're really good at figuring out puzzles – so as soon as you're done, you could grab a treat, but since one of the younger kids is having a lot of trouble, you help him first.

**Hug A Tree & Survive Game Ideas  
Feeling Lost Game***Alice, Golden Empire Council*

Go through the various stages of being lost and found, and have the boys demonstrate how their faces would look, based on their feelings- you could even have them add sounds and actions:

- ✓ You are off on a hike, and see an interesting insect on a tree (Look interested)
- ✓ You keep hiking, but you begin to realize you might be lost (Show Face of Being Afraid)
- ✓ You remember what to do if lost (Show a face – you've got an idea)
- ✓ You know what to do, you choose a tree and gather some leaves to sit on (Look determined)
- ✓ You are feeling very lonely (Make a face to show this)
- ✓ You hear some sounds, and you're worried it might be an animal (Show a “scared” look)
- ✓ You remember your whistle and blow it (Look like you have a great idea)
- ✓ You think your parents will be angry at you for getting lost (Look worried)
- ✓ You hear people calling your name, so you blow your whistle several times (Show excitement)
- ✓ You have been found! You did the right thing! (Look very happy)

**Requirements you may complete -**

- ⚡ Wolf Elect. #2b – If you put on a skit with costumes about being lost;
- ⚡ Bear Ach. #17b – play a game of charades with den or family (act out getting lost and show faces);
- ⚡ Webelos Communicator #1 – Play the Body Language Game, going through the steps of being lost, then found and showing how you would feel.

**Hug A Tree & Survive Relay Game***Alice, Golden Empire Council*

**Materials:** For each boy – several sheets of foil; water bottle; whistle, garbage bag; outdoor area with trees or indoor area with designated “trees,” fake snake, two ropes or blue tarp to form a “stream;” puddle jumpers from Wolf Book, Elect. #7b(optional); pile of leaves (optional)

**Set up:** Lay out a course, or two courses if you want to have a relay between two teams. You can either tell and show the boys what to do on the course, or have numbered signs at each station. If done as a relay, have the second boy wait till the first boy is done at station #3 before starting. You could also do this individually, with an adult reading off what each boy is supposed to do as he goes through the course. If you have more adults, post them to help keep the game going.

**Here are possible stations:**

1. You are going hiking and camping with your family. When you get to the campsite, make a shoeprint for someone to follow your tracks. (two or three pieces of heavy duty foil, stacked on top of each other; press down your shoe print over a soft surface such as grass or a rug - adult keeps shoeprint)
2. It's time to go – Make sure your water bottle is full! (grabs bottle and fills it as needed)
3. Grab your whistle and a garbage bag to put in your pocket. (Black bag is fine, orange even better)
4. Start on your walk, come to a stream and walk across using the puddle jumpers (opt) – (boys should just know that they should try and keep their feet dry)
5. See a snake in the middle of the trail – so you turn around and run another way.
6. Realize you are lost – Look afraid – Try to go another way.
7. Remember to stop and think. Get your whistle – blow it three times.
8. Remember to look for a tree nearby where you will stay. Mound up some leaves to sit on (optional).
9. Hear a scary noise – (provided by an adult) – Blow your whistle!
10. Make your garbage bag into a “shelter” to cover you (Poke a hole in the corner and tear it open a little, just enough so you can poke your head out – this will keep you dry and warmer)
11. You hear people calling – blow your whistle and wait for rescue.

**Requirements you may complete -**

- ☞ Tiger Ach. #3F, item b- With your family, plan what to do if you get lost.
- ☞ Wolf Elect. #23c – Tell what to do if lost.
- ☞ Bear Ach. #7a – make a shoe print; )
- ☞ Bear Elect. #25a – name essentials for camping or hiking (like water, a garbage bag, whistle, jacket, good snack food);
- ☞ Webelos Outdoorsman #9 – Tell what to take on a hike and go on a 3 mile hike.

**Knight Games****MEDIEVAL GAMES AND RECREATION***Grand Canyon Council*

Medieval society indulged in a number of games and recreation, when the often harsh daily life permitted a break. Chess was widely popular and often a source of gambling entertainment; both in the traditional format and in a simpler version played with dice. Dice were easy to carry and were played in all ranks of society, even among the clergy. Some games played during the Middle Ages, including bowling, blind man's bluff (also called hood man's blind), and Checkers were a popular pastime, as was backgammon. Children wrestled, swam, fished and played a game that was a cross between tennis and handball. Medieval knights would incorporate training in recreation, performing gymnastics and running foot races.

At harvest time, villagers would bob for apples and go on hunts in the surrounding forests, if the castle lord permitted.

**Jousting Contests***Heart of America Council*

*Besides these jousting contests be sure to check out the Teeterboard Jousting in the “How To” Book, page 3-40. We are going to do that at my Roundtable this month CD*

**Hand Push:**

Two boys face each other with toes touching and palms together at shoulder height.

Each tries to push the other's hands until he is forced to step out.

**Broomstick Twist**

Two boys should be about equal in height and weight.

They grasp a broomstick held horizontally with both hands.

Each tries to touch the end of the broomstick to the floor on his right.

**Pull Over:**

Boy braces feet grasps the right hand of his opponent with his own right hand and tries to pull him over a centerline on the ground. Vary by changing hands.

**Sack Fight:**

Each boy stands in a burlap or similar type of bag.

He must use both hands to keep the bag stretched to its full length.

He tries to upset others by thrusting and pushing with shoulders and hips.

This can be a dual contest or a mass battle where boys are eliminated as they lose their balance and fall.

**SIEGE THE CASTLE***Grand Canyon Council*

- ✓ Paint large pieces of cardboard, (from a washing machine box and a door box), to look like a castle wall.
- ✓ Use a dark grey base coat and let dry.
- ✓ Use a large sponge dipped in lighter grey to make bricks/stones.
- ✓ Cut out three holes for windows in the wall piece.
- ✓ Use the wall for bean-bag toss.
- ✓ The object was to get your bean bag through one of the holes in the castle wall.

*Also good to use to add a little pack pizzazz! Use the castle as a prop for ceremonies and atmosphere throughout the pack meeting*

**Dragon Tag***Heart of America Council*

- Four Scouts link their arms together, forming a chain.
- They are the Dragon and must remain linked at all times, even when running.
- The aim of the game is for the Dragon to run and catch as many Scouts as possible by forming a circle around them.
- A Scout who is captured must link arms with the others forming the Dragon and help to capture the remaining Scouts.
- The game goes on until everyone has been tagged and is part of one long Dragon.

**Paper Cutting Race***Heart of America Council*

- You need a pair of blunt scissors and a long strip of crepe paper for each player.
- All the strips should be the same length.
- Tie one end of each strip to something like a chair or a stair post.  
Or pin the end to a cushion.
- Give each player the other end and the scissors.
- When you say go, the players can start cutting along the middle of the paper.
- The first one to reach the other end of his strip is the winner.

**Staff Rattle***Heart of America Council*

- Two Cub Scouts hold a broomstick between them.
- One end is painted blue and the other end red.
- On signal, each tries to touch his color to the ground.

**Pillow Jousting***Heart of America Council*

- This is a mass battle royal!!
- Each contestant holds a broomstick horse in one hand
- He swings his pillow like weapon in the other.  
(The weapon may be a stuffed sock.)
- Each Cub wears a paper hat and leaves the game when he loses his hat.

**Knights and Dragons***Heart of America Council*

- An equal number of knights and dragons are selected.
- The dragons' left wrists are tied to the knight's right wrists.
- Each dragon is equipped with a long green balloon for a tail, tied behind his back.
- Each knight wears a helmet with small visor and carries a rolled paper lance.
- A time limit is set (such as 3 minutes) and
- On signal, each knight tries to break the dragon's tail with his rolled paper lance.
- Each dragon tries to take away the lance from the knight.
- At the end of the time limit, team having most of their props left intact is declared winner.

**Crossing the Moat***Heart of America Council*

*Oh the hardships of being a knight!!*

- This time, he must try to cross the moat on the drawbridge.
- For the drawbridge, set a long plank (at least 12" wide) on the floor.
- The knight, in full dress and astride his horse, must try to walk across the drawbridge.
- If he falls off the plank on either side, he is in the 'moat'; mark the distance he has gone.
- The knight who successfully crosses the drawbridge or goes the farthest is the winner.

**Chivalry Lives***Heart of America Council*

No knightly tournament would be complete without a chivalrous deed!

- For this game the knights will not need their helmets or horses.
- Line the knights up and place a handkerchief on the floor in front of each of them.
- At a given signal, each knight (with his hands behind his back) bends down and picks up the handkerchief with his teeth.
- The knight then gets up and delivers the handkerchief, still in his teeth, to the "Lady" at a designated point.
- First one who reaches the "Lady" wins.

**In the Moat***Heart of America Council*

- Arrange the players in a circle around you just outside a chalk line.
- If you order "in the moat" all are to jump in the circle.
- When you call "on the bank" all should jump back.
- If the order "in the moat" is given when all are in, no one should move.
- Such orders as "on the moat" or "in the bank" should be ignored.
- Anyone making a mistake is out of the game.
- The remaining player wins.

**DRAGON'S TAIL**

*Grand Canyon Council &  
Heart of America Council*

- ✓ There should be at least eight players, but an unlimited number can take part in this game.
- ✓ The players are divided into two equal teams.
- ✓ Each team makes a "dragon" by getting in a line, each player holding the waist of the one in front of him.
- ✓ The player at the end of the line has a handkerchief waving in back from his belt. This is the dragon's tail.
- ✓ The object of the game is for the first player of each dragon to get the other dragon's tail.
- ✓ It takes a lot of running and dodging to protect the handkerchiefs.
- ✓ Play for points, each dragon scoring one point for each time it succeeds in getting the other dragon's tail.
- ✓ Change positions occasionally. Set a time limit if necessary.
- ✓ The boys must not let go of each other.
- ✓ The longer the body of the dragon, the more fun it is to play.

**The Knight**

*Grand Canyon Council  
Sam Houston Area Council*

- ✓ The boys stand in a circle with the "Knight" in the center.
- ✓ Boys call "Knight, Knight, are you ready?"
- ✓ Knight answers "No, I'm putting on my boots" and pantomimes putting on his boots.
- ✓ The others imitate him.
- ✓ Again they ask "Knight, Knight, are you ready" and he replies that he is putting on his armor, helmet, gloves, etc. each time pantomiming putting on the item, while all follow suit.
- ✓ Whenever he wishes, the Knight answers with "Yes, I'm ready, and here I come".
- ✓ The players rush to a goal line and the Knight tries to tag them.
- ✓ If any player is tagged, he becomes the Knight.

**Traditional Games With A Royal Twist**

*Grand Canyon Council  
How about some of these??*

*Use your imagination to think of more!!*

Pin the tail on the donkey

Pin the flame on the Dragon

Simon Says...

The Queen/King Says

Mother may I?...

King may I?

Red Rover...

King Rover

**Other Games****Footprint Identification**

*2010-2011 CS RT Planning Guide*

**Materials:** Aluminum foil , towel

**Object:** Have everyone make an impression of their shoe prints on aluminum foil.

- ✓ Cut the foil large enough for a set of footprints,
- ✓ Handling the foil piece carefully, place it on a folded towel, and carefully step on the foil
- ✓ When everyone is done, have them leave the area,
- ✓ Place the foil pieces at random on a table,
- ✓ Call back the players,
- ✓ Have each person remove one shoe and exchange it with another person,
- ✓ Direct them to find the footprints that match the shoe,
- ✓ You may need to make another footprint to see if the match is correct.

*Note: Some hikers leave their footprints on foil at home so they can be tracked if necessary,*

**CLOSING CEREMONIES****Courage Starts Small**

*Alice, Golden Empire Council*

*You can divide this up anyway that works with your group – if the boys are younger, they could just say the first part of the phrase. Or have one boy say the first part, then another boy give the example. (And if your boys have personal examples, that's BEST of ALL!)*

**Narrator:** So here's what we've learned about Courage this month

**Cub #1:** Courage starts Small -

**Cub #2:** Like when you head home early to finish your homework, even when your friend has a great new game!

**Narrator:** That takes Courage.

**Cub #3:** Courage doesn't need cheering –

**Cub #4:** When you pick up trash on the way home from school, or choose a chubby kid for your team

**Narrator:** When you do things because they're right, without letting anyone know – that's Courage!

**Cub #5:** Courage may be hidden

**Cub #6:** Like when you have to talk yourself into climbing up a rock even though you are afraid of heights

**Narrator:** That's real Courage!

**Cub #7:** Courage has Vision – when you can see how great something could be

**Cub #8:** When you read about some kids that don't have school supplies, and you talk your friends into gathering what they can.

**Narrator:** That's Courage – even when it doesn't seem like you can solve the problem, but your tackle it anyway! So let's each decide, right now, to have courage and do what's right!

**Knights of the Roundtable Closing or Opening***Alice, Golden Empire Council**This is from a Looong time ago, "before dirt"  
when I first began as a Den Mother – Alice***Boys come forward and sing this song:***Tune: Yankee Doodle*

This month we've learned of Knights of Olde,  
And we would like to share it  
That Knights and Cubs are much Alike  
And don't you ever doubt it!

**Next, One boy, a den or a group of boys come forward and say the Cub Scout Promise.****Another boy, den or group recites the Knight's Code:***(Simplified version)*

Be Always Ready  
Defend the Poor  
Do nothing to Hurt or Offend Anyone  
Try to win Honor and a Name for Honor  
Never Break a Promise  
Maintain the Honor of your Country or King  
Do Good Unto Others

**Another boy, den or group comes forward and repeats the Law of the Pack**

*One time, we had these all mounted on large posters so  
parents could actually see the similarities.*

**Boys sing the last verse of the song above:**

So now you see for Cub Scouts  
Our Code is much the same  
As that of Knights of Long Ago  
It's just the name that's Changed

*We followed this up with a Sword in the Stone Ceremony,  
where each boy got to pull the sword out of the stone  
(directions in the How To Book – I covered the base with  
chicken wire and papier mache painted to look like stone)*

*You could also follow up by "knighting" each boy.*

**Responsible Fun***2010-2011 CS RT Planning Guide***Material:** Large poster of the Outdoor Code,**Personnel:** Four Cub Scouts, Den Chief (DC) or adult leader to be narrator.

**DC:** Summer is here, and Cub Scouts are having fun outdoors, Here are some of our Cub Scouts to share their adventures with you:

**Cub # 1:** I had fun playing games outside with my den,**Cub # 2:** I had fun on a hike with my den,**Cub # 3:** I went to day camp and had great fun,**Cub # 4:** I had fun at a picnic at the park.

**ALL:** We learned to respect our environment and took only pictures and memories from our adventures in the sun,

**DC:** Will you all please join me in reciting the Outdoor Code?

As an American, I will do my best to:  
Be clean in my outdoor manners,

Be careful with fire,  
Be considerate in the outdoors, and  
Be conservation-minded,

**Do More***Utah National Parks Council*

**CM:** We have dreamed of and spoken of the future tonight. We always think of the wonders of technology and all the changes that will take place. But, in the future, one thing will remain the same - the human spirit.

Tonight, as we leave, let us pledge to be the best we can as we listen to these thoughtful words.

**Cub # 1:** Do more than belong... Participate.**Cub # 2:** Do more than care... Help.**Cub # 3:** Do more than believe... Practice.**Cub # 4:** Do more than be fair... Be kind.**Cub # 5:** Do more than forgive... Forget.**Cub # 6:** Do more than dream... Work.**Cub # 7:** Do more than teach... Inspire.**Cub # 8:** Do more than live... Grow.**Cub # 9:** Do more than be friendly... Be a friend.**Cub # 10:** Do more than give... Serve.

**CM:** Here's to a wonderful future. Good night Cub Scouts.

**No Knights About Today***Heart of America Council***Personnel:** 8 Cub Scouts in costume.

In turn each recites one line of the following verse.

**Cub #1:** If I had been a knight of yore,**Cub #2:** I would have opened up the door,**Cub #3:** For queens and ladies to pass through.**Cub #4:** I would have been trustworthy, true.**Cub #5:** I would have ridden giant steeds,**Cub #6:** Accomplishing noteworthy deeds!**Cub #7:** Today there are no knights about,**Cub #8:** And so I have become a Scout.**We The Knights Of The Roundtable***Heart of America Council*

**Personnel:** Cubmaster in Knight's costume, reader, and den of Cub Scouts dressed as knights.

**Equipment:** Knight's costumes, including shields and wooden or cardboard swords and a scroll.

**Arrangement:** Cub Scouts form a closed circle around the Cubmaster, holding shields in front of them and facing out.

**Cubmaster:** We, the Knights of the Roundtable, are bound together in a circle of steel. Let this steel wall remind us to keep from our land and from our daily lives, those things that are not in keeping with our code of honor. Now, Knights of the Roundtable, place your left hand on your sword. May the spirit of honor and freedom go forth from you to all your brothers.

**Reader:** Reads the Cub Scout Promise written on the scroll while all Cubs join in.

**The Knight's Code***Heart of America Council*

*This code is slightly different from the one in the Opening Ceremony. Either could be used for Opening or Closing. But please don't Open and Close with the same thing. CD*

Have one Cub Scout read each part.

- Cub #1:** Be always ready with your armor on, except when taking your rest at night.
- Cub #2:** Defend the poor and help them that cannot defend themselves.
- Cub #3:** Do nothing to hurt or offend anyone else.
- Cub #4:** Be prepared to fight in the defense of your country.
- Cub #5:** At whatever you are working, try to win honor and a name for honesty.
- Cub #6:** Never break your promise.

**CUBMASTER'S MINUTE****The Courage to be Kind***Alice, Golden Empire Council*

It can take real courage to be kind. For example, scouts and their parents or leaders can visit an elderly neighbor and play a board game, look at photos and ask about their family memories, or share some cookies. But the most important thing to share with someone who is lonely is your time and attention. Have the courage to stand up and do the right thing, even if you're not sure it will work. That's what courage is – doing the right thing when you really don't want to. And you might even discover that your visit is Fun!

**Stand Up and Be Courageous***Alice, Golden Empire Council*

Use the demonstration of The Science of Courage under GAMES as you talk about how having courage and standing up to do the right thing in spite of peer pressure will help each boy to Rise to the Top.

**Let's Be Lions***2010-2011 CS RT Planning Guide*

"Courage comes in many forms, Swimming to rescue a drowning person or saving someone from a burning building is one form, Not all courage is so spectacular, Some forms are quiet and ongoing, such as the courage to resist peer pressure, One of the hardest things for anyone to do is to stick to what he knows is right while his friends are coaxing him to do the opposite, The ancient symbol of courage is the lion, Let's all do our best to be lions as we live out the virtue of courage,"

**Don't Give Up***Utah National Parks Council*

To be good at anything, you have to have courage to believe that you can do it, and then practice it until you can. There's no easy way to become an expert. You just have to keep at it, over and over. There will be times you'll think that you just can't make it. But be courageous. Don't give up a task because it seems hard. There are few things worth doing that are easy to do at first.

**Knight's Patrol****From Lord Baden Powell's "Scouting for Boys"***Heart of America Council**Alice, Golden Empire Council*

Lord Baden-Powell was very familiar with the history of Knights of the Roundtable and the traits of an honorable knight. In fact, Baden-Powell himself was knighted not only in England, but in several other countries as well. In his "Scouting for Boys," Baden Powell talked about the Knight's Patrol:

Baden Powell said –

The Knight's patrol used to stick to him through thick and thin, and all carried out the same idea as their leader ... namely:

Their honor was sacred,

They were loyal to God, their King and their country.

They were particularly courteous and polite to all women, children and other people.

They were helpful to everybody.

They gave money and food where it was needed and saved up their money to do so.

They taught themselves the use of arms in order to protect their religion and their country against enemies.

They keep themselves strong and healthy and active to be able to do these things well.

You Cub Scouts cannot do better than follow the example of the Knights.

**Freedom***Utah National Parks Council*

We shouldn't take freedom for granted. Our right of free speech, to worship as we choose, and to enjoy the freedoms we have as Americans. There was a time in our history when men could only hope for these freedoms. And now they have become reality. Our freedom is a result of courage and sacrifice of thousands of our forefathers. Let us remember what it cost these men to provide our freedoms today and help keep our land free for those citizens of tomorrow.

**The Fear of Advancing***North Star District and Thunder Wolf District**Sam Houston Area Council*

As the boys progress through Cub Scouts, some of them may become apprehensive as they are about to advance to the next rank as to if they will be able to do everything that will be required of them if they continue to advance. This is especially true of the Webelos as they near the decision of whether to join Boy Scouts or not. To paraphrase President Franklin Delano Roosevelt from his first inaugural address "The only thing they have to fear is, fear itself." So should you know any boys who are nervous about advancing, give them some gentle encouragement, & remind them of those fateful words of our 32nd President, & maybe once they have advanced or gone on to join Boy Scouts they will see that there really wasn't anything to be fearful of after all.



**Our Earliest Settlers**  
Sam Houston Area Council

Traditionally, many native peoples were farmers. An important crop was maize, or corn. They needed rain to grow their maize. In Scouting, our most important crop is the boys. Parents and leaders guide them with all their skill and knowledge. Just like the maize, the boys need 'rain' to grow into healthy young adults. The rain in Scouting is love, understanding, patience, and a good program. Let us use all our skills to bring rain to our boys this month."

