



# Yo-Yo



## Arrow of Light Adventure Workbook

No one may add or subtract from the official requirements found in the *Cub Scout Webelos Den Leader Guide*. Requirements were issued in June 2020. This workbook was updated in December, 2020.

<http://www.USScouts.Org> • <http://www.MeritBadge.Org>

Please submit errors, omissions, comments or suggestions about this **checklist** to: [Workbooks@USScouts.Org](mailto:Workbooks@USScouts.Org)  
Comments or suggestions for changes to the **requirements** should be sent to: [Advancement.Team@Scouting.Org](mailto:Advancement.Team@Scouting.Org)

Cub Scout's Name: \_\_\_\_\_ Pack No. : \_\_\_\_\_

Source for requirements: <https://www.scouting.org/programs/cub-scouts/preview-adventures/yo-yo/>

This adventure is a preview adventure which can be used while in the Arrow of Light program .

Complete each of the following:

1. Learn the safety rules of using a yo-yo and follow them at all times.


2. Using a real yo-yo string, a regular string, or a piece of yarn, show how to find the proper yo-yo string length for you.

3. Explain why it is important to have the correct string length and to be in the right location before throwing a yo-yo.


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- 4. Demonstrate how to properly string a yo-yo and how to create a slip knot.
- 5. In an area where there are no hazards or other people, conduct the pendulum experiment with a yo-yo.
- Explain what happens to the yo-yo when the string is longer.


- 6. Show that you can properly wind a yo-yo.
- 7. Demonstrate TWO of the following:
  - a. Gravity pull
  - b. Sleeper
  - c. Breakaway
  - d. Elevator