**A Hiking Prayer**  
Sam Houston Area Council

Master of the Universe Grant me the ability to be alone; May it be my custom to go outdoors each day Among the trees and grass, among all living things. And there may I be alone, and enter into prayer, To talk with the One to whom I belong. May I express there everything in my heart, And may all of the foliage of the field, All grasses trees and plants, May they all awake at my coming, To send the powers of their life into the words of my prayer So that my prayer and speech are made whole through the life and the spirit of all growing things, Which are made as one by their Transcendent Source.

--Rabbi Nachman of Bratslav (1772-1811)

## CORE VALUE RELATED STUFF

### Connecting Courage with Outdoor Activities

Wendy, Chief Seattle Council  
(Adapted from B.A.L.O.O. Appendix E)

- ★ **Hikes** – Meet the challenges of the trail. Plan ahead for situations that will challenge the boys' courage, including "Hug a Tree if lost."
- ★ **Nature Activities** - Study a certain species and how it reacts to danger, paying attention to how adults are courageous when guarding their young.
- ★ **Service Projects** – Arrange for a safe visit to a food kitchen or homeless shelter and talk about how it takes courage to ask for help from others and courage to help those who are different from us.
- ★ **Games & Sports** – Play a game in which a boy has to ask for help from someone else. For some people admitting they need help is courageous.
- ★ **Ceremonies** – Award "The Lion's Heart" to a boy who shows real courage in any appropriate situation. Place flags at a cemetery on Memorial Day (or Flag Day or Fourth of July, or ...)
- ★ **Campfires** – Give each boy a speaking part in the campfire, even if some of them fear speaking in public. Give plenty of praise for their efforts. Do a skit about a hero.
- ★ **Den Trips** - Visit a Dentist's office. Many people are afraid of dentists. Visit a firefighter or an EMT.
- ★ **Pack Overnighter** – Plan a Pack Family Camping trip to an approved site where the pack has never been before. Plan some different activities - games or sports the boys have not played. Plan a dinner of some food like the pioneers may have eaten but we do not usually eat today.



### COURAGE Character Connection

Carol at [www.cubroundtable.com](http://www.cubroundtable.com)

#### Tiger Book

*The Perseverance Character Connection is not part of an Achievement or Elective in this book.*

#### Wolf Book

*Character Connection - Courage*  
*Achievement 12, "Making Choices," Requirement a*  
(Page 100)

- ✓ **Know** - Discuss with your family what "courage" is? Review the requirements and discuss how you might need courage in each one to do what is right.
- ✓ **Commit** - Give some examples of when it is hard to do the right thing. Discuss with you family times that it might take courage to be honest and kind. Tell about a time in your life when you needed to be brave or courageous to do the right thing.
- ✓ **Practice** - Practice learning about courage while doing the requirements for "Making Choices." With family members, act out the choices you would make for some of the requirements.

#### Bear Book

*Character Connection - Courage*  
*Achievement 11, "Be Ready!," Requirement g* (Page 96)

- ✓ **Know** - Define the importance of each courage step: Be strong; Be calm; Be clear; Be careful. Explain how memorizing the courage steps help you to be ready?
- ✓ **Commit** - Explain why it is hard to follow the courage steps in an emergency. Tell when you can use the courage steps in other situations (Such as standing up to a bully, avoiding fights, being fair, not stealing or cheating when tempted, etc.).
- ✓ **Practice** - Act out one of the requirements using these courage steps: Be strong; Be calm; Be clear; Be careful.

#### Webelos book

*Character Connection - Perseverance*  
*Readyman Activity Award, Requirement I* (Page 366)

- ✓ **Know** - Define the importance of each courage step: Be strong; Be calm; Be clear; Be careful. Explain how memorizing the courage steps help you to be ready.
- ✓ **Commit** - Explain why it is hard to follow the courage steps in an emergency. Tell when you can use the courage steps in other situations (Such as standing up to a bully, avoiding fights, being fair, not stealing or cheating when tempted, etc.)
- ✓ **Practice** - Act out one of the requirements using these courage steps: Be strong; Be calm; Be clear; Be careful.

**Follow the Yellow Brick Road** (Obstacle Course)*Cub Scout Program Helps 2003-2004 page 10 October*

Create an obstacle course for the boys to try out during the den meeting, using the obstacles listed below.

- ✓ **Scarecrow's Cornfield** - Use hay bales or cardboard boxes for a series of hurdles that boys jump over.
- ✓ **Tin Man's Forest** - Set a course for boys to run around trees or chairs.
- ✓ **Lion's Lair** - Use open boxes, chairs, tables, or hoops suspended from doorways or trees for boys to crawl under or through.

**Background -**

- ✓ In the land of Oz, the lion was known for his cowardice, but in the end he showed his courage by confronting the wizard.
- ✓ What do you think courage means?
  - Imagine that you have some friends who are being unkind to someone. How does it take courage to tell them to behave differently?
- ✓ Do you feel that you would have the courage to stand up for what is right?
  - Are there any situations where you wouldn't have the courage to speak up? Why? What could you do to get the help you need to be courageous?
- ✓ What can you do the next time you feel like you're losing your courage?

**Cubmaster's Minute: Courage***Cub Scout Program Helps 2002-2003, page 3 AUG*

When we begin to feel that life is hard and the ask before us is more than we can handle, stop and remember the pioneers who forged the trails west. They left in covered wagons for a life in the unknown. They didn't know what lay ahead of them, but with courage they moved on. They faced mountains, hot dry deserts, dried-up water holes. Little fresh food, fevers, dying oxen and livestock, conflicts with American Indians, outlaws who took their belongings, and sandstorms, just to name a few of their difficulties. But they drew upon their faith in God and their courage and determination to get the job done.

**Remember:** It takes courage to accomplish our goals in life, even when it seems as if they can't be done. It worked for the pioneers – it can work for you!

**Do Right, Not Wrong****Cubmaster's Minute: Courage***Cub Scout Program Helps 2004-2005, page 4 SEP*

We had fun tonight talking about our pack time capsule. Do you think the men and women who fly real space rockets have fun? I hope they do. But you know, I think they have to have a lot of courage, too.

They have to want to do something to help their country – our county – find out about space and learn things that might be helpful to us and all the people of the world. To me that makes them good citizens.

As a Cub Scout I expect you to have courage and to be a good citizen every day. You all have been taught the difference between right and wrong by those who care for and love you. Sometimes we have to show courage and stand up for what we now is right. Sometimes our friends may try to get us to say or do something we know is wrong.

Think about it. If they are really your friends will they try to get you to do wrong and perhaps get you in trouble for it? And a Cub Scouts you have made a promise. If you keep that promise, you will show courage and be a good citizen because you now it is the right thing to do. courage

**Thinking About Courage****A Reflection in the Den***Cub Scout Program Helps 2005-2006, page 6 OCT*

- ✓ What do you think courage means?
  - Courage is more than just about danger. It also is about doing what is right.
- ✓ How does a firefighter show courage?
  - Can you show courage? or
  - How can you show courage.
- ✓ How do you feel when you hear about people who have shown courage?
- ✓ Do you think you could show courage at home?
  - How?
  - What about at school?

**Understanding Courage***2004 Pow Wow Book Cub Scouting Forever**by Great Salt Lake Council*

**Courage** - Doing what is right regardless of how hard it is or what the consequences are.

**Project**

What influences your choices? Ask the boys to conduct a survey during the week using the following questions.

- ? What makes you decide which TV programs to watch?
- ? Who and what influences what you wear?
- ? Who or what influences how you spend your money?
- ? What are your goals in life?
- ? Who or what influences the things you think are right and wrong?

Collate the answers. Then discuss who or what they follow. Discuss why they follow who or whatever, and how this affects their life.

**Our Courageous Explorers***Cub Scout Program Helps 2006- 2007, page 8 SEP*

Today you shared stories of (*two or more*) American polar explorers. (*Bear Achievement 3, "What Makes America Special," Requirement b*) Being an explorer takes courage.

- ? What does courage mean? What is it?
  - Boys your age may be faced with situations that require courage at school or at home.
- ? How do you show courage?
  - (Examples: Saying no to drugs or violence, standing up to a bully, being safe at home alone).

In the week ahead, think of the times you will be faced with choices and congratulate yourself on the courageous choices you make.

**Tattling or Telling**

2004 Pow Wow Book Cub Scouting Forever

"Cub Scout Shipbuilders," by Great Salt Lake Council

The men who sail the seas are men of courage.

It takes courage to tell an adult when a friend is about to get hurt.

How is "Tattling" different than "Telling" on someone for a good reason?

*Which of the following are Telling and which are Tattling?*

- 1) Joe is running into the street and a car is coming.
- 2) Tom is taking another cookie.
- 3) Mike is playing with his pocketknife.
- 4) John is lighting a match.
- 5) Greg didn't bring his dues to den meeting this week.
- 6) Phil got in trouble at school today.
- 7) Frank is allergic to peanut butter.

*Telling - 1, 3, 4, 7; Tattling - 2, 5, 6*

Now discuss Telling vs. Tattling -

- ? Do you know the difference between tattling and telling? Why does it take COURAGE to not tattle on someone?
- ? How do you feel when someone tattles on you? How would you feel if someone told your teacher that you are allergic to milk? Why is it tempting to tattle on others?
- ? Make a plan now so that you will have the COURAGE to talk to an adult when you know someone might get into trouble.

**Write a Folklore Story**

Cub Scout Program Helps 2008- 2009, page 10 OCT

**Materials:** Pencil and paper

The den will choose a folklore legend and write a collaborative story. Once a legend is chosen have each boy write one sentence and pass the pencil and paper to the next boy.

Go through the process until the story is "complete." Den leaders should attempt to keep the story on topic while letting the boys' imaginations run free.

Once the story is finished, the den leader reads the story to the den. The den might make a skit based on the story and use it the next pack meeting.

**Reflection on the Den's Story -**

When the Cub Scouts have created their story for the Write a Folklore Story activity, review the attributes of the hero of their story. The story will likely include a conflict which calls for courage on the hero's part. Ask:

- ? What did this hero do?
- ? Was it hard?
- ? Did it take courage to do what he did?
- ? Do you know what courage is?
- ? Do you do courageous things in your lives? What are they?

For other **COURAGE**  
Character Connection Activities go to ·

<http://www.cubroundtable.com/assets/pdf-documents/2002-2010%20Character-Connections-Packet.pdf>

**July – A Month for Courage**

Alice, Golden Empire Council

**July 1<sup>st</sup> – Build a Scarecrow Day –**

This may just the right time to build a scarecrow to protect your family garden. But also think about his buddy, the "Cowardly Lion", who lacked Courage, or thought he did. Check out the movie and have a fun evening watching it. Be sure and notice the song he sang when he met Dorothy:

"It's sad believe me, missy,  
When you're born to be a sissy  
Without the vim and verve...."

Some people will tell you it takes courage to be a sissy – to say no to a risky dare or let others call you "chicken" because you won't do something wrong. Sometimes courage is backing down and refusing to go along with the crowd. Talk about it with your den or family.

**July 4<sup>th</sup> – Independence Day –**

As you celebrate this holiday with picnics, parades and fireworks, remember the real reason behind the day – Learn something about the Founding Fathers and their courage. In the den, you could focus on a different Founding Father each week, or ask each boy or family to choose one to learn about. Look for examples of their courage. Go to:

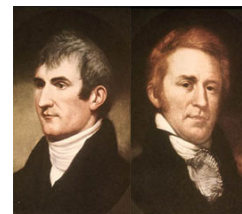
[http://en.wikipedia.org/wiki/Founding\\_Fathers\\_of\\_the\\_United\\_States](http://en.wikipedia.org/wiki/Founding_Fathers_of_the_United_States)

**July 11<sup>th</sup> – Ommegang Day**

In Medieval Times, when knights were abroad, there was a custom of walking around buildings, or even around the entire perimeter of a town on this day. The belief was that some kind of magical protection could be gained for the city, castle or building. This custom is still observed in Brussels, Belgium even today. So take a walk to celebrate Ommegang, and you will actually experience something magical – you will notice many things that are missed when you ride by an area in a car, including sounds and sights of nature all around you, and people and their activities.

**July 13<sup>th</sup> – Go West Day**

Two famous explorers showed great Courage in traveling across America all the way to the Pacific Coast at a time when very little was known of the region. You can find examples of great leadership if you learn about Lewis and Clark and their famous journey – you might also work on the Map and Compass Belt Loop in their honor!





*Lewis and Clark's Outbound Route Shown in Red,  
Inbound in Blue.*

In 1803, the size of the United States was doubled when President Thomas Jefferson negotiated the Louisiana Purchase. A few weeks later, he asked Congress for \$2500 to send "intelligent officers with ten or twelve men to explore... to the Western ocean." They were called the Corp of Discovery, and Captain Meriwether Lewis was chosen to lead the expedition. He in turn chose William Clark as his partner – and he showed his leadership skills when he always referred to Lewis as Captain and treated him as an equal, even though his commission had not been granted.

The expedition was to explore the plants, animals, geography and Indian populations of the entire area, along with making accurate maps. Jefferson hoped that they might discover a water route to completely cross the continent. The courage and leadership of the Corp of Discovery resulted in the loss of only one man, Sergeant Charles Floyd, who died of acute appendicitis.

They had to deal with hostile Indians, difficult water crossings and rapids, and extreme weather. They also met friendly tribes, and in the winter of 1804, they were joined by a French Canadian trapper and his Shoshone/Hidatsa wife, Sacagawea and her young baby.

The Corp of Discovery brought back many examples of plants and animals, including a live prairie dog, and made a major contribution to mapping the North American continent and learning about the western regions – because of their work, the great western areas were much more accessible to the American people.

Check out the National Geographic web site for actual journal entries, a timeline of the expedition, photos and online games. A great way to study Courage! Go to:  
[www.nationalgeographic.com/lewisandclark/](http://www.nationalgeographic.com/lewisandclark/)

*Note: You could also prepare for your own "expedition" by following the example of Lewis & Clark – because of their preparation and training, only one man was lost on their long journey. Today, a family or pack can prepare by practicing the Hug A Tree & Survive principles. Check for ideas under GAMES.*

### **July 15 – St. Swithin's Day in England**

A very old tradition that whatever the weather on this day, it will continue for forty days:

"St. Swithin's Day, if thou dost rain,  
For forty days it will remain,  
St. Swithin's Day, if thou be fair,  
For forty days 'twill rain nae mair" (no more)

### **July 17th – Disneyland opens in 1955**

You might be surprised at how much courage it took for Walt Disney to imagine and then make his dream real! Check out these quotes to get an idea of the challenges he faced:



"When you're curious, you find lots of interesting things to do. And one thing it takes to accomplish something is courage."

"Somehow I can't believe there are any heights that can't be scaled by a man who knows the secret of making dreams come true. This special secret, it seems to me, can be summarized in four C's. They are Curiosity, Confidence, Courage, and Constancy and the greatest of these is Confidence. When you believe a thing, believe it all the way, implicitly and unquestionably."

"I have been up against tough competition all my life. I wouldn't know how to get along without it."

"It's no secret that we were sticking just about every nickel we had on the chance that people would really be interested in something totally new and unique in the field of entertainment."

"We did it (Disneyland), in the knowledge that most of the people I talked to thought it would be a financial disaster - closed and forgotten within the first year."

"I first saw the site for Disneyland back in 1953. In those days it was all flat land - no rivers, no mountains, no castles or rocket ships - just orange groves, and a few acres of walnut trees."

***By the way, next time you get to Disneyland or Disneyworld, notice how many characters, real and imagined, show courage in what they believe in and how they act!***

### **July 19th – Stick Your Tongue Out Day**

Courage sometimes requires you to take a new look at things – so check out the Fun Facts About the Tongue – and challenge yourself by trying the Tongue Twisters under Run-Ons!

**July 20th – Moon Day**

Commemorates the day man first walked on the moon in 1969.

The Apollo Space program, begun by President John F. Kennedy, was created to put the first man on the moon. Apollo 11 fulfilled that dream, carrying astronauts Neil Armstrong, Michael Collins, and Edwin Aldrin, Jr. What an amazing and historic event it was!

On July 20, 1969, the Lunar Module, nicknamed the "Eagle", touched down on the surface of the moon, and Commander Neil Armstrong reported "The Eagle Has Landed". A few hours later, Neil Armstrong, stepped off of the Eagle's ladder, placed one foot upon the moon's surface and proclaimed: "That's one small step for a man, one giant leap for mankind".

Enjoy Moon Day re-living this historic day. Watch a movie on space or read a book on space flight. We suggest the movie "Apollo 13". And check out the "Space Place" website from NASA – they have lots of ideas for every scout rank, from food to science activities.

**July 24th – Amelia Earhart Day –**

Amelia Earhart is recognized as a courageous person around the world – she disappeared on her last great adventure, trying to fly solo around the world – Check out the Fun Facts About Amelia Earhart!

**July 25th – Threading the Needle Day –**

So be courageous and try something new – learn to thread a needle and try sewing on a button or patching a hole!

**July 27th – Opening of the First Brownsea**

Baden-Powell was encouraged to set down his views on how he would apply Scouting to the training of boys. He first conducted an experimental camp in 1907 on Brownsea Island off the Dorset coast of the UK. With some 20 boys from all walks of life and suitable adult leaders, Baden-Powell taught the boys what he meant by Scouting. They lived in tents, cooked their own food and learnt many valuable skills through games.

**July 27, 2012 – Opening Day of the London Olympics -**

Olympic athletes show courage and commitment in the hours and years of training they must complete in order to win a spot in the games. Many of the events would have seemed familiar to the Knights of the Roundtable – Archery, Fencing, Wrestling, Handball, Gymnastics, Equestrian and other Athletic Events were part of their training.

**July Crazy Holidays**

*Jodi, SNJC Webelos Resident Camp Director 06-11*

**July is:**

- [Air-Conditioning Appreciation Days](#)
- [Bereaved Parents Month](#)
- [Bioterrorism/Disaster Education and Awareness Month](#)
- [Blueberries Month](#)
- [Cell Phone Courtesy Month](#)
- [Dog Days](#)
- [Family Reunion Month](#)
- [Hemochromatosis Screening Awareness Month](#)
- [Herbal/Prescription Awareness Month](#)

- [International Group B Strep Awareness Month](#)
- [Lasagna Awareness Month](#)
- [National Baked Bean Month](#)
- [National Child-Centered Divorce Month](#)
- [National Culinary Arts Month](#)
- [National Doghouse Repairs Month](#)
- [National Grilling Month](#)
- [National Horseradish Month](#)
- [National Hot Dog Month](#)
- [National Ice Cream Month](#)
- [National Make a Difference to Children Month](#)
- [National Pickle Month](#)
- [National Picnic Month](#)
- [National Recreation and Parks Month](#)
- [National Share A Sunset With Your Lover Month](#)
- [National Wheelchair Beautification Month](#)
- [Sandwich Generation Month](#) (To commemorate the special needs of people caring for multiple generations, some state and local governments have proclaimed July as Sandwich Generation Month.)
- [Smart Irrigation Month](#)
- [Social Wellness Month](#)
- [Tour de France Month](#)
- [Women's Motorcycle Month](#)

**Weekly Celebrations:**

- National Unassisted Homebirth Week: 1-7
- **Be Nice To New Jersey Week: 1-7 (First Full Week)**



- Freedom Week: 4-10
- International Chicken Wing Week: 6-8
- Sports Cliché Week: 8-14
- National Farriers Week: 8-14 (Second Week)
- National Baby Food Week: 12-15
- Wayne Chicken (Tribute to Chickens) Week: 13-15
- National Parenting Gifted Children Week: 15-21 (Third Full Week)
- Rabbit Week: 15-21  
(Re: Magician Rabbits The sponsor is Melvin Rabbit up in Canada)
- Captive Nations Week: 15-21 (Always 3rd Week)
- National Independent Retailers Week: 15-21
- National Zoo Keeper Week: 15-21 (Always 3rd Week)
- Baby Food Festival: 18-21
- National Ventriloquism Week: 18-21
- Restless Leg Syndrome (RLS) Education & Awareness Week: 18-25

- (Note: Different sponsor than the September 23 observance has.)
- Garlic Days: 27-29
- World Lumberjack Championships: 27-29 (Last Weekend)
- Single Working Women's Week: 29-8/4 (Always on the week that has 8/4 in it)

**Each Day:**

- 1 [Build A Scarecrow Day](#) - first Sunday in month
- 1 [Canada Day](#)
- 1 [Creative Ice Cream Flavors Day](#)
- 1 [International Joke Day](#)
- 2 [I Forgot Day](#)
- 2 [World UFO Day](#)
- 2 [Visitation of the Virgin Mary Day](#)
- 3 [Compliment Your Mirror Day](#)
- 3 [Disobedience Day](#)
- 3 [Stay out of the Sun Day](#)
- 4 [Independence Day \(U.S.\)](#)
- 4 [National Country Music Day](#)
- 4 [Sidewalk Egg Frying Day](#)- Hmmm, I wonder why!?!
- 4 [Tom Sawyer Fence Painting Day](#)
- 5 [Work-a-holics Day](#) -  
even though everyone is on holiday
- 6 [National Fried Chicken Day](#)
- 7 [Chocolate Day](#)
- 7 [National Strawberry Sundae Day](#)
- 8 [Video Games Day](#)
- 9 [National Sugar Cookie Day](#)
- 10 [Teddy Bear Picnic Day](#)
- 10 [Clerihew Day](#)
- 11 [Cheer up the Lonely Day](#)
- 11 [World Population Day](#)
- 12 [Different Colored Eyes Day](#)
- 12 [Pecan Pie Day](#)
- 13 [Barbershop Music Appreciation Day](#)
- 13 [Embrace Your Geekness Day](#)
- 13 [Fool's Paradise Day](#)
- 14 [Bastille Day](#)
- 14 [Pandemonium Day](#)
- 15 [National Ice Cream Day](#) (third Sunday of the month)
- 15 [Tapioca Pudding Day](#)**  
(*My kind of Day - CD*)
- 15 [Cow Appreciation Day](#)- Go out and give a cow a hug
- 15 [Respect Canada Day](#)
- 16 [International Juggling Day](#)
- 17 [Peach Ice Cream Day](#)
- 17 [Yellow Pig Day](#)
- 18 [National Ice Cream Day](#)
- 18 [National Caviar Day](#)- something's fishy here
- 19 [National Raspberry Cake Day](#)
- 19 [Stick Out Your Tongue Day](#)
- 19 [Flitch Day](#)
- 20 [Moon Day](#)
- 20 [Ugly Truck Day](#)- it's a "guy" thing

- 21 [National Junk Food Day](#)
- 21 [National Tug-O-War Contest Day](#)
- 22 [Hammock Day](#)
- 22 [Parent's Day](#) - fourth Sunday in July
- 22 [Rat Catcher's Day](#)
- 23 [National Hot Dog Day](#)
- 23 [Vanilla Ice Cream Day](#)
- 24 [Amelia Earhart Day](#)
- 24 [Cousins Day](#)
- 25 [Culinarians Day](#)
- 25 [Threading the Needle Day](#)
- 26 [All or Nothing Day](#)
- 26 [Aunt and Uncle Day](#)
- 27 [Summer Olympics](#) - every 4 years
- 27 [Take Your Pants for a Walk Day](#)
- 28 [National Milk Chocolate Day](#)
- 29 [National Lasagna Day](#)
- 29 [Cheese Sacrifice Purchase Day](#)
- 30 [National Cheesecake Day](#)
- 30 [Father-in-Law Day](#)
- 31 [Mutt's Day](#)

**About the Knight's Code**

*Alice, Golden Empire Council*

There are different versions of the Code of Honor, the Knight's or Chivalric Code. But they all included being a person of honor, respect, loyalty and giving protection to those who needed it. And every code also included Courage as an absolute requirement – no man ever advanced from page to squire, much less knighthood, without demonstrating the courage to stand up for the right and protect others in spite of personal risk and sacrifice.

Here is Charlemagne's Code of Chivalry, which was included in the "Song of Roland" – during the 11<sup>th</sup> Century period when William the Conqueror went to battle. The duties of a knight were described as follows:

To fear God and maintain His Church  
 To serve the liege lord in valour and faith  
 To protect the weak and defenseless  
 To give succour to widows and orphans  
 To refrain from the wanton giving of offence  
 To live by honour and for glory  
 To despise pecuniary reward  
 To fight for the welfare of all  
 To obey those placed in authority  
 To guard the honour of fellow knights  
 To eschew unfairness, meanness and deceit  
 To keep faith  
 At all times to speak the truth  
 To persevere to the end in any enterprise begun  
 To respect the honour of women  
 Never to refuse a challenge from an equal  
 Never to turn the back upon a foe.

*If the boys in your den or pack are making their own shields, or learning about knights, help them understand this code and/or come up with their own code based on family and scouting values, motto and the promise and law.*

### Fun Facts About the Tongue

Alice, Golden Empire Council

July 19th is "[Stick Out Your Tongue Day](#)"

Check the link for it!! Click [HERE](#)

- The tongue is made up of many groups of muscles that run in all different directions.
- The front part of the tongue is very flexible and works with the teeth to create different sounds and words.
- The tongue also pushes your food to the teeth so it can be ground up and swallowed.
- You need the back of your tongue to make some sounds: "k" and "g" – Want some proof – say the letters slowly and you can feel your tongue move against the top of your mouth.
- If you didn't have that little membrane under your tongue, you would swallow your tongue!
- Take another look at your tongue to see how rough and bumpy the top side is – that's where your taste buds are!
- You have about 10,000 taste buds when you are born, but as you get older about half of them die.
- Your taste buds send messages to your brain to protect you from eating or drinking something dangerous or spoiled.
- If you suck on an ice cube, you won't be able to taste your next bite.
- Without saliva, your tongue wouldn't work – it needs moisture to taste something.
- Your tongue even helps keep you from getting sick, by filtering out harmful germs.
- Your tongue never sleeps – it's always working!
- You should brush your tongue, along with your teeth, to keep it working well!

*Now exercise that tongue with some of the Tongue Twisters under Applauses and Songs!*

## PACK & DEN ACTIVITIES

### Great American Camp Out June 23rd



Check it out on -

National Wildlife Federation website:

<http://www.nwf.org/Get-Outside/Great-American-Backyard-Campout.aspx>

On Facebook:

<http://www.facebook.com/backyardcampout>

They are, also, on Twitter (but I am not):

[www.twitter.com](http://www.twitter.com)

On REI, one of the major sponsors:

<http://www.rei.com/family-adventure>

There are many giveaways and sponsored camping events for families to enjoy



### Courage Ideas

#### Courageous Activities for Packs & Dens

Alice, Golden Empire Council

**Keep an eye out for little acts of courage** – give boys a little party favor “medal” for sharing examples of courage.

**Ask boys and parents to help collect stories of courage** – Print them out so everyone can have stories to share in their families or dens.

*Tiger Ach. #2, Elect. #1, #8; Wolf Elect #21b;*

*Bear Ach. #17d; Webelos Citizen #11*

**Brainstorm with your den about what a courage is** – does a person have to be a hero to show courage? Encourage boys to think about real people, not just super heroes. Have the boys make special thank you cards for the people they choose as courageous.

*Wolf Ach. #12a; Bear Ach. #11g; Webelos Readyman #1*

**Play one of the Courage Games in this Baloo** – and discuss the outcome!

**Suggest that families talk about examples of courage in their family history** – share stories about how ancestors were everyday heroes.

**Set up an obstacle course based on the adventures of Lewis & Clark** – Check out ideas on the website as shown in Theme Related. Let the boys use tables, chairs, safety cones, hula

hoops, pool noodles, boxes – whatever is available – to include some of the obstacles the Corp of Discovery faced. If you do it outside, add in some water obstacles – after all, much of the Lewis & Clark journey was on or in the water!

*Wolf Elect. #18d; Bear Ach. #16 –(can be included as part of course) Bear Elect. #18c;*

**Suggest that families talk about examples of courage in their family history** – share stories about how ancestors were everyday heroes.

*Bear Ach. #8d; Webelos Family Member #12; Heritages Belt Loop*

**Learn or review the steps for Hug A Tree and Survive** – then you can be prepared to act with courage if you ever do become lost. See it at

<http://www.nasar.org/page/67/Hug-A-Tree>

*Tiger Ach. #3Fb; Wolf Elect. #23c;*

*Bear Ach. #12b; Webelos Outdoorsman #9*

**If you haven't worked on Hug A Tree and Survive, check out these excellent ideas for what to do if lost** – Details at:

[www.nasar.org](http://www.nasar.org) Also check out the Hug A Tree game ideas

under GAMES.

*Tiger Ach. #3F; Wolf Elect. #23c; Bear Elect. #25b;*

**Choose some everyday heroes that the boys know** – such as teachers, police or fire department members, the Cubmaster – invite them to come to the pack meeting and give each of them a simple award – perhaps a certificate or even a picture the boys have made to present to them.

**Choose a service project to honor military people who have shown courage** – one idea is Operation Military Kids, which provides hero packs to children who are sacrificing time with their deployed parents; another it Call to Action, directed by Tom Whittaker.

**In honor of Lewis & Clark, earn the Map & Compass Belt Loop** – Learn more about the expedition of the Corp of Discovery.

**Do a Recycling Project in honor of Tom Whittaker**, who brought down 1,000 pounds of trash from Mt. Everest. Learn more about his courage under Theme Related.

*Tiger Elect. #47; Wolf Ach. #7c, d;*

*Bear Ach. #6a; Webelos Outdoorsman #6*

**Look for examples of courage among the athletes in the London Olympics** - determination, willingness to sacrifice and endurance are hallmarks of both courage and those who make it to the Olympics. Find out more about their stories.

**Explore different kinds of people who display courage** – include Strategic Air Command, DART, Civil Air Patrol, CERT (Community Emergency Response Team), National Guard, Firemen and Policemen, Regular Military, Teachers, Doctors.

**Have each scout or family make a list of some examples of courage** – make a list of categories and have each person or team fill in a real name that fits the category. Some ideas are: volunteer firefighters, musicians or artists, parents that volunteer at school, people that bake for a benefit sale, people that help the elderly, people that plan celebrations that everyone can enjoy, first responders, people who teach Sunday School, Scout leaders, kids who help younger kids learn something new (like Venturing Scouts or the Den Chief), people who help their neighbors, people who coach sports for kids.

**Visit a museum and look for examples of Courage** – people who have done something heroic or started a service project, saved a building from demolition, worked with youth in the community, overcome challenges.

*Tiger Ach. #1G; Wolf Ach. #4f; Bear Ach. #3d;*

**Visit with older people, especially family members, and learn about them, their work, their service, how they spent their time** – identify ways that they showed courage, overcame challenges, helped others get educated, or made a difference in their communities

*Tiger Ach. #1G; Wolf Elect. #9b; Bear Ach. #8b;*

**Work on the scouting requirements that prepare scouts to be a hero** –first aid training, plumbing, fix it, carpentry skills – boys or families can be a “hero” by helping an elderly neighbor or relative who can’t afford regular maintenance – and in the future, as men with these skills, today’s scouts will be a hero to their own families.

*Tiger Elect. #10; Wolf Elect. #8b; Bear Ach. #20c; Bear Elect. #17a, e; Webelos Readyman, Handyman*

**Obtain or print out a map of the local community** – (Thomas Bros. maps also show schools, fire stations, community centers) –talk about the places where help is available and where courage is needed.

**Invite a CERT (Community Emergency Response Team) member to come** and share information with your den or pack families.

**Explore different kinds of people who display courage** – include Strategic Air Command, DART, Civil Air Patrol, CERT (Community Emergency Response Team), National Guard, Firemen and Policemen, Regular Military, Teachers, Doctors.

*Bear Ach. #3b, Ach. #17d; Webelos Communicator #11,12,13;*

**Check out the book The Children’s Book of Heroes by William Bennett** and read a story about courage -- you might even use a story as the plot of a skit for the pack meeting!

**Learn more about how courage was shown by the knights of old** – Study the Knight’s Code and Rules of Chivalry and compare them to the Cub Scout motto and Law of the Pack.

**Have each boy create his own shield** – Boys can choose their own color, shape and symbols, or you can share the meaning of colors, decorations and symbols used on real shields used by knights; check out the traditional examples:

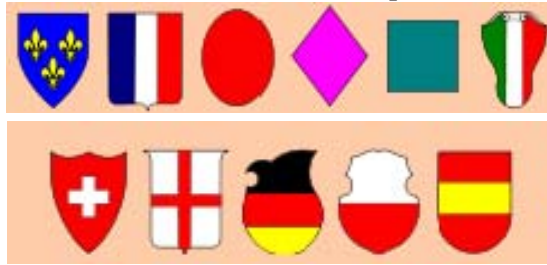
**Coat of Arms**

*Heart of America Council*



To have a personal Coat of Arms was the custom in many countries to identify their name by suing a shield or “coat of arms”. Design your very own.



**Shield or Heraldic Shapes**

The shapes above are traditional shapes used by a knight, with some examples showing how they might use color and designs as well. The shapes are:

“Heater” style used by both French and English knights;  
 Modern French style; Oval; Lozenge (sometimes used by a heiress to a family crest); Square; Italian; Swiss; Tudor Arch; German or English; Polish; Traditional Iberian

**Traditional Colors & Symbols**

Yellow or gold -	Generosity and elevation of the mind
White or silver -	Peach & Sincerity
Blue -	Loyalty & Truth
Red -	Military fortitude; Courage
Black -	Dependable; Mourning a fallen comrade
	Constancy or grief
Green -	Hope & Joy
Purple -	Royal majesty, justice
Orange -	Worthy ambition
Maroon -	Patient in battle; victorious

**Symbols**

Cross or Chevron -	Protection
Crescent -	Honored by the king
Lion or panther -	Great courage
Tiger -	Great fierceness and valor
Bear -	Ferocity in the protection of family
Wolf -	Valiant leader
Leopard -	Valiant and hardy warrior
Horse -	Readiness for all employments for king and country.
Lamb -	Gentleness and patience under suffering
Ram -	Authority
Dog -	Courage, vigilance, loyalty, and fidelity
Camel -	Patience and perseverance
Tortoise -	Invulnerability to attack
Heart -	Charity, sincerity
Pen -	Emblematic of the liberal art of writing and of learned employments.

Double Eagle and Eagle - Signifies a man of action, ever more occupied in high and weighty affairs, and one of lofty spirit, ingenious, speedy in apprehension and judicious in

**Go to a Renaissance Faire**

*Commissioner Dave*

Renaissance Faires are where many people come in costume and spend the day reliving the time of chivalry and knights. My family and I regularly attend the Pennsylvania Renaissance Faire (See website below). We see Shakespearean plays snippets, eat turkey legs, participate in old time games and dancing, listen to folk music from the era and much more as we walk around and look at knights in

armor, the ladies in their fancy dresses, wenches and pirates.. One year we witnessed the rivalry between Queen Elizabeth and Mary, Queen of Scots through jousts, human chess games, sword fights and other events. This year there were two noblemen courting Queen Victoria who were competing (in strangely enough) the exact same events.. We were there on Pirates Weekend and there was a boat race people were paying to play – It was a Cub Scout Raingutter Regatta. The boats were unmistakable even though they were painted to be pirate ships.

So I went looking and found some websites for Renaissance Faires -

Texas Renaissance Festival, Plantersville, TX  
<http://www.texrenfest.com/main.htm>

(There are at least four other Ren Faires in Texas)

Pennsylvania Renaissance Festival  
<http://www.parenfaire.com/>

Maryland Renaissance Festival  
<http://www.rennfest.com>

Then I found these sites that have lists of Renaissance Faires from all around the country. Some are one weekend events, some are like the Pennsylvania Faire that are every weekend for 10 weeks or so.

<http://www.verymerryseamstress.com/renaissancefares.htm>

<http://www.faires.com/>

<http://www.faire.net/SCRIBE/WebScribe.htm>

<http://www.renaissance-faire.com>

<http://www.renaissanceinfo.com>

<http://www.renaissanceinfo.com>  
[the periodical Renaissance Magazine](http://www.renaissanceinfo.com)

So if you are not holding your own event, maybe you can go and see one of these.

**Summertime Pack Ideas**

*2010-2011 CS RT Planning Guide*

**Leave No Trace.** While teaching boys about protecting the environment is appropriate at any time of the year, summertime pack outings are excellent chances to present the Leave No Trace program to Cub Scouts and families. Use the Cub Scout Leader Book as a resource develop a plan using the guidelines and requirements for Cub Scouting's Leave No Trace Awareness Award to have Pack members earn the award over the summer. Additional information, guidelines, and the award requirements are in the boys' handbooks as well. These web sites

<http://www.usscouts.org/advance/cubscout/leavenotrace.asp> and

<http://www.scouting.org/scoutsources/CubScouts/resources/LeavenoTrace.aspx>, also have information. Be sure your leaders set the example and earn the award themselves. Use the awareness patch to promote earning the award. Brainstorm ideas with your pack for the Leave No Trace-related service projects.

**Summer Hikes** - Develop with your leaders a listing of various themed hikes the pack could take. The list should include - backyard hikes, city hikes, and nature trails.

Brainstorm hiking ideas and games boys and families want to do and play that are consistent with the Leave No Trace principles. Ideas include -

- ☺ A treasure hunt can be played without touching the items.
- ☺ A litter-picking project can become a contest between dens.
- ☺ Cub Scouts and families might want to document their hike with cameras.
- ☺ The pack might have a nature photo contest with a variety of categories, including "the wildest," "the most puzzling," and "the most interesting."
- ☺ How about recording your hike with souvenir rubbings? Boys can make rubbings of tree barks, fallen leaves, and brass plates they may find on the trail.

Have the Cubs make special Hiker's Neckerchief Slides and complete their Leave No Trace Pledge Cards before the hike to remind them to leave nothing but footprints.

**Hug a Tree and Survive.** The Hug-A-Tree and Survive program started in 1981 in California, following an unsuccessful search for a missing 9-year-old boy. It is a program designed to teach 7 to 11-year olds what to do should they become lost in a wilderness setting. It is part of the National Association for Search and Rescue (NASAR). Additional information may be found at [www.nasar.org](http://www.nasar.org).



A short syllabus for teaching the Hug-A-Tree principles is at [http://www.nasar.org/files/hugatree/HAT\\_handout2\\_fs.pdf](http://www.nasar.org/files/hugatree/HAT_handout2_fs.pdf) Download it and additional information and help make your Pack Safe. Play some of the Hug-A-Tree Games in Baloo to get the point across. Truly COURAGE is needed when you are lost. Ask your pack members and their parents to share their experiences getting lost. Each youth handbook has an achievement or elective regarding what to do if they are lost. Use that in your presentation. Show a trash bag and whistle as the recommended items for the boys to carry. The Bear Handbook shows how to cut holes in a plastic trash bag to make a poncho.

### Hiker's Neckerchief Slide

*2010-2011 CS RT Planning Guide*

**Materials:** Craft foam, half-inch PVC pipe section, fine-point marker, scissors, low-temp glue gun, sandpaper.



- ✓ Cut a piece of craft foam in the shape of the sole of a hiking boot, about two to 2 1/2 inches long,
- ✓ Using the marker, decorate the sole with desired "tread,"
- ✓ To provide better adhesion, sand the PVC ring,
- ✓ Glue it to the back of the foam sole,

### Leave No Trace Pledge Card

*2010-2011 CS RT Planning Guide*

**Materials:** Cardstock or index card, markers or crayons, The size of the card depends on the age of the Cub Scouts, Younger boys will require postcard-size paper, whereas Webelos Scouts will be able to manage smaller sizes,

- ✓ Write the Cub Scout Leave No Trace Pledge on cardstock or the index card,
- ✓ Sign the bottom of the card,
- ✓ Decorate the card with markers or crayons,
- ✓ Keep the card in a pocket as a reminder of your commitment to Leave No Trace,

## DEN MEETINGS

*Wendy, Chief Seattle Council*

**Now is a great time to get the boys outside while the weather is good, so this month we're focusing on outdoor, and activities that require some courage.**

**According to a recent survey, the thing Americans fear most is public speaking. Cubs will develop courage as they overcome their fear of speaking in front of an audience at the closing campfire at camp or during supplemental den meetings.**

**Dealing with emergencies also requires courage, so there are ideas for that den meeting, too.**

### Outdoor Achievement Award

*Wendy, Chief Seattle Council*



During the summer our den works on the outdoor activity award: <http://usscouts.org/advance/cubscout/Outdoor-Activity.asp> So we spend a lot of time outdoors. All the boys meet together to keep our numbers up. We do the following outdoor activities for the outdoor activity award:

- #1: Go hiking (also passes off Bear Ach. E9e, E25a,b)
- #2: Pack picnic (also passes off a summer time pack award activity)
- #3: Buddy system (passes off Wolf E23b,c,d)
- #4: Pack camp out (passes off Wolf E23a; Bear E25d; Webelos Outdoorsman #1, #3, #7, #8, #11)
- #5: Collect litter (also passes off Tiger E33; Wolf Ach. #7d; Bear Ach. #6g, E14c)

- #9: Swimming (passes off Tiger E40; Wolf Ach. #1h; Bear E19; Webelos Aquanaut)
- #10: Campfire program (Tiger E6; Wolf E2, E11c, E23g; Bear E25c; Webelos Outdoorsman #2)
- #13: Go geocaching or letterboxing at a local park. (A great way to explore the park!!)
- ♣ Letterboxing links:
    - <http://www.letterboxing.org/index.php>,
    - <http://www.atlasquest.com/>
  - ♣ Geocaching: <http://www.geocaching.com/>
  - ♣ Mini Book for letterboxing:
    - [http://www.shininghours.com/creating/one\\_sheet\\_8\\_pages!.htm](http://www.shininghours.com/creating/one_sheet_8_pages!.htm)
  - ♣ Styrofoam Stamps for letterboxing:



Using a ball point pen, draw a picture on the flat side of a Styrofoam tray, pressing to create an indented picture. Sand the top of a milk bottle cap. Cut around the Styrofoam picture, and tacky glue it to the cap to create a stamp. The Styrofoam scratches easily, so take care to protect the stamps. (Variation of an idea in Family Fun)

### **One Note on Cub Scout Outdoor Award -**

The first requirement is listed at the top without a number and is often missed. It states:

***Attend Cub Scout day camp or  
Cub Scout/ Webelos Scout resident camp.***

Therefore, for a CS to earn this award, he must attend a summer camp program not just a Pack Family Camping Trip.



**Activities that Coordinate with  
Cubs in Shining Armor Supplemental Theme**  
*Wendy, Chief Seattle Council*

I kind of miss the old days when den meeting themes coordinated with the pack meeting theme, and there was a build up toward pack night. So here are a few activities to coordinate with this month's alternate pack night theme.



### **Aluminum Foil Family Crest Shields**

Cut a shield shape out of poster board. Cover with aluminum foil. Smooth wrinkles out by rubbing with fingers. Color shield with permanent markers. Boys can draw their family crest/coat of arms on their shields, or make one up. Be sure to check out the family crests for mothers' maiden names, as well as fathers' last names.

Coat of Arms/Family Crest links:

<http://www.houseofnames.com/xq/asp.c/qx/donald-coat-arms.htm?a=>

<http://www.allfamilycrests.com/>

<http://www.fleurdelis.com/meanings.htm>



### **Coat of Arms Tie Slide**

Using the same method as above, make a mini shield. Glue it to a shield shape cut from corrugated cardboard. Make sure the corrugations run horizontally. Push a chenille stem through one of the corrugations, and twist ends together to make a ring. Or sand the top of a plastic ring cut from a milk jug handle, and tacky glue the ring to the back of the corrugated cardboard shield.



### **Knight Helmet**

Cut a large rectangle from poster board. Make sure it is long enough to go around the boy's head, and tall enough to cover his face. Cut out a rectangular eye hole in the front of the helmet. Poke mouth holes using a pencil. Cover the poster board with foil, and glue or tape down. Poke holes in the foil again. Overlap the edges in back. Use glue, tape, or large paperclips to hold in place. Add a feather if desired.



### **Den Flag**

Make a flag for the den, or have each boy make his own flag. To make the flag, cut a rectangle or shield shape out of fabric or felt. Cut heraldic shapes out of felt, and glue to the flag. Add ribbon if desired.



### Clothespin Catapult

Cut a small rectangle from corrugated cardboard. Remove the paper covering from one side of the cardboard. Enlarge the central depression in the cardboard using the rounded end of a pen. Tacky glue the cardboard to the end of the clothespin, leaving enough room for the tip of a finger. Make sure the corrugations are running perpendicular to the clothespin, so the marshmallow will not slide off. Hold the clothespin with one hand. Put a marshmallow in the central depression. Press down the end of the clothespin to launch the marshmallow at a target. Experiment with different angles to affect the distance and height the marshmallow flies.

Heraldic pictures:

<http://www.fleurdelis.com/meanings.htm>

For more Knight ideas, go to:

<http://www.scoutingthenet.com/Training/Roundtable/Handouts/06/10/>

### 4th of July Activities

Wendy, Chief Seattle Council



### Salad Spinner Fireworks Art

Cut circles from black construction paper that are the right size to fit in a salad spinner. Line the salad spinner basket with a plastic grocery bag to keep the salad spinner clean. Put the black circles into the lined basket. Dribble paint on the circle. Put the top on the salad spinner, and give it a whirl! The streaks of color on the black circles look like fireworks exploding.



### Melted Crayon Star

Trace star pattern onto wax paper. Lay the wax paper on a paper sack. Using a vegetable peeler, scrape crayon shaving onto wax paper, inside the traced star. Add embroidery thread and glitter, if desired. Lay a second piece of wax paper on top of the wax paper with the star. Lay a clean piece of paper over the wax paper. Press the star with an iron set to medium. After the crayon has cooled, cut out the star. (Wendy McBride, based on a technique from the TV show "Creative Juice.")



Red, White, & Blue drinks: <http://familyfun.go.com/4th-of-july/4th-of-july-recipes/4th-of-july-cold-drinks/patriotic-drink-686812/>

More 4<sup>th</sup> of July Ideas: <http://familyfun.go.com/4th-of-july/4th-of-july-crafts/5/>

<http://www.makingfriends.com/Patriotic.htm>



## TIGER

**Supplemental Den Meetings and other ideas that go with:**

### Courage Core Value:

- A: Collections
- E: Public Service Announcement (E20)
- H: Seed & Song (E6, E30)

### Courage Related Tiger Electives

- E6 Teach a song
- E21 Puppets
- E27 Emergency!

### Tiger Summer Activities

- E22 Picnic
- E29 Sun Safety
- E35 Outdoor Game
- E37 Biking
- E40 Swimming
- E42 Zoo

*See also last month's issue for more outdoor ideas*

### Public Service Announcement Ideas (E20):

Encourage the boys to show, rather than just tell, why boys should join Cub Scouts. Challenge the boys to figure out how to make their announcement more interesting and fun through the use of funny dialog, props, costumes, or special effects.

You Tube has examples of Tiger PSA announcements:

<http://www.youtube.com/watch?v=xz5jBo-HLIY>

### Pea "Seed" Cup Cakes:

Cook chocolate cup cakes. When cool, use the handle of a mixing spoon to press a trench into the tops of the cup cakes. Frost with chocolate frosting. Put 3 green M&Ms in the trench to be green pea seeds. Decorate with Pea Patch signs. To make the sign, write the words "Pea Patch" on a small sign. Glue the sign to a toothpick, and stick it into the cup cake.

**Songs (E6):** <http://usscouts.org/songs.asp>

The songs below have a lot of repetition, making them easy for Tigers to learn and teach.

**Alice the Camel**

Alice the camel has three Humps  
 Alice the Camel has three humps  
 Alice the Camel has three humps  
 So go Alice, Go  
 Boom, Boom, Boom

Alice the camel has two humps  
 Alice the camel has two humps  
 Alice the camel has two humps  
 So go Alice, Go  
 Boom, Boom, Boom

Alice the camel has one hump  
 Alice the camel has one hump  
 Alice the camel has one hump  
 So go Alice, Go  
 Boom, Boom, Boom

Alice the camel has no humps  
 Alice the camel has no humps  
 Alice the camel has no humps  
 'Cause Alice is a horse!

**Actions:**

Everyone must get in as close to a circle as possible and put their arms over the shoulders of the people next to them. Then during the saying of each number of humps everyone bends at the knees.

During the lines Boom, Boom, Boom then everyone bangs hips against each other. Nothing dangerous of course.

**Boom Chicka Boom**

**Lyrics:** (repeat each line after song leader)

I said a Boom Chicka Boom  
 I said a Boom Chicka Boom  
 I said a Boom Chicka Rocka Chicka Rocka Chicka Boom  
 Uh huh  
 Oh yeah  
 One more time \_\_\_\_\_ style.

Other styles -

Baby style  
 Grandpa style - with lips wrapped over teeth  
 Frankenstein style  
 Opera Singer  
 Underwater - wiggle finger over lips  
 Slow-mo style (slow)  
 Fast Forward style

**Robert Baden Powell**

(Tune: Father Abraham)

Robert Baden-Powell had many scouts.  
 Many Scouts had Robert Baden-Powell.  
 I am one of them, and so are you.  
 Let me tell you what to do...  
 Right arm. (do Cub Scout salute)

Robert Baden-Powell had many scouts.  
 Many Scouts had Robert Baden-Powell.  
 I am one of them, and so are you.  
 Let me tell you what to do...  
 Right arm, Left arm. (add hand shake)

Repeat verses above, adding in turn:

Right arm: Do Cub salute  
 Left arm: Add left arm hand shake motion.  
 Right foot: Add right foot stepping up and down.  
 Left foot: Add left foot stepping up and down.  
 Chin up: Add head nodding up and down.  
 Turn around: Add turning in place.  
 Sit down: Sit down!

*Words above are accompanied by actions adding new motions as soon as sung until you are performing all motions.*

**Baby Shark Song**

The fun of this song is in the actions. As the shark gets bigger, so does its mouth you make with your hands and arms.

**Lyrics:**

(shark mouth with hands connected at wrist)

Baby shark, Doh-doh, doh, doh  
 Baby shark, Doh-doh, doh, doh  
 Baby shark, Doh-doh, doh, doh  
 Baby shark.

(shark mouth with forearms connected at elbows)

Momma shark, Doh-doh, doh, doh  
 Momma shark, Doh-doh, doh, doh  
 Momma shark, Doh-doh, doh, doh  
 Momma shark.

(shark mouth with full arms)

Daddy shark, Doh-doh, doh, doh  
 Daddy shark, Doh-doh, doh, doh  
 Daddy shark, Doh-doh, doh, doh  
 Daddy shark.

(same as Daddy,

but with fists instead of fingers to look like no teeth)  
 Grandpa shark, Doh-doh, doh, doh  
 Grandpa shark, Doh-doh, doh, doh  
 Grandpa shark, Doh-doh, doh, doh  
 Grandpa shark.

(swimming crawl motion with arms)

Swimmer dude, Doh-doh, doh, doh  
 Swimmer dude, Doh-doh, doh, doh  
 Swimmer dude, Doh-doh, doh, doh  
 Swimmer dude.

(hand on top of head like shark fin.

Other hand rubbing stomach with hungry look on face.)  
 Hungry shark, Doh-doh, doh, doh  
 Hungry shark, Doh-doh, doh, doh  
 Hungry shark, Doh-doh, doh, doh  
 Hungry shark.

(back crawl swimming motion with arms)

Swam away, Doh-doh, doh, doh  
 Swam away, Doh-doh, doh, doh  
 Swam away, Doh-doh, doh, doh  
 Swam away.

(same back crawl, with very frantic actions)

Swam too slow, Doh-doh, doh, doh  
 Swam too slow, Doh-doh, doh, doh  
 Swam too slow, Doh-doh, doh, doh  
 Swam too slow.

(hop on one leg to beat)

Lost a leg, Doh-doh, doh, doh

Lost a leg, Doh-doh, doh, doh

Lost a leg, Doh-doh, doh, doh

Lost a leg.

(hand on head like shark fin. Other hand rubs stomach with a very satisfied look on face.)

Happy shark, Doh-doh, doh, doh

Happy shark, Doh-doh, doh, doh

Happy shark, Doh-doh, doh, doh

Happy shark.

(push cell phone numbers to beat)

9-1-1, Doh-doh, doh, doh

9-1-1, Doh-doh, doh, doh

9-1-1, Doh-doh, doh, doh

9-1-1.

(make any dying actions you want. finger across neck, grabbing heart, fainting away,...)

It's too late, Doh-doh, doh, doh

It's too late, Doh-doh, doh, doh

It's too late, Doh-doh, doh, doh

It's too late.

(point to your bottom)

That's the end, Doh-doh, doh, doh

That's the end, Doh-doh, doh, doh

That's the end, Doh-doh, doh, doh

That's the end.



**WOLF**

### Supplemental Den Meetings and other ideas that go with:

#### Courage Core Value:

E: Skits (E2, E12d)

M: Family Alert (E16)

O: Say it Right (E22)

#### Wolf Summer Activities

E18 Outdoor Adventure

E19 Fishing

*See also last month's issue for more outdoor ideas*

### Skits (E2)

How-To Book, section 5, pp. 27-36.

Online skit resources:

[www.ultimatecampresource.com](http://www.ultimatecampresource.com),

[www.macscouter.com](http://www.macscouter.com)

[www.boyscouttrail.com](http://www.boyscouttrail.com)

[www.scoutorama.com](http://www.scoutorama.com)

#### **Be careful -**

Not all skits found online comply with BSA Grey Area standards and Core Values.

[http://www.inquiry.net/outdoor/campfire/gravy\\_areas.htm](http://www.inquiry.net/outdoor/campfire/gravy_areas.htm)

**See page 420 of the Den and Pack Meeting Resource Guide for a brief listing of the Cub Scout "Positive Values" guidelines.**

Previous Themes with good skit ideas -

#### **"In the Spotlight," May 2010 Theme:**

<http://usscouts.org/bbugle/bb1004.pdf>

Skits: p. 19-21.

Games: p. 8-10; 36-8.

Snacks: p. 39-40.

#### **"Lights, Camera, Action,": May 2003**

<http://usscouts.org/usscouts/bbugle/bb0304.pdf>

Games: p. 3; 12.

Snacks: p. 9.

#### **Basketball: The Movie**

*This skit is a simple one that uses easy costumes.*

#### **Characters:**

Director, Camera Operator, Basketball Team,

A narrator could easily be added.

The director calls for action. The basketball players pretend to be playing a basketball game. The camera operator pretends to film the game.

The director stops the action, telling the players "Cut! Too fast! Slow down!" The players go very slowly.

"Cut!" yells the director. "Too slow – speed up the game!" The players go super fast.

"No, no. Just go normal speed. But be sad now – you're behind." The players cry and sob while playing.

"Cut! Now you're happy and excited – you're ahead!" The players cheer and high-5 each other.

"Great!" says the director. "That's a wrap!" Then he turns to the camera operator. "Let's get the film back to the studio."

"Film?" asks the camera operator. "The camera is empty. I thought this was just a rehearsal!" The director and basketball players chase the camera operator off the stage.

**What's 2+2?****Characters:**

Captain, three or four Pirates.  
Pirates wear head scarves.

**Setting:**

On the Bridge (Or Deck of a Ship)

**Captain:** First Mate! What's 2+2?

**1st Mate:** Duh! One, Sir!

**Captain:** Good! Bosun! What's 2+2?

**Bosun:** Uhh ... let's see ... (Counts on fingers) Uhh ...  
Five, Sir!

**Captain:** No problem! Gunner! What's 2+2?

**Gunner:** Sheesh, Captain! Why give me all the hard ones?

**Captain:** Great! Cook! What's 2+2?

**Cook:** Let's see. Two apples and two potatoes makes ...  
(Thinks) Two apples and two potatoes, Sir!

**Captain:** Pleased to hear it! You! Floor Scrubber! What's  
2+2?

**Scrubber:** Four, Sir!

**Captain:** Walk the Plank!

*(Scrubber walks imaginary plank, and falls into sea)*

**Servant:** Beggin' the Captain's pardon, Sir! I think everyone  
else got it wrong, but the floor scrubber got it  
right. Why did you make him walk the plank?

**Captain:** He's too smart! He might go after my job some  
day!

**Stories (E22c)**

[http://americanfolklore.net/folklore/2010/10/the\\_fisherman\\_and\\_the\\_bear.html](http://americanfolklore.net/folklore/2010/10/the_fisherman_and_the_bear.html)

Folklore Animal stories are good to use with paper bag masks (E2e). For story ideas, see the story links.

**Emergency Preparedness Games & Activities (E16)****First Aid Games for Kids**

When medical attention is necessary, children may panic if they don't know how to apply some basic first aid or if they don't understand what is being done to assist. Children have the capacity to learn first aid skills through games. The objective of these first aid games (keeping an individual healthy and safe) is serious, but the games present first aid in a way that is easier for children to remember and enjoy.

Learn more go to -

[http://www.ehow.com/list\\_6098682\\_first-aid-games-kids.html](http://www.ehow.com/list_6098682_first-aid-games-kids.html)



*Kids can use their toys to learn first aid skills.*

**Red Light Green Light**

Red Light Green Light is a traditional children's game in which children take steps forward when a leader calls out that the light is green and stay still when the leader calls out red light. Meaghan Lister created a first aid version of this game. Instead of simply calling out "red light" or "green light," the leader asks questions about first aid, such as whether you should pop a blister. If the answer to the question is "yes," then the children have a "green light" and take three steps forward. If the answer is "no," then the children stay put. This game allows whoever is overseeing the game to assess very quickly based on the children's movements what first aid topics may need to be addressed further with the children. from: [http://www.ehow.com/list\\_6098682\\_first-aid-games-kids.html](http://www.ehow.com/list_6098682_first-aid-games-kids.html)

**Kim's First Aid Kit Game**

Put first aid kit items on tray. Let the boys look at the items on the tray for a minute. Cover the tray with a towel. Boys must name as many items as they can remember. Alternatively, let the boys look at the items on the tray for a minute. Choose one boy to turn around. Remove an item from the tray. The boy turns around, and must name the missing item.

Emergency Preparedness Board Game:

<http://www.fema.gov/kids/games/board/>

More games:

[http://dragon.sleepdeprived.ca/games/first\\_aid/first\\_aid.htm](http://dragon.sleepdeprived.ca/games/first_aid/first_aid.htm)

Emergency Preparedness Activities (from

<http://www.welltrainedmind.com/forums/showthread.php?t=255067>) :

1. Make a list of about 30 items and have boys choose the top ten to pack in an emergency.
2. Pack a plastic tote w/ about 30 items and have boys choose the top 10 to fit in a backpack.
3. Practice an emergency evacuation drill.
4. Role play what to do in emergency situations
5. Get some high calorie emergency bars and let the kids taste them.

BSA Emergency Preparedness Award;

<http://usscouts.org/advance/EmergPrep.ap>

FEMA freebies:

<http://www.fema.gov/kids/pubs.htm>

*Be sure to check out (and order) the disaster preparedness activity book for kids here.*

More EP activities and information for kids:

<http://www.fema.gov/kids/>

## MORE WOLF IDEAS

### Roxanne, Heart of America Council

- ✓ Ach. #6b “Books, Books, Books” Choose a book on a subject (courage) you like and read it. With an adult, discuss what you read and what you think about it.
- ✓ Ach. #8c “Machine Power” Show how to use a pulley.
- ✓ Elect#13d “Birds” Point out 10 different kinds of birds (5 may be from pictures).

#### COURAGE

Courage is having the strength and faith to carry on a project or to face your fears no matter how tough or scared you are.

Lead a discussion on Courage and have the boys answer these questions (or similar):

- ★ What does courage have to do with responsibility?
- ★ What people in history or today’s world do you know or can find that showed or shows courage? (space program, military, etc.)
- ★ How as a Cub Scout do you or can you show courage?
- ★ How can using a pulley show courage?
- ★ What birds show courage?
- ★ What constellation(s) shows courage? Orion, Leo, who or what?

#### Courage Word Search

B X N H E K U E S D G H B J K  
 H O R G U T S C P V A G J R D  
 Y T L E J O M N I Z M R Q E E  
 R L S D G T J A R P E K I N L  
 X E J F Y N G R I E O Z O N F  
 K R W G R R A U T F W B C U G  
 H E R O I S M D Z J K J B F Q  
 C K L Q P S Z N E C T R V W M  
 L A K N U P S E A C A M E W B  
 V F Q H L K H B Z V A P V L D  
 Q E N U I J K Z E S U F R P C  
 G Q W F S F P Y X O Y Y E U L  
 X K Q P R V P C E H L E N G N  
 R A N S P C W D B P C M A B X  
 X T K U T W C Q L C Q J K Y F

Find these synonyms for COURAGE in the word search:

- |          |             |           |
|----------|-------------|-----------|
| BACKBONE | GUTS        | BOLD      |
| HEROISM  | BRAVE       | NERVE     |
| DARING   | POWER       | ENDURANCE |
| SPIRIT   | FACE DANGER | SPUNK     |
| GAME     |             | VALOR     |

#### Astronomy Meeting Ideas

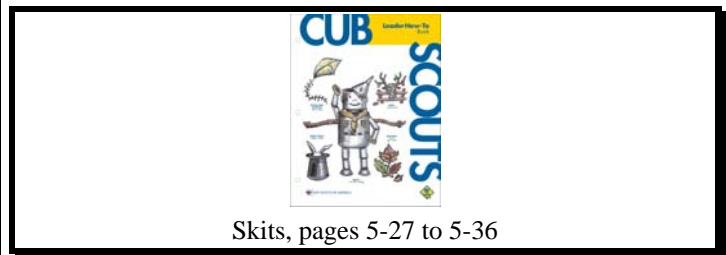
- A. Do “Astronomy” belt loop
  1. **Set up and demonstrate how to focus telescope or binoculars.**  
 Invite an astronomy group in your local area to come out and talk with the boys about astronomy. They have telescopes and binoculars that the boys can use to look at the various stars, constellations, and

- galaxies. Inform them of the requirements needed for the belt loop or give them a copy of the requirements
- 2. Draw a diagram of the solar system with surrounding objects. **May use help from a book or chart or have a handout of solar system and have boys label items.**
- 3. Explain terms used with astronomy. Planet, star, solar system, galaxy, Milky Way, black hole, red giant, white dwarf, comet, meteor, moon, asteroid, and universe. **Use a handout with these words on it.**

- B. How to Book (2002) Pp. 4-25 to 4-27
- C. Create a mobile of the solar system.
- D. D. Play a solar system game where one boy stands in the middle representing the sun, the boys then figure out what the next planet might be closest to the sun, and so on until all planets are around the sun. Can have the boys wear or hold a planet sign to show who they are. You can also add the moons that go to the planets.

#### Astronomy websites to visit:

- <http://spaceplace.nasa.gov/cub-scouts/en/>
- <http://www.kidsastronomy.com/fun/index.htm>
- <http://www.frontiernet.net/~kidpower/astromy.html>
- <http://www.astronomy.com/en/News-Observing/Astronomy%20Kids/2008/03/The%20ABCs%20of%20observing.aspx>
- <http://www.spacecamp.com/camp/sc>
- <http://www.usscouts.org/advance/cubscout/a-sindex.asp>
- <http://www.usscouts.org/advance/cubscout/academics/astronomy.asp>
- <http://www.cosmo.org/>







## BEAR

### Bear Ideas by Felicia

#### Big Picture - Meeting Objectives

**July** Courage

**Meeting #K** Do: Elective 16 - Farm Animals

**Meeting #L** Do: Elective 19 - Swimming & Swimming Belt Loop

**Meeting #M** Do: Elective 5 - Boats

We all use Courage when we try new things. Summer is a wonderful time to learn to swim, try boating, make some new animal friends, take a hike, go camping or learn a new song to lead around a campfire.

### Down on the Farm

**Meeting #K** Elective 16 - Farm Animals



**Bear Den Plan K** Farm Animals E. 16

- take care of a farm animal
- Name, describe 6 farm animals & their uses
- Read a book about farm animals & tell den
- Visit a livestock exhibit @ a county/state fair

#### Farm Jokes

**What do you get when you cross a cow with a duck?**

Milk and quackers.

**What do you get when you cross a cow with a rabbit?**

Hare in your milk!

**Why did the farmer buy a brown cow?**

Because he wanted chocolate milk.

**What do you get if you cross a chicken with a cement mixer?**

A brick-layer!

**What do you call an arctic cow?**

An eskimoo!

**How do you fit more pigs on your farm?**

Build a sty-scraper!

**What do you call a sleeping bull?**

A bulldozer!

**What do you get from an Alaskan cow?**

Cold cream!

*For more Farm Jokes -*

[www.kidactivities.net/post/Jokes-Cats-Dogs-Farm-Elephant-Variety.aspx](http://www.kidactivities.net/post/Jokes-Cats-Dogs-Farm-Elephant-Variety.aspx)

[http://www.ahajokes.com/farm\\_jokes.html](http://www.ahajokes.com/farm_jokes.html)

#### ANIMAL CRACKER PIN



To make this craft project you will need animal crackers, a flat backed pin, clear nail polish or varnish, & craft glue.

For complete instructions go to

[www.kidactivities.net/post/Farm-and-Harvest-Theme.aspx](http://www.kidactivities.net/post/Farm-and-Harvest-Theme.aspx)

To add interest you could paint them 1<sup>st</sup> with acrylic paints.

See <http://www.freepreschoolcrafts.com/painted-animal-cracker-pin/> for those instructions.

**Sing 'OLD MCDONALD HAD A FARM', complete with very loud sound effects.** Each child or section can be given a different animal to act out. [www.kidactivities.net/post/Farm-and-Harvest-Theme.aspx](http://www.kidactivities.net/post/Farm-and-Harvest-Theme.aspx)

**Farm Games****Horse Shoes.****DUCKS AND COWS**

- ✓ Divide children into 2 teams
- ✓ Players close their eyes while one person taps them on their shoulders & designates them either a "duck" or "cow."
- ✓ On a given signal, keeping their eyes closed, the players must make their animal sounds to gather into their separate teams. The ducks "quack" and the cows "moo."
- ✓ End the game when the 2 groups all "find each other."

**Feed The Animals**

This game was designed by Brian Hainsworth, Farming & Countryside Education (FACE) Stoneleigh Park, Warwickshire, UK

**Materials**

4 buckets for ea. team. 3 of the buckets will have a picture or name of a different farm animal & the 4<sup>th</sup> bucket contains a card bearing the name or picture of the feed (or bean bags to represent the food).

**Instructions**

Divide the group into equal teams. The children sit in a row, one behind the other with the "food" bucket containing 3 food types at the front of the row. Each of the team's animal buckets is spaced at intervals in a line in front of them.

Team member 1 picks up a food card & runs to the 1<sup>st</sup> bucket. The child returns to the food & takes a 2<sup>nd</sup> food card to put in the 2<sup>nd</sup> bucket & returns for the 3<sup>rd</sup> food card which is placed

in the 3<sup>rd</sup> bucket. The child runs to the 2<sup>nd</sup> team member & touches his/her hand & goes to the back of the line.

The game continues until all the team members have taken part & the winning team is the one 1<sup>st</sup> to complete the feeding routine!

The team has to ensure that the correct feed is given to each animal as depicted on the buckets. Alternatively, the actual feed could be enclosed in strong plastic bags.

For more ideas go to -

[http://www.face-online.org.uk/resources/Face\\_GamesCMYK.pdf](http://www.face-online.org.uk/resources/Face_GamesCMYK.pdf)

**Fuzzy Chick Cookies****Ingredients**

- 15 Vanilla wafers
- yellow or white Icing
- Yellow food coloring
- Coconut
- 15 Candy corns
- 30 Mini chocolate chips
- Makes 10-15 cookies

**Directions**

1. Mix 6-8 drops of yellow food coloring & ½ cup of coconut,
2. Squish it around until all the coconut is yellow.
3. If your icing is white, add some yellow food coloring & mix.
4. Spread the yellow icing onto your cookie.
5. Sprinkle on some of the yellow coconut to make your chick fuzzy.
6. Stick in your candy corn beak & chocolate chip eyes.

More great craft Snack ideas can be found at

<http://www.busybeekidscrafts.com>

**Feed Bags**

- Fill small burlap bags with Chex Mix, animal crackers, gummy worms or other snack of your choice.
- Close with twine &
- Write "FEED" across the front with a black marker.

## Swimming

Meeting #L Elective 19 - Swimming & Swimming Belt Loop



- E. 19 a. Jump feet first into water over your head, swim 25' on the surface, stop, turn sharply, & swim back.
- E. 19 b. Swim on your back, using the elementary backstroke, for 30'.
- E. 19 c. Rest by floating on your back, using as little motion as possible, for at least 1 minute.
- E. 19 d. Tell what is meant by **the buddy system**. Know the **basic rules of safe swimming**.
- E. 19 e. Do a racing dive from the edge of a pool & swim 60', using a racing stroke. (You might need to make a turn.)



- E. 19 d. The Swimming Buddy System can be found on page 256 of the Bear Handbook.

The following **Buddy Swim System** is from the **Cub Scout Academics & Sports Workbook**:

- 🦋 Pair every youth with another, in the same ability group.
- 🦋 Buddies check in and out of the swimming area together.
- 🦋 Emphasize that each buddy lifeguards his buddy.
- 🦋 Check everyone in the water about every 10 minutes, or as needed to keep the buddies together.
- 🦋 The adult in charge signals for a buddy check with a single blast of a whistle or ring of a bell, and call "Buddies!"
- 🦋 The adult counts slowly to 10 while buddies join and raise hands and remain still and silent.
- 🦋 Guards check all areas, count the pairs, and compare the total with the number known to be in the water.
- 🦋 Signal 2 blasts or bells to resume swimming. Signal three blasts or bells for checkout.



### Rules for Safe Swimming

- Be physically fit.
- Have a qualified adult present whenever you swim.
- Swim in areas that have already been checked for

safe swimming.

- If you can't swim, don't go in water that is more than 3½ feet deep. Go in deep water only if you are a good swimmer.
- Swim with a buddy.
- Obey the rules of the swimming area.

*Excerpt from the Cub Scout Academics & Sports Program Guide. A more detailed version of the Rules for Safe Swimming can be found on p. 256 of the Bear handbook.*

There is a **Cub Scout Academics and Sports Workbook** for belt loops & pins. The link to the swimming section can be accessed at any of the following sites:

- [http://meritbadge.org/wiki/images/d/d6/Cub\\_Scout\\_Swimming.pdf](http://meritbadge.org/wiki/images/d/d6/Cub_Scout_Swimming.pdf)
- [http://www.boyscouttrail.com/external\\_frame.asp?goto=http://usscouts.org/advance/cubscout/sports/worksheets/Swimming.pdf](http://www.boyscouttrail.com/external_frame.asp?goto=http://usscouts.org/advance/cubscout/sports/worksheets/Swimming.pdf)
- <http://usscouts.org/advance/cubscout/sports/worksheets/Swimming.pdf>



### Swimming Belt Loop requirement 1 Safe Swim Defense

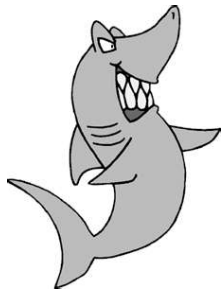
- **Qualified Supervision.** A responsible adult (at least 21 years of age) must supervise.
- **Physical Fitness.** Require evidence of fitness for swimming activity, using a health history.
- **Safe Area.** Before swimming in unknown waters, check the swimming area for varying depth, currents, holes, rocks, or other dangerous conditions.
- **Lifeguard on Duty.** Swim where lifeguards are on duty.
- **Lookout.** Station an adult on shore where he or she can see and hear everything in all areas.
- **Ability Groups.** Divide into groups non-swimmers, beginners, and swimmers. Mark off areas in the swimming area for the different swimming ability groups.
- **Buddy System.** Pair each boy with another boy in his ability group. They must stay together the entire time they are swimming.
- **Discipline.** Insist upon strict but fair discipline.

*For a more complete description of Safe Swim Defense, see the Cub Scout Leader Book, No. 33221, or Safe Swim Defense Pamphlet, No. 34370.*

*Excerpt from Cub Scout Academics & Sports Prog Guide*

### Water Games to satisfy Swimming Belt Loop requirement #2

**Marco Polo** is like blind man's bluff. It can be played with any number of people in the water. Marco is "it." Marco closes his eyes, counts to 10 and calls, "Marco." All of the other players must answer, "polo." Players are allowed to move. Marco can call out, "Marco" whenever he wishes, to try to locate the others. When Marco tags a player, that player becomes the new Marco.



**Mr. Sharkey** is played in the pool. One person (Mr. Sharkey) stands at the end of the pool while the rest at the other end. They yell, "What time is it Mr. Sharkey?" and Mr. Sharkey says, "it's 4 o'clock." Then they take 4 swim strokes toward him. They ask Mr. Sharkey again and they swim closer until Mr. Sharkey surprises them by saying, "It's lunch time!" Then they must swim back to the other side of the pool before Mr. Sharkey can tag them. Anyone tagged is the new Mr. Sharkey.

More water games can be found at:

- [http://www.ehow.com/how\\_2324761\\_play-fun-water-games.html](http://www.ehow.com/how_2324761_play-fun-water-games.html)
- <http://fun.familyeducation.com/games/outdoor-games/45761.html>
- <http://www.funandgames.org/games/GameSwim.htm>



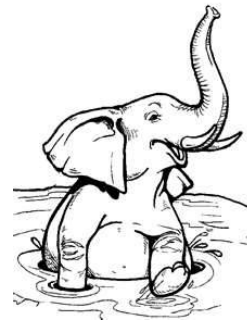
### Swimming Pin requirement 7

#### Water Rescue Methods

*Cub Scouts only do the first 2 water rescue methods, but they need to be aware of all 4:*

1. **REACH** with whatever is available or at hand.
2. **THROW** a line, a buoy, or a floating object to provide support.
3. **ROW** in a watercraft to the victim. A rowing rescue requires a minimum of 1 person to retrieve the victim & 1 person to handle the boat. Any person in the boat must wear a PFD (personal floatation device).
4. **GO** with support. Those who "go" to the victim & make a swimming rescue must be trained in swimming and lifesaving. In the rare instance when a swimming rescue is tried, the rescuer takes with him something that can be used for floatation or extended to the victim to avoid direct contact.

**No Cub Scout should ever put himself in danger or at risk. If reaching & throwing don't work, Get help!**



### Swimming Jokes

**Why can male elephants swim whenever they want?**

*They always have trunks with them!*

**What do you get if you cross a fish with an elephant?**

*Swimming trunks!*

**What race is never run?**

*A swimming race.*

**What kind of stroke can you use on toast?**

*BUTTER-fly!*

**Why did the girl have problems swimming?**

*She didn't have boy-ancy! (Buoyancy)*

**Why did the teacher jump into the water?**

*She wanted to test the water!*

**Did you hear about the slow swimmer?**

*He could only do the crawl.*

**Where do ghosts like to go swimming?**

*Lake Eerie (also, the Dead Sea).*

**What kind of exercises are best for a swimmer?**

*Pool-ups!*

**Where do Cars go Swimming?**

*In a carpool.*

*For more Swimming Jokes -*

[http://www.tenbychaseswimclub.org/Swim\\_jokes.htm](http://www.tenbychaseswimclub.org/Swim_jokes.htm)

## Boats

Meeting #M Elective 5 - Boats



**Safety Afloat** was developed to promote boating & safety, setting standards for safe activity on water.

There are 9 points.

### 1. Qualified Supervision.

1 adult supervisor is required for every 5 participants. At least 1 supervisor must be 21 yrs or over.

Supervisors must be: experienced and qualified in the particular watercraft skills and equipment involved in the activity; complete BSA Safety Afloat, Safe Swim Defense, and rescue training for the watercraft to be used in the activity.

At least 1 supervisor must be trained in CPR and 1 trained as a BSA Lifeguard.

### 2. Physical Fitness.

Everyone must give a complete health history from a physician, parent, or legal guardian.

All supervision, discipline, and protection must anticipate any risks associated with individual health conditions.

When there are significant health conditions, a medical evaluation by a physician is required.

### 3. Swimming Ability.

A "non-swimmer" may ride as a passenger in a watercraft with an adult swimmer, trained as a lifeguard by a recognized agency.

Otherwise, the person must be a swimmer to participate in an activity afloat.

**Swimmers must pass this test annually:**

*Jump feet first into water over your head.*

*Swim 75 yards using the following strokes: sidestroke, breaststroke, trudgen, or crawl.*

*Swim 25 yards using an easy backstroke.*

*100 yards must be swum continuously & include 1 sharp turn.*

*After the swim, rest by floating.*

### 4. Personal Floatation Equipment.

Properly fitted (**Youth must wear appropriate youth sized devices**) U.S. Coast Guard-approved personal flotation devices (PFDs, preferably Type II or III) must be worn by everyone engaged in activity on open water.

### 5. Buddy System.

Every craft should have a "buddy boat" on the water and every boy a buddy.

### 6. Skill Proficiency

a. All participants must be trained & experienced in watercraft handling skills, safety, & emergency procedures. ...

b. Powerboat operators must be able to meet requirements for the Motor boating merit badge or equivalent.

c. Either a minimum of 3 hrs training & supervised practice or meeting requirements for "basic handling

tests" is required for all float trips or open-water excursions using un-powered craft.

- d. Motorized personal watercraft, such as the Jet Ski, are not authorized for use in Cub Scouting aquatics. **(But they are for Boy Scouts!!! See <http://scoutingmagazine.org/2012/04/rev-up-summer-plans-with-personal-watercrafts>)**

**For Cub Scouts:** Canoeing, kayaking, rowing, and rafting are to be limited to council/district events on flat water ponds or controlled lake areas free of powerboats and sailboats. Prior to this they are to be instructed in basic handling skills & safety practices.



### 7. Planning.

- a) **Float Plan** — Obtain current maps & info on the waterway to be traveled. Know exactly where the unit will "put in" & "pull out" & what course will be followed. Estimate travel time generously. Review the plan with others who have traveled the course recently.
- b) **Local Rules** — Determine which state and local regulations are applicable, & follow them. Get written permission to use or cross private property.
- c) **Notification** — File the float plan with parents or participants & a member of the unit committee. File the float plan with the local council office when traveling on running water. Check in with all those who should be notified when returning.
- d) **Weather** — Check the forecast just before setting out, keep alert of the weather. Bring all craft ashore if rough weather threatens.
- e) **Contingencies** — Planning must identify possible emergencies & events that could force a change of plans. Appropriate alternative plans must be developed for each.



**For Cub Scouts:** Canoeing, kayaking, rowing, and rafting are to be limited to council/district events on flat water ponds or controlled lake areas free of powerboats and sailboats. Prior to this they are to be instructed in basic handling skills & safety practices.

### 8. Equipment.

All equipment must be suited to the craft, water conditions, & the individual; must be in good repair; & must satisfy all state & federal requirements.

Spare equipment or repair materials must be carried. Appropriate rescue equipment must be available for immediate use.

### 9. Discipline.

All participants should know, understand, & respect the rules & procedures for safe activity afloat.

The rules should be learned prior to the outing, & reviewed at the water's edge (just before the activity begins).

When Scouts know & understand the reasons for the rules, they will observe them.

When fairly & impartially applied, rules do not interfere with the fun.

Rules for safety, plus common sense & good judgment, keep the fun from being interrupted by tragedy.

For a more detailed version of the Guidelines for Safety Afloat see

<http://www.scouting.org/scoutsource/HealthandSafety/Aquatics/safety-afloat.aspx>

### Boating Jokes

**Which Vegetable would you Never want in Your Boat?**

A leek.

**Where does a boat go when it is sick?**

The dock.

**What did they call prehistoric sailing disasters?**

Tyrannosaurus wrecks.

**Knock, Knock.**

Knock, knock.

Who's there?

Canoe.

Canoe who?

Canoe come out and play?

**What ship did bakers come on to the New World?**

The Mayflower!

**What does the ocean say to the boat?**

Nothing. It just waves.

**Why couldn't the man play cards on his new boat?**

Because he kept sitting on the deck!

**Imagine you are on a boat surrounded by sharks, how do you escape?**

STOP IMAGINING YOU ARE ON A BOAT!

**There were 99 people on a boat. The boat flipped over.**

**How many people are left?**

66!

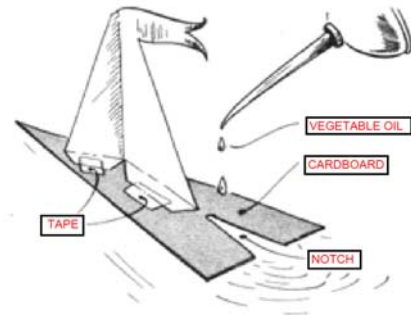
**For more Swimming Jokes -**

<http://www.jokesbykids.com/ocean-and-beach>

Several brilliant boat **crafts**, like the following 2, can be found at this web site:

<http://www.artistshelpingchildren.org/boats-ships-craftsideasactivitieskids.html>

### Cardboard Vegetable Oil Powered Sailboat Craft



#### Materials:

Cardboard,  
Paper,  
Scissors,  
Tape

A few drops of light vegetable (biodegradable) oil.

#### Directions:

1. Cut the boat out of the cardboard &
2. Make a small notch in the back.
3. Cut a triangular sail out of paper.
4. Fasten the sail to the boat with tape.
5. Put the boat in still water.
6. Squeeze a drop of vegetable oil in the notch &
7. Watch it sail away.



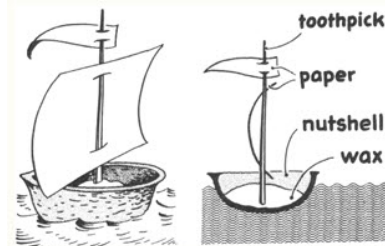
### Walnut Shell Boat

#### Materials

Half of a walnut shell  
Clay  
A piece of paper, cloth, or leaf  
Toothpicks

#### Directions

1. Take half a walnut shell.
2. Put a little clay inside.
3. Find or Make a sail the size of a postage stamp.

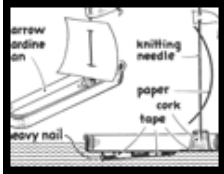


4. Put a toothpick mast in & out through the sail.
5. Stick the bottom end of the mast in the clay.

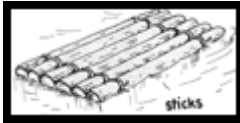
Some of the many Boat Making Crafts Ideas found at this site  
<http://www.artistshelpingchildren.org/boats-ships-craftsideactivitieskids.html>



**Milk Carton Sail Boats**  
 - Learn how to make these milk carton sail boats...they turn out so pretty.



**Making a Boat from a Sardine Can, Cork, Needle -**  
 Learn how to make a York Boat.



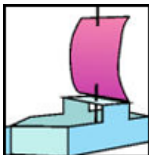
**Use Fallen Branches to Make a Toy Raft** - Now you can find out how to make miniature rafts for your figurines...it really floats.



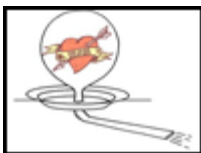
**Create Noah's Ark** - Learn how to make Noah's Ark with Cardboard Boxes - and also create Noah's animals as well.



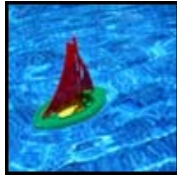
**A Jungle Boat** - This boat project is a fun group nature craft to do with the family, including the children.



**A Simple Shoebox Boat Craft for Kids** - Make a simple boat out of a shoebox by following these steps.



**Balloon Boat to Make** - This balloon boat is easy to make and it also makes a great summer craft for the children.



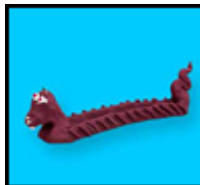
**Boat Crafts for Kids** - Learn how to make a wine cork boat, a cool whip sailboat, and a egg carton sailboat.



**Box Sailboat Making Instructions** - Find out how to make a sailboat out of a recycled box, white construction paper, chopstick, acrylic paint, crayons, string, glue, glue gun and modeling clay or Styrofoam.



**Carton Sail Boats** - Learn how you can recycle your old milk cartons to make sail boats.



**Chinese Dragon Boat Crafts Activity** - In this tutorial you and your children will learn how to make a Chinese dragon boat using Crayola products



**Dragon Boat Craft Making Activity** - Learn about the Chinese culture while making this dragon boat craft.



**Egg Carton Sailboats** - Children enjoy making

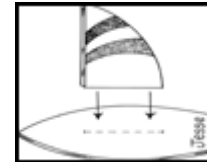
these egg carton sailboats over and over.



**Floating Sponge Boats** - These floating sponge boats are easy to make and fun for kids to play with. Perfect craft for a pool party!



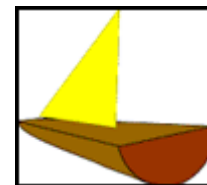
**Float Your Boat** - Make a boat from recycled household materials and make a boat that can actually float!



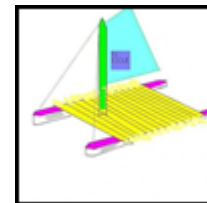
**Foam Sailboats** - This sailboat is made out of materials such as foam trays. It's easy to make and you or your child will not be disappointed!



**Foil Fleet** - Make this incredible boat from a foil pan and a flexible vinyl report cover in just a few minutes.



**Forever Floating** - Find out how to make a small boat from a bottle cork, blade and a card sheet in a few steps.



**How to Make a Boat With Popsicle Sticks** - Learn how you can make a sailboat from your left over popsicle sticks.

## WEBELOS DENS



Joe Trovato,  
WEBELOS RT Break Out Coordinator  
Westchester-Putnam Council

Have a question or comment for Joe??

Write him at

[webelos\\_willie@yahoo.com](mailto:webelos_willie@yahoo.com)

There is an underscore between Webelos and Willie



Core Value for July



*Courage: Doing what is right regardless of how hard it is or what the consequences are.*

"All our dreams will come true if we have the courage to pursue them." Walt Disney (1901-1966)

Walt Disney Studios completed a number of full-length animated classics such as Snow White and the seven Dwarfs, Pinocchio, Fantasia, Dumbo, and Bambi.

Walt Disney's dream of a clean, and organized amusement park, came true, as Disneyland Park opened in 1955. Walt also became a television pioneer, Disney began television production in 1954, and was among the first to present full-

color programming with his Wonderful World of Color in 1961.

Walt Disney is a legend; a folk hero of the 20th century. His worldwide popularity was based upon the ideals which his name represents: imagination, optimism, creation, and self-made success in the American tradition.

What is courage? Courage is a kind of strength, power or resolve to meet a scary circumstance head on. Courage is called upon whenever we confront a difficult, frightening, painful or disturbing situation, when our resources are challenged or pushed to the absolute limit, when we feel threatened, weak, vulnerable, intimidated or terrified, when our first instinctive reaction is to flee.

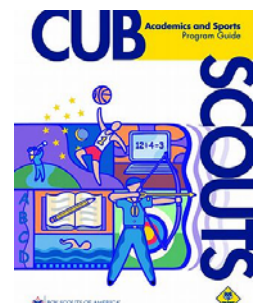
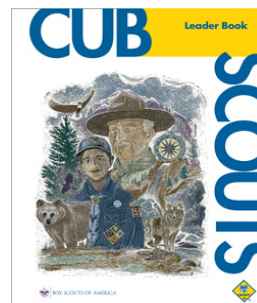
New Webelos will be anxious to learn new skills. Some may feel overwhelmed by them. Help them understand that it takes courage to keep at something, though they might not readily get it, and to work at a skill until it is mastered. With July at hand and outdoors the place to be, consider challenging them to learn appropriate camping techniques. Help them learn some new skills, having the courage to fail, yet rise up and try again, striving for success. Archery, fishing, and using a GPS as well as a compass and map are excellent skills that likely will be challenging yet motivating for Webelos.

### Courage Outdoor Activities



- ✦ **Take a Hike:** Learn how to follow various types of trail markers. Set up situations where courage may be needed such as how to get help when lost, survive an evening in the wood including hug a tree if "lost."
- ✦ **Nature:** Study a certain species and how it reacts to danger, paying attention to how adults are courageous when guarding their young.
- ✦ **Campfire:** Give each boy a speaking part in the campfire, even if some fear speaking in public; give plenty of praise for their efforts. Do a skit about a hero. Have a story-sharing hour around the campfire where adults share their experiences of being afraid or uncertain, and how they handled it.

### Book Corner



From the *Cub Scout Leader Book* (page 4-4):



**Some Practical Applications for Courage:**

- ★ Tell the truth despite the consequences.
- ★ Admit mistakes when you make them.
- ★ Apologize for mistakes and wrongdoing.
- ★ Accept the consequences of your actions.
- ★ Stand up for people who are less fortunate than you.
- ★ Stand up for the beliefs of your faith or religion.
- ★ Resist peer pressure to do the wrong thing.
- ★ Stand up for your beliefs about what is right and wrong.

### More Info For New Webelos Leaders



Last month I advised that on June 1, Bear scouts become Webelos Scouts, and you dear leader, are now a Webelos Scout leader! We listed a number of the BSA suggest that you follow to prepare for the awesome duty of helping your Webelos Scouts get the Arrow of Light and bridge to Boy Scouts Just what are your responsibilities?

The Cub Scout Leader Book (page 23-12) says that the Webelos den leader's responsibilities are to:

- 🦋 Give leadership to planning and carrying out a year-round program of activities for the Webelos den to achieve the purposes of Cub Scouting.
- 🦋 Complete Webelos den leader Fast Start Training, position specific Basic Leader Training, and Outdoor Leader Skills for Webelos Leaders. Attend monthly roundtables.
- 🦋 Lead the den in its participation at the monthly pack meetings.
- 🦋 Help establish a close working relationship with the assistant
- 🦋 Webelos den leader and Webelos den chief, functioning with them as a den leadership team.
- 🦋 Work in harmony with other den and pack leaders.
- 🦋 Help the Cubmaster and pack committee recruit new Webelos Scouts.
- 🦋 Help train the Webelos den chief and guide him in working with Webelos Scouts. Attend Den Chief Training with him.
- 🦋 See that he receives recognition for his efforts at den and pack meetings.
- 🦋 Attend the monthly den chief planning meeting for den leaders, assistant den leaders, and den chiefs.
- 🦋 With the assistant Webelos den leader, meet with the Webelos den chief, and let him help plan Webelos den meetings and activities. Give him meaningful assignments.
- 🦋 Provide worthwhile tasks for the Webelos denner so that he can assume some responsibility and gain satisfaction from his efforts.
- 🦋 Use *Boys' Life* and *Scouting* magazines and the *Webelos Leader Guide* as resources for program ideas and information.
- 🦋 Instill Scouting's spirit and moral values through personal example, ceremonies, and meaningful activities such as service projects.
- 🦋 Promote the religious emblems program.
- 🦋 Collect den dues and turn them in to the pack treasurer at the pack leaders' meeting. Keep accurate records of den dues and attendance.
- 🦋 Encourage Webelos Scouts to advance. Maintain high advancement standards. Keep accurate advancement records and see that the boys are promptly recognized for their achievements.
- 🦋 With the help of the Cubmaster, pack committee, and unit commissioner, determine one or more neighborhood Boy
- 🦋 Scout troops into which Webelos Scouts may be graduated, and establish a good working relationship with those troops. Try to graduate every Webelos Scout into a troop.
- 🦋 Work with the Scoutmaster and assistant Scoutmaster to plan and conduct meaningful joint activities.
- 🦋 Work with the Cubmaster to see that impressive graduation ceremonies are conducted in the pack. Invite the Scoutmaster and troop leaders to take part.
- 🦋 Ask qualified people, including adult family members, to serve as activity badge counselors.
- 🦋 Encourage parents or guardians of Webelos Scouts to help plan and carry out overnight campouts and other outdoor activities. Work with the troop assistant Scoutmaster or Scoutmaster to arrange for the loan of troop equipment for joint Webelos den-troop activities.
- 🦋 Help the den and the pack earn the National Summertime Pack Award.
- 🦋 Have a plan to ensure that a leader is available for all Webelos den meetings and activities. Call on the assistant Webelos den leader to fill in, as needed.
- 🦋 Participate in the annual pack program planning conference and the monthly pack leaders' meetings.
- 🦋 Keep the Cubmaster and pack committee informed on the status and needs of the Webelos den.
- 🦋 Support the policies of the BSA.

Looks like an awful lot and there may be parts that you know very little about. That's where preparation comes in. Check out last month's *Baloo's Bugle* for preparation points, read through the *Webelos Leader Guide* and the *Cub Scout Leader Book* for help, and these pages for discussion on many of the responsibilities. Having a Den Chief and a Webelos Scout Denner are MUSTS in my book!.

## Youth Leadership in a Webelos Den

### The Den Chief



A den chief is an older, experienced Boy Scout who has taken den chief training and who is selected by the Troop's Senior Patrol Leader at the request of the Cubmaster.

Approved by the Cubmaster and the pack Committee, the Webelos den chief can help the Webelos den leader with presenting the program. Also, he can be a bridge to the Boy Scout Troop, which will be helpful when Webelos move to second year in 5<sup>th</sup> grade.

#### The den chief's responsibilities are to

- Know the purposes of Cub Scouting.
- Help Cub Scouts achieve the purposes of Cub Scouting.
- Serve as the activities assistant at den meetings.
- Set a good example through attitude and uniforming.
- Be a friend to the boys in the den.
- Help lead weekly den meetings.
- Help the den in its part of the monthly pack meeting.
- Know the importance of the monthly theme and pack meeting plans.
- Meet regularly with the den leader to review den and pack meeting plans. Meet as needed with adult members of the den, pack, and troop.
- Receive training from the den leader (and Cubmaster or assistant Cubmaster) and attend Den Chief Training.
- Encourage Cub Scouts to become Webelos Scouts when they are eligible.
- Help the denner and assistant denner to be leaders.

### The Webelos Scout Denner

<http://meritbadge.org/wiki/index.php/Denner>

*Cub Scout Leader Book (page 20-7)*



The **Denner** and **Assistant Denner** are the most important youth leadership positions in Webelos Scouts. A Denner is a Webelos Scout who is elected to be the temporary youth leader of his den, usually one or two months.

The den leader and den chief determine his responsibilities. Duties might include helping to set up the den meeting place and cleanup; helping with games, ceremonies, tricks, and puzzles; leading a song; or acting as den cheerleader.

The Webelos Denner should be given meaningful responsibilities and recognition to help him learn how to be a

leader, so all boys will look forward to their turn as Denner. (The short term of office is to give all boys the opportunity to serve.) The Denner wears a shoulder cord on the left shoulder.

The **Assistant Denner** is a den member elected by the den for a term of office that coincides with the Denner's term. He helps the Denner and usually becomes Denner for the next term.

The Denner position provides many important benefits to the boy and to the den:

- Each boy serves as Denner as a part of various rank requirements.
- Denners learn about leadership and responsibility first-hand.
- The Denner program helps give every boy a fair chance to lead.
- Each family shares equally in helping the den leader.
- The Denner position is preparing boys to be Patrol Leaders in Boy Scouts.
- Scouts and parents who are allowed to help are more like to stay in Scouts.
- Denners are recognized by being allowed to wear the Denner's gold cords

### Meeting Planner



The scheduled monthly meeting plans for **First Year Webelos** ended with meeting 18. Your NEW first year Webelos (Bears this past year) should begin working towards their **Webelos Badge**, and rising second-year Webelos may begin completing requirements for earning the **Arrow of Light Award**.

In addition they should be attending Webelos resident camp or Cub Scout day camp to learn about and enjoy the outdoors, and to get ready for Boy Scout camp the summer after they bridge over. In fact, with summer here, you should ensure that your meetings help your den earn the **National Den Award**, **The Cub Scout Outdoor Activity Award** and work within the Pack to help it earn **The National Summertime Pack Award**.

## National Den Award



To earn the National Den Award, a Cub Scout den must:

- A. Have at least 50 percent of the den's Tiger Cubs, Cub Scouts, or Webelos Scouts attend two den meetings and one pack meeting or activity each month of the year.
- B. Complete six of the following during the year:
  1. Use the denner system within the den.
  2. In a Tiger Cub den, use shared leadership and rotate the boy/adult host team.
  3. Have 50 percent of the den go on three field trips per year. A field trip may be used in place of a den meeting.
  4. As a den, attend a Cub Scout day camp, Cub Scout or Webelos Scout resident camp, or a council family camping event with at least 50 percent of the den membership.
  5. Conduct three den projects or activities leading to a Character Connections discussion.
  6. As a den, participate in at least one of the Cub Scout Sports programs.
  7. As a den, participate in at least one of the Cub Scout Academics programs.
  8. Have 50 percent of the den participate in a den conservation/resource project.
  9. Have 50 percent of the den participate in at least one den service project.

Once the requirements are completed as stated, the signed National Den Award application is sent to the local council service center where the ribbon can be obtained. You can obtain the application from your local council or on line at [www.scouting.org](http://www.scouting.org).

## Cub Scout Outdoor Activity Award



### The Award

Tiger Cubs, Wolf and Bear Cub Scouts, and Webelos Scouts have the opportunity to earn the Cub Scout Outdoor Activity Award. Boys may earn the award in each of the program years as long as the requirements are completed each year.

The first time the award is earned, the boy will receive the pocket flap award, which is to be worn on the right pocket flap of the uniform shirt. Each successive time the award is earned, a Wolf track pin, No. 14236, may be added to the flap. Leaders should encourage boys to build on skills and experiences from previous years when working on the award for a successive year.

### Requirements

#### All Ranks

Attend Cub Scout day camp or Cub Scout/Webelos Scout resident camp.

#### Webelos Scouts

Earn the Outdoorsman Activity Badge (Webelos Handbook) and complete six of the outdoor activities listed below.

#### Outdoor Activities

With your den, pack, or family:

- ✓ Participate in a nature hike in your local area. This can be on an organized, marked trail, or just a hike to observe nature in your area.
- ✓ Participate in an outdoor activity such as a picnic or park fun day.
- ✓ Explain the buddy system and tell what to do if lost. Explain the importance of cooperation.
- ✓ Attend a pack overnighter. Be responsible by being prepared for the event.
- ✓ Complete an outdoor service project in your community.
- ✓ Complete a nature/conservation project in your area. This project should involve improving, beautifying, or supporting natural habitats. Discuss how this project helped you to respect nature.
- ✓ Earn the Summertime Pack Award.
- ✓ Participate in a nature observation activity. Describe or illustrate and display your observations at a den or pack meeting.
- ✓ Participate in an outdoor aquatic activity. This can be an organized swim meet or just a den or pack swim.
- ✓ Participate in an outdoor campfire program. Perform in a skit, sing a song, or take part in a ceremony.
- ✓ Participate in an outdoor sporting event.
- ✓ Participate in an outdoor Scout's Own or other worship service.
- ✓ Explore a local city, county, state, or national park. Discuss with your den how a good citizen obeys the park rules.

## The National Summertime Pack Award



A pack can earn the National Summertime Pack Award by doing three pack activities when school is out for the summer—one activity each in June, July, and August. Packs that qualify get a colorful streamer for their pack flag. Dens that have at least half of their members at the three summer pack events can earn a den ribbon. Pack members who take part in all three events are eligible for the National Summertime Pack Award pin, to wear on the right pocket flap of their uniform.

If a pack is in a "year-round school" (or is part of a home-school association), the pack could earn the Summertime Pack Award by having a special pack activity during school breaks

## Outdoor Activity Tips



Being outdoors and achieving these awards are certainly worthwhile, helping your Webelos demonstrate the courage to tackle new skills, but remember the Guide to safe Scouting provides important tips to help ensure that your Scouts' outdoor experience is both fun and safe. Here are some tips:

It is the policy of the Boy Scouts of America that trips and outings may never be led by only one adult. **Two registered adult leaders, or one registered adult leader and a parent of a participant, one of whom must be 21 years of age or older, are required for all trips and outings.** The chartered organization of any Cub Scout pack, Boy Scout troop, Varsity Scout team, or Venturing crew has the responsibility to stress to the committees and leaders of the unit that sufficient adult leadership must be provided on all trips and outings.

- ✓ Obtain permission from parents or guardians for activities that are held away from the regular den and pack meeting places.
- ✓ File a tour plan if necessary. Check with your local council on its policies regarding field trips in your council.
- ✓ Be sure to have enough adult leaders for the activity.

- ✓ Check out the site before the activity. Check on reservation procedures, restroom facilities, availability of adequate drinking water, and any potential hazards.
- ✓ Use the buddy system. Coach the boys in advance on what to do if they get lost.
- ✓ Carry a first aid kit and know how to use it. Be prepared with emergency procedures.
- ✓ Arrange adequate and safe transportation.
- ✓ Always leave a site in its natural condition.

For additional information on specific activities not covered in this document, refer to Age-Appropriate Guidelines for Scouting Activities

<http://www.scouting.org/scoutsources/CubScouts/resources/ageappropriateguidelines.aspx> and the Guide to Safe Scouting <http://www.scouting.org/scoutsources/HealthandSafety/GSS/toc.aspx>.

## Flag Ceremony for July



With Independence Day on July 4<sup>th</sup>, there are many references that may be used in a relevant flag ceremony. There are many subjects that may be form the foundation of an Independence Day-related flag ceremony, such as the Flag, George Washington, the Liberty bell or patriotism. One that I like calls for all to enjoy the holiday, but remember the occasion we are celebrating.

Follow your standard Color Guard process (for Den or Pack meeting. After the Cub Scout promise (or Boy Scout Law, and Oath, if this is a Webelos Den meeting) and before posting the U.S. Flag and reciting the Pledge of Allegiance, you should have three or four Webelos Scouts come up and read portions of the following:

- Webelos #1:** As we celebrate the Fourth of July, with our Fireworks, may we remember what this day is all about.
- Webelos #2:** Don't let us forget those brave men and women that fought and died so that we might have the freedoms we enjoy such as ...
- Webelos #3:** The freedom to worship in churches of our choice to speak up when things are not as they should be...
- Webelos #4:** So enjoy the holiday, but don't forget those that made it possible. Please join me in reciting the Pledge of Allegiance.

## Den Meeting Helps Webelos



The last few years I have suggested that your NEW first year Webelos (Bears this past year) work with the Den and their parents on **Traveler** and the **Geography Belt Loop** during the summer months. This is a perfect time to do so as many Webelos and their parents will be traveling during the summer. The meeting planner has them working on these during number four. You can substitute field trips for meeting 4 to train stations, airports or other travel related sites. Send a note home to parents focusing in on the requirements that may be able to be accomplished during the summer. Add some handouts/helpers that may assist parents in getting the requirements done, as well as documenting the accomplishments for you to later sign off on the scouts' handbooks.

## Traveler



The following may be worked on with a parent during the summer to complete requirements or as additional activities:



1. *Get a map or timetable from a railroad, bus line, airline, subway, or light rail. The line should serve the place where you live or near where you live. Look up some places it goes.*
2. *Use a timetable to plan a trip from your home to a city in another state by railroad, bus, airline, or ferry.*  
Although local train and bus maps will work, (for example, Metro North in the New York area [www.metronorth.info](http://www.metronorth.info) and SEPTA (Southeastern Pennsylvania Transportation Authority) in the Philadelphia area <http://www.septa.org/>) national carriers such as Greyhound [www.greyhound.com](http://www.greyhound.com) and Amtrak [www.amtrak.com](http://www.amtrak.com) publish maps and timetables that will make these two requirements easy for parents to do with their children.
3. *With the help of your parent, guardian, teacher, or librarian, use a map site on the Internet to plan a trip from your home to a nearby place of interest. Download*

*and/or print the directions and street map showing how to go from your home to the place you chose.*

One good resource for this is <http://maps.google.com/>

Where driving directions can be entered and a map along with directions of that trip printed.

4. *With your parent or guardian, take a trip to a place that interests you. Go by car, bus, boat, train, or plane.*

This can be a local trip or something that ties into the family summer vacation trip. State tourism bureaus are really good sources of ideas for this requirement, as well as number 2, above.

5. *Figure out what it costs per mile for the trip you took or planned to fulfill requirement 2, 4, 6, or 7. (Don't forget to include getting back to your starting point.)*

Once the scout figures out the mileage (using one of the map direction programs, a road map, train schedule or bus schedule, or the odometer in the car, other variables may include the cost of a ticker, the cost of gasoline and the miles per gallon. An easy route to this answer can use one of the many of the on-line calculators such as <http://www.commuterpage.com/> for example. However, I suggest that you adapt the calculator to use on a white board or a sheet of paper to allow the Scouts to try different ways of getting to the same place, maybe to determine the most and least expensive method of travel for an individual and a family. This will tie into requirement 10 (see below). Here is a form that can be used.

Fill out this form to figure out your monthly commute cost!

- A. What is your daily round trip commute distance from home to work (in miles)?
  - B. How many days per month do you normally work?
  - C. How many miles per gallon does your automobile average?
  - D. How much per gallon do you normally pay for gasoline?
  - E. What is your cost per mile for maintenance and tires? (This may differ by car but the national average is \$.065)
  - F. What is your cost per mile for financing, insurance, depreciation, and taxes? (National average \$.46)
  - G. How much do you pay monthly for parking?
  - H. How much would it cost ROUND-TRIP each day to ride the bus or train?
6. *Decide on four nearby trips you would like to take with your parents or guardian. Draw the route of each trip on a highway map. Using the map, act as navigator on one of these trips. It should start at your home, be at least 25 miles long, and have six or more turns.*

Check out some local areas of interests and provide a list to the scout. These may include parks, museums and historical locations. Websites for your town and neighboring towns usually provide some information on attractions both for Requirements 4 and 6.

7. *Decide on a trip you would like to take that lasts at least two days. Pack everything you would need for that trip.*

Some parents tell me they are not planning any overnight trip. Well the requirement doesn't require that you take the trip, only that a scout decides where he wants to go and pack for it. I love to have the scouts make these decisions at home and come to the den meeting packed. We then check and decide what is really necessary and what could have stayed home!

8. *Check the first-aid kit in the family car to see if it contains what is needed. Explain what you found.*

You provide this information to the scouts to use with their parents. The scout can make a First Aid kit for use in the family car. Be sure to tell them to include medicines that someone in the family may need. Additional items that could be put in the kit are listed below:

- Soap
- Box of adhesive dressings (assorted sizes and shapes and waterproof)
- Adhesive tape
- Sterile gauze pads (small and large)
- Small scissors, tweezers, and a packet of needles
- Safety pins (large and small)
- Chap stick
- Triangular bandages
- Ice packs and Heat packs
- Petroleum jelly
- Rubber gloves
- First aid manual

Tell the scout to discuss with his parents what trip safety is and make up a safety checklist. This should be done before going on a trip.

9. *Look at a map legend on a road map of your area. Learn what the symbols mean. Show your den members what you have learned.*

You can find these most anywhere. Many cities have them on their city website. Here is one from Salt Lake City Utah:

**Road Map Legend**



10. *On a road map of your area, find a place of interest, and draw two different routes between it and your home. Use the map legend to determine which route is shorter in miles.*

As mentioned, you can tie this one in with number 5.

11. *Make a list of safety precautions you, as a traveler, should take for travel by each of the following: car, bus, plane, boat, train.*

I like to make this one a family exercise, with a parent and Webelos scout coming to the meeting and we make it a discussion. I use white boards to record all the answers and we have the scouts decide the top 5 for each category. Some new things like don't text while driving will creep into the typical things you might here.

12. *While you are a Webelos Scout, earn the Cub Scout Academics belt loop for Geography.*

**Geography Belt Loop and Pin**

<http://usscouts.org/advance/cubscout/academics/geography.asp>



Webelos Scouts that earn the Geography Belt Loop while a Webelos Scout also satisfy requirement 12 for the Traveler Activity Badge.

Webelos Activity Badge Workbooks for these and other Academic and Sports Belt Loops and Pins may be found at:

<http://usscouts.org/advance/cubscout/webbadges.asp>

-or-

[http://meritbadge.org/wiki/index.php?title=Webelos Activity Badge Worksheets](http://meritbadge.org/wiki/index.php?title=Webelos_Activity_Badge_Worksheets)

**Belt Loop**

Complete these three requirements:

1. Draw a map of your neighborhood. Show natural and manmade features. Include a key or legend of map symbols.
2. Learn about the physical geography of your community. Identify the major landforms within 100 miles. Discuss with an adult what you learned.
3. Use a world globe or map to locate the continents, the oceans, the equator, and the northern and southern hemispheres. Learn how longitude and latitude lines are used to locate a site.

**Pin**

Earn the Geography belt loop, and complete five of the following requirements:

1. Make a 3-D model of an imaginary place. Include five different landforms, such as mountains, valleys, lakes, rivers, plateaus, and plains.
2. List 10 cities around the world. Calculate the time it is in each city when it is noon in your town.

3. Find the company's location on the wrapper or label of 10 products used in your home, such as food, clothing, toys, and appliances. Use a world map or atlas to find each location.
4. On a map, trace the routes of some famous explorers. Show the map to your den or family.
5. On a United States or world map, mark where your family members and ancestors were born.
6. Keep a map record of the travels of your favorite professional sports team for one month.
7. Choose one:
  - a. Read a book in which geography plays an important part;
  - b. On a web site with satellite views of earth, identify at least five locations, including your home address or a nearby building. Be sure you have your parent's or adult partner's permission first.
8. Take part in a geography bee or fair in your pack, school, or community.
9. Choose a country and make a travel poster for it.
10. Play a geography-based board game or computer game. Tell an adult some facts you learned about a place that was part of the game.
11. Draw or make a map of your state. Include rivers, mountain ranges, state parks, and cities. Include a key or legend of map symbols.

## Arrow of Light



In addition to working on **Family Member** over the summer and getting a head start on **Aquanaut** (see last month's Baloo's Bugle for some meeting ideas), you should focus on those Arrow of Light requirements that should be repeated at every meeting. Paramount is that your Webelos know the Scout Law and Oath as well as the other requirements for becoming a Boy Scout. Specifically:

- ✓ Repeat from memory and explain in your own words the Scout Oath or Promise and the 12 points of the Scout Law. Tell how you have practiced them in your everyday life.
- ✓ Give and explain the Scout motto, slogan, sign, salute, and handshake.
- ✓ Understand the significance of the First Class Scout badge.
- ✓ Describe its parts and tell what each stands for.
- ✓ Tell how a Boy Scout uniform is different from a Webelos Scout uniform.
- ✓ Tie the joining knot (square knot).

Here are some of the requirements that may be helpful. I'll have information on some others next month.

## Ready for Boy Scouts

### The Meaning of the Scout Oath



#### ON MY HONOR, I WILL DO MY BEST

When you say "On my honor," that's like saying "I promise." It also means you are the kind of person who always tries to do what is right and you can be trusted to keep this promise. No one can take your honor from you, but you can throw it away by breaking your promise and doing what you know is wrong.

Notice that the Scout Oath has three basic parts. Let's look at what they mean.

#### Part #1 -

#### TO DO MY DUTY TO GOD AND MY COUNTRY AND TO OBEY THE SCOUT LAW

##### *This is your Duty to God and Your Country*

Your family and religious leaders teach you to know and serve God. By following these teachings, you do your duty to God.



Men and women of the past worked to make America great, and many gave their lives for their country. By being a good family member and a good citizen, by working for your country's good and obeying its laws, you do your duty to your country.

Obeying the Scout Law means living by its 12 points.

### Part #2 -

#### TO HELP OTHER PEOPLE AT ALL TIMES

##### *This is your Duty to Others*

Many people need help. A cheery smile and a helping hand make life easier for others. By doing a Good Turn daily and helping when you're needed, you prove yourself a Scout and do your part to make this a better world.

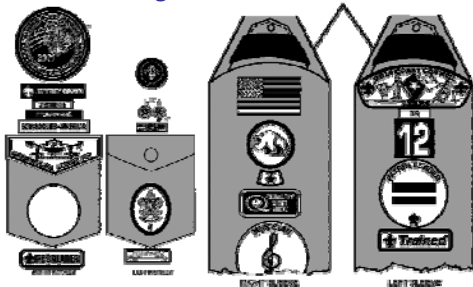
### Part #3 -

#### TO KEEP MYSELF PHYSICALLY STRONG, MENTALLY AWAKE, AND MORALLY STRAIGHT

##### *This is your Duty to YOURSELF*

*Keeping yourself physically strong* means taking good care of your body. Eat the right foods and build your strength. *Staying mentally awake* means learn all you can, be curious, and ask questions. *Being morally straight* means to live your life with honesty, to be clean in your speech and actions, and to be a person of strong character.

### The Boy Scout Uniform



The basic Boy Scout uniform has tan shirt and khaki pants.

The shirt may have either short or long sleeves. For summer wear you may wear uniform shorts.

Your hat will be chosen by the troop. It may be a baseball-style cap or a broad-brim campaign hat.

Every troop has its own neckerchief. Yours will be the one chosen by your new troop.

Some of the insignia on your Boy Scout shirt are like those on your Webelos uniform. But on your right sleeve, you will wear your patrol emblem. On your left shirt pocket, you will wear the highest Boy Scout rank you have earned (not all ranks, as in Cub Scouts).

Your Arrow of Light Award goes at the bottom of this pocket. You will wear green epaulets.

### The Scout Badge



When we speak of the Scout badge, we mean the badge of the First Class Boy Scout. It is shown here.

- The three-point design of the top half of the badge is like the north point of the old sailor's compass.
- The main part of the badge shows that a Scout is able to point the right way in life as truly as the compass points it in the field.
- The three points, like the three fingers in the Scout sign, stand for the three parts of the Scout Oath to which a boy pledges himself as a Boy Scout.
- The stars symbolize the ideals of truth and knowledge of the Scouting movement. They guide you by night and suggest a Scout's outdoor life.
- The eagle with the shield is the national emblem of the United States of America. It stands for freedom and readiness to defend that freedom.
- The scroll with the Scout motto is turned up at the ends to suggest the corners of a Scout's mouth raised in a smile as he does his duty.
- The knot attached to the bottom of the scroll is to remind you that, as a Boy Scout, you promise to do a Good Turn for someone every day.

### Square Knot



[http://meritbadge.org/wiki/index.php/Square\\_knot](http://meritbadge.org/wiki/index.php/Square_knot)

***"Right over left, left over right,  
makes a knot tidy, and tight."***

The **square knot** is also known as the joining knot because it can join two ropes together and because it is the first knot Scouts learn when they join the BSA. It has many uses—from securing bundles, packages, and the sails of ships to tying the ends of bandages.

To tie a square knot, hold one rope end in each hand. Pass the right end over and under the rope in your left hand and pull it snug. Next, pass the rope now in your left hand over and under the one now in your right, and pull it snug.

There are a number of websites that have animations of the square knot. For example:

<http://www.animatedknots.com/reef/index.php>



## ADDITIONAL ADVANCEMENT IDEAS

Alice, Golden Empire Council

*These are additional ideas. Maybe your Cubs did some advancement in camp and you got to skip a section. Maybe your den is above average and streaking through the program. Maybe you want some ideas to tie into the Core Value of the month. Maybe your presenter or field trip for that week fell through and you need a Plan B. Here are ideas you can use!!  
CD and Alice*

The suggested Achievement, Elective and Activity Pin requirements listed here not only fulfill advancements, but reflect the Core Value for July – Courage. BSA has a number of **Lifesaving and Meritorious Awards**, which recognize conduct exhibiting courage and daring, skill and self-sacrifice. Moral courage is also required in earning **Religious Awards** – especially when dealing with peer pressure to “follow the crowd.” Also, learning or reviewing the steps for **Hug A Tree and Survive** can help a scout act with courage if they ever do become lost. Courage is sometimes needed when learning any new skill, especially if demonstrating or performing in front of other people.

### Tiger Achievements

**Ach. 2G** – Visit a Police or Fire Station. Ask someone there how he or she helps people. Ask them what they think about courage and if they have any stories of courage to share.

**Ach. #3F, part a** – With your family, plan and practice a fire drill in your home – it will make it easier to have courage if you ever need to actually have a fire.

**Ach. #3F, part b** – With your adult partner, plan what to do if you become lost or separated from your family in a strange place – learn how to do the steps of Hug A Tree and Survive so you will have the courage to do the right thing if you ever do become lost.

### Tiger Electives

**Elect. #1** - Think of a time when your family celebrated something, and tell the den about it and how it made your feel. See if your family has a story of courage that might be celebrated during a family birthday or patriotic celebration.

**Elect. #8** - Invite a religious leader from your place of worship to your home or to your den meeting – ask them to share a story of religious or moral courage.

**Elect. #9** – Help a new boy or girl get to know other people – it can take courage to greet someone new and introduce them to others, especially if your friends might want to ignore them.

**Elect. #10** – Along with your adult partner, help an elderly or shut-in person with a chore. Even if you are a little afraid of them, or have heard scary stories about them, have the courage to give service.

**Elect. #12** - Make at least two cards or decorations and take them to a hospital or long-term care facility. Be friendly and kind, even if you are uncomfortable or not used to being in that kind of place.

**Elect. #18** – Learn how to sew on a button – it can take courage to learn a skill that your friends may think only girls do.

**Elect. #27** - Talk to your adult partner about what to do if these things happened and how you can show courage:

The adult who is caring for you becomes ill.

You are alone with someone who makes you feel uncomfortable.

**Elect. #40** - Together with an adult partner, go swimming or take part in an activity on water. Sometimes it takes courage to go swimming or be in or on the water – or to learn to swim if the water scares you.

**Elect. #47** –Learn about what you can recycle in your community, especially things that need to be recycled in special ways. Learn about the courage of Tom Whittaker and how he recycled trash he found on Mt. Everest.

**Elect. #49** - Visit a government office such as the mayor's office, the state capitol building, or a courthouse – and have the courage to ask some questions so you can learn more.

### Wolf Achievements

**Ach. #1c, d, e or h** –Do a front roll, a back roll and a falling forward roll; using a basic swim stroke, swim 25 feet. It can be scary to do something physical when you are afraid of falling or getting hurt – or when it looks like a long way to swim - so remember that Cub Scouts can have courage to try new things.

**Ach. #4b, #4c** - Tell what to do if someone comes to the door and wants to come in; Tell what to do if someone calls on the phone. Remember it takes courage to remember the best thing to do in some situations.

**Ach. #12a –12k** – Do the requirements for the Courage Character Connection. Then do at least the four required activities as you decide how you would make the right choices when faced with difficult situations.

### Wolf Electives

**Elect. #2a, d** – Help to put on a play or skit using costumes; Be the announcer for a skit. If you are shy, or not used to performing in front of people, it can take courage to do it.

**Elect. #7a** – Learn to walk on a pair of stilts – it might take courage if they seem too high!

**Elect. #16a, b** – Talk with your family about what you will do in an emergency; In case of a bad storm or flood, know where you can get safe food and water in your home. Tell how to purify water and show one way; Know where and how to shut off water, electricity, gas or oil. Talk about why you might have to show courage in a real emergency, and practice so you will remember what to do.

**Elect. #21b** –Explain what a computer program does and use a program to write a report about someone who showed courage.

**Elect. #22c** – Tell a short story to an adult, your leader or your den. Sometimes it takes courage to do this, but the more you do it, the easier it will be for you to talk in front of other people.

**Elect. #23b, c** – Explain the basics of how to take care of yourself in the outdoors; Tell what to do if you get lost. (Learn about how to “Hug a Tree and Survive” – if you know what to do, it is easier to have the courage to do the right thing, especially if you are lost.

### Bear Achievements

**Ach. #1, 2** – Whether practicing your faith or working on the Religious Award, it can take real courage to do the right thing, especially if other people make fun of you – but have courage to do your best and make good choices.

**Ach. #6a** – In honor of Tom Whittaker and his courage on Mt. Everest, and his hauling over 1,000 pounds of trash down the mountain, save 5 pounds of glass or aluminum or 1 month of daily newspapers. Turn them in at a recycling center and donate the proceeds, or use your community recycling service.

**Ach. #6c** – Call city or county officials or your trash hauling company and find out what happens to your trash after it is hauled away. It can take courage to make this kind of call – but make a list of questions before you start so you don't get confused.

**Ach. #11g** – Complete the Character Connection for Courage by doing all three steps. All of the requirements for Ach. 11-Be Ready are also activities that would require courage to complete.

**Ach. #12b** – The suggestions for what to do if lost or how to prepare also would require courage to fulfill – and fit with the Hug A Tree and Survive program.

**Ach. #14b** – Learning to ride a bike can require courage if a boy hasn't learned previously.

**Ach. #17a** – With an adult in your family, choose a TV show and watch it together. Look for a documentary about someone who has shown courage, such as a local or national hero. Talk about how they showed courage.

**Ach. #17d** – Use a computer to get information about a person who has shown courage, such as Lewis & Clark – Write, spell check, proofread and print out a report on what you learned.

**Ach. #22b** – If you don't feel comfortable doing knots, it can take courage to learn to tie a square knot, bowline, sheet bend, two half hitches and slip knot – tell how each is used.

**Ach. #24a, c** – It can take some courage to help a new boy through the Bobcat trail or to plan and conduct a den activity with the approval of your den leader.

**Ach. #24e** – It definitely takes courage to make a choice on how to do something when not everybody likes your choice – go over the hard choices and decide what you would do.

### Bear Electives

**Elect. #6b** – For someone who has a fear of flying, or who hasn't ever flown, it can take courage to ride in a commercial airplane.

**Elect. #8c** – If you are a little shy, it can take courage to play in a den band using homemade or regular instruments, and to play at a pack meeting.

**Elect. #13** – It can take courage to show magic tricks, especially to put on a magic show for someone with your den. Lots of practice will make you feel more sure of yourself – and check out the ideas for what to say in last month's Baloo. Then you'll be prepared in case a trick doesn't work perfectly.

**Elect. #19** – Any of the requirements for Swimming can require courage, especially if you are unsure of yourself in the water. Remember never to swim alone, and get some lessons to help you feel more comfortable in the water.

**Elect. #21a** – It can take courage to take part in a council or pack-sponsored money earning sales program. Learn all you can about the product and practice how to make a sale with a parent.

**Elect. #25b** – Learn all about the Buddy system and why it's important to follow it. Tell what to do if lost – knowing what to do, and how to follow Hug A Tree and Survive, will help you to have courage if you ever do get lost.

### Webelos Activity Pins

**Aquanaut** – It can take courage to do any of the requirements, especially if you are not comfortable in the water. It can also take courage to do Requirement #7 – even if you know how to swim, passing the BSA “Swimmer” test can be hard to do and may require courage, especially if others are watching. Practice the skills with a parent or leader, or take swim lessons to improve your skills.

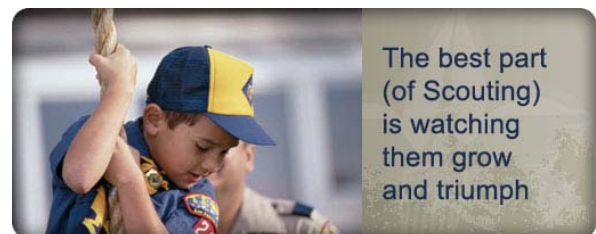
**Citizen #11** – Write a short story about a former US President or other great American. Include examples of his or her morale or physical courage. Give a report on this to your Webelos den.

**Communicator #2** – It can take courage to prepare and give a three minute talk to your den.

**Fitness #8** – Read the booklet *Take a Stand Against Drugs!* Discuss it with an adult and show that you understand the material. If you find yourself in a situation where drugs are involved, it will take courage to stand up and do the right thing.

**Outdoorsman #3, #9** – With your parent or guardian, take part in a Webelos den overnighter; or discuss with your den leader the things you need to take on a hike before doing a 3 mile hike. Learn or review the steps of Hug A Tree and Survive so you will be able to show courage if you ever do become lost.

**Readyman #1** – Complete the requirements for the Courage Character Connection. Do the Know, Commit and Practice steps so you will be prepared to act with courage in an emergency. Also, any of the requirements of Readyman may require courage to use in an emergency.



The best part  
(of Scouting)  
is watching  
them grow  
and triumph

## MORE GAMES AND ACTIVITIES

Wendy, Chief Seattle Council



Want to check something in the "How-To Book," and your copy is not available?? Want to copy something quick to use at a meeting?? You can find the "How-To Book" at this address on **National's Web Site** - [http://www.scouting.org/filestore/hispanic/english/33832\\_WEB.pdf](http://www.scouting.org/filestore/hispanic/english/33832_WEB.pdf)

## CUB GRUB

### Cub Grub Cookbook

This is a really great cookbook for Cubs -

<http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf> -

You can save a copy on your PC by selecting **File, Save As...** in your web browser's menu bar.

### Pretzel Sparklers for July 4th

Alice, Golden Empire Council

Give children long pretzel sticks. Have them dip the top part of the stick into melted white chocolate. Then, let them add red and blue sprinkles or other miniature candies on top of the melted chocolate.

### Watermelon on a Stick

2010-2011 CS RT Planning Guide

#### Ingredients and materials:

- ✓ Watermelon pieces, seedless
- ✓ Orange juice
- ✓ Water
- ✓ Paper cups
- ✓ Clean craft sticks or candy-making sticks (short sticks work best)
- ★ Mix in a blender, one cup each of seedless watermelon pieces, orange juice, and water.
- ★ Pour into paper cups and place in a freezer.
- ★ Insert craft sticks when partially frozen, If your stick doesn't remain standing, you can cover the paper cup with foil and poke a small hole to insert the stick through the foil
- ★ When completely frozen, remove the treat from the cup and enjoy!

**Note: Be aware of food allergies and diet restrictions,**

### Fruit Sparklers for July 4th

Alice, Golden Empire Council

Alternate blueberries, strawberries, bananas, cherries, and large marshmallows to make a red, white, and blue pattern

onto wooden skewers. Note: When finished skewering fruit, break off sharp tips to prevent injury.

### Red, White & Blue for Courage

Alice, Golden Empire Council



Let each boy make an individual "Salute" snack to enjoy (this is an easier variation of the Program Helps idea). You will need: Graham Crackers, White icing, Blue sprinkles, Red rope licorice, White chocolate chips.

Each boy gets a graham cracker and craft stick or small knife to spread white icing on the cracker.

Have each boy mark off the square for the blue using the edge of a craft stick or knife. Now he can carefully drop blue sprinkles on the square.

Cut red licorice into thin strips and short pieces, and let each boy add the "stripes" to his flag.

If you have them, white chocolate chips can be used to make some stars.

While the boys enjoy eating their treat, remind them of the symbolism of the flag: 50 stars = 50 states; white = purity; blue = justice and fairness; and red = courage. Remind them that these are some of the same qualities that help make a hero.

*A larger version, I'm sure you've seen before, uses a sheet cake, rows of banana slices and strawberries, and blueberries. Just be sure to dip the banana in citric acid or pineapple juice so it doesn't turn brown!*

### Red, White, & Blue drinks:

Wendy, Chief Seattle Council



With a steady hand and some colorful drinks, you can create a tasty, multilayered concoction. The secret is in selecting liquids with varying amounts of sugar, since those that contain more (such as soda) are denser than those with less (such as diet drinks). And that makes it possible to actually stack one on top of another (for a little while, anyway -- then they'll start to blend). Here's how to serve up a thirst quencher with two, three, or even more layers. Our recipe is for a red, white, and blue version for your Fourth of July celebrations. See how your favorite beverages literally stack up!

Check it out at -

<http://familyfun.go.com/4th-of-july/4th-of-july-recipes/4th-of-july-cold-drinks/patriotic-drink-686812/>

**Lewis & Clark Treats***Alice, Golden Empire Council*

Want to experience some of the food that Lewis & Clark, John Muir and other courageous explorers have eaten? Prepare or purchase jerky, dried fruit, hardtack or make trail mix. Enjoy your treat on a den or pack hike. If you want to do as John Muir did, take white bread and squish it into little balls – Muir often lived on dried bread, tea and fruits and nuts that he gathered on the trail.

**Transformer Fruit Snacks***Alice, Golden Empire Council*

Easiest of all – just pass out Transformer fruit snacks - **but be sure you have talked about what is required to “transform” yourself into a hero –someone who shows courage and stands up for the right!**

**FAMILY COOKING EVENT***Sam Houston Area Council*

Tiger Elective 24,25, Wolf Achievement 8e,  
Bear 9g, Webelos Outdoorsman

**Baloo's Bugle, Volume 12, Number 12, Aug. 2006**

Cub Scouts will plan, prepare, and cook an outdoor meal for their families for this den meeting.

**Foil Dinner Meals***Sam Houston Area Council*

***Always protect your hands when cooking foil packets— they're hot! And when opening the packets, beware of escaping steam, which can burn you.***

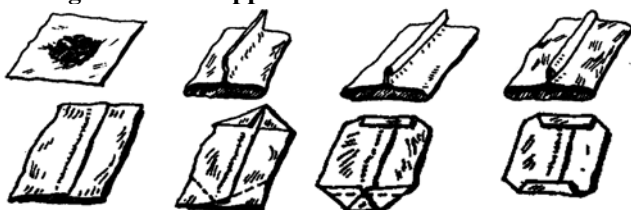
Foil dinners are meals that cook inside the pouch of a piece of heavy-duty aluminum foil. Place your food on aluminum foil, seal it by folding the top and sides, and place the foil onto hot coals. Here are two simple ideas:

**Traditional Hamburger Foil Dinner**

Place quantities of hamburger meat, sliced onion, potato, carrot, and other vegetables on a piece of foil. Season as desired with salt, pepper, and other spices. Seal the foil and place on coals for approximately 15 minutes on each side.

**Tuna Noodle Foil Dinner**

Place quantities of precooked pasta, grated cheese, and drained tuna in the middle of the foil. Seal it and place on coals for approximately 10 minutes to warm the ingredients.

**Folding the Foil Wrapper****Tin Can Cooking***Sam Houston Area Council*

Wolf 5e, 8e, elective 8e, Bear 9g,  
Webelos Outdoorsman, Craftsman

**Materials To make a stove and buddy burner:****Stove:**

One No. 10 (one gallon) can,  
Tin snips,  
Kitchen can opener,  
Punch-type can opener,  
Pair of gardening gloves

**Buddy Burner:**

One tuna or cat food can,  
Rolled corrugated cardboard,  
Scissors to cut the cardboard,  
Paraffin wax

**Damper:**

Aluminum foil or tuna-can lid,  
Spring clothespin

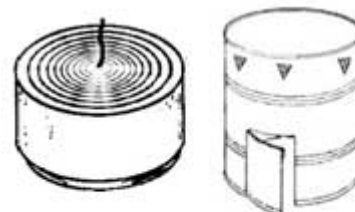
**Instructions:****To make the burner,**

- ☺ Cut the corrugated cardboard across the corrugation (so its holes show) into strips the same width as the height of the tuna can.
- ☺ Roll the cardboard to fit inside the can and place it there,
- ☺ Pour melted wax over the cardboard. Very carefully heat the wax in a double boiler.

**Caution:**

**NEVER heat wax directly over flames. If the wax does burst into flames, smother it with a lid or similar covering. DO NOT use water to extinguish the flames.**

The cardboard in the buddy burner serves as a wick. When it is lit the wax burns like a candle, providing heat for the stove. It will help when lighting the burner to hold the can on its side so the flames can spread across the surface of the cardboard more easily.



'Buddy Burners'-wax filled cardboard in a can

**For the stove,**

- ☺ First put on the gloves and then cut out one end of the No. 10 can with a kitchen can opener.
- ☺ With a pair of tin snips cut a door about three inches high and four inches wide on the side of the can at the open end.
- ☺ Leave the top or one side of the door attached and carefully bend the door open toward the closed end.
- ☺ Use caution because the edges are razor sharp. At the top of the stove (the closed end) punch two to three smoke holes into the side opposite the cut-out door. This will allow the smoke to escape out the back of the stove.

**Make a damper out of foil or the lid of a tuna can.**

- ☺ The damper is the key to tin can cooking because it gives you the ability to control the level of heat. The easiest way to make a damper is with the lid of the tuna can that was used for the buddy burner.
- ☺ Clip a spring clothespin to it for holding and protecting your fingers from both heat and cuts.
- ☺ Position the damper over the burner can, sliding it forward or backward, to expose more or less flame. By controlling the fire this way you can have low, medium, or high heat.
- ☺ Your stove is now complete and you're ready to cook.

**No-Bake American Flag Cake**

*Sam Houston Area Council*

*This easy no-bake flag dessert will be a hit at any celebration.*

*Who wouldn't want fresh fruit over pound cake with Cool Whip Whipped Topping? You won't be able to wait to dig into the tasty layers.*

**Difficulty:** Moderately Easy

**Things You'll Need**

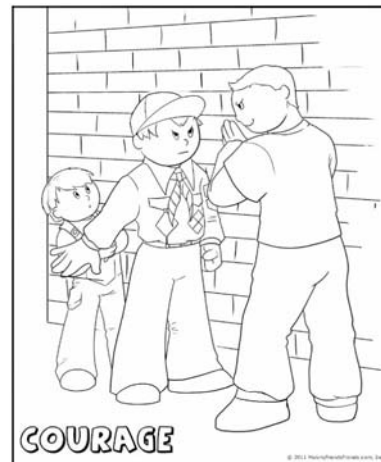
- 2 pints of fresh strawberries
- 1 ~ 12 ounce pound cake, cut into 16 slices
- 1 1/3 cups of blueberries
- 1 tub (12 oz) Cool Whip Topping, thawed

**Instructions**

1. Slice 1 cup of fresh strawberries and set aside for later use.
2. Cut remaining fresh strawberries in half and set aside for later use.
3. Line the bottom of a 12X8-inch glass baking dish with 8 slices of pound cake.
4. Top cake layers with 1 cup of fresh strawberry slices, 1 cup of blueberries and 1/2 of the Cool Whip Whipped Topping.
5. Place remaining pound cake slices over the Cool Whip whipped topping.
6. Spread remaining Cool Whip whipped topping over the pound cake.
7. Arrange fresh strawberry halves and remaining 1/3 cup of blueberries over the Cool Whip whipped topping to create a flag design. (Use strawberries to mark the stripes and the blueberries in a square to represent the stars).
8. Refrigerate until ready to serve. Serve with or without ice-cream.

**WEB SITES****And Other Resources**

**Free Coloring pages for Core Themes:**



I am brave and do what is right regardless of my fears, the difficulties, or the consequences.

This web site has coloring pages like this one for COURAGE for all 12 Cub Scout Core Values:

[http://www.makingfriends.com/color/cub\\_scout\\_coloring\\_pages.htm](http://www.makingfriends.com/color/cub_scout_coloring_pages.htm) Be sure to check it out!!

Also, check out their project & craft pages for Scouts

[http://www.makingfriends.com/scouts/scouts\\_boys\\_all.htm](http://www.makingfriends.com/scouts/scouts_boys_all.htm)



**Make things Out of Cardboard Boxes -**

<http://www.ehow.com/make-out-of-cardboard-boxes>

*Great Salt Lake Council*

<http://www.magickeys.com/books/lk/index.html>  
<http://www.sandiegozoo.org/kids/crafts.html>  
<http://www.kidscolorpages.com/knights.htm>  
<http://www.dltk-kids.com/fantasy/crafts.html>  
<http://www.kidsdomain.com/craft/hall-knight2.html>  
<http://webtech.kennesaw.edu/jcheek3/castles.htm>  
<http://yahooligans.yahoo.com/>  
<http://www.caerleon.net/history/arthur/>  
<http://www.schools.ash.org.au/elanorah/Med.htm>

**Society of Creative Anachronism** – Renaissance era and Knight Re-enactors [www.sca.org](http://www.sca.org)

**Websites for Renaissance Faires -**

Texas Renaissance Festival, Plantersville, TX  
<http://www.texrenfest.com/main.htm>

(There are at least four other Ren Faires in Texas)

Pennsylvania Renaissance Festival  
<http://www.parenfaire.com/>

Maryland Renaissance Festival  
<http://www.rennfest.com>

Then I found these sites that have lists of Renaissance Faires from all around the country. Some are one weekend events, some are like the Pennsylvania Faire that are every weekend for 10 weeks or so.

<http://www.verymerryseamstress.com/renaissancefaires.htm>  
<http://www.faires.com/>  
<http://www.faire.net/SCRIBE/WebScribe.htm>  
<http://www.renaissance-faire.com>  
<http://www.renaissanceinfo.com>  
[the periodical Renaissance Magazine](http://www.periodical.com)

So if you are not holding your own event, maybe you can go and see one of these.

**Books**

- ★ Den & Pack Meeting Resource Guide;
- ★ Cub Scout How To Book;
- ★ Boys' Tiger, Wolf, Bear, Webelos Hand books;
- ★ Cub Scout Leader Book;
- ★ Cub Scout Ceremonies Book;
- ★ Family Fun Magazine.

**From Steve Leth**, Training Chair,  
White Horse District, Southern NJ Council

- ☺ [www.Scouting.org](http://www.Scouting.org) - The BSA's main website. (By the way - BSA.ORG is actually the Business Software Alliance, a trade group that campaigns against computer software piracy.)
- ☺ [www.ScoutStuff.org](http://www.ScoutStuff.org) - The BSA National Supply Division
- ☺ [www.snjscouting.org](http://www.snjscouting.org) - Southern New Jersey Council
- ☺ [www.USScouts.org](http://www.USScouts.org) - An independent treasure trove of Scouting information, including *Baloo's Bugle*.

- ☺ <http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf> - Source for the *Cub Grub Cookbook*. You can save a copy on your PC by selecting **File, Save As...** in your web browser's menu bar.

*Alice, Golden Empire Council*

- 👉 [www.heifer.org](http://www.heifer.org) international organization that connects givers with projects and initiatives all over the world. You can choose an area from a world map. In addition to providing heifers, the giver can also choose to give as little as \$10 for a share in a seedlings donation, \$20 for a flock of chicks, various "baskets" for \$60 and up; lots of different projects to choose from, as well as explanations of the value of each gift to the recipients. Information on how to start or support an urban garden.
- 👉 [www.usaweekend.com/diffday](http://www.usaweekend.com/diffday) website for a national day of service on the fourth weekend of October every year. Lots of ideas on how an individual, family, den or pack could participate. You can win funding, vacations and various prizes for participating.
- 👉 [www.redcross.org](http://www.redcross.org) go to volunteer services, then click on volunteer opportunities checklist; use the locator to look for opportunities for kids, youth in a given zip code.
- 👉 [The Points of Light Foundation](http://www.thepointsoflight.org), the non-profit partner in USA WEEKEND's Make A Difference Day, is the nation's leader in promoting more effective volunteering and awareness of the importance of volunteering.
- 👉 <http://giving.clintonfoundation.org> links to all kinds of giving opportunities; click on resources to go to lists by category
- 👉 [Newman's Own](http://www.newmansown.org): Paul Newman, a Make A Difference Day judge and supporter, site also includes information on his summer camps for kids who have cancer and blood diseases.
- 👉 [America's Promise](http://www.americaspromise.org): Founded in Philadelphia, at the Presidents' Summit for America's Future, America's Promise aims to provide every at-risk child in America with access to all resources they need.
- 👉 [The Corporation for National Service](http://www.thecorporationfornationalservice.org) oversees three national service initiatives: [Americorps](http://www.americorps.org) allows people of all ages to earn help paying for education in exchange for a year of service. [Learn and Serve America](http://www.learnandserve.org) supports teachers and community members who involve young people in service that relates to their school studies. [National Senior Service Corps](http://www.national seniorservicecorps.org) helps people age 55 and older find service opportunities related to their interests.
- 👉 [The National Assembly](http://www.thenationalassembly.org): This is a great stop for anyone interested in human service as a career. Dedicated to youth development, their homepage includes a newsletter and the On-line Directory for over 2000 Internships in Youth Development.

- 📌 [Global Service Corps](#) invites you to address social inequities and environmental problems around the world. At the same time, you can experience learning and friendship through working with, and living in the homes and communities of Global Service Corps partners and hosts in Kenya, Costa Rica, Guatemala and Thailand. This experience is available through volunteer project trips as well as longer term volunteer opportunities.
- 📌 [Volunteers of America](#) 49 community-based service organizations throughout the U.S. offer more than 160 different programs that help people including children, youth, the elderly, families in crisis, the homeless, people with disabilities or mental illness, and ex-offenders returning to society.
- 📌 The [Volunteers in Technical Assistance \(VITA\)](#) is a not-for-profit private voluntary organization which was established by scientists and engineers to respond to technical inquiries from people in developing countries. VITA collects, refines, and disseminates information that helps to improve food production, minister health needs, increase productivity of businesses, generate higher incomes, and preserve natural resources.
- 📌 [Volunteermatch.org](#) offers a variety of online services to support a community of nonprofit, volunteer and business leaders committed to civic engagement.
- 📌 [Ohio's Governor's Community Service Council](#) is Ohio's state office of volunteerism and community service.

**Journey to Excellence:**

<http://www.scouting.org/scoutsource/Awards/JourneyToExcellence.aspx>

**Games, Games, Games**

If you search the web for group games, you can get hundreds of listings. Here are a few that I have found:

[www.Boyscouttrail.com](http://www.Boyscouttrail.com)

They have a section for group games. You can search based on the age of the boys, the type of game, or by game name. They also have a listing of all the belt loops to help you play those games as well.

[www.Funandgames.org](http://www.Funandgames.org)

These games are geared toward kids. They have some of everything and are listed by categories. This site can help with group games as well as pre-openers. It is a database of games compiled by many people, so as you read the rules you can see different people's style of writing.

[www.Gameskidsplay.net](http://www.Gameskidsplay.net)

This site lists lots and lots of games. They have some in categories and others are just listed. They have a search engine as well. They are not listed by age so you will have to read the rules of the games to decide if they are right for your group. They do give variations for how to play many games.

[www.Funattic.com](http://www.Funattic.com)

This site offers free game ideas as well as sells things for games. It seems to focus on products for disabled children. I

haven't purchased anything from them, but the game listing is organized and easy to understand. They have a newsletter you can subscribe to as well as a monthly game to play.

[www.Macscouter.com](http://www.Macscouter.com)

This site has what it calls two volumes of games in a PDF format. The first volume is for younger scouts and the second for older scouts. It is easy to navigate and find the type of game you are looking for. They even have a listing of games called Scouting Games by Baden-Powell; great fun all year long. This site has other information for basic cub scouting, as well.

**Den & Pack Meeting Help:**

Baloo's Bugle: <http://usscouts.org/bbugle.asp>

Links to theme related publications:

<http://www.scoutingthenet.com/Training/Roundtable/Handouts/11/>

**Crafts, Games, & Activities:**

<http://familyfun.go.com/>

<http://www.dltk-kids.com/scouts/index.htm>

Crafts: [www.makingfriends.com](http://www.makingfriends.com)

Sports & Games:

<http://www.scoutingweb.com/scoutingweb/program/Games.htm>

## ONE LAST THING

### To All of Us Who Survived the 40's, 50's, and 60's!

- ★ First, we survived being born to mothers Who smoked and/or drank while they were Pregnant.
- ★ They took aspirin, ate blue cheese dressing, Tuna from a can and didn't get tested for diabetes.
- ★ Then after that trauma, we were put to sleep on our tummies in baby cribs covered with bright colored lead-base paints.
- ★ We had no childproof lids on medicine bottles, Locks on doors or cabinets and when we rode
- ★ Our bikes, we had baseball caps not helmets on our heads.
- ★ As infants & children, We would ride in cars with no car seats, No booster seats, no seat belts, no air bags, bald tires and sometimes no brakes.
- ★ Riding in the back of a pick-up truck on a warm day Was always a special treat.
- ★ We drank water From the garden hose and not from a bottle.
- ★ We shared one soft drink with four friends, From one bottle and no one actually died from this.
- ★ We ate cupcakes, white bread, real butter and bacon. We drank Kool-Aid made with real white sugar. And, we weren't overweight. WHY?
- ★ Because we were Always outside playing... that's why!
- ★ We would leave home in the morning and play all day, As long as we were back when the
- ★ Streetlights came on.
- ★ No one was able To reach us all day. And, we were O.K.
- ★ We would spend hours building our go-carts out of scraps And then ride them down the hill, only to find out We forgot the brakes. After running into the bushes a few times, we learned to solve the problem.
- ★ We did not have Playstations, Nintendo's and X-boxes. There were no video games, no 150 channels on cable, No video movies or DVD's, no surround-sound or CD's, No cell phones, No personal computers, no Internet and no chat rooms. WE HAD FRIENDS And we went outside and found them!
- ★ We fell out of trees, got cut, broke bones and teeth And there were no lawsuits from these accidents.
- ★ We ate worms and mud pies made from dirt, And the worms did not live in us Forever.
- ★ We were given BB guns for our 10th birthdays, Made up games with sticks and tennis balls and,
- ★ Although we were told it would happen, We did not put out very many eyes.
- ★ We rode bikes or walked to a friend's house and Knocked on the door or rang the bell, or just
- ★ Walked in and talked to them.
- ★ Little League had tryouts and not everyone made the team. Those who didn't had to learn to deal With disappointment. Imagine that!!
- ★ The idea of a parent bailing us out if we broke the law Was unheard of. They actually sided with the law!

These generations have produced some of the best Risk-takers, problem solvers and inventors ever.

The past 50 years Have been an explosion of innovation and new ideas. We had freedom, failure, success and responsibility, and we learned how to deal with it all.

#### If YOU are one of them? CONGRATULATIONS!

You might want to share this with others who have had the luck to grow up as children, before the lawyers and the government regulated much of our lives for our own good.

Kind of makes you want to run through the house with scissors, doesn't it?

As Jay Leno said: "With hurricanes, tornados, fires out of control, mud slides, flooding, severe thunderstorms tearing up the country from one end to another, and with the threat of swine flu and terrorist attacks. Are we sure this is a good time to take God out of the Pledge of Allegiance?"

I know that God is watching over me and all of us.

- He told me about Proton Treatment at Loma Linda
- He got me safely to Vermont when I hitchhiked there from New Jersey when I was a15found
- He pushed me out of one church to go to my Mom's church so I could be part of the last two years of her life.
- He made sure I received a scholarship to Valparaiso University so I could attend there

And so many more things

God determines who walks into your life.... it's up to you to decide who you let walk away, who you let stay, and who you refuse to let go.

#### A Small Prayer!

When there is nothing left but God, that is when you find out that God is all you need. Take 60 seconds and try this. Say the following prayer for all the persons in your life.

Father (*or however you address your God in your Faith tradition*),

Bless my friends in whatever it is that You know they may need this day! And may their life be full of your peace, prosperity, and power as they seek to be closer to you. **Amen.**





## Grandkids

From Paul Harvey –

We tried so hard to make things better for our kids that we made them worse. For my grandchildren, I'd like better.

I'd really like for them to know about hand me down clothes and homemade ice cream and leftover meat loaf sandwiches. I really would.

I hope you learn humility by being humiliated, and that you learn honesty by being cheated.

I hope you learn to make your own bed and mow the lawn and wash the car.

And I really hope nobody gives you a brand new car when you are sixteen.

It will be good if at least one time you can see puppies born and your old dog put to sleep.

I hope you get a black eye fighting for something you believe in.

I hope you have to share a bedroom with your younger brother/sister. And it's all right if you have to draw a line down the middle of the room, but when he wants to crawl under the covers with you because he's scared, I hope you let him.

When you want to see a movie and your little brother/sister wants to tag along, I hope you'll let him/her.

I hope you have to walk uphill to school with your friends and that you live in a town where you can do it safely.

On rainy days when you have to catch a ride, I hope you don't ask your driver to drop you two blocks away so you won't be seen riding with someone as uncool as your Mom.

If you want a slingshot, I hope your Dad teaches you how to make one instead of buying one.

I hope you learn to dig in the dirt and read books.

When you learn to use computers, I hope you also learn to add and subtract in your head.

I hope you get teased by your friends when you have your first crush on a boy\girl, and when you talk back to your mother that you learn what ivory soap tastes like.

May you skin your knee climbing a mountain,  
burn your hand on a stove and  
stick your tongue on a frozen flagpole.

I don't care if you try a beer once,  
but I hope you don't like it.

And if a friend offers you dope or a joint,  
I hope you realize he is not your friend.

I sure hope you make time to sit on a porch with your  
Grandma/Grandpa and go fishing with your Uncle.

May you feel sorrow at a funeral and  
joy during the holidays.

I hope your mother punishes you when you throw a baseball through your neighbor's window and that she hugs you and kisses you at Hanukkah/Christmas time when you give her a plaster mold of your hand.

These things I wish for you - tough times and disappointment, hard work and happiness.

To me, it's the only way to appreciate life.

Written with a pen. Sealed with a kiss.

I'm here for you. And if I die before you do, I'll go to heaven and wait for you.

*Well, I became curious if Paul Harvey really wrote this and used it and found out from several Urban Legend sites –*

Paul Harvey certainly didn't write the essay. The true author of this piece is Lee Pitts, and the nostalgic essay was published in his 1995 book, "People Who Live At The End of Dirt Roads" and appeared in the 2000 book Chicken Soup for the Golden Soul. Paul Harvey does use material written by Lee Pitts from time to time, and he did read this particular essay (crediting Pitts, of course) during his 6 September 1997 broadcast.

(<http://www.snopes.com>)

*But it still is a great thought*

### Did You Know?

*2010-2011 CS RT Planning Guide*

KISMIF-Keep It Simple, Make It Fun. In planning a Cub Scout program or activity, remember KISMIF. Inspiration for KISMIF may have been an article in the 1938 Cub Leaders' Round Table, a monthly pamphlet for registered leaders. A den mother in Michigan wrote, "The more simple and natural you can keep the den meeting, the more the boys and you will enjoy it. The boys will feel more at home if it is very casual, and the mother will not feel that it has been too great an effort to have den meetings, Again, my plea is-keep them as simple and natural as possible."

## Next Month's Core Value - HONESTY